

Tommy's Gourmet Market

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1242 Duck Road

Duck

Greenhouse Gas Emissions Management and Reduction

Choose local vendors to reduce transport of items

Institute fuel economizing programs for company vehicles such as regular inspection of vehicles, reduced idling, and route planning to minimize travel distances

Allow flexible staff schedules to minimize staff travel during heavy traffic periods

Adopt alternative forms of transportation and fuels such as hybrid-electric, biodiesel, E85, or electric for business activities

Utilize and provide staff and customers video conferencing/teleconferencing to minimize travel to meetings

Solid Waste Management, Reduction, Reuse, & Recycling

Conduct a waste audit to determine a baseline for future waste reductions

Purchase products in reusable, returnable containers

Donate obsolete/unwanted equipment, electronics, furniture to charity

Eliminate use of Styrofoam and other difficult to recycle products

Donate leftover cookware, silverware, and linens to charity

Donate unused food to a community food bank/compost site

Purchase products such as condiments, cleaning supplies, and other products in bulk/concentrated form

Offer reusable products such as glass cups, cotton linens, and refillable condiment dispensers

Distribute condiments and napkins from behind the counter/on request

Give preference to products with high post-consumer recycled content

Ensure that printed materials are printed on paper with high recycled content (at least 35%) and print using soy-based ink

Purchase antiques and furniture from local vendors

Recycle damaged towels and sheets as cleaning rags and craft torn linens into other usable items (e.g. sheets into pillowcases)

Reuse newspaper, shredded paper, and incoming packaging materials for packing/shipping needs

When reusable options are not feasible, use disposable products that are compostable such as corn-based cutlery

Purchase recyclable toner cartridges

Use non-bleached paper napkins, towels, and coffee filters

Provide alternatives to individual plastic water bottles such as water pitchers/point of use water filters

Use rechargeable batteries

Provide cigarette disposal bins in smoking areas

Purchase durable goods of sufficient quality to allow reuse, refinishing, or reupholstering

Ensure proper disposal of hazardous materials

Use preventative maintenance on equipment to reduce risk of replacement

Provide and publicize recycling bins

Selecting printers/photocopiers able to print on both sides

Distributing information to guests/participants via email and avoiding hard copy

Avoid use of fax cover sheets

Distribute inter-office documents using routing slips, bulletin boards, or email distributions rather than printing copies for staff members

Using both sides of printing paper and using the reverse side of printing paper for printing rough drafts

Streamlining operational systems that rely on paper or hard copies

Reuse envelopes for inter-office mail

Set and use fax and copy machines to copy documents directly to computers rather than printing a new copy

Recycles the Following: Aluminum, Glass, Office mix, Batteries, Yard waste, Electronics, Plastic, Corrugated cardboard, Newspaper, Printer cartridges, Phone books

Freshwater Consumption Reduction

Conduct regular inspections and establish preventative maintenance schedules to ensure maximum efficiency

Educate staff on water conservation and best practices

When purchasing new appliances or fixtures, purchase water-efficient models such as those certified by EPA WaterSense® and Energy Star®

Install low-flow aerators on sinks (1.5 gal/min)

Use re-circulating, chilled water loop and temperature control systems in water cooled ice machines, air conditioners, and water-cooled refrigeration units

Wastewater Management

Ensure proper use, storage, and disposal of cleaning products and other potentially harmful chemicals such as fertilizers and paints

Limit the number of chemical products used and stored

Ensure that all chemicals are securely stored and clearly marked

Monitor equipment and products for potential chemical leaks

Use an integrated pest management (IPM) system for interior and exterior jobs

Use environmentally preferable or certified paints, solvents, and coatings (MSDS Health Hazard Rating of 1 or less)

Use latex paints rather than oil based paints

Use environmentally safe cleaning products

Energy Efficiency, Conservation, and Management

Monitor, record, and post rates of energy to quickly identify if there is system leakage

Use natural light whenever possible

Turn off electronic equipment at the end of each workday

Activate sleep/standby or low energy mode on applicable appliances and electronics

Maximize central air efficiency by allowing sunlight to enter through windows in the winter and blocking sunlight in the summer

Weatherize the workplace by ensuring that doors and windows have tight seals and remain closed when shut

Replace existing lighting (particularly incandescent) with energy efficient or compact florescent bulbs

Use programmable Energy Star®-labeled thermostats. Set to appropriate temperature ranges and conduct regular inspections to ensure efficient function

Perform regularly scheduled preventative maintenance on equipment and appliances

Wrap water heaters with an insulation blanket

Install energy saving equipment whenever feasible, including timers, motion sensors, and master switches

Purchase and replace existing equipment with energy efficient or Energy Star® labeled electronics, appliances, and heating and cooling equipment

Insulate facilities, including pipes, interior and exterior walls, ceilings, and wall cavities

Open windows rather than using central air when appropriate

Install and use ceiling fans to circulate air in both winter and summer

Install variable speed fans where appropriate

Operate multiple and individual climate controlled comfort zones such as providing thermostats in each guest room

Clean lighting fixtures and lamps regularly to increase illumination

Develop policies to minimize the number of rooms needed to be lit and/or heated/cooled

Use Energy Star's® or other similar benchmarking tools for the Hospitality Industry

Ecosystem and Biodiversity Conservation

Participate in local environmental and conservation efforts either through sponsorship, monetary contributions, or volunteering and supporting employees to do so

Develop partnerships with local conservation organizations

Avoid purchasing and serving overexploited species, particularly seafood. Consider developing a sustainable seafood policy

Prevent wildlife from accessing trash and food by secure food sources

Ensure that interactions with wildlife is done at a safe and respectful distance

Provide information on local ecology and wildlife to guests and staff

Establish measures to reduce light pollution

Land Use Planning and Management

Follow standards for development and construction that take into account community values, distinctiveness, and sense of place

Adopt strategies to develop a constructive and collaborative relationship with local community

Direct development towards existing local communities that are already served by infrastructure and utilize the resources they have to offer

Support the integration of mixed land uses and provide local community with more choices in housing, shopping, communities, and transportation

Integrate green building design in new construction and remodeling

Ensure that property and operations do not cause soil loss, soil contamination, or other negative impacts

Participate in community events such as National Arbor Day, Earth Day, Great American Backyard Bird Count, and Take a Child Outside Day with local community

Air Quality Protection and Noise Reduction

Eliminate the use of ozone depleting chlorofluorocarbons (CFC's) in refrigerants and aerosols

Designate your property as a non-smoking establishment and/or designate smoking areas outside of the building

Address odors rather than masking them with the use of artificial air cleaners, refreshers, and cleaning products with fragrances

Purchase only no- or low-VOC paints, carpeting, and construction materials

Maintain quiet hours at night and early morning for staff and guests. Schedule necessary work for less air- and noise-sensitive times

Design ventilation to exhaust outside of the building and not roof space

Install dehumidifiers in high moisture areas (ex. kitchen and laundry), and assure that these areas are well ventilated

Use High Efficiency Particulate Air (HEPA) filters

Regularly test for gases such as carbon monoxide, carbon dioxide, and radon

Regularly test for particulates such as lead and asbestos

Regularly inspect HVAC system for mold/bacteria, air flow blockages, and clean drip pans

Ensure that air filtration is in place/available

Preserving the Social Norms and Cultures of Local and Indigenous Communities

Train staff to ensure they are well-informed on local customs

Use appropriate and authentic cultural elements from the local region

Make your property available for community events

Incorporate local arts and crafts in your facility and make information available to guests

Providing Economic Benefits to Local and Indigenous Communities

Provide information to and encourage guests to purchase local products and services

Provide employment opportunities for local community members

Allow local artists to display and sell their handicrafts and art work at your property

Provide information to guests on local attractions and cultural activities

Form partnerships with locally owned businesses (e.g., restaurants and guide services)

Use local goods and services whenever possible

Involve your organization in local philanthropic projects

Provide volunteer opportunities for guests and staff

Exceed minimum local standards for employee's wages, salaries and benefits

Ensure that operational demands for basic services do not compete with local needs

Provide education and training opportunities in your place of business for local community member

Support training for community members for non-competitive tourism-related activities that compliment your business

Provide promotional information on local services and businesses to guests

Responsible Purchasing

Assure that your organization has an environmentally preferable procurement/purchasing program that has a clear mission and distinct purchasing targets

Adopt a "least toxic alternative" purchase policy

Purchase only recyclable or compostable materials

Purchase products and services from local sources whenever possible

Give preference to purchases that are "sustainable"

Offer food made from locally-grown products

Use recycled and/or environmentally certified building materials on property

Give preference to vendors and suppliers that are environmentally and socially responsible

Regularly test new environmentally preferable products for effectiveness in operations and evaluate current products used

Incorporate environmental preferences and requirements in RFP's and contracts with vendors and suppliers

Provide that "Fair trade" purchased for business use as well as for resale to guests