2017
East Carolina University
Postdoctoral Scholar
Celebration Event

During this week-long celebration, institutions are encouraged to plan activities that increase awareness of postdocs and recognize the contributions they make to research and development in the United States.
Recognition of 2016-17 Officers

President
Diana Wright

Vice President
Tim Heden

Secretary
Brita Kilburg-Basnyat

International Liaison
William Guesdon

East Campus Representative
Rola Aamar

President Emeritus
Terence Ryan
Recognition of 2017-18 Officers

President
Nathan Holland

Vice President
Brita Kilburg-Basnyat

International Liaison
Ahmed Elhassanny

East Campus Representative
Rola Aamar

President Emeriuts
Terence Ryan
ECU Postdoctoral Scholars: Snapshot

25-30: Usual range
19: Current
10: Recruiting or contract pending
Where are they now or where are they going?

Huimin Yan and Kai Zou
Assistant Professors
Exercise and Health Sciences
October 2016

Diana Wright
Senior Associate,
Integrated Product Development Group
Parexel International
July 2017

William Guesdon
Research Associate
London
July 2017

Marty Robinson
Assistant Professor
College of Education
Education Leadership
September 2017

Maria Torres
Postdoctoral Scholar
Molecular Physiology Institute
January 2018

Terence Ryan
Assistant Professor
Physiology & Kinesiology
January 2018
The National Postdoctoral Association (NPA) Core Competencies

- Discipline-specific conceptual knowledge
- Research skill development
- Communication skills
- Professionalism
- Leadership and management skills
- Responsible conduct of research
Partnerships

2017 Events

PDA Council

Director
Maximizing Research Team Performance: How to be a Future-Oriented Leader (even when you aren’t the person “at the top”)

Kevin Grigsby, DSW
Senior Director,
Member Organizational Development
Association of American Medical Colleges Washington, DC

Friday, September 23, 2016  Brody 2W-40B/2W-50
3:30 pm – 5:00pm

This highly interactive workshop will help participants improve their repertoire of leadership behaviors, especially when engaged in team science.

Participants will learn the importance of fostering interdependence and helping others to find and release their "inner genius."

2016 NATIONAL POSTDOC APPRECIATION WEEK EVENT
Effective Mentoring

Wednesday, November 16, 2016
12:00-1:30pm in LSB 202

Come and advance your professional knowledge by learning about the skills needed to be an effective mentor.

Jane F. Reckelhoff, PhD
Billy S. Guyton Distinguished Professor
Professor of Physiology and Biophysics
Director, Women's Health Research Center
University of Mississippi Medical Center
Jackson, MS
New Postdoc Meet and Greets
HEIDI SCOTT GUISTO, PhD
Career Path Writing Solutions

She helps you succeed when stakes are high.

Heidi offers a wealth of experience though her 1-on-1 and small group coaching. She specializes in helping job seekers and academics seeking to transition. She delights in empowering job seekers to present their best selves to potential employers—on paper and in person.

Heidi earned her PhD from Duke University and holds certifications in resume writing, interview preparation, and empowerment coaching.

More information can be found at her website: http://careerpathwritingsolutions.com

February 24, 2017
10:30 AM – 3:00 PM
Brody 2W40B

Two workshops with one-on-one time and catered lunch.

Writing Compelling Resumes and Cover Letters
✓ Craft a compelling, easy-to-read resume.
✓ Apply Heidi’s tips for building template cover letters.
✓ Adopt differences in academic and non-academic resumes.

Optimizing LinkedIn for Networking and Job Search Success
✓ Alter your LinkedIn profile with Heidi’s expert help.
✓ Research companies, jobs and connections.
Research at the FBI Laboratory

Feb. 3, 2017

Gene Peters
Chief, Counterterrorism and Forensic Science Research
FBI Laboratory
Quantico, Virginia

The FBI Laboratory conducts research to develop new capabilities and ways to examine evidence, to improve existing practices, and to strengthen the scientific foundations of our work, both for the FBI Laboratory and for law enforcement agencies, the intelligence community, and other international partners.

Visiting Scientist Program

Kuang Hun Lim, Chemistry
"Articulating Your Accomplishments: Tips for Building a High-Impact Job Application"

February 29, 2017

Tammy R. Collins, Ph.D.
Director, NIEHS Office of Fellows' Career Development

Dr. Kym Gowdy
Department of Pharmacology & Toxicology
Dr. Maria Torres (Mentor: Dr. Darrell Neufer) was awarded the best poster presentation at the 11th Annual Research and Creative Achievement Awards Luncheon for her presentation on “Estrogen Treatment Affects Mitochondrial Complex I Kinetics and \( \text{H}_2\text{O}_2 \) Emitting Capacity Differently in Liver vs. Skeletal Muscle of Ovariectomized Mice".

Maria received her BS in Biochemistry from the University of the Republic, Uruguay, and PhD in Bioenergetics & Exercise Science from East Carolina University. She continues to be a part of the East Carolina Diabetes and Obesity Institute. Maria received a trophy and $200.
Writing Accountability Groups (WAGs): Establishing sustainable writing habits

April 5, 2017

Kimberly A. Skarupski, PhD, MPH
Associate Dean for Faculty Development
School of Medicine, Office of Faculty Development
Associate Professor, Geriatric Medicine & Gerontology

WAGs are peer-facilitated, weekly writing groups designed to increase the frequency and efficiency of writing manuscripts and grants.
9th Annual Science Crossroads
Navigating Careers
Outside Academia
PANEL DISCUSSION

Please join the Brody Graduate Association and the Postdoctoral Association for a Panel Discussion on Navigating Careers Outside of Academia

Meredith Earl
Chemist and Principal Scientist
Liquidia

Monty Eberhart
Vice President of Human Safety, Pharm and Tox
Bayer

Kristi Norris
Scientific and Regulatory Manager
Camargo

Jeffrey Sunman
Senior Patent Agent
Precision Biosciences

Tuesday, April 11, 2017
3:00-6:00 PM
ECU Heart Institute
Conference Rooms A-D
Heavy hors d'ouvres will be served.
Brody Women Faculty Committee

Professional Leadership in Science and Medicine Conference: Managing Your Career

Thursday, April 20, 2017
12:00-5:00pm in ECHI Conference Rooms A-D

Becky Edmunds, MEd
President and Founder,
The Edmunds Group Inc.

12:00pm  Registration and Lunch
12:15pm  Introductions
12:20pm  Coat of Arms Exercise
         Strategies for Managing One’s Career
         Old/New Rules for Women in the Workplace
2:45pm   Coffee Break
3:00pm   Overview of Mindsets That Can Hinder One’s Career
         Communicating with Candor and Respect
         Understanding Your Natural Response to Change
         - How that Impacts Your Career
April 21, 2017

- Large assembly of biomedical organizations and young scientists in Research Triangle Park, NC
- Targeting postdoctoral fellows and graduate students,
- An opportunity to explore a myriad of career options and create a contact network
- 10 workshops and 9 career panels
- Afternoon networking session
- One-on-one CV/Resume Consulting
Dr. Jay Golden *Meet-and-Greet* and *3-Minute Research Presentations*
Dr. Phillip Clifford: Workshops for Mentors and Postdocs

“Getting Started on the Right Foot”

Tuesday
September 19, 2017
1 pm
Brody 2W-38/40A

Philip Clifford, Ph.D.
Professor
Associate Dean for Research
University of Illinois at Chicago

This session is geared toward faculty who mentor postdocs and graduate students and will focus on mentor/mentee communication. The interactive workshop will use case studies from mentor training sessions conducted at the University of Illinois and with the National Research Mentoring Network.

“Put Your PhD Degree to Work: Planning for a Successful Career in Science”

Tuesday
September 19, 2017
3-5 pm
Brody 2W-38/40A

Philip Clifford, Ph.D.
Professor
Associate Dean for Research
University of Illinois at Chicago

This interactive workshop will help you find a career that’s enjoyable and rewarding. You will learn a logical, step-by-step process for exploring your career options and deciding which will provide the best fit for your own set of skills, interests, and values. By the end of the session, you will have started an individual career development plan (IDP) and set specific goals for taking charge of your career.
Thank you, ECU postdoctoral scholars!

You are appreciated!