Students in this profession will use writing to communicate both with their patients and with other health professionals (Brown).

What the writing looks like:

RESEARCH BASED: Writing in exercise kinesiology is mainly based on research and factual information. Students in this discipline will concentrate more on getting their calculations correct rather than how their writing sounds. The research can be from a variety of sources such as personal tests, online information, etc. (Brown).

CONCISE: Since the most important part of writing in this discipline is communicating the facts, many adjectives and filler words aren’t necessary. The students are encouraged to communicate the information that they found in the clearest way possible (Brown).

ORGANIZED: The organization is very important in this discipline because there are very specific topics that need to be addressed. For example, a case study should have all of the six necessary parts, including things such as research methods and the results (Brown).

PROPERLY CITED: The way that information is cited within the Kinesiology department varies depending on the type of assignment at hand. Since the students work on everything from research papers to medical notes, either MLA or APA could apply (Brady).

Tips for Tutoring Kinesiology:

Types of Writing and Examples of What They Might Include:

- Patient recommendations
- Research papers
- Medical notes:
  - S.O.A.P Method
    - Subjective
    - Objective
    - Assessment
    - Plan
- Lab reports/Case studies
  - Abstract
  - Background/Introduction
  - Purpose
  - Methods
  - Results
  - Discussion
Check Research: Make sure the student is using first person if the research is their own or stating where they found the research if it is someone else’s. The citing of research isn’t necessarily of the utmost importance because student’s writing usually includes the actual graphs or raw data that they used (Brown).

Check Organization: The student may have a specific structure to follow based on the necessary elements of the writing that they must include and the tutor should make sure that they follow this. However, within these specific elements the tutor should also check that the writing is in paragraph form and appears to be well organized on the page (Brady).

Make Sure the Student is Citing Correctly: Since citations in the Department of Kinesiology vary depending on the assignment, always check and make sure that students are citing appropriately (Brady). If possible, the tutor should refer to the assignment sheet for more information on using MLA or APA in the assignment.

Check Basic Elements of Writing: Although this is not a terribly writing-intensive major, the basic elements of writing are still important. The tutor should be sure to check for sentence fragments as well as basic grammar and spelling issues (Brady). The tutor should not mark all of them but simply note recurring patterns for the student.

WORKS CITED
