THE DAILY CLIPS

April 6, 2010

News, commentary, and opinion
compiled by the East Carolina University News Bureau from:

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East Carolina University News Bureau
E-mail to durhamj@ecu.edu  Web site at http://www.news.ecu.edu
252-328-6481
Franceine P. Rees

Franceine Perry Rees died Friday, April 2, 2010. A service of Holy Eucharist in thanksgiving for her life will be held today at 2 p.m. at St. Paul's Episcopal Church in Greenville, with interment following in the church columbarium. The family will greet friends following the ceremony in the church parish hall.

Franceine was born May 24, 1946, in Raleigh, and grew up in Louisburg. She was the elder daughter of James Edward Perry Jr. and Geralda Turnage Perry. She majored in English at East Carolina University and began her career as a writer with the University News Bureau while she was a graduate student there. She remained with the News Bureau until her retirement in 2000. For many years, Franceine was Lady of the Manor at the popular Christmas Madrigal Dinner series of musical productions at ECU. Throughout her life, she loved classical music, art, history, antiques, and cats. She was an enormously talented writer and performed and published extensive genealogical research on her family. An avid reader since early childhood, she was a past president of the Friends of Joyner Library at East Carolina University. Franceine was an active participant in many historical organizations including the United Daughters of the Confederacy, the Jamestown Society, the Society of 1812, the Colonial Dames, the Daughters of the American Revolution, and the Virginia Genealogical Society. She was a former member of the Greenville Historic Preservation Commission and was very involved in her local community through the Tar River Neighborhood Association. A strong supporter of the Democratic Party, Franceine was a regular volunteer at the local polls on Election Day. She was a longtime member of St. Paul’s Episcopal Church and St. Lydia’s Guild.

Franceine was preceded in death by her parents and her husband, James Lester "Jim" Rees.

Surviving to cherish her memory are her son, David Winborne Rees and girlfriend, Rizwana Fahim Siddiqui, of Greenville; sister, Phyllis Perry Foster and husband, Johnny, of Wake Forest; niece Katherine Shearin Walton and husband, Kevin, and their son, Benjamin Perry Walton of Garner; stepson, Carl Jamieson Rees and wife, Melissa, and their children, Cameron and Maggie of Greenville. Also surviving are cherished friends, Dr. Lena Carawan and Dr. Ernest Marshall of Greenville and numerous beloved cousins, three aunts, and an uncle.

In lieu of flowers, the family requests that memorial donations be made to the classical music station WCPE-FM at P.O. Box 897, Wake Forest, NC 27588. Online donations may be made at TheClassicalStation.org.

Arrangements by Wilkerson Funeral Home and Crematory.


Online: Read obituaries and sign a guest book at reflector.com.
Antique cannon going public at Estuarium

By MIKE VOSS
Contributing Edito
Published: Tuesday, April 6, 2010 2:18 AM EDT

A centuries-old cannon, found on Washington’s waterfront in 2004, will be displayed Friday at an open house and reception at the North Carolina Estuarium.

The reception and open house, free and open to the public, begin at 3 p.m. and conclude at 6 p.m. The Estuarium is located at 223 E. Water St.

Estimated to have been built around 1685, the cannon underwent cleaning and preservation work by East Carolina University maritime studies students under the direction of their professor, Bradley Rodgers. While cleaning and preserving the cannon, students have been trying to determine how the cannon was made and how it came to Washington.

Rodgers, a professor of maritime studies, said the presence of the gun is a mystery. He said it is one of the earliest and most-historic pieces of ordnance found in the United States, according to a news release from ECU News Services. Rodgers will discuss the cannon during the open house and reception.

"It would be worth its weight in money to any collector," Rodgers said in the release. "There were no settlements around here at that time. Theories could run the gamut from a pirate battery protecting their hangout, to a shipwreck now covered by waterfront development, or a fort built to protect early settlers."

Estuarium officials are pleased the cannon will be displayed there, at least for now.

"We are very honored and excited about it being here. We know it’s a community treasure. We are proud to have it as part of our exhibits," said Tom Stroud, spokesman for the Partnership for the Sounds, which operates the Estuarium and similar facilities in the region.

"We are certainly glad to have it for as long as it’s here," said Stroud, adding that the cannon could be relocated elsewhere in the city at a later date.

"We’ve been getting more and more interest," Stroud said about inquiries from the public about the cannon, which was delivered to the Estuarium last week.

"We are glad to give the community an opportunity to see it this Friday," Stroud said in an interview with the Washington Daily News on Monday.

Bobby Roberson, the city’s mayor pro tempore, views the return of the cannon to the city has an addition to the city’s history, especially it’s maritime history, and tourist attractions.

"I think eco-tourism is important to us," Roberson said in an interview with the Washington Daily News on Monday, adding that the location of the cannon at the Estuarium helps tie local eco-tourism efforts with the city’s maritime past.

"I think it’s a great exhibit. I think it helps tell the story about Washington’s past as a port,” Roberson
There's been talk lately about developing a maritime museum in the city. This might be the first stepping stone for us to launch that process," Roberson said.

The cannon saga

Road workers unearthed the cannon in 2004 during renovation of Washington's waterfront. When it was first removed from the corner of Respess and Water streets, no one even recognized it as a cannon, according to the release. It was hauled to another site to fill in low land. However, the relocation knocked off enough dirt and rocks so that the form of a cannon became recognizable. The land owner contacted the city's Public Works Department and said the city might want to keep the object.

ECU was contacted and asked to take a look at the object. Rodgers and the maritime students used electrolytic cleaning to remove layers of dirt and rust from the cannon. The cannon was returned to Washington in 2006, but it was not displayed to the public.

Judy Meier Jennette, who was mayor of Washington at the time, recalled hearing about the cannon's return.

"Dr. Rodgers said that he had our cannon ready to return to us. It was the first I had even heard about it," she said.

Jennette further relates the saga of the cannon.

"He went on to say that he would only return it if we kept it indoors. I asked about how it should be displayed. He said that the trunnions were too fragile to support the cannon's weight, so we would need to build a load bearing stand or carriage for it. I asked him where to get such a thing built and he recommended the N.C. Maritime Museum."

"So, I started a three-and-a-half-year odyssey of trying to get the carriage built and find a place to display the cannon. The Maritime Museum said they could build it for $1,500, but that it would take at least a year to get to it because they were tied up with the Queen Anne's Revenge."

"I approached my friend Sandy Ratcliff, a board member of the Washington Area Historic Foundation, and asked him to see if WAHF would pay for having the carriage made. They agreed to do it, after which I authorized the Maritime Museum to proceed."

"In the meantime, I had to get the cannon out of Dr. Rodgers' way, so I called and asked him if it could be stored in the city warehouse until the carriage was ready. He said that would be fine, but, of course, we all thought that would be for a year or less. Sadly, the QAR kept us on the back burner for three years."

Some maritime scholars believe a shipwreck near Morehead City is the Queen's Anne's Revenge, one the flagship of the pirate Blackbeard, who has ties to Bath.

During its three-year stay in the city's warehouse, the cannon began showing signs of deterioration. Last fall, Rodgers, student assistant Theresa Hicks and four students in ECU's advanced archaeological and museum artifact conservation class returned the cannon to the ECU maritime conservation lab, where it was refinished. The cannon was delivered to the Estuarium on March 29.

"There are approximately 12 shipwrecks located directly in front of the Estuarium near Castle Island," Rodgers said in the release. "So this is a fitting place for it."

Judy Meier Jennette and ECU News Services provided material for this article.
Jon Anglemeyer hangs out with his family, wife Melissa, son Bruce, 5, and daughter Holly, 3, in their home in Grimesland. Anglemeyer received a kidney and liver transplant in 1999 that saved his life.

Justin Falls
Jon Anglemyer hangs out with his family, wife Melissa, son Bruce, 5, and daughter Holly, 3, in their home in Grimesland Wednesday, March 31, 2010. Anglemyer received a kidney and liver transplant in 1999 that saved his life. (/The Daily Reflector)
Justin Falls
Photos by Rhett Butler/The Daily Reflector
Travis Hardee, a heart transplant recipient, trims the hedges on a bush in his backyard.

Kathy Payne, an administrator at PCMH, smiles as she talks about her experience as a living donor.

Organ donors make a life-saving difference
By Kathryn Kennedy
The Daily Reflector
Sunday, April 4, 2010
Jon Anglemyer has got it made. His wife and two beautiful children are healthy and happy. Their house near the Beaufort County line is warm and lived in: The floor busy with Legos and crayons, tiny Transformers and plastic dinosaurs.
He works at the Division of Marine Fisheries in Washington, N.C., enjoys fishing and working in
the yard, and he just bought a tractor. But none of that would have been possible without science.
And one special stranger.
Inside Anglemyer are a kidney and liver not his own. He’s grown accustomed to them over the
years — 11 years since the transplant — and still knows nothing about where they came from.
Letters to the donor family have gone unanswered, which isn’t uncommon.
“I don’t want to bother them, but I’d like them to know,” Anglemyer said. “You try not to think
about (being an organ recipient) too much. Everyone once in a while it will freak me out.”
Regardless, they rescued the then-25-year-old from a life of dialysis treatments and considerable
loss of strength brought on by an incredibly rare disease called primary hyperoxaluria. It struck
during his last semester at East Carolina University. He’s nothing if not grateful.
“You give somebody their life back,” said Anglemyer of donors. “A good life.”
Agencies like Greenville’s Carolina Donor Services are trying to make that miracle more
common. It was challenged by state officials to double its efforts this April, deemed National
Donate Life Month, and reach 4 million donors. Part of that entails debunking myths, said
Community Relations Coordinator Dwaine Cooper.
Many people think they won’t be given full medical treatment or saved at the hospital if they’re
donors. Others think they won’t be able to have an open-casket funeral. Neither are true.
Some rule themselves out because of age, lifestyle or vices. They should still register, Cooper
said. A smoker could still save someone’s sight with their corneas. An elderly person’s liver or
small intestine may still be in excellent condition. And there are no age restrictions.
One organ and tissue donor can save up to 50 lives, Cooper said. Two kidneys, a heart, a liver,
two lungs, the pancreas and small intestine. Corneas, skin, bone, tendons, veins and heart valves.
All are usable.
Greenville resident Travis Hardee needed a heart. His health deteriorated for 20 years, beginning
suddenly at age 37.
Hardee was visiting his mother, who’d recently been diagnosed with Alzheimer’s. She’d never
been combative but that day he found her lightly restrained at the hospital, black and blue all
over. On the way home he had his first heart attack.
From there came stints, plaque cleaning, a quadruple bypass where two vessels failed in 1993.
During the worst times it would take him 30 minutes just to check the mail — the box a dozen
strides from his front door. Incredibly winded and tired, he’d have to stop and rest along the way.
He was too weak to hold his youngest grandchild. That really hit him hard, he said.
In January 2008, he launched into serious heart failure. Hardee was put on the transplant list and
hospitalized. He’d sit in the hallway at Duke University Medical Center and watch the helicopters
land, waiting for his heart. On Feb. 17, 2009, it came.
He was in the hospital room by himself when he got the call. The family quickly returned.
“I was a real hassle,” he recalls, laughing. “After I got my heart, I kept taking my (oxygen) mask
off and waving at everybody that came by, telling them I had a new heart.”
The doctor told his wife, Ellen Hardee, that Travis’ heart was in the worst condition he ever
observed in a living person. He didn’t know if Travis Hardee would have made it one more day.
After his release from the Intensive Care Unit, he got up and walked a mile.
“I wore the entire staff out ... talked them to death,” Travis Hardee said, shaking his head. “Prior
to the surgery I used to be fairly quiet.”
Now he, too, tours the state. His story is retold to politicians and community leaders, students and
church congregants. Many people have never met someone who’s an organ recipient, he said.
“It’s been a scary, scary ride for 20 years,” said Ellen Hardee. “The Lord hadn’t let him come this
far to not have a plan for him. I think this is it.”
Less than a year after triumph came more hardship. Ellen Hardee now needs a kidney. She’s been
diagnosed with a rare condition different from Anglemyer’s: fibrillary glomerulonephritis, or
FGN. Fortunately, her younger sister Sylvia is a willing, living donor. A healthy human can live largely unaffected with one kidney.
The pair are currently undergoing a battery of lab and psychological testing before the surgery can be approved. The wait is the hardest part, Ellen Hardee said.
Winterville resident Kathy Payne knows that process well. She strolls the halls of Pitt County Memorial Hospital, where she works as a nursing supervisor, with only one kidney. The other one resides with her older brother in Wilson.
For her, the choice was simple. It was in the back of her mind from the moment he was diagnosed a decade ago.
“They do feel bad every day,” she said. “It’s hard to watch them be sick. He was building a new building for his business. His daughter was getting married.”
Payne said she didn’t know much about living donors or transplants despite her profession. Like anyone else would, she “Googled and researched it.”
“It’s interesting and amazing that you can take a living organ out of someone and put it in someone else,” she mused. “I don’t feel any different whatsoever.”
But those on the other side of the table sure do. And Payne said that’s the main reason people should be donors. You never know when the person in need of a transplant might be you.

Contact Kathryn Kennedy at kkennedy@reflector.com or (252) 329-9566.

Become a donor
To register as an organ donor in North Carolina, have a red heart added to your driver’s license at the local DMV office or register online anytime at www.donatelifenc.org. The state has first-person consent after age 18, but people are encouraged to share their wishes with family and friends.

106,000 people waiting for a transplant in the U.S.
3,300 people waiting in North Carolina
12 new names added to the list daily
18 people in the U.S. who die waiting every day
ECU Bass Fishing Team dives into river cleaning project

THE EAST CAROLINA UNIVERSITY Bass Fishing Team held its first Tar River Cleanup in March. Launching boats from the Greenville Town Common, the team collected nearly 200 pounds of trash that was lying on the riverbanks or floating in the water. The team has scheduled its next cleanup for March 20, 2011. The team, which is in its second year as an ECU club, kicks off its season Saturday and April 11 at the Under Armour East Super Regional in Montgomery, Ala., on the Alabama River. For more information on the club and a schedule of coming events, visit ecubassfishing.com.
Immigrants call for in-state tuition

BY JESSE JAMES DECONTRO
STAFF WRITER

CHAPEL HILL — Sixteen-year-old Melina Renteria wants to open a dance studio when she grows up. Her friend, a high school sophomore in Durham, wants to work in medicine.

Both think they need some higher education. Renteria, who attends Durham School of the Arts, has a good chance of getting it. Her friend at Riverside High School might not.

A biology degree at UNC-Chapel Hill would cost her friend about $100,000. If Renteria studies dance at UNC-Greensboro, she’d pay about $21,000 in tuition and fees.

The difference: Renteria’s friend came to Durham from southern Mexico without immigration papers at age 4. Renteria was born in Los Angeles and moved to North Carolina at age 9.

They both walked from Chapel Hill to Durham Monday as part of the Trail of Dreams, a 1,500-mile march to promote immigration reforms such as allowing U.S. high school graduates to pay in-state tuition in their home states.

“They want to study, but they can’t because they don’t have papers,” said Renteria, who spoke on behalf of students who won’t be able to go to college unless laws change.

An estimated 12 million unauthorized immigrants live in the United States, and 65,000 graduate from U.S. high schools each year. Only 5 percent attend college, according to a report by the College Board.

Among those 5 percent are Felipe Matos, Juan Rodriguez, Gaby Pacheco and Carlos Roa, four students at Miami Dade College in Florida. The quartet left Miami on foot New Year’s Day, aiming to arrive in Washington on May 1.

In recent days, they have walked all over North Carolina, visiting the International Civil Rights Center and Museum in Greensboro, where sit-ins challenged Jim Crow in 1960.

Matos said a man outside a Home Depot in Wilmington told him he wasn’t “completely human,” but he’s still willing to go public with his identity. He knows he’s risking physical abuse or even deportation in order to confront current state laws that prevent public universities from offering in-state tuition benefits to unauthorized immigrants.

“The situation for undocumented people in this country is so unbearable that we knew we had to make a statement, even if we had to risk everything,” he said.

About 50 demonstrators joined the students on their march Monday from Peace and Justice Plaza on Franklin Street to El Centro Hispano and a potluck dinner in downtown Durham.

Renteria said that even if North Carolina taxpayers have to foot some of the bill to send her undocumented friends to college, the cost is worth it.

“If you study here, there’s more of a better chance that you’re going to help the economy,” she said. “In the end, it will help the United States.”

jess.deconto@newsobserver.com
or 919-932-8760
Ex-coach bedevils Duke

I'll take "History's greatest rip-offs for $200," Alex.

The correct question is "What did Mike Pressler just do to Duke University and how much should he be paid?"

Pressler, the former Duke lacrosse coach who was forced out after three of his players were falsely accused of sexually assaulting a stripper, reached a settlement with the university last week after dropping a lawsuit that he was unlikely to win anyway.

Neither side is discussing the terms, but if Duke paid more than $200 to go away, they got taken.

Me? I'd have offered him a can of sardines and some soda crackers, a Coca-Cola and a map back to Rhode Island.

Of course, Duke must think any price is a bargain if it'll get Pressler to stay away for good.

Good luck with that. Have you ever known a bloke to go away when he has a soft touch on the hook? Me, neither. Pressler somehow dug into Duke's pocket in 2007 in the wake of his dismissal after the rape allegations and unsavory behavior by his players became public. Terms of that settlement were kept on the Q.T., but it must not have been enough: A year later, Pressler sued Duke and its former mouthpiece John Burness for supposedly disparaging remarks made about him.

Burness merely called Pressler's successor a man of honor -- perhaps implying that Pressler wasn't -- and said "it was essential for the team to have a change in leadership in order to move forward."

Wow! You can sue somebody for saying that?

Yeah, but you're unlikely to win. Wanna bet that's why Pressler and his attorneys scaled back the scope of their lawsuit from slander against Duke to focus simply on Burness's comments? That way, just getting Duke into a courtroom would ensure some sort of payoff, because the school wants national focus on its championship basketball team, on its academic reputation, on anything but its former coach and the nightmare visited upon the university in 2006 when Pressler's team hosted an off-campus party with two hootchy-kootchy dancers.

Reached in New York on Monday, Burness said he was not permitted to comment on the case. His successor, Michael Schoenfeld, in a e-mail response to questions I sent him, said, "Under the terms of the agreement Duke will have no further comment on this issue."

In a previous prepared statement, Schoenfeld called Pressler an "excellent coach." He was, but coaching wasn't the reason Pressler was put on roller skates and shoved toward the door. That occurred because of what Trinity Park residents near the campus already knew about his lax lacrosse leadership and what a faculty committee reported -- that the team was not composed of a bunch of Richie Cunningham, Ralph Malphs and the whole wholesome "Happy Days" gang. The report concluded that players engaged in underage and excessive drinking, loud noise and public urination, among other things.

A change in leadership? At the least.

OK, Alex. I'll take "Pay me, suckas" for $2 million.

The question is, "What will Pressler be saying to Duke University 20 years from now?"

barry.saunders@newsobserver.com
or 919-836-2811
Wave of doctors face recertification

Retests now due every few years

By Marilyn Marchione
The Associated Press

ATLANTA — The next time you’re at the doctor’s office, take a peek at those certificates hanging on the wall. Like gallons of milk, some of them are expiring.

For the first time since leaving medical school, many doctors are having to take tests to renew board certification in their fields – 147 specialties, from dermatology to obstetrics.

Any doctor can deliver a baby, treat cancer or declare himself a cardiologist. Certification means the doctor had special training in that field and passed an exam to prove knowledge of it.

They used to do this once and be certified for life.

That changed in the 1990s – doctors certified since then must retest every six to 10 years to prove their skills haven’t gone stale.

For some specialists, like the doctors who push tubes into heart arteries to unblock blockages, this is the first year many are going through retesting.

Under pressure

Older doctors also are feeling the heat. More than a quarter of a million of them were “grandfathered” with lifetime certificates, but they are being urged to retest voluntarily to show they still know their stuff.

The recent American College of Cardiology conference in Atlanta offered refresher sessions to help doctors prepare. In one, they played “name that tune,” listening to tapes to identify various heart murmurs.

In another, they played “beat the clock” to do an artery-opening procedure within 90 minutes of a mock patient arriving at a hospital. This session was led by Dr. William Hamman, a Michigan cardiologist and United Airlines pilot.

“As an airline captain, everything I do is performance-based,” with frequent testing on simulators of landings, take-offs and other skills, Hamman said.

Yet most airline accidents are caused by breakdowns in softer skills – communication and teamwork, he said. “Health care has not even touched that subject” in testing proficiency, he complained.

What doctors know

Research shows that what doctors think they know does not match what they do, and that performance declines with years in practice, two members of the American Board of Internal Medicine wrote recently in the New England Journal of Medicine.

The authors of an opposing essay – a medical school dean, a professor who teaches primary care, and a practicing physician – complain that testing emphasizes recall of facts rather than making full use of available sources of information, such as electronic references and the Internet, as modern doctors are taught to do.

The recertification tests are a work in progress.

In the future, some boards plan to include assessment of a doctor’s communication skills with patients.

Eventually, testing may include rating a doctor's technical skills and directly observing performance, said the cardiology college’s chief education officer, Joseph Green.
Tuition-free colleges stand their ground against costs

Engineering and military schools on ‘best value’ list

By Jack Gillum
USA TODAY

Even as the price tag of a four-year college degree outpaces inflation, a handful of U.S. colleges and universities are going to extraordinary lengths to contain costs — by picking up full tuition for every student they enroll.

Most colleges offering free tuition are military academies; several are engineering schools, where graduates are in short supply and demand is great.

One school, Webb Institute of Glen Cove, N.Y., offers a double major in naval architecture and marine engineering. The Cooper Union in New York City focuses on architecture and the arts, as well as engineering. And there are also two Christian schools: The College of the Ozarks, a "work school" in rural Point Lookout, Mo., and Berea College, a liberal arts school in Berea, Ky.

The value these colleges provide to cash-strapped students and parents hasn’t gone unnoticed as costs continue to climb. Tuition, fees, room and board at four-year public colleges jumped 46% in the past decade, from an average of $10,440 in 1999-2000 to $15,210 last year, according to the non-profit College Board. At private schools, costs rose 28% in that period, from an average of $27,740 to $35,640.

Schools that cover full tuition "are doing the near-impossible to make school affordable for all of their students," says Robert Frankel of education and test-prep company The Princeton Review, whose annual list of 100 Best Value Colleges includes nine colleges that for the current school year are covering full tuition for every student. "Best Values" excel at both academics and financial aid. (Berea was not on the list; its data were incorrectly reported, The Princeton Review says.)

But one of the free-tuition schools that is on the list, Franklin W. Olin College of Engineering in Needham, Mass., says that because of losses to its endowment fund, it will no longer cover full tuition for future incoming classes; it will switch to half-tuition scholarships beginning this fall.

Colleges saw an average 18.7% drop in their endowments this year, according to the Commonfund and the non-profit National Association of College and University Business Officers.

Climbing college costs

Average increases in tuition, fees, room and board in the past decade:

Four-year public colleges (overall increase 46%)
1999-2000 $10,440
2009-2010 $15,210

At private colleges (overall increase 28%)
1999-2000 $27,740
2009-2010 $35,640

Source: The College Board

By Veronica Salazar, USA TODAY

Ten top colleges where tuition is free

- Berea College, Berea, Ky.: www.berea.edu
- College of the Ozarks, Point Lookout, Mo.: www.cofo.edu
- Cooper Union, New York City: www.cooper.edu
- Franklin W. Olin College of Engineering, Needham, Mass.: www.olin.edu
- U.S. Air Force Academy, Colorado Springs: www.usafa.af.mil
- U.S. Merchant Marine Academy, Kings Point, N.Y.: www.usmma.edu
- U.S. Military Academy, West Point, N.Y.: www.usma.edu
- U.S. Naval Academy, Annapolis, Md.: www.usna.edu
- U.S. Coast Guard Academy, New London, Conn.: www.cga.edu
- Webb Institute, Glen Cove, N.Y.: www.webb-institute.edu

1 — Not on Princeton Review’s 100 Best Value Colleges list because of data reporting error
2 — Covering full tuition this year, but will switch to half tuition for classes enrolling in the fall

In Point Lookout, Mo.: Students Marcella Alverson, right, and Tiffany Coperider prepare omelets at the College of the Ozarks' restaurant.

In Colorado Springs: The U.S. Air Force Academy estimates the value of the education received by cadets at more than $415,000.
wrote in a letter posted on the school's website. "Our priority in these deliberations was maintaining the quality of Olin's academic programs. At the end of the day, we felt that the kind of reductions we were facing in our endowment-dependent budgets were simply too great to address through cost-cutting alone."

He added that the school was committed to "restoring the scholarship to 100% as soon as financial conditions allow." The Princeton Review notes that even the half-tuition scholarship is a good deal; Olin remains on its 100 Best Values list for 2010.

**Commitment to Army, work**

At some schools, students who receive free tuition must pay other costs, including fees, room and board and expenses such as textbooks. Military schools are the exception: At the U.S. Military Academy at West Point, N.Y., all expenses, including medical care, are provided. In exchange, the Army requires five years of active service after graduation.

At College of the Ozarks — dubbed "Hard Work U" — each student participates in the on-campus work program for 15 hours a week, plus two 40-hour workweeks. Some may do landscaping, others work in the cafeteria or on production lines making fruitcakes and jellies.

"Students leave with an appreciation for what it takes to make it in real life," says spokeswoman Elizabeth Andrews. "It's not some kind of dream world where you party it up. You come and have real expectations for work and study."

As college costs rise, 86% of students and parents say financial aid is "very necessary," according to a survey of 9,000 students and 3,000 parents that Princeton Review released in March. Two out of three said the recession influenced their decisions about where to apply.

Franek notes that many other schools on the Best Value list try hard to meet students' financial needs, even though they don't cover full tuition for all students.

"Most university officials would say that their mission is to make sure they are offsetting costs for students," Franek says. "Some schools are better at it than others."