



Dr. Beth Velde is an occupational therapist who is interested in how individuals achieve quality of life. She is currently researching the quality of life among African American elders living in Tillery, NC. During her 11 years working in Tillery, community residents taught her about African American culture and helped her to develop a passion for social justice. Her multifaceted research began 20 years ago in Calgary, Canada.

In partnership with the Concerned Citizens of Tillery and the Area Wide Health Committee, she is studying the contributions of health, lifestyle and the environment to the quality of life of Tillery residents.

Dr. Velde enjoys spending time with her family and reading the work of author Maya Angelou.

<http://www.ecu.edu/cs-dhs/ot/velde.cfm>