My Goals

Academic goal

Things I can do to achieve this goal

How I did

Behavioral or Social goal

Things I can do to achieve this goal

How I did

Personal goal

Things I can do to achieve this goal

How I did

Circle one: Fall
Winter
Spring
This goals worksheet can be used three times during the year (just have the students circle the correct season in the upper right). Be sure to discuss what each type of goal is. The first two are fairly obvious. I usually encourage students to make the personal goal a fun one. So rather than something like, "I will make my bed every day." I would suggest, "I will learn to learn to draw three new Manga characters." Be sure to leave time at the end of each season or quarter to review and fill in the last line.

You may also want to read this blog post with more tips about how to use this worksheet.

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