THE DAILY CLIPS

September 16, 2011

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252-328-6481
East Carolina University Adventure Program allows businesses and organizations to partake in a team building adventure course, located at the North Recreational Center off Hwy. 264. The center held a beach festival and grand opening on Thursday, Sept. 15, 2011. (Aileen Devlin/The Daily Reflector)

**ECU opens ropes course, beach**

By **Jackie Drake**  
The Daily Reflector  
Friday, September 16, 2011

Summer is not over yet with a lakeside beach and other amenities now open at East Carolina University’s North Recreation Complex.

ECU Campus Recreation and Wellness hosted a grand opening and beach festival Thursday afternoon for the new facilities in the second phase of the 129-acre complex located north of campus off U.S. 264 East.

Phase II includes a 51,000-square-foot sand beach on a 5.6 acre lake for boating and fishing, along with a 2,000-square-foot boathouse. Canoes and kayaks are available for checkout by ECU students, faculty and staff.

Amenities include sand volleyball courts, horseshoes, grills, fitness equipment, walking/running trails, a 5K trail, a disc golf course and an Odyssey Challenge Course which includes a 300-foot zip line.

“We are committed to student success, that is our No. 1 goal, and this complex is a big part of that,” Chancellor Steve Ballard said. Students must be physically as well as academically active — one of ECU’s goals is providing for “the whole student,” Ballard said.

At first there was a concern whether students would use a complex so far north of campus, but intramural team numbers in the past two years are at record highs with 165
teams signed up this year, according to Nance Mize, interim associate vice chancellor for student services.

The first phase, begun in 2006 and opened in 2008, converted farmland into eight soccer and rugby fields with a fieldhouse and parking. A third phase with four softball fields is planned.

The beach will be named “Pirate’s Paradise” after a student-naming contest was held online.

Administrators hope the beach festival will become an annual tradition.

Memories of college come from so much beyond the classroom, Student Government President Josh Martinkovic said, “and this complex will create a lot of memories for us.”

Contact Jackie Drake at jdrake@reflector.com or 252-329-9567.

**Amenities**
ECU hosted a grand opening and beach festival Thursday for Phase II of the North Recreation Complex. The facility includes:
- 51,000-square-foot sand beach
- 5.6 acre lake for boating and fishing
- 2,000-square-foot boathouse. Canoes and kayaks are available for checkout by ECU students, faculty and staff.
- Volleyball courts
- Horseshoes
- Grills
- Fitness equipment
- Walking/running trails
- 5k trail
- Disc golf course
- Odyssey Challenge Course which includes a 300 foot zip line
Voice of the Pirates riding for a cause

BY DOUG BOYD
ECU News Services

The highways of eastern North Carolina will rumble Saturday as nearly 100 motorcycles roll to raise money for a scholarship fund at East Carolina University.

Leading the way on their own Suzuki Boulevard cruiser will be the Voice of the Pirates, Jeff Charles, and his wife, Debby. The ride will benefit the Heather A. Purtee Nursing Scholarship, a fund named for their daughter, who died in a car crash 19 years ago while a nursing student at ECU.

“Right after Heather’s accident, we asked people in the community if they’d be interested in donating to the nursing school as a way to honor her memory,” he said. “It just dawned on me one day let’s use my love of motorcycling as a way to raise money for the school.”

Charles clearly remembers Dec. 10, 1992. His daughter worked in the floral department at the old Harris Supermarket on Tenth Street. She headed out that day in the store van to deliver flowers to Bethel. In a heavy rainstorm, her van collided with a truck on N.C.

CAUSE
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11. She died instantly.

“People say the worst thing in your life is to lose a child,” Charles said. “I can certainly vouch for that. It’s always with you, but you learn to move on. It’s always on your heart.”

Nursing leaders praised the work Charles and his wife have put into raising money for the $1,500 annual scholarship, which was first awarded in 1994.

“It is a wonderful way to honor their daughter and provide a scholarship for a nursing student,” said Dr. Sylvia Brown, dean of the ECU College of Nursing.

Charles is in his 24th year as the Voice of the Pirates and has been riding motorcycles about as long. In 1999, while he was in Charlotte announcing the ECU-West Virginia football game, his Yamaha 1100 drowned during Hurricane Floyd.

He’s had a couple of motorcycles since then, and this summer began hosting “Bike Talk,” a weekly radio show that airs Wednesdays at 6:30 p.m. on Pirate Radio 1250 and 930.

Saturday’s event will mark the eighth year of the ride. It will be a reverse Texas Hold ‘em Poker Run, where participants pick up cards at designated stops and compete to accumulate the best poker hand.

Each year, the ride raises approximately $1,500, said Mark Alexander, director of development for the College of Nursing.

On the ride, not everyone sports ECU colors, though they are popular.

“There is some, but there are a lot of people who ride in it who aren’t even Pirate fans, who like doing charity rides,” Charles said.

This year’s scholarship recipient, Courtney Evans, wears plenty of purple every football Saturday. Not only is she a senior nursing student but also a Pirate cheerleader and a Greenville native.

“Between early morning weights, clinical rotations, class time and cheerleading practice, there is little time to work,” said Evans, who hopes to be a pediatric nurse practitioner. “As an ECU cheerleader, I feel honored to represent the ECU Pirates and College of Nursing in all of my endeavors. Just as Heather’s dream was to explore the nursing field, I hope I can make the Purtee family proud as I follow the same dream in my life.”
Specifically, Purtee dreamed of working as a flight nurse on Pitt County Memorial Hospital’s EastCare helicopter.

“We’re using a tragic situation that happened to our daughter to make it a positive situation today,” Charles said. “What it teaches you is there’s an incredible resilience with the human spirit. God and time help you heal.”

Registration will begin at 8:30 a.m. Saturday at Ron Ayers Motorsports in Greenville. The ride will begin at 10 a.m. Stops will be at Frank’s Pizza in Washington, East Carolina Trophy in Winterville, Hastings Ford, U.B.E. and Pirate Radio in Greenville. The poker run ends at Ron Ayers Motorsports. Lunch will be served at noon.

“It’s a two-hour deal. It doesn’t take up everybody’s day,” Charles said. “It’s a great, great way to go out with your friends.”

Cost is $10 for single riders and $20 for motorcycles with a passenger. For more information, call Ron Ayers Motorsports at 252-758-3084.

To make a contribution to the nursing scholarship, call Alexander at 252-744-2238.
Two more members of the East Carolina University Board of Trustees have been appointed, the governor's office announced today.

Edwin Clark of Greenville and Robert "Bobby" Owens of Manteo were tapped on Wednesday by Gov. Beverly Perdue to serve on the 13-member board. Clark is Executive Vice President of WilcoHess, LLC. Owens is retired and a former member of the state utilities commission.

The ECU Board of Trustees consists of four members appointed by the governor and eight elected by the University of North Carolina system Board of Governors. Terms are four years.

Two other new trustees, attorney Kieran Shanahan and medical administrator Deborah Davis, were appointed earlier this summer by the UNC Board of Governors.

Past trustees David Brody, David Redwine, Robert Greczyn and William Bodenhamer finished their terms in the spring.

The student body president is an ex-officio voting member for his or her year in office.

The next Board of Trustees meeting is Sept. 23.
Are you a workplace Pollyanna?

By Jena McGregor

Look on the bright side of things at work? You could be setting yourself up for frustration.

A new study from researchers at Stanford University and East Carolina University finds that “disaffected Pollyannas” who don’t get the salaries they expect are more likely to have switched companies than those with less positive views of their prospects. Eight years into their careers, these sunny folks also have lower job satisfaction and even less overall happiness with their lives.

The paper, which was published in the September issue of the Journal of Organizational and Occupational Psychology, studied 132 MBA students, rating them on a scale that measures positive or negative “affect” and asking them about their salary expectations over the course of their careers. As the folks over at BPS Occupational Digest point out, the data showed that for every one-unit increase in positive perspective, participants expected an additional $100,000 increase in lifetime earnings. One can always hope, right?

But when the researchers checked in with the candidates four years later, they found that those with high “positive affects” had gone through an average of four jobs, compared with just two for their less optimistic peers. That’s not surprising, in a sense—with higher salary expectations, they believed they could make more. “They are more willing to believe the grass is greener elsewhere, and more able to make that step successfully, due to better social networks and an interview advantage due to infectious positive affect at interview,” BPS explains.

Eight years later, the difference was still stark. For those with more negative outlooks on life, frequent job shifts led to greater happiness. But as for those
Pollyannas during their MBA days? The opposite is true. More job changes only led to more frustration.

As with seemingly all such workplace studies, there’s a level of obvious logic to all this. Higher expectations inevitably lead to more possibility for disappointment. We didn’t need three business school professors to tell us that. The authors write that “the key to finding long-term satisfaction, then, may be managing expectations, rather than pursuing unrealistic ideals.” I’m not sure we needed an eight-year study to understand this.

That said, there is a lesson here for organizations. Corporate America, in particular, tends to dote on people who don’t complain, who always say “yes,” who believe that being asked to do three people’s jobs at one time in the name of a “stretch assignment” is not only reasonable but desirable. Pollyannas, in other words, have a tendency to rise to the top. Figuring out how to manage such expectations could play a role in getting exorbitant executive pay back under control, and keeping good people from heading out the door.

Still, what I want to know doesn’t appear to have been addressed. When the eight years were up, who actually made more? Does all that job changing and dissatisfaction lead to more income? In the end, does the power of positive thinking lead to more money or less?
The Company You Keep

By ANN CARRNS

ONE of the biggest challenges of relocating after retirement is making new acquaintances.

“I couldn’t imagine going to a location where I didn’t know anyone,” said Karen McGuire, 61, who along with her husband, Brian Hughes, just bought a house to which they plan eventually to retire, a stone’s throw from longtime friends on Cape Cod.

While some people want to move closer to friends after retirement, others try to coordinate a plan ahead of time to move together to a new location — a different home in the same town, another town in the same area, a new community thousands of miles away.

“What’s happening now is people are realizing they don’t have to start all over again; they can take their friends with them,” said Marc Freedman, founder of Civic Ventures, a nonprofit organization that seeks to expand opportunities for older Americans, and the author of several books about the changing nature of retirement. “There is more of a sense of people being more active in the housing decision process.”
Many people approaching retirement age are thinking not just about where they want to live after they leave their longtime careers and what sort of home they want, but also about what sort of activities they will do — and whom they want nearby. “There are so many options open to the boomer generation, compared with our parents,” said Dorian Mintzer, a retirement coach with many clients from that generation.

These additional choices come, in part, because the housing industry has recognized the opportunity in the large number of boomers who will be retiring, creating “so many different options,” said Nancy Thompson, a spokeswoman for the AARP. While a majority of retirees don’t relocate, she said, more are likely to in coming years, simply because there are more boomers.

Dr. Mintzer noted, in particular, the emergence of the co-housing movement and the development of “village” networks that allow people to share services as they age. Some people plan to develop these projects themselves; others settle into existing developments and try to recruit friends and neighbors to join them.

“We’re close to old friends, and we’ve met new ones,” said Betteann Dowd, 68, who with her husband, Tom, has led friends and acquaintances to Bonita Springs, Fla., from Troy, N.Y.

While research shows that moving can be a positive step for retirees, many are anxious about relocating because they are afraid they won’t be financially able to go back home if things don’t go as planned. The state of the economy and the uncertain real estate market heighten those fears.

“The big thing about moving is the uncertainty,” said Don Bradley, a sociologist at East Carolina University who has studied retirement and migration. “So moving where you already know somebody makes it less costly in psychic terms.”

Ms. McGuire and Mr. Hughes, who live outside Boston, aren’t ready to retire, but they’re planning for it. They had often joked about buying a small hotel on Cape Cod with friends and renovating it so they all could retire together, she said. In recent years, the couple has seen some friends retire and move away — often to be closer to adult children and grandchildren — and wondered if they would have any social life left after they stopped working full time.

They mulled moving to a warmer climate but felt they would miss Boston’s cultural attractions, she said, and, most significantly, the thought of having
to establish an entire new network of friends seemed “kind of sad,” she said. (And their grown son lives near Boston.)

In May, while visiting Cape Cod for the 25th wedding anniversary of their friends, Bob Colford and Lynne Conroy, they saw a small cottage for sale just three-tenths of a mile from their friends’ home in Hyannis Port. Mr. Hughes has known Mr. Colford since they were second-graders in New Jersey. Ms. McGuire and Ms. Conroy have become good friends, too; the couples traditionally gather to exchange gifts each year on Dec. 23 and have often vacationed together, sometimes with dogs in tow.

So on Aug. 19, they closed on the cottage, an 800-square-foot, two-bedroom property where Ms. McGuire is already spending long weekends. Last year, she left her career as a human resources executive at Citizens Bank and now works part time as a project manager for a nonprofit, matching people 55 and older with volunteer jobs. Mr. Hughes, 62, a software engineer, said he planned to work several more years before retiring and expected he would have a second career, too — perhaps teaching Pilates.

The couple plans eventually to sell their home in Belmont, a Boston suburb, and use part of the proceeds to renovate the Cape house. “One thing that attracted us is that the Cape is beautiful,” said Mr. Hughes, “but there’s also medical facilities available as we get older.”

Ms. McGuire and Ms. Conroy are already looking forward to gardening and kayaking together. “It’s like moving next to family,” said Ms. Conroy, who is 61 and a retired public school teacher. (Mr. Colford, a television engineer, is 62 and isn’t planning on retiring any time soon, she said.)

“The issue of how to maintain a social network in retirement is huge,” said Catherine Frank, director of the North Carolina Center for Creative Retirement. And many couples, baby boomers in particular, are trying to design a life in retirement that will have meaning and purpose, said Dr. Mintzer, who wrote “The Couples Retirement Puzzle” with Roberta K. Taylor.

That outlook was the driving force behind Pat Darlington’s push to create Oakcreek, a co-housing community for people 50 and older that is soon to break ground in Stillwater, Okla., one of several co-housing developments around the country focused on older people. Such developments are becoming more popular, said Charles Durrett, author of “The Senior Co-Housing Handbook,” because “what people really want is to be around others they care about and who care about them.”
Ms. Darlington, 60, returned to school to become a licensed therapist after her husband died in a car accident in 1994. A year in New Hampshire as an intern, and dealing long-distance with her aging father, who was in Florida, convinced her that she did not want to grow old in a place where she lacked close ties.

“I really didn’t want to leave Stillwater,” she said. “It’s difficult to recreate yourself someplace else.”

A few years ago she attended a seminar about co-housing — communities designed to make it easy for residents to socialize and share services and meals if they choose to — and quickly decided she wanted to create such a place for herself and others in Stillwater. The first friend she asked to participate declined, but a mutual acquaintance jumped in and helped Ms. Darlington with recruiting. They formed a company to develop the project in 2009 and now, with 11 of 24 households committed, expect to break ground this fall.

Oakcreek has an existing home that will be used as a central common house, with new, smaller houses clustered around it. The common house can be retrofitted to include a caretaker’s apartment, in the event residents need help with grocery shopping or other daily activities as they age. Developing from the ground up was time-consuming, she said, but it means the community will be as the residents themselves want it. “If we bought into something,” she said, “it would be someone else telling us what old people like.”

Some communities of friends in retirement evolve over time, rather than being planned. Dr. Bradley, of East Carolina University, said these sorts of relocations fit the classic “chain” migration model, in which an initial pioneer brings others from the original community and others follow as the connection builds.

The Dowds bought a home in the Worthington Country Club property in Bonita Springs after visiting it at the suggestion of a friend’s mother and have lived there full time for seven years. Mr. Dowd, 70, who retired from a small printing business he established in Troy, has spent much of his time since then persuading other “Trojans” — many of them golfing buddies from the Troy Country Club — to buy homes in Worthington. At least 14 other families have followed, including his former business partner, a doctor, and a former colleague of Mrs. Dowd, a retired operating room nurse.
“We do hang together with the Troy folks, but it’s not like we’re a clique or anything like that,” Mr. Dowd said. “You can’t expect to just interact with the people you came down with.”

Linda Garner, 61, and her husband, Kent, 66, of Fairport, N.Y., near Rochester, weren’t thinking of living in Florida when they visited their friends, Karen and Bob Miller, at their home in Fort Myers several years ago. But after visiting the Millers, friends from their church who had bought in a development called Pelican Preserve, they decided to buy — in fact, when their flight home was canceled because of bad weather in New York and they had to stay three extra days, they viewed some properties and bought one.

Now, the Garners are splitting their time between Fairport and Fort Myers, but are building a larger home in Pelican Preserve and expect eventually to move there full time.

The Garners, in turn, urged another Fairport couple, Ralph and Patty Cox, to check out Fort Myers. Mr. Cox, 63, retired as a corporate lawyer three years ago; his wife, 61, is a retired nurse. Two years ago, they rented a place near the Garners for a month in the winter and were hooked. The mortgage on their Fairport home had been paid off by the time they retired, and they didn’t want to take on any new debt. But after the real estate market crash, they were able to buy a home for cash, in a short sale.

“Linda Garner took us under her wing and introduced us to everybody,” Mrs. Cox said. “It just feels like home.”
TARBORO - Monica Lucille Magnan Lemnah, 89, died Saturday, Sept. 10, 2011. The funeral service will be conducted Saturday at 10 a.m. at St. Peter's Catholic Church. Entombment will follow in the mausoleum at Pinewood Memorial Park.

A native of Alexis, Canada, Mrs. Lemnah, lived her early life in Fairfield, Vt. For 17 years she lived in St. Albans and Bennington, Vt., and later made her home in Greenville in 1965. She was employed with JC Penney's for five years and later with Joyner Library at ECU for 15 years. She was a member of St. Peter's Catholic Church.

Mrs. Lemnah was preceded in death by her husband, W.E. "Bud" Lemnah. She is survived by her daughters, Serena Whelan and husband, Ed, of Cotuit, Mass., Susan Nicholds and husband, Gary, of Dillon, Colo., Eraine Oakley and husband, Larry, of Farmville, and Coleen Ballard and husband, Chris, of Greenville; 11 grandchildren; nine great-grandchildren; and a brother, Henry Magnan, of Fairfield, Vt.

The family will receive friends tonight from 6 to 8 at Wilkerson Funeral Home, with a Rosary prayed at 7:30.

In lieu of flowers, gifts of prayers or masses would be appreciated.

The family would like to extend their heartfelt appreciation to the staff at The Fountains of the Albemarle in Tarboro for their loving care of Mrs. Monica.


Published in The Daily Reflector on September 16, 2011
Onslow County is in much better shape than the rest of the region, state and nation, said Jim Kleckly, the director of the Bureau of Business Research at East Carolina University in Greenville.

**Jacksonville faring better than nation economically**

By LINDELL KAY

The Jacksonville area looks a little brighter when compared to a bleak national economic outlook, according to a panel of experts who presented information Thursday during a Forum Onslow.

Due to economic insulation provided by area Marine bases, the Jacksonville area has fared much better than most of the nation in the past decade according to economic indicators analyzed by a government officials, a banker and a retail store manager.

The forum was the third and final installment of a Jacksonville-Onslow Chamber of Commerce Governmental Affairs Committee presentation looking at area growth.

The bad news first: The U.S. will probably slip back into recession in 2012 with weak economic growth and limited options when it comes to government stimulus, said John Hall, a senior vice president and portfolio manager at First Citizens Bank.
Problems leading to a likely downtown include an overbuilt national housing market and the European economic crisis including Greece’s probable debt default, Hall said, adding it will be a decade before the U.S. drops back down to 5-percent unemployment.

The good news: Onslow County is in much better shape than the rest of the region, state and nation, said Jim Kleckly, the director of the Bureau of Business Research at East Carolina University in Greenville.

With the national economy barely growing, military increases have brought more into the Jacksonville area at a time when most other areas are suffering economic impacts, he said.

Kleckly cautioned that no county is an island. What happens at the regional, state and national levels all affect Onslow County’s economic outlook.

For now, Onslow County’s unemployment rates are better than any county in the region except Wayne County, he said.

In a dramatic change from just a few years ago, private sector jobs nearly equaled the number of military jobs in 2009, according to data compiled by BBR.

The area is doing better than most, but did not completely escape the recession, said Ralph Leeds, the manager for the Jacksonville branch of the N.C. Employment Security Commission.

Onslow County has a 9.4-percent unemployment rate. By comparison, Charlotte has a 11.2 percent unemployment rate which is likely to go up with the lay-off announcement from Bank of America, which is headquartered there. Few areas in the state are faring better than Jacksonville with the Raleigh-Cary area doing the best thanks to Research Triangle Park with an unemployment rate of 8.4 percent.

Leeds said jobs in construction, retail and restaurants are thriving. Call centers are employing around 3,000 people when it was once thought that the area couldn’t support the first call center that opened with 200 employees.

When a company considers a new location, there are certain things executives look for, said Jim Reichardt, director of Jacksonville-Onslow Economic Development.

The first factor is accessibility, he said, and Jacksonville needs a direct link to Interstate 95 and rail lines to the ports in Wilmington and Morehead City.
“Shipping costs are important which escalates the importance of Albert J. Ellis Airport,” he said.

Labor cost is a company’s largest expense. The South has been extremely successful in attracting automobile manufactures and with 6,000 to 8,000 Marines leaving military service every year, Jacksonville should be able to attract similar manufacturing, Reichardt said.

Other factors include skilled laborers, which are in abundance in Onslow County thanks to Coastal Carolina Community College, Reichardt said.

Energy availability and fuel costs are also important to potential companies moving into an area. Rising fuel costs area a concern everywhere, but Progress Energy and Jones-Onslow Electric Membership Cooperative can provide rates less than half of what a company would receive in the Northeast, Reichardt said.

Economics comes down to how much a shopper is willing to spend, said Terry Branton, manager of the Yopp Road Walmart.

He said fluctuating gas prices have really affected shoppers’ disposable incomes. When fuel prices spike 10 cents in a week, retailers see a reduction in goods bought at the cash register.

Branton said today’s shoppers are well attuned to economic news and trends.

“Economic data is important,” he said. “You have to have it to make proper decisions.”

The new unit provides a safe environment and extended hours for babies to come visit while their mothers are undergoing treatment.

**Unit offers moms help**

BY LANA DOUGLAS - Staff Writer

CHAPEL HILL UNC Hospitals celebrated the grand opening Thursday of the first separate 24-hour perinatal psychiatric unit in the United States for treating depression during and after pregnancy.

Amy Martin of Durham had just given birth to her third child, Avery, in November 2008 when she began having feelings of depression and suicidal thoughts.

"These things would pop into my head, and I knew I would never act on them, but they would still make me anxious," Martin said. "It was a total feeling that I couldn't do this anymore."

Martin was apprehensive about getting help, worried about what people would think of her.

"At the same time, I really didn't care because I knew ... if I couldn't take care of myself, I couldn't take care of my kids," she said.

UNC Hospitals had just started its pilot program when Martin was admitted. It's evolved into its own five-bed unit that opened Aug. 15.

Martin received bio-feedback and other therapy but said having protected sleep time was "probably the most important thing."
Unlike the pilot program, the separate unit accessed by a key card provides a safe environment where women can get help and their families can come visit.

"The problem before is that there was an odd mixture of other patients on the unit, and it created a disruptive environment that made it very difficult to establish, if you will, the nurturing (environment) that exists on this separate unit," said Dr. David Rubinow, chairman of the Department of Psychiatry.

The unit cost about $80,000 to renovate. Extended visiting hours allow babies to bond with their mothers during the day, but still let mothers get a good night's rest.

Bio-feedback machines let mothers check their stress levels and practice techniques learned at the unit to manage stress. Patients also participate in yoga, therapy and other activities with the other women.

**Statistics**

An estimated 10 to 15 percent of mothers will have post-partum depression, and 5 percent of them will need specialized inpatient care, according to a UNC news release.

Most people who need inpatient hospitalization are so overwhelmed with symptoms that they feel like life is not worth living, said Dr. Samantha Meltzer-Brody, director of the perinatal psychiatry program. They have thoughts of harming the baby or are so overcome with anxiety or depression that they can't function, Meltzer-Brody said.

"Literature indicates that it's a combination of female hormones, genetic influences, life events, and sort of the way that that person copes with things and the way their body handles these changes," Meltzer-Brody said. "Our goal is really teaching coping skills and techniques and tools so when they leave the unit, they feel they have the tools they can use when they are home."

The new unit costs patients about $1,000 a day, and most insurance plans cover a majority of it, Meltzer-Brody said.

For more information about the unit, call Psychiatry Inpatient Admissions at 919-966-8721.

ldouglas@newsobserver.com or 919-932-2008
Wreck kills Duke senior

BY JIM WISE - Staff Writer

DURHAM A Duke University senior died Thursday morning in a traffic accident at the same spot where four other Duke-connected people have lost their lives.

Matthew Grape, 21, was killed about 2:40 a.m. when the Chevrolet Equinox in which he was a passenger ran off a road near West Campus and hit a tree, rolled down an embankment and landed on its roof, according to Durham police.

The driver, Duke senior Lee Royster, 21, of Hickory was treated for minor injuries at Duke Hospital. He has been charged with driving while impaired. Durham police spokeswoman Kammie Michael said further charges are pending, but none had been filed by late Thursday afternoon.

Grape, from Wellesley, Mass., was pronounced dead at the scene. A member of Alpha Delta Phi fraternity, his main academic interest was political science, and he was on schedule to graduate in 2012.

By late Thursday, police had released no further details. The accident occurred at a sharp curve on Academy Road near Duke University Road.

At the same curve, Duke law student Eric Pinsky died in February 1997. Police said he was driving 90 mph when his car spun out of control and hit a tree. Pinsky had a blood-alcohol level almost twice the legal limit.

In 1992, Russian nationals Yury Kondrashev and Alexander Zinoviev were killed along with Dmitri Boudeka of Carrboro when their car went out of
control and off the road while traveling through the curve. Police estimated it was traveling at more than 80 mph and said there was a strong odor of alcohol at the crash site. Kondrashev and Zinoviev were business executives in Durham for a program at Duke's Fuqua School of Business.

Grape's funeral has been arranged for Monday in Wellesley. He is survived by his parents, Peter A. and Linda Grape; his brother Peter, who graduated from Duke in 2008; and his sister Katie.

jwise@newsobserver.com or 919-641-5895
Bowie State student fatally stabbed in dorm

By Clarence Williams and Matt Zapotosky

An 18-year-old Bowie State University student was fatally stabbed Thursday night by her roommate during a fight inside a residential housing building on campus, Maryland State Police said early Friday.

Prince George’s County police received a 911 call reporting a cutting at the Christa McAuliffe Residential Community building and responded along with campus police officers, state police said. University officers were the first to arrive and found the victim unconscious in a second floor hallway of the apartment-style dorm.

The officers rendered emergency care until rescuers arrived and took the student to a hospital, where she was pronounced dead about 45 minutes later.

The victim is identified as Dominique T. Frazier, of the District, a Bowie State student who lived on campus, police said.

Investigators believe Frazier and her 19-year-old roommate got into an argument that turned into a fight, leading to the fatal stabbing inside their suite. The roommate, who was not identified by police because she has not been charged, fled the scene but turned herself in to county police about four hours after the incident.

It was not clear what the women argued about.

University officials issued a statement early Friday morning saying that classes were canceled Friday and a “community gathering for consolation” is scheduled for noon in the James Leonidas Physical Education Complex. Counselors from the school are available to assist students and staff, the statement said.

“This kind of senseless violence is difficult to understand,” the statement said. “We understand from police that there is no apparent ongoing threat to the campus community and it is safe for students and employees.”

In another statement the university said all employees were expected to report for duty on Friday.
Earlier in the night, a student, Matthew Crisostomo, said in an e-mail that the campus alert system issued a message to students that police were investigating “a stabbing that occurred inside Christa McAuliffe Hall.”

About 11 p.m., campus officials used the alert system to announce that residents of the McAuliffe dorm who were not in the building should report to the Center for Learning and Technology and that those in the dorm should “remain inside the building at this time.”

Police were obtaining a search warrant to gather evidence from the room later Friday. Frazier’s body will be taken to state medical examiner’s office in Baltimore for an autopsy, officials said.

Some students were unable to return to their rooms and the school temporarily placed them in other campus housing, school officials said.

In a notice Friday morning on the campus website, Bowie State officials said: “This kind of senseless violence is difficult to understand.

“We understand from police that there is no apparent ongoing threat to the campus community and it is safe for students and employees....

“The entire university community is distressed that this type of violence has occurred within our midst.”

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Study: Dating abuse is difficult for most students to identify and stop

By Jenna Johnson

If a friend’s relationship became abusive, 58 percent of college students say they are not sure what they should do to help, according to a new study on college dating violence.

At the same time, 43 percent of the women surveyed who date said they had experienced violence and abuse from a partner — and 60 percent of them said that nobody had stepped up to help.

The survey was conducted last fall by research firm Knowledge Networks, which interviewed 330 female and 178 male students from four-year universities across the country about their dating experiences and definitions of abuse.

The findings echo what advocates say they have seen happen too many times: A woman is being emotionally, sexually or physically abused; several people see the abuse or signs of it, but no one does anything for fear of making the situation worse or upsetting those involved.

Part of the problem is that it’s difficult for teens and young adults to identify dating abuse, which can range from physical violence to verbal bullying to obsessive calling, texting or e-mailing dozens of times a day. Fifty-seven percent of the surveyed students said it’s “very or somewhat difficult” to recognize abuse.

“It’s hard to know what to look for,” said Jane Randel, senior vice president for corporate communications at Liz Claiborne Inc., which commissioned the survey. In talking with teens and college students who have dealt with dating violence, Randel said, “they all knew something was wrong, but they didn’t know what to call it.”
The company has formulated a free high school curriculum through its Love is Not Abuse initiative. Just as students are educated on the dangers of drinking and drug use, Randel said, they should be better prepared for relationships. They created a similar curriculum for college students last year after the brutal beating death of University of Virginia lacrosse player Yeardley Love. Her ex-boyfriend, George Huguely, has been charged with first-degree murder.

Huguely, who also played lacrosse, had a reputation for partying hard and becoming violent. At the time of Love’s death, several sources said Huguely had abused her before but that no one reported it to school officials. At a candlelight vigil in May 2010, then-college president John T. Casteen III urged students to learn from the tragedy.

“If you fear for yourself or for others any form of violence, act,” he said. “Don’t hear a scream, don't watch abuse, don't hear stories of abuse from your friends — and keep quiet. Speak out. Find me; I will go with you to the police.”

Violence and abuse that arise during a relationship are usually labeled as “domestic,” a term that college students often associate with marriages and long-term relationships, not dating or hooking up. And since there are only a few dating violence programs aimed specifically at teens or college students, many go without the help they need.

“They won’t go to a domestic violence center. They don’t think it’s for them,” said Juley Fulcher, director of policy programs at Break the Cycle, which focuses on educating teens about dating violence.

Today’s college students face potential dating abuse that didn’t exist a generation ago. Cell phones, e-mail, Facebook and instant messaging have made it easier for abusers to track and harass their victims. The study refers to this as “digital dating abuse” and provides examples: calling or texting more than 50 times a day, or threatening to share embarrassing photos or videos.

The survey found that one in three dating college students had shared e-mail, computer, cellphone or social network passwords with a significant other.

Just like other forms of dating abuse, it can be difficult for students to discern when digital communication becomes unhealthy: Is he calling and texting so much because he cares — or because he is controlling? Is it normal for him to so closely monitor your Facebook friend adds? Why is he scrolling through your inbox?
Love is Not Abuse created a free iPhone application that simulates digital dating abuse so parents can better understand it. Without reading the instructions, I downloaded the app on my phone while waiting for an interview, logged my e-mail address and cellphone number, and started the simulation.

In the next few minutes, my phone would not stop ringing. The pre-recorded actor on the other end asked what I was doing and told me to call back. He left voice mails, sent an e-mail and texted: “Hey! Just wanted 2 check up on u because u never called me back. Let me no what ur doing when u get a sec.”

Then he noticed a new Facebook friend named “Mark,” wanted to know who this guy was and demanded that I de-friend him. The phone calls kept coming, and then another text: “Why haven’t you deleted that guy? Do I need 2 friend him myself and let him know ur my gf?. Delete him as a friend or i’ll do it 4 you.”

The whole experience was a bit unnerving. Randel said several people have described it as “creepy.” But that’s the point.

“It’s a matter of having kids understand that it’s okay to have things that are private... It’s okay to say no, to not be so quick to share passwords,” she said. “If it feels bad, then it really is bad.”

(For more information, visit the Love is Not Abuse web site. And if you need help, call the 24-hour National Teen Dating Abuse Helpline at 1-866-331-9474 or 1-866-331-8453 TTY.)