

**College of Health & Human Performance
Department of Exercise & Sport Science
Four Year Plan for Exercise Physiology Option**

Freshman Year

Fall Semester

| | |
|-----------------------|--------------|
| ENGL 1100 | (3) |
| PSYC 1000 | (3) |
| CHEM 1150/1151 | (3/1) |
| MATH 1065 | (3) |
| <u>BIOL 1100/1101</u> | <u>(3/1)</u> |
| | 17 |

Spring Semester

| | |
|---------------------|------------|
| ENGL 1200 | (3) |
| BIOL 2140/2141 | (3/1) |
| CHEM 1160/1161 | (3/1) |
| HLTH 1000 | (2) |
| EXSS 1000 | (1) |
| <u>Hum/Fine Art</u> | <u>(3)</u> |
| | 17 |

Sophomore Year

| | |
|------------------|------------|
| CHEM 2750/2753 | (3/1) |
| EXSS 2000 | (3) |
| BIOL 2150/2151 | (3/1) |
| HUM/FA | (2) |
| SOCIAL SCIENCE | (3) |
| <u>EXSS 2850</u> | <u>(1)</u> |
| | 17 |

| | |
|-----------------------|--------------|
| CHEM 2760/2763 | (3/1) |
| EXSS 4806 | (4) |
| EXSS 3805/3806 | (3/1) |
| <u>PHYS 1250/1251</u> | <u>(3/1)</u> |
| | 16 |

Junior Year

| | |
|-----------------------|------------|
| EXSS 4809 | (3) |
| PHYS 1260/1261 | (3/1) |
| ELECTIVE | (2) |
| BIOS 1500 | (3) |
| <u>BIOL 3310/3311</u> | <u>(4)</u> |
| | 16 |

| | |
|----------------|------------|
| EXSS 4991 | (3) |
| EXSS ELECTIVE | (3) |
| NUTR 2105 | (3) |
| SOCIAL SCIENCE | (3) |
| <u>HUM/FA</u> | <u>(5)</u> |
| | 17 |

Senior Year

| | |
|------------------|------------|
| EXSS ELECTIVE | (3) |
| ELECTIVES | (3) |
| EXSS 5020 | (3) |
| SOCIAL SCIENCE | (3) |
| <u>EXSS 3850</u> | <u>(3)</u> |
| | 15 |

| | |
|-----------|------|
| EXSS 4992 | (12) |
|-----------|------|