THE DAILY CLIPS

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Balloons, flags, a stack of Krispy Kreme doughnuts and lots of hugs greeted Dr. P.J. Schenarts Thursday as he returned home following a four-month deployment to Afghanistan.

Schenarts, an associate professor of surgery at East Carolina University and lieutenant colonel in the Army Reserves, spent the summer saving lives as deputy commander of the 344th Combat Support Hospital at Forward Operating Base Salerno. He arrived at the Pitt-Greenville Airport around 2 p.m.

“It feels very good,” Schenarts said while surrounded by approximately 25 flag-waving friends, family and co-workers. “Great support of friends and family. Just wonderful.”

As his 4-year-old son, Spencer, leapt up to hug him, Schenarts laughed and said: “He's gotten a lot bigger in a short few months. I'll have my hands full tonight.”

The deployment was Schenarts' sixth: four to Afghanistan and two to Iraq. With the 344th, he cared for American soldiers, contractors, coalition forces, detainees, Afghan National Security Forces and local nationals on a case-by-case basis. Following one attack, he saved an Afghan by extracting a live grenade that had lodged in his chest during the fighting.

Earlier this year, Schenarts described working at the hospital to an Army reporter: “To work here, you need your funny bone, your back bone and your brain bone. I feel like it's not only my duty but an honor for me to be able to do this. Being able to provide critical care to soldiers is really wonderful.”

During one 38-day period this summer, hospital staff responded to 39 traumas and admitted 47 patients. They took nearly 600 X-rays, performed 57 surgeries, conducted 259 CT scans and treated 56 battle-related injuries.
His wife, Kim, said neighbors along their street in Winterville have flown flags and hung banners in support of her husband.

“It's been a challenge,” she said of being without her husband. “Lots of challenges, but what's been amazing is just the kindness and generosity of not only our friends and partners and their families but complete strangers. They've taken care of us and been our lifeline.”
She said her main focus will be keeping her “workaholic” husband at home for a few days. He agreed, saying he has no set date to return to work and has one main thing in mind.
“I'm looking forward to lots and lots of food,” he said with a smile.
Women of East Carolina University are investing in the future in more ways than one. The ECU Women's Roundtable hosted the latest installment in their Incredible Women Series at the Greenville Convention Center on Thursday. This year's event, themed “Investing for the Future: Strategies for Sound Financial Management,” featured keynote speaker Jean Chatzky, best-selling author and financial editor for NBC's “Today Show.”

The event also honored six ECU Women, all alumnae who have made a positive impact in Greenville and beyond. While this year's topic was the future in terms of personal finance, the group's goal always has been to advance the future of the university and women among its leadership.

Established in 2003, the roundtable is an organization of ECU alumnae and friends of the university that encourages leadership, volunteer service and philanthropy by women. Membership has several levels depending on contributions. The group meets twice a year and holds “incredible women” events every few years.

Chatzky provided guidance on how every woman can have a successful financial life. “No matter where you live or how much you make, you can take control,” she said. “It takes some time and effort, but those who make a plan and work on it will get there much more often than those who don't make the effort.”

Women are often intimidated by finance, but Chatzky says they shouldn't be.
“I made every mistake in the book when I got out of college,” Chatzky said. “But I got myself out and I realized it's not rocket science. It's about good habits and doing those things over and over again.”

Some guidelines, such as spending less than you make and saving what you don't spend, hold true no matter what the state of the economy, Chatzky said.
“We find among our customers that women make the financial decisions in a lot of households,” said Gordon Jethro, area executive with the event's presenting sponsor, First Citizens Bank.
“We think it's important to support women in finance and are pleased to be able to reach so many people through this event.”

After her speech, Chatzky sat down for a Q&A with some female finance and marketing ECU students. “It's not all about the money, you have to love what you're doing,” she told them.

Chatzky said while the majority of financial advisers are men, that is changing. “It's a great career for women, it's very much a helping profession,” she said.

The six women honored are leaders in many fields in addition to finance, including art, education, business and medicine. They range from the class of '56 to the class of '05.
“These women demonstrate the leadership that distinguishes ECU and personifies the role that women can play in shaping the future,” wrote Chancellor Steve Ballard in his welcome letter.

“The roundtable was created to give ECU women access to their alma mater and to engage them in the life of the university,” said founding chairwoman Janice Faulker. The Women's Roundtable also funds the annual Access Scholarship program, which covers tuition for two semesters for students who demonstrate both financial need and academic potential.

For more information, visit http://www.ecu.edu/womensroundtable. Contact Jackie Drake at jdrake@reflector.com or (252) 329-9567.
Earning respect is so important to Brock Young that East Carolina's senior point guard had the word tattooed on his left forearm.

But Young, ECU's all-time assists leader and one of four seniors on this season's men's basketball team, knows that wanting respect and getting it are two entirely different things.

“We have no respect from anybody,” Young, a preseason All-Conference USA first team pick, said during East Carolina's media day at the Murphy Center on Thursday. “Respect is a big thing and if you don't have respect, you have nothing. You've just got to go out there and earn it.”

With a new head coach in place, Young and his Pirate teammates are hoping to reach new heights of success this season — and garner the respect that should come with it.

Former North Carolina player Jeff Lebo has taken charge of an ECU program that hasn't had a winning season since the 1996-97 campaign. The team hasn't finished .500 since Bill Herrion's club went 14-14 in 2000-01.

Lebo, who's amassed a 211-156 record in 12 seasons as a head coach at Tennessee Tech, Tennessee-Chattanooga and Auburn, doesn't need to be reminded of East Carolina's hardwood struggles, but he's not spending much time worrying about past Pirate failures.

His focus, like his team's, is on the future — both immediate and long term. “There's a hunger there,” Lebo said. “There's a hunger to win, to get better. There's a hunger for some pride in our program, a hunger to have some respect. It's easy to have hunger right now. We're going to find out about how much we want to really have it when the season starts.”
Beginning with today's first official practice, Lebo, who's earned a reputation as a coach capable of reviving moribund programs, will face perhaps his toughest challenge yet.

However, the Pirates have arguably one of their most talented and experienced teams in recent memory with starters Young, swingman Jamar Abrams, guard Jontae Sherrod, forward Darrius Morrow and center Chad Wynn all returning.

Young likely won't participate fully in practice until the middle of next week as he continues to rehabilitate the surgically-repaired meniscus in his right knee. In the meantime, the Raleigh native is itching to get after it and help his team get the respect it's been lacking for a long time.

“(Lebo) asks more of us, but I think we demand more of ourselves because we want to become a better team,” Young said. “When you want to become a better team, you do the little things and the extra stuff. ... I can't wait to get out there.”

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#1 and #2 slap hands before the kick-off Sunday at Dowdy-Ficklen Stadium. (Scott Davis/The Daily Reflector)

**Editorial: Keep it on the field**
Friday, October 15, 2010

If any further evidence is needed that East Carolina University's football team would feel more at home in the Atlantic Coast Conference, the energy and anticipation leading up to this weekend's game provides it. Any clash with in-state opponent N.C. State generates a certain buzz among the Pirate faithful and this year, with a 5-1 Wolfpack squad coming to town, is louder than most.

While the vast majority of fans will head to Dowdy-Ficklen Stadium on Saturday ready to enjoy the latest episode of this fiercely contested rivalry, a tiny subset tends to lose focus, forgetting that the game is contested on the field and not in the stands. It falls to the more mature and responsible on both sides to conduct themselves with respect and encourage others to follow that example this weekend.

When this year's schedule was first released, most fans — maybe even some coaches and players — immediately circled Saturday as the stand-out game of the season. A date with N.C. State, East Carolina's most heated rival, promised to make for a compelling afternoon of football in Greenville.

After disappointing back-to-back losses against Virginia Tech and North Carolina, East Carolina rebounded on Saturday with an exciting win over Southern Miss to remain unbeaten in conference play. It highlighted the new identity emerging under first year Head Coach Ruffin McNeill, that of a relentless offense ensuring that nothing is over until the clock strikes zero.

Anticipation over this game has grown as the season has progressed, considering each team's season so far. This could be a turning point for the victor, with an out-of-conference victory perhaps providing a boost toward conference glory.
Fans will view the game as a battle for bragging rights. Those in purple and gold share classrooms and warehouses, laboratories and farmland with those who favor red and white. Winning can seem to be all-important and losing unthinkable. Such tension has caused problems during games in the past.

Thankfully, that seems to have dissipated in recent years, leaving only school spirit in its place. Fans remain engaged and excited, but respectful of each other, which is the ideal situation for Saturday as well.

That requires all involved — Pirates and the Wolfpack — to set positive examples and be aware of those headed astray. Let's have the game be remembered for what happens on the field — hopefully a Pirate win — rather than have it be overshadowed by anything else.
Tiempo Libre will perform at 8 p.m. Monday in East Carolina University's Wright Auditorium. The concert is presented in conjunction with “Art without Borders,” an art exhibition at the Greenville Museum of Art that celebrates Hispanic Heritage Month.

The band's seven members were all classically trained at La Escuela Nacional de Arte, Cuba's premiere music conservatory, before each fled the country seeking freedom and the chance for prosperity.

Pianist and musical director Jorge Gomez went to Guatemala with his mother when he was 25. Then in 2000, he moved to Miami.

It took Gomez about a year to reconnect with his old friends: Raól Rodríguez (trumpet); Leandro Gonzalez (congas); Tebelio “Tony” Fonte (bass); Armando “Pututi” Arce (drums); Joaquin “El Kid” Diaz (lead vocal); and Luis Beltran Castillo (saxophone and flute).

The musicians would gather after work to play for enjoyment and from that the band Tiempo Libre, which means “free time” in Spanish, was born.

Tiempo Libre performs a style of music called timba, which is contemporary Cuban music influenced by hip-hop, rumba, funk, jazz and rap. Gomez describes it as an evolution of Cuban music.

“When you mix the various styles, you get timba. Even in the way you dance, you don't need a couple, it's free dancing,” he said.

Tiempo Libre's most recent release, “Bach in Havana,” took the classical music of German composer Johann Sebastian Bach and merged it with their own style. Perhaps fusing Bach with Cuban timba doesn't seem all that logical, but Gomez says it came quite naturally.

“Well, as you know, we started together playing classical music so it was very easy for us to put those worlds together,” he said.

But why did they specifically choose Bach's music?

“Bach is a genius. He had perfect rhythm and he's more danceable than other classical composers,” Gomez said. “Chopin, Liszt they are more romantic.”
The CD was nominated for a Grammy Award in the Best Tropical Latin Album category, the group's third nomination for a Grammy.

The Wright Auditorium performance will be about energy with a mix of classical pieces, traditional Cuban and Tiempo Libre's timba.

“It's going to be for all ages. You have to be prepared to dance, or at least move,” Gomez said. “By the end of the show, they are on stage with us.”

Contact Kelley Kirk at kkirk@reflector.com or (252) 329-9596.
Winstead reviews lesson plan

Meet the candidate
By CHRIST PROKOS
christ@wdnweb.com
Managing Editor
Published: Thursday, October 14, 2010 2:23 AM EDT

Cindy Winstead sees the writing on the wall, so to speak, and she wants to use her experience as a Beaufort County Board of Education member to do something about it.

“I think the biggest challenge over the next four years is that the needs are going to grow and available funds are going to be decreasing,” Winstead said. “It’s important to have experienced board members on the board to make the difficult decisions to continue to improve education, but in a fiscally responsible manner.”

Winstead, an incumbent, is looking to retain her District 8 seat on the Beaufort County Board of Education against challenger Ray Harris in the Nov. 2 nonpartisan election.

As a nursing professor at East Carolina University and mother of two, Winstead believes her many “hats” provide a unique perspective of educational issues.

“I’m a parent, and I have a child in the school system,” Winstead said. “Parents need to have a voice in the decisions made regarding the schools.

“As a college educator, I can understand curriculum development and testing issues that face the schools, and I can understand the challenges that face an administrator.”

When elected in 2006, Winstead joined a school board that was at odds with the Beaufort County Board of Commissioners, something she said she worked to correct.

“One of the things that concerned me when I ran before was the relationship between the Board of Education and the county commission,” she said. “They were involved in a lawsuit over funding, and, in the last four years, the new Board of Education and the new county commissioners have worked to develop a relationship that is not adversarial. Things have improved between those two boards, and I would like to help with that. As a taxpayer, that’s a real concern for me.”

Winstead would like to continue her efforts to bolster teachers in the classroom and
advance recent gains in test scores.

“Number one, it is important to protect the classroom instruction by supporting the effective teachers we have and providing the resources that they need,” Winstead said.

“During the last four years on the board, I can see things are improving and we are finally moving in the right direction. The teachers and administrators in the Northside area have been working very hard, and I’ve seen improvements in the testing grades, with the exception of U.S. history.”

Her tenure on the Board of Education has proven to be a lesson for Winstead.

“I have met a lot of wonderful people, and I’ve enjoyed getting to know teachers and administrators,” she said. “It’s been a wonderful learning experience.”

BEAUFORT COUNTY BOARD OF EDUCATION
DISTRICT 8

NAME: Cindy Winstead
AGE: 49
ADDRESS: 633 Mixon Creek Drive, Bath.

OCCUPATION: Nursing professor at East Carolina University.

EDUCATION: Graduated from East Carolina University with a bachelor’s degree in nursing and a master’s degree in nursing education.

FAMILY: Husband, Danny; two daughters.

BEAUFORT COUNTY RESIDENT: Has lived in Beaufort County for 22 years, including the past 20 years in Bath.

LAST BOOK READ: "Educating Nurses: A Call for Radical Transformation” by Patricia Benner.

EXPERIENCE AS ELECTED OFFICIAL: Member of the Beaufort County Board of Education since 2006.

OTHER RELEVANT EXPERIENCE: Beaufort County Community College teacher for 10 years before going to ECU this year.

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ECU’s Lebo makes good first impression
New coach seeks to right Pirate’s ship

By BRIAN HAINES, Brian@wdnweb.com, Sports Writer
Published: Friday, October 15, 2010 2:15 AM EDT

GREENVILLE – There is no telling how good or bad the Pirates basketball season will go, but if it’s anything like Jeff Lebo’s first media day at East Carolina than fans should expect to be pleased.

Lebo, a former Tar Heel who played under Dean Smith, is entering his 13th season as a head coach and said all the right things leading into his first season with the Pirates.

The former Auburn skipper did not make and grand predictions or statements, but instead spoke about the need for his players to be more hungry in their desire for a winning season and the importance of raised self expectations.

“I have been pleased with the kids’ attitude to date. They have worked awfully hard. I have been surprised at their ability to pick up things even though we have kept it pretty simple so far,” Lebo said. “I think there is a hunger there. There is a hunger to win and a hunger to get better. There is a hunger for some pride in our program and to have some respect. It’s easy to have hunger now but we are going to find out about how much we really have it when the season starts.”

Lebo, who has been able to work with his players in limited dosages leading up to Thursday, said now is the time for his players to show what they are made of.

“The hour workouts that we have had have been pretty easy for them to get through, but now will come a test for them to go through it consistently every single day for two-and-a-half hours of the grind of practice. Can they do that? Can they stay healthy? Can they make it through constantly at practice? That will be a big test here as we start,” Lebo said.

Upon his hiring, East Carolina athletic director Terry Holland dubbed Lebo a “program tuner” after seeing him raise the profile of Tennessee Tech, Chattanooga and Auburn. In each Lebo has started out with the cards stacked against him and has managed at least one 20-win season at each destination.

Lebo said that the one constant at each one of those places has been the effort giving by his team.
“I don’t know if there is a secret to anything but I tell my guys all the time that ‘I don’t coach effort,’” Lebo said. “If you watch my teams play the one thing that has been universal ... is that we will play hard. That is something I want this team to understand is that we will play hard every night. I know playing hard doesn’t guarantee that you will win games but I know if you don’t you will lose a lot.”

Lebo said one key is getting each player to give a full contribution.

“There are a lot of things that you can do to help your basketball team that require no talent, and we got some talented guys, but we have to learn about chemistry and find our roles and get our kids to understand that all those roles are important,” Lebo said. “There is a fine line between being 10-21 and 21-10. There will be about 10 to 15 games that we will have throughout the course of the season that we will be plus or minus six points with five minutes to go in the game. How we handle those five minutes will dictate what our record will be in the end.”

Young and restless

East Carolina’s preseason all-Conference USA guard Brock Young is still recovering from a torn meniscus in his right knee that he sustained during a basketball in which the school was entertaining a recruit but is raring to get back on the court.

“We had a recruit in for the weekend and we were playing pickup game at North Campus Crossing a few weeks ago,” Young said. “I had surgery about two weeks ago ... It’s nothing that I wanted going into my senior year ... but I’ll be ready to go for the opening game.”
CHAPEL HILL

UNC coach Butch Davis told his players before practice on Thursday to deactivate their Twitter accounts. UNC had more than 25 football players with accounts on the social media site before the season started.

Some of the most active Tar Heels players using the microblogging service have been suspended or dismissed from the team over the course of the ongoing NCAA investigation into the program.

Among them, Marvin Austin, Greg Little, Michael McAdoo and Kendric Burney posted pictures and information about vacations and shopping trips that have drawn the scrutiny of NCAA investigators.

Austin and Little have been dismissed from the team, Burney is serving a six-game suspension, and McAdoo's status has not been determined, but he has not played in the first five games.

Austin and Little, who tweeted about trips to Miami and Washington, D.C., shut down their accounts shortly after UNC announced the beginning of the NCAA investigation on July 15.

Davis had said in July there would be no changes to the school's social media policies.

An explicit picture posted by suspended fullback Devon Ramsay on his account earlier this week and an inappropriate comment by defensive lineman Quinton Coples led to the new team policy, team spokesman Kevin Best said.

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Controversy Over Mascots at Ole Miss

By ROBBIE BROWN

Colonel Reb, meet your replacement.

On Thursday, the University of Mississippi announced the successor to its former mascot, a white-goateed, cane-toting Southern plantation owner that many have criticized as racist and anachronistic. The new mascot? The Rebel Black Bear.

Supporters of the old mascot were quick to find flaws. For one, an artist’s design shows a brown bear, not a black one. The animal was chosen based on the short story “The Bear” by William Faulkner, himself a former student, in which a bear is killed. Not exactly inspiring on the football field. And how original is a bear mascot?

“There are many, many other schools with bears — U.C.L.A., Maine, Brown,” said Brian Ferguson, a 2007 graduate and the director of the Colonel Reb Foundation, a group that supports bringing back the old mascot, which was retired from sporting event sidelines in 2003. “We might as well be called P.C.U. — Politically Correct University.”

School administrators say they want to balance tolerance with tradition at Ole Miss (itself a nickname for a slave owner’s wife). The school has discouraged Confederate battle flags at football games, discontinued “Dixie” as the unofficial fight song and raised enrollment of black students to 14 percent, from 5.8 percent in 1995 (though Mississippi is nearly 40 percent black).

Fans are divided over whether the university has become more open-minded or just too conscious of its reputation beyond the South. The committee of students that picked the mascot said it hoped to avoid any racial significance in the design. One finalist had gray-colored skin because, said Margaret Ann
Morgan, 19, a committee co-chairwoman, “it is a combination of black and white.”

The Rebel Black Bear won an online poll this month, with support from 62 percent of students, alumni, staff and faculty members and season ticket holders. That beat the two other finalists: Hotty Toddy (a muscular man named after the school cheer) and the Land Shark (an allusion to the football team’s “voracious” defense).

As for Colonel Reb, his fans are not surrendering. The Colonel Reb Foundation’s leaders will dress in replicas of his costume and tour the state next week, talking to members of the local news media and trying to reverse the school’s decision. “We’re not giving up,” Mr. Ferguson said. “The Rebel Black Bear is just not the tradition we’re used to at Ole Miss.”