

Finger Pains

About this exercise:

This was written to develop and strengthen the finger muscles most used in performing the Moeller stroke. Accents should be played with a “sling” of the arm, and taps played with fingers.

After the 8th note intro, there are two sections, **A** and **B**. These are interchangeable.

For example, after the 8th note intro is played in unison, the Snares and Bases can continue on with **A** followed by **B**, while the Tenors and Cymbals play section **B** followed by section **A**. All players would then repeat that progression on the Left hand.

This is just an example of how the exercise can be varied, and by no means the only variation.

Finger Pains

Nick Nichols

Musical score for measures 1-6. The score is written for four parts: Snare, Tenors, Basses, and Cymbals. The time signature is 4/4. The Snare part features a consistent eighth-note pattern with accents. The Tenors and Basses parts have more complex rhythmic patterns, including sixteenth notes and eighth notes with accents. The Cymbals part consists of a steady eighth-note pattern with accents. A rehearsal mark 'A' is placed above the first measure of each part.

Musical score for measures 7-11. The score is written for four parts: Snare, Tenors, Bass Dr, and Cym. The time signature is 4/4. The Snare part continues with eighth-note patterns. The Tenors part has a more varied rhythmic pattern. The Bass Dr part features a consistent eighth-note pattern. The Cym. part has a steady eighth-note pattern with accents. A rehearsal mark 'B' is placed above the first measure of each part in measure 11.

Musical score for measures 12-16. The score is written for four parts: Snare, Tenors, Bass Dr, and Cym. The time signature is 4/4. The Snare part continues with eighth-note patterns. The Tenors part has a more varied rhythmic pattern. The Bass Dr part features a consistent eighth-note pattern. The Cym. part has a steady eighth-note pattern with accents. A rehearsal mark '12' is placed above the first measure of each part in measure 12.

17

Musical score for measures 17-21. The score is arranged in four staves: Snare, Tenors, Bass Dr, and Cym. The Snare, Tenors, and Bass Dr parts feature complex rhythmic patterns with many accents. The Cym. part has a simpler, more melodic line with some rests.

22

Musical score for measures 22-26. The score is arranged in four staves: Snare, Tenors, Bass Dr, and Cym. Measures 22-23 have a 'VH' marking above the Snare and Tenors staves. Measures 24-26 have an 'A' marking above the Snare, Tenors, and Bass Dr staves. The Cym. part has a simple rhythmic pattern with some rests.

27

Musical score for measures 27-31. The score is arranged in four staves: Snare, Tenors, Bass Dr, and Cym. The Snare, Tenors, and Bass Dr parts feature complex rhythmic patterns with many accents. The Cym. part has a simple rhythmic pattern with some rests.

32

Snare

Tenors

Bass Dr

Cym.

This system contains measures 32 through 36. It features four staves: Snare, Tenors, Bass Dr, and Cym. The Snare, Tenors, and Bass Dr staves show a consistent rhythmic pattern of eighth notes with accents. The Cym. staff has a sparse pattern of notes marked with 'x' and some slurs. A bracket labeled 'B' spans measures 33 through 35.

37

Snare

Tenors

Bass Dr

Cym.

This system contains measures 37 through 40. The Snare, Tenors, and Bass Dr staves continue with their rhythmic patterns. The Cym. staff features a series of notes with slurs, maintaining a steady accompaniment.

41

Snare

Tenors

Bass Dr

Cym.

This system contains measures 41 through 45. The Snare, Tenors, and Bass Dr staves continue with their rhythmic patterns. The Cym. staff features a series of notes with slurs, maintaining a steady accompaniment. The system concludes with a double bar line.

Finger Pains

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

Musical notation for snare drum, measures 1-5. The notation shows a series of eighth notes with accents. A 'RH' marking is above the first measure, and an 'A' marking is above the second measure.

6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

Musical notation for snare drum, measures 6-10. The notation shows a series of eighth notes with accents.

10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

Musical notation for snare drum, measures 11-15. The notation shows a series of eighth notes with accents. A 'B' marking is above the twelfth measure.

14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

Musical notation for snare drum, measures 16-20. The notation shows a series of eighth notes with accents.

18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

Musical notation for snare drum, measures 21-25. The notation shows a series of eighth notes with accents.

22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

Musical notation for snare drum, measures 26-30. The notation shows a series of eighth notes with accents. A 'LH' marking is above the twenty-sixth measure, and an 'A' marking is above the twenty-seventh measure.

27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

Musical notation for snare drum, measures 31-35. The notation shows a series of eighth notes with accents.

31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

Musical notation for snare drum, measures 36-40. The notation shows a series of eighth notes with accents. A 'B' marking is above the thirty-sixth measure.

35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

Musical notation for snare drum, measures 41-45. The notation shows a series of eighth notes with accents.

Finger Pains

The musical score is written for tenors and consists of ten staves of music. The time signature is 4/4. The music is characterized by rhythmic patterns with accents and dynamic markings. The score includes rehearsal marks 'RH', 'A', and 'B'.

Staff 1: RH, A

Staff 2: 6

Staff 3: 10, B

Staff 4: 14

Staff 5: 18

Staff 6: 22, LH, A

Staff 7: 27

Staff 8: 31, B

Staff 9: 35

Finger Pains

5

RH

9

13

17

20

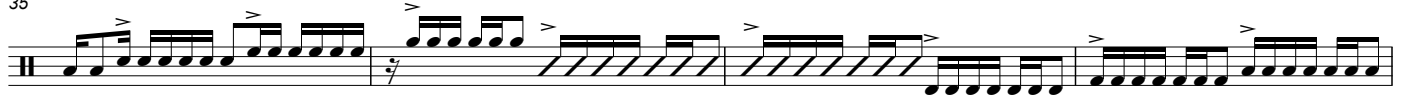
23

27

31

Basses

35



39



42



Finger Pains

9

Musical notation for measures 1-8. Measure 1 is a whole rest. Measure 2 has a circled 'A' above it. The notation consists of eighth notes with 'x' marks, indicating cymbal hits, and some notes with accents.

9

Musical notation for measures 9-15. Measure 9 has a circled 'B' above it. The notation features eighth notes with accents and 'x' marks, and some notes with slurs.

16

Musical notation for measures 16-22. The notation features eighth notes with accents and 'x' marks, and some notes with slurs.

23

Musical notation for measures 23-30. Measure 23 has a circled 'A' above it. The notation consists of eighth notes with 'x' marks and notes with accents.

31

Musical notation for measures 31-37. Measure 31 has a circled 'B' above it. The notation features eighth notes with accents and 'x' marks, and some notes with slurs.

38

Musical notation for measures 38-44. The notation features eighth notes with accents and 'x' marks, and some notes with slurs.