# North Carolina Community College Transfer Four Year Guide

## Associate in Arts (AA) to BS in Nutrition Science with Nutrition with Science (NS) Option

### ECU Course | ECU S.H. | NCCCS Course Equivalent
--- | --- | ---
**Freshman Year at Community College**

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall</td>
<td>COAD 1xxx</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>ENGL 1100 (WI)</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>CHEM 1150/1151</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>BIOI 1100/1101</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>MATH 1065</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td></td>
<td><strong>15</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring</td>
<td>SOCI 2110</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>CHEM 1160/1161</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>HLTH 1000</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>CAA GEN ED</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Humanities/Fine Arts</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td></td>
<td><strong>15</strong></td>
</tr>
</tbody>
</table>

### Sophomore Year at Community College

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall</td>
<td>BIOL 2130/2131</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Social Science</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>CHEM 2750/2753</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>COMM 2410</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td></td>
<td><strong>15</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring</td>
<td>KINE 1000</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>PSYC 1000</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>ENGL 2201 (WI)</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>ANTH 2200</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Humanities/Fine Arts</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td></td>
<td><strong>13</strong></td>
</tr>
</tbody>
</table>

### Junior Year at East Carolina University

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall</td>
<td>NUTR 1300¹</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>NUTR 2105¹,²,³</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>BIOL 2110/2111</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Statistics Course</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>NUTR 2330¹</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td></td>
<td><strong>16</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring</td>
<td>NUTR 1330²</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>NUTR 1010²,³</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>NUTR 2400¹,²</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>NUTR 3500 (WI)¹</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>HLTH 3010 or 3050</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>NUTR 3311²</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td></td>
<td><strong>16</strong></td>
</tr>
</tbody>
</table>

### Senior Year at East Carolina University

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall</td>
<td>NUTR 3104</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>NUTR 3105 (WI)¹</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>NUTR 3330¹</td>
<td>4</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td></td>
<td><strong>10</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring</td>
<td>NUTR 4901²</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>NUTR 4700¹,²</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td></td>
<td><strong>6</strong></td>
</tr>
</tbody>
</table>

**Minimum S.H. Required for Degree**: **120**

¹Fall, ²Spring, ³Summer

To declare a major in the Nutrition with Science (NS) option, students must have at least a 2.5 GPA.

*The lab for this course does not have a CAA equivalent. Only 3 credits will transfer to ECU for BIOL 2110 = BIO 175.*

Students preparing for entry into graduate health professional schools or programs including Medicine, Dentistry, Physical Therapy, Pharmacy, and Optometry should check with specific schools to see if prerequisite coursework completed at a community college is eligible for admission.
All guides are meant as an example of how a degree can be completed. However, individual plans will be developed for each student in consultation with the academic advisor. Course availability, prior credit, course prerequisites, major requirements, and student needs must be considered in developing the individual academic pathway.