

**College of Health and Human Performance**  
**Department of Health Education and Promotion**  
**B.S. in Health Education**  
**Worksite Health Promotion**

Please note that this is a **recommended** sequence.  
Check catalog for prerequisites.  
Course availability may vary from semester to semester.

**FRESHMAN YEAR**

*Fall Semester*

*Spring Semester*

ENGL 1100	3	ENGL 1200	3
EXSS 1000	1	MATH 1065	3
PSYC 1000	3	BIOL 1050/1051	3,1
HLTH 1000	2	Social Science	3
ASIP 2112 -or- MIS 2223	3	Humanities/Fine Arts	2
Humanities/Fine Arts	3		15
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**SOPHOMORE YEAR**

EXSS 2850	1	HLTH 3020	3
HLTH 2000	3	EHST 3900 or ITEC 3292	3
HLTH 3010	3	ECON 2113	3
Restricted Elective	3	Humanities/Fine Arts	2
BIOL 2130	4	Elective	3
COMM 2420 (recommended)	3	NUHM 1000 or 2105	3
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**JUNIOR YEAR**

Social Science	3	HLTH 2125/2126	3
EXSS 3805	3	HLTH 3030	3
Elective	3	HLTH 4604	3
Science Elective	4	MGMT 3202 -or- FINA 2244	3
PSYC 3241	3	EXSS 4806	4
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**SENIOR YEAR**

HLTH 4200	3	HLTH 4600	3
HLTH 5200	3	HLTH 4700	3
Electives	10	HLTH 4991	12
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