After Hurricane Katrina

ECU Faculty, Staff Mobilize for Victims

By Doug Boyd

“Life-altering” and “rewarding” are how a pair of East Carolina University physicians described a recent trip to serve victims of Hurricane Katrina at a mobile hospital in Waveland, Miss.

Dr. John Meredith, clinical assistant professor of emergency medicine, and Dr. Patricia Lowery, a clinical associate professor of pediatrics, were part of a 27-member State Medical Assistance Team. The team spent several days working at MED-1, a mobile field hospital set up in a Kmart parking lot in Waveland, a town of 7,000 about 35 miles east of New Orleans. The team was composed of physicians, nurses, paramedics, respiratory technicians, a pharmacist, social workers and support personnel, many of whom work at Pitt County Memorial Hospital and University Health Systems of Eastern North Carolina regional hospitals.

The team left Sept. 23 and returned Sept. 28.

“We saw everything,” Meredith said. “We saw patients who just needed someone to talk to, to tell their story. We saw patients who needed their presciptions filled. We saw patients injured in the clean-up process. And we saw patients who were critical, who would’ve died if that hospital wasn’t there.”

The team treated a total of 908 patients during their stay, Meredith said. Altogether, more than 5,000 people had been treated at the MED-1 center by the end of September.

The team’s arrival in Waveland was delayed due to Hurricane Rita, which was moving through the Gulf of Mexico. A scheduled flight was canceled due to bad weather at the airport near Waveland. After a bus ride from Greenville to Concord, team members bused from there to Mississippi, arriving at 5 a.m. Sept. 24.

“That long bus ride down there allowed for bonding, for learning about the team players,” Meredith said. “We became a team.”

Conditions in Waveland were hot and humid, with plenty of mosquitoes and other insects, Meredith said. Team members slept on cots in tents cooled, so to speak, by fans. They cleaned up in portable showers and used portable bathrooms. Food was military-issue meals ready-to-eat or cafeteria-style provided by church groups that fed as many as 5,000 people daily, Meredith said. Team members worked in eight-hour shifts, but unless they were sleeping team members were always busy, he added. Some cleaned and organized at the MED-1 site while others ventured out to help Waveland citizens clean up what was left of their homes.

Lowery said the experience reinforced for many team members why they went into health care. “It’s in Waveland why we went into medicine,” she said.

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James Seeks to Inspire Lifelong Learning

Following is the teaching philosophy of Dr. J. Frank James, professor of psychiatry at the Brody School of Medicine, and winner of the UNC Board of Governors Award for Excellence in Teaching.

Generativity

At some point in my career, what I accomplished became less important to me than what I passed on to others, and what they accomplished. It seemed that there was greater joy in seeing a student’s eyes light up as they recognized accurately a schizoaffective disorder in a patient or was the first person to diagnose hypothyroidism when I and other attendings had missed it.

Feedback felt good, but even that seemed less gratifying than knowing I had contributed a small part toward making this person a competent professional.

Every generation passes on to the next the accumulated knowledge and perspective that had been passed on to them and further modified by their own experience and learning. Teachers have a great duty to be torchbearers of civilization.

In medicine, the pace of this progress is incredible, yet we who teach in this field must be among the ranks of teachers who are truly generative.

We must capture the past and the present, and help shape the future.

Privilege

Peers have asked why I volunteer to teach so many classes and take on so much supervision. It is a simple joy that I receive from sharing what I know and what my experiences have been with others.

I may be one of the few medical school teachers around who has the privilege to teach at almost every level in the field. What a great privilege to be able to follow the development of students over several years. With many of them strong bonds are made which have lasted for many years.

Former students frequently call to discuss their cases. Again, I feel so fortunate and I hope this satisfaction is perceived by students.

Mission

My teaching mission, which seems to have greater clarity every year, has several components to it.

First, to enable students to learn how to recognize emotional problems, cognitive deficits and mental illness in their patients; how to relate to these patients with understanding; and how to actively participate in their treatment.

Second, to free students from the distorted, stigmatized view of mentally disturbed patients that most of them bring into the classroom and on to the wards.

Third, to set examples for future internists, surgeons, family doctors, and psychiatrists in compassion, understanding, and humanity.

Fourth, to pass on the most current technical and research information available so that students will be as effective as they can possibly be in their understanding and treatment.

Fifth, to be so effective in practicing my own specialty in front of students they will carry away with them a greater respect for psychiatry. Hopefully that respect, which comes grudgingly to some, will result in using my specialty more for their needful patients, and perhaps themselves; and do so with confidence and comfort.

Meeting Students Where They Are

A young faculty member... once requested of me that I send him only “good” students and residents. When questioned, he told me a “good” student was curious, bright, enthusiastic, and already knew enough to help out.

After mulling this over I responded that a “good” teacher meets students where they are no matter how deficient they are in his criteria.

A good teacher provokes curiosity and enthusiasm and gives them the knowledge to be bright and helpful.

This incident, a few years ago, actually made me a much better teacher. I have become more receptive and tolerant, and more determined to meet students where they are and raise them up to where they need to be.

It made me think about and relinquish my own arrogance which once caused me to believe that my job was done when I laid out the factual information and they got it or not.

That position is where a good teacher begins, not ends.

The Battle

The technology of medicine and the growing overwhelming emphasis on the business side of medicine are dark forces. Physicians, once revered, are beginning to be perceived by more and more people as technicians, pharmacologists and purveyors. They see less humanity in the practice of medicine.

I believe that those of us who teach have a Hippocratic duty to care about our patients as individual unique human beings. We must teach technical and formal skills, but we must also maintain and convey concern and compassion – “caritas medici.”

Inspiration

In giving, and preparing applications for National Board Examinations in Psychiatry, I have become aware that retention of material from formal training is not great even from the supposed best schools.

Those who do well, even on the older material, are those who have continued to learn and study and keep up to date. They seem to be inspired to learn.

Perhaps our greatest effort in teaching may not be to impart knowledge or teach techniques. Certainly these are important, but to stimulate curiosity, to challenge students to learn more than we know may be our best teaching. We may want to leave them feeling that they don’t quite know enough.

In summary my philosophy of teaching is simple; to be generative by enabling accomplishment, to convey my appreciation for the privilege to teach, to provide the best factual and cognitive information, to open up students to the emotional and personal sides of human beings, and to inspire students to remain students throughout their careers.

This then is my teaching creed.

Dr. J. Frank James, winner of the 2004 - 2005 Board of Governor’s Award for Excellence in Teaching, considers it a privilege to pass on his knowledge to the next generation. (Photo by Marc J. Kawanishi)
ECU’s Student Health Service was reaccredited by the Accreditation Association for Ambulatory Health Care. ECU was granted the group’s highest honor—a three-year accreditation. “Accreditation underscores our long-standing commitment to providing the highest possible levels of quality care to our students, staff and faculty,” said Jolene Jernigan, SHS director. “We are pleased and proud to have our efforts recognized.” The acknowledgment indicates that SHS is in compliance with AAAHC standards and that the survey committee was satisfied with the unit’s commitment to continued high-quality care and services. The organization requires a rigorous on-site, peer-based survey of facilities and services. The survey includes staff and patient interviews, and reviews of record-keeping processes, credentialing, and safety and security of facilities.

Bassman to Edit UNC Undergrad Research Journal

Michael Bassman, ECU associate vice chancellor and director of the Honors Program, EC Scholars and undergraduate research, was named founding editor of the UNC system’s Undergraduate Research Journal—State Of North Carolina.” The journal will enable a system-wide effort to increase undergraduate research projects, said Bassman, who has directed the honors program at ECU since 1997. “Undergraduate research is becoming an important and what’s quite amazing is given the job market and qualifications for graduate school, it is now expected for undergraduates to have done some research,” Bassman said. The journal will be housed at ECU although it will solicit research projects and articles from students across the UNC system. Bassman hopes to have the first edition of the Undergraduate Research Journal published by January and anticipates that a dozen research or creative projects from students across the UNC system will be included in the inaugural edition.

Treasured Pirate Winners Selected

The Department of Human Resources has announced winners of the ECU Treasured Pirate Award. Winners for August are as follows: from Administration and Finance—Marlene Anderson, Merlina Arts, Jack Brinn, Johnny Chapman, James Clemons, Wendy Creasey, Elizabeth Davis, Thomas Irons, Martin Jackson, Bruce Rose, Beverly Thorburn, Neal Thorne, and Brent Zimmer; from the Chancellor’s Division—Peggy Bryant and Deborah Edwards; from Health Sciences—Paula Barnhill, Cathy Dunn, Leslie Corbett, Cassandra Hawkins, Mary Gay, Jennifer Vaughan, James Walsont and Linda Woolard; from the Office of the Provost—Debbie Little, Judy Upton and Biwu Wang; from Research and Graduate Studies—Gwendolyn Bibbs and Laura McMenna; and from Student Life—June Bergeson, Alice Martin and Elizabeth Watkins. Winners for the September awards are: from Administration and Finance—Shonda Clemons, Wenona Garcia, Martin Jackson, Mary Lewis, Beverly Savage, Corliss Sharps, Albert Staton and Felicia Wheat; from the Chancellor’s Division—Kim Higdon; from Health Sciences—Cheryl Goodwin, Ginger Hardee, Vicki Taylor, Kimberly Thompson and Florian VanStiphoven; from the Office of the Provost—Patricia Brown, Mary Burke, Mary Davis, Rhonda Jordan, Christopher Locklear, Cherry Rogersen, and Linda Tetterson; and from Student Life—Darlene Henderson, Yvonne Meye and Audrey Thomas.

Midwives Honored During Commemorative Week

Local nurse midwives joined others across the United States in celebrating National Midwifery Week, Oct. 2-8. In Greenville and Pitt County, there are 16 nurse midwives working in private practice, public health or in the ECU School of Nursing or Brody School of Medicine. They provide direct patient care, education and research, said Jackie Hutcherson, director of ECU’s nurse midwifery education program. ECU offers the only certified nurse midwifery program in North Carolina. The program was initiated in 1991 as part of a legislative mandate to help combat the region’s high infant mortality rate. The number of nurse midwives in the state has doubled since the beginning of the program, which recently produced its 100th graduate. Hutcherson said. Nurse-midwifery practice focuses on women’s health care during pregnancy and childbirth, postpartum and care of their newborn, as well as family planning and gynecological needs.

Faculty Senate Creates Greenspace Committee

A new Greenspace Committee will enable faculty, staff and students to become more involved in planning ECU’s future. The committee of 10, co-chaired by coastal planning professor Harold Stone and university landscape architect John Gill, will serve as a sounding board and advisory panel for campus land use and development. “It is my hope that the Greenspace Committee will be a place where information is available and where faculty and students can get explanations as to why things are occurring on campus,” Stone said. The ad-hoc committee formed this spring after complaints surfaced about the university’s plan to convert the Frisbee golf field into a paved parking lot. Stone anticipates the committee will be able to play a role in reviewing the university’s five-year master plan and provide a forum for concerns regarding the treatment of trees and grassy areas on campus. Stone is the contact for questions about campus land or the committee in general. He can be reached at 328-1271 or stonch@mail.ecu.edu.

Hudson Takes Reins At School of Communication

By Erica Plouffe Lazure

During his early years as a communications instructor, Tim Hudson always managed to keep one foot in front of the classroom and the other out in the field. Some days, he would spend all day in class and most of the night reporting the news on TV. These days, as the new director of ECU’s School of Communication, Hudson hopes to drive home to students and faculty that critical link between education and hands-on experience.

Drawing on more than 14 years as associate director of the Gaylord College of Journalism and Mass Communication at the University of Oklahoma, Hudson aims to synthesize the program at ECU and build upon the school’s strengths and interests.

“We’re making a concerted effort to bring journalism, speech, public relations, intercultural and multimedia together, for a broader degree program. We offer media studies, and bring that together in one,” Hudson said.

Given the recent restructuring of the College of Fine Arts and Communications, Hudson believes there are great opportunities for new connections to be made, for faculty and students, within and outside the School of Communication.

“It’s a very comprehensive school and we have qualified faculty. It’s important that others understand what we do,” he said.

Hudson said he was appreciative of the work carried out by Linner Grifin, ECU social work professor and former interim director of the School of Communication, and her efforts to create ECU’s first ever master’s in communication program.

The program, which will offer a concentration in medical news, will enroll its first class in fall 2006.

In addition to broadening the School of Communication’s support and alumni base, Hudson hopes to build new programs and opportunities for students. “Right now, we don’t have a student-run TV news program,” he said. “We probably will very soon.”

“We’ve made an effort to bring together the study of communication in one place. It’s a comprehensive program, and that’s what we’ll do it to.”

Wilburn To Lead SBTDC

By Vicki Luttrell

Carolyn Wilburn was named director of the eastern region Small Business and Technology Development Center at East Carolina University.

The center in Greenville was established in 1985 as one of 11 regional centers in the University of North Carolina statewide system. SBTDC is the primary organization through which the state provides business development and technical assistance to the business community.

“SBTDC is designed to help entrepreneurs in our area with management counseling including financing, marketing, human resources, operations, business planning, and feasibility assessment,” said Wilburn. “The services we provide are becoming more critical in our region as we help small businesses succeed and expand in a more competitive global market.”

“Carolyn has an extensive knowledge of small businesses in our region,” said Ron Nowaczyk, associate vice chancellor for economic development.

Wilburn has a B.S. in business administration, with a finance concentration and a master’s of business administration from ECU. She has 20 years experience with the center.

For more information about the center, contact Wilburn at 252-328-6183; ext. 325 or Wilburnc@mail.ecu.edu or visit http://www.ecu.edu/ecs/SBTDC/index.cfm.
A pilot program conducted by ECU researchers aims to reduce stress by encouraging e-mail, written and verbal communication between migrant agriculture workers in North Carolina and their families in Honduras. This photo, taken in Honduras, shows a family creating a video message to send to a family member in North Carolina. (Contributed photo)

‘El Puente’ Connects Families

By Nancy McGillicuddy

A pilot program conducted by East Carolina University researchers aims to reduce the physical and mental stresses faced by migrant workers in the United States. El Puente, or The Bridge, is a program set up in association with the N.C. Agromedicine Institute, a collaboration between East Carolina University, N.C. State University and N.C. &T State University. The pilot study encouraged e-mail, written and verbal communication between Honduran agriculture workers in North Carolina with their families in Honduras. Since January, about 20 families have been communicating back and forth from centers in Honduras and in Durham, N.C. The program aims to show the benefits of keeping workers in touch with their families.

“The feedback has been very positive,” said David Griffith, an ECU geographer who is conducting the program along with Raquel Isaula, a researcher from the Sustainable Development Network in Tegucigalpa, the capital of Honduras.

Researchers at the N.C. Agromedicine Institute hope the study will be used as a springboard for other, expanded programs.

“We are proposing to create a system to improve communications,”

Online Courses Free for Katrina Victims

By Nancy McGillicuddy

East Carolina University is offering free online courses to students affected by Hurricane Katrina as part of a national relief campaign.

ECU, UNC-Greensboro and Appalachian State University are among the UNC system schools participating in a distance education hurricane relief effort called Sloan Semester. The Sloan Foundation, a private company dedicated to improving distance education initiatives in the United States, sponsors the program. The foundation donated $1 million to establish accelerated semesters in 160 universities nationwide in response to Hurricane Katrina. The semester runs Oct. 10 through Dec. 10.

“We are giving students an opportunity to not lose a semester,” said Elmer Poe, associate vice chancellor for academic outreach at ECU.

The effort bears special significance for the ECU community considering the devastation Greenville experienced after Hurricane Floyd in 1999, Poe said.

“We have been gone through Floyd, we knew that many of our faculty members would be enthusiastic,” he said. “This is a way they can give actual, hands-on help.”

Students will be able to take up to 15 hours at no cost, thanks to a resolution passed by the University of North Carolina Board of Governors. Tuition and student fees will be waived for students affected by hurricane-stricken universities who plan to attend UNC system schools. ECU plans to offer ten courses in all.

Poe notes that the strength of ECU’s distance education program allows the university to be in a unique position to offer aid.

“As the UNC school with the largest number of students and distance education programs, we certainly are well equipped — with classes, faculty and technology — to contribute to this effort,” he said.

ECU’s distance education enrollment for the fall 2005 semester is about 4,800.

The classes offered as Sloan Semester are: Human Anatomy and Physiology, Cultural Anthropology, Composition, Intro to Communication, Media Literacy, Public Relations Theory/Survey, Intro to Computers, Organizational Behavior, Business Law and Finance and Managerial Accounting.

Additional outlets for assistance are available for students who take advantage of the option, including help lines and chat rooms.

ECU officials anticipated a Sloan Semester enrollment make-up that is very different from the university’s typical distance education student population.

“These students will be traditional college students. They are not able to attend class on their home campus because their campuses are not open,” Poe said.

Officials identified 12 universities affected by Hurricane Katrina. They are: Tulane University, The University of New Orleans, Xavier University of Louisiana, Loyola University – New Orleans, William Carey College, Dillard University, Charity School of Nursing, New Orleans Baptist Theological Seminary, University of Southern Mississippi and Our Lady of Holy Cross College.

East Carolina is one of about 160 colleges and universities throughout the United States taking part in the Sloan Semester.

New Doctoral Programs Offered

By Crystal Baily

Two new doctoral programs, one in rehabilitation counseling and administration and the other in physical therapy, are being offered this fall in the School of Allied Health Sciences.

Six students in the rehabilitation counseling and administration program began work in August. Thirty began in the physical therapy program in May.

Rehabilitation Counseling and Administration

Of the first group of students, more than half have master’s degrees in rehabilitation counseling with work experience. “It is a diverse group,” said Dr. Daniel Wong, director of the program. “Clinical experience is critical. You understand the field much better and can apply it to higher learning. It goes hand and hand.”

Several students plan to use their terminal degree to become faculty members or professors. Others plan to continue their clinical practice, or do both. Students are planning research areas such as disability and employment, and the affect of substance abuse on families, Wong said.

Doctoral student Ben Selby has operated a private practice, Big Wave Therapy in Williamson, for two years and previously worked as a substance abuse counselor at Tideland Mental Health Center. He received his master’s of science degree in rehabilitation counseling and substance abuse counseling from ECU in 1997. He decided to go back for his Ph.D. to become a counselor educator. Selby said the degree will prepare him to teach in a university setting and also perform higher administrative and clinical functions within various treatment programs. Selby plans to design research that will look at children and families from a multi-system approach in hopes of preventing or mitigating many of the problems facing rural areas.

Another doctoral student, Chris Cubero, works full-time as a high school counselor for the Nash County School System and part-time in a private practice as a group facilitator for substance abusers. He graduated from ECU with a master’s degree in 2002. The terminal degree will benefit Cubero by offering flexibility in career choices to ways of providing new or additional services to those in need. He eventually would like to teach at the university level. He also has interest in the Hispanic Latino population because of his father’s family in Costa Rica.

The doctoral program will meet the need for terminal degree professionals in clinical and administrative roles in applied service delivery and agency settings. A secondary objective addresses the need for university faculty in North Carolina and nationwide, said Dr. Paul Alston, chair of the Department of Rehabilitation Studies.

The ECU rehabilitation counseling program has consistently ranked in the top 20 in the nation by “U.S. News & World Report.”

Physical Therapy

The changing health care system requires the graduating physical therapist to be prepared for direct access and more autonomous practice, said Dr. Denis Brunt, chairman of the Department of Physical Therapy.

As a result, ECU is transitioning from master’s to a three-year doctoral degree program. The primary goals of the program are to strengthen diagnostic clinical decision-making and patient intervention skills by emphasizing an evidence-based patient management model.
EUC Professor Publishes
Justice Souter Biography

By Nancy McGillicuddy

Tinsley Yarbrough, ECU political science professor, has written the first biography about Supreme Court justice David Hackett Souter.

In David Hackett Souter: Traditional Republican on the Rehnquist Court (Oxford University Press, Sept. 2005), Yarbrough explores the career of Justice Souter, who was appointed to the court by President George Bush in 1990 and, he writes, is considered the principal opponent of the Rehnquist Court.

“This book examines the life, career, and jurisprudence of one of the Rehnquist Court’s most intriguing justices — a jurist whose firm regard for precedent ... has driven him in decidedly different directions from most other Reagan Bush appointees to the Supreme Court,” Yarbrough writes in the preface.

This is the first biography of Souter, who earned the nickname “stealth candidate” during his nomination hearings.


Horst Takes Major Prize

Martha Horst, ECU professor of composition, was the co-winner of the 23rd Alea III International Composition Prize. Her work, Threads for string trio, was premiered Oct. 1 at Boston University.

“I wrote Threads for a friend who was to tour the piece in Asia,” Horst explained. “When he won a job with the Chicago Symphony, I was excited for him, but disappointed that I might never have the chance to hear this work.”

Yet all ended well, as the Alea III competition stipulates that submissions cannot have been previously published or performed. “After I reached the finals, I was extremely excited because I knew that I would finally be able to hear Threads. I didn’t anticipate or think about winning the contest at all,” Horst said.

The Alea III International Composition Prize was established at Boston University to promote and encourage the creation of new music by young professional composers of all nationalities. During the preliminary stage, members of the Boston University Music faculty selected works for the finals.

A performance of the finalists’ works, conducted by Theodore Antoniou, was judged by well-known personalities from the Boston music scene, including composers, performers, conductors, musicologists and educators. The winners received a $2,500 prize.

Trauma Center Earns National Recognition

By Doug Boyd

Already holding the highest state designation, the Trauma Center at Pitt County Memorial Hospital, led by East Carolina University physicians, has received similar recognition from a national group.

PCMH has been verified as a Level I trauma center by the Committee on Trauma of the American College of Surgeons.

“This verification makes an important statement to the citizens of eastern North Carolina,” said Dr. Scott Sagraves, assistant professor of surgery at the Brody School of Medicine at ECU and associate director of trauma services. “It is a testament to the ongoing efforts of our pre-hospital providers and health care providers in all our hospitals to work collaboratively on a good system for injured patients in our region.”

PCMH voluntarily sought the ACS verification. It is in addition to the current Level I status — the state’s highest — conferred by the North Carolina Office of Emergency Medical Services. PCMH has been a Level I center since 1985.

During a May survey, the ACS review team identified multiple strengths and no deficiencies within the center.

Gilchrist Joins ECU as Chair of Family Medicine

By Jeannine Manning Hutson

A family physician with 25 years of experience in academic medicine has been named the chair of the Department of Family Medicine at the Brody School of Medicine at East Carolina University.

Dr. Valerie Gilchrist comes to ECU from Northeastern Ohio Universities College of Medicine, where she was chair of the Department of Family Medicine for almost eight years and where she was on faculty for 24 years. She is the third chair for the ECU department. She follows founding chair Dr. James G. Jones and Dr. Dean Patton, each of whom served for more than 10 years. Patton is now assistant dean for graduate medical education.

Gilchrist was impressed during her interviews at the medical school with the faculty members’ commitment to the institution and to the region. “The Brody School of Medicine, unlike many other medical schools, continues to live its mission of primary care, diversity and service to eastern North Carolina. I wanted to be a part of that,” she said.

According to Dr. Cynda Johnson, dean of the Brody School of Medicine, Gilchrist is an excellent addition to the faculty. “Dr. Gilchrist grasped the importance of the mission of the school quicker than any of our other family medicine chair candidates. She realized that whereas other schools may pay lip-service to the mission of their school, at Brody, we live the mission,” said Johnson.

Gilchrist said she first plans on focusing on budget issues and faculty growth and development, including research options for faculty.

“...continued on page 9
Spell-Dupree Strives to Inspire, Recruit, Empower

In coordination with the Recognition and Rewards Committee of the ECU Staff Senate, the Pieces of Eight series honors exceptional ECU staff members recognizing Judy Spelldupree.

By Judy Curri

Judy Spell-Dupree understands the value of empowering today’s youth. She attributes her success as the recruitment coordinator in the School of Nursing to her strong faith in God and years of involvement with the young members of Antioch Holiness Church. “I have a genuine desire to see young people who lack self-confidence and have low self-esteem overcome life’s trials and go on to become wonderful success stories,” Spell-Dupree said.

“Through our ministry, our mission is to empower our young people,” she said. “We let them know about the opportunities that are available to them and assure them that no matter what their socioeconomic status may be or what situation is at home, they can still go to college and be successful.”

Along with Pastor Charles Lewis and his wife, Lisa, Spell-Dupree’s focus is on inspiring and preparing the youth for the educational challenges of high school and college.

Programs are designed to build self-esteem. On the second Saturday of every month, the Bell Arthur church conducts youth survival training. Spell-Dupree said speakers discuss a variety of topics ranging from education, sex education, drug use and violence. Plans are under way to begin an educational mentoring program.

“I believe if we start early to instill in our children the importance of morals, values, goals and a good education, then we’ve sown the seed and they will produce,” Spell-Dupree said. “The fruits of our labor will be evident.”

Spell-Dupree and her husband, Blaney, have two children: a 4-year-old daughter named Trinity and 14-year-old son, Emanuel. Born and raised in Greenville, she graduated from ECU in 2000 with a bachelor’s degree in business education.

She joined the staff in the School of Nursing in April. Her experience with youth ministry transferred well into the academic setting.

“Since Judy came on board this spring, she has literally hit the floor running,” said Phyllis Horns, dean of the School of Nursing.

“She has developed a clear understanding of how to recruit students for our nursing programs, as well as the importance of maintaining a recruitment database.”

Spell-Dupree’s successful recruiting skills reflect an ability to develop and maintain relationships with students and other key personalities such as high school teachers, counselors, hospital personnel and college faculty and staff members.

“One of my goals this academic year is to increase minority recruitment,” Dupree said. “I’ll be visiting all the schools in North Carolina that offer an undergraduate nursing program, including the historically black colleges and universities.”

Another goal is to increase the retention rate of ECU’s undergraduate minority students. “One of the ways we hope to successfully retain our students is to remind them early in their freshman year of the importance of keeping their grades up,” Dupree said.

“Each semester the school receives over 300 applications competing for 120 available seats.”

Spell-Dupree said the stereotype of the female-only nurse appears to be changing.

“We participated in a health major’s fair on campus in September,” she said. “We were surprised and pleased at the number of male students that stopped by for information.”

Spell-Dupree’s career takes her across the state of North Carolina. She travels twice a week to meet with potential graduate students, as well as those who have associate degrees in nursing and are seeking a bachelor’s or master’s degree.

While Spell-Dupree finds the travel fun and sometimes tiring, her colleagues say the roads she is most noted for are the ones she is opening up for incoming nursing students.

The bridges and pathways Judy is creating are in support of the diversity mission of our school,” Horns said.

“Her efforts will be an asset to ECU’s School of Nursing for many years to come.”

Students Roll up Their Sleeves with Pitt Partnership

By Erica Plouffe Lazur

More than 1,000 first-year students from East Carolina University volunteered Sept. 24 while participating in ECU’s first-ever student leadership program.

Pirates Partnering with Pitt will enable students enrolled in ECU’s Counseling and Student Advising (COAD) 1000 course to roll up their sleeves and volunteer at organizations throughout Pitt County. From noon to 5 p.m., students donated a few hours to help out at organizations such as the Ronald McDonald House, the Pitt County Animal Shelter and area food pantries.

The volunteer project is part of ECU Chancellor Steve Baldwin’s new campus-wide initiative, “ECU goes 3-D: Discover Design and Deliver” to help students develop leadership skills. The program will cultivate these skills by building on students’ strengths and interests and by providing opportunities enabling them to become leaders. Plans are now in the works at ECU for a minor in leadership studies.

“Stephen Gray, of ECU’s Ombudsman office, said service is a key aspect of leadership development. “The concept of being a leadership university has to start somewhere,” Gray said. “Why not start here? These students are right off the block and they can make a difference in their own lives and in the community.”

Gray worked with Jason Denius, director of ECU’s Volunteer and Service Learning Center and with ECU academic advisor Jayne Geissler to coordinate the volunteer effort. With students from all 49 sections of the one-credit course offered through the counseling and advising department, Gray said this project shows both the community and the students the good that can result from a little effort and commitment.

“We are waking up the community to show that ECU is taking a stand,” Gray said. “There is enough need in Pitt County to sustain this every weekend and not a lot of people realize it. These students will be discovering their leadership potential while providing Pitt County with valuable volunteer hours of service. It is the beginning of a great partnership.”

More than 1,000 first-year students from East Carolina University volunteered Sept. 24 while participating in ECU’s first-ever student leadership program. Above, freshman communication major Kevin Lindsay completes some painting trim work at the Give 2 the Troops business on Landmark Street in Greenville. (Photo by Marc J. Kawanishi)
Fear of speaking before an audience plagues many ECU students who must complete a public speaking course to meet requirements for their major. For some, the anxiety is overwhelming. To help those most anxious about the course, the School of Communication has begun offering a special section of COMM 3420: Business and Professional Communication, geared for students who experience extreme anxiety about making oral presentations.

Nervousness is common for students making class presentations. Students experience fear before, during and even after a presentation— as they question how well they will perform, how the audience is reacting, and how successful their effort was. Sweaty palms, shaky hands, fear of "going blank," or butterflies in the stomach are normal reactions.

But some students experience much more heightened— even overwhelming— anxiety. They might suffer from severe panic attacks before a presentation, become physically ill from fear during the class or even feel unable to enter the classroom on the day of their speech. In severe cases, some have signed up for and then dropped the class one or more times in spite of their desire to do well academically.

Students such as these have always thought, "I’m never going to be able to do this," said communication instructor Pam Hopkins, who teaches the course. "My goal is to show them that they can."

Hopkins said that speech phobia or anxiety usually arises from the fear of the unknown (such as how the audience will respond), or from negative perceptions (such as anticipation of failure based on previous public speaking experiences). For those reasons, she said, the process of presenting to an audience helps students replace lack of experience or negative thoughts with practice and a positive outlook.

Hopkins has been teaching public speaking at ECU since 1994. She started the specialized section after years of witnessing students whose anxiety inhibited their ability to excel in the course.

Requirements for the course are the same as in other sections, including a group presentation, an interview, and an informative and persuasive speech. But the approach is different.

The course cap is 18 students. This allows a more intimate atmosphere than typical public speaking sections with as many as 25 to 28 students. The course is held once weekly, because the longer block of class time facilitates a somewhat slower pace, Hopkins said. For instance, students may request a break just before or after they give a presentation, to help alleviate anxiety.

While encouraged to deliver their first presentation from a standing position, students are given the option of sitting at their desk in front of classmates. As students take steps toward improve...

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Students anxious about speaking in public appreciate the advice of School of Communications instructor Pam Hopkins, in a special section of business and professional communication designed specifically for students who experience overwhelming anxiety about performing before an audience. (Photo by Marc J. Kawanishi)

Faculty Travel South of the Border for Global Study

School of Education faculty from East Carolina University traveled to Mexico this summer, as part of a global study program that examines how cultural factors for limited English proficiency students affect learning and achievement.

The "Preparing K-12 Teachers to Educate Latino/Hispanic Students" program, sponsored by the N.C. Center for International Understanding, enables educational institutions to develop teacher training that addresses pedagogical strategies for Latino/Hispanic students.

Vivian Covington, director of teacher education, Todd Finley, associate professor of English education, and Christine Shea, foundations of education professor, participated in the study. They visited schools and universities in Mexico, observed classes and met with teachers and school administrators.

Covington said her immersion into the Mexican culture was a life-changing experience. The group traveled into small communities, meeting families who are unable to find work in their own country. These families are dependent upon relatives who cross the border into the United States to earn money.

"I knew jobs were sparse," Covington said, "But I had no idea just how sparse they really were." Many of the people have no other option but to cross the border into the U.S. for work.

When families cross the border, they often bring young children with minimal English skills into American schools. If those students cannot comprehend the lessons being taught, they will eventually drop out of school, she said.

Covington said that teachers can benefit from knowing some conversational phrases and from engaging Latino/Hispanic students’ extended families in the children’s school activities. Information sent home should be bilingual, for instance, so that families with minimal English proficiency can understand how their children are doing.

While ECU teacher education already addresses diversity, participants from the trip hope the experience will help them improve ECU’s process of teacher preparation.

Their studies can help new teachers develop the skills to not only retain students from other cultures but also to help them succeed in the classroom.
Gilchrist Joins ECU

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Gilchrist developed and directed one of the first practice-based research network in the country. These networks study primary health care problems at the practice level in collaboration with patients and health care providers.

Gilchrist was drawn to family medicine during medical school because of its impact on the patient over a lifetime. “Family medicine is the best way to take care of most of the problems in the most people most of the time,” she said.

A native of Canada, Gilchrist earned her undergraduate degree in physical therapy and then decided to pursue a medical degree, which she earned in 1977 from the University of Toronto.

Her husband, Bill, is a professor of psychology at the College of Wooster in Ohio. He and their youngest child, Andrew, 12, will be moving to Greenville in the spring after completion of the school year. Their other children are Morgaine, a senior at Oberlin College, and Douglas, a freshman at Swarthmore College.

East Carolina University celebrated Military Appreciation Day Oct. 1 to recognize and honor the sacrifices made by the men and women of the armed forces and their families. Military dignitaries and hometown heroes were recognized at the ECU vs. Southern Miss match-up in Dowdy-Ficklen Stadium. In the above photo Gen. Ingram, an ECU alumnus, was presented an ECU jersey by ECU Athletics Director Terry Holland. (Photo by Forrest Croce)

Appointments/Elections

Seodial F. Deena (English) was named editor of the new Region and Nation Literature Association Journal, an international refereed journal with membership from over 70 countries. The first issue is due in the summer of 2006.

George Bissinger (Physics) was elected Acoastical Society of North Carolina chapter representative to the Acoustical Society of America. Bissinger was elected to the Acoastical Society of America’s Technical Committee on Education. He also serves on the Technical Committee on Musical Acoustics.

Jane Carol Manner (Education) was selected as a member of the Teacher Education Standards Cohort of the Association of Teacher Educators. The group’s findings will inform the work of the National ACE Commission in refining ATE teacher education standards.

Glenn Rohrer (Social Work) was elected president of the North Carolina Substance Abuse Professional Practice Board.

NewsMakers

Dr. M.G.F. Gilliland (Medicine) on WIN-TV, on processing the bodies from Hurricane Katrina, Sept. 9.

Kathryn Kolasa (Medicine) on WCET-TV, on low-fat cooking, Sept. 12.

Dr. Gary Bawtinhimer and Ruth Parish (Medicine) in The Daily Reflector, on the Hurricane Floyd anniversary and Hurricane Katrina, Sept. 18.

Lee Maril (Sociology) in the Tucson Weekly on the U.S. Border Patrol, Sept. 22.

In the Spotlight

Karin Zipf (History) in the Christian Science Monitor, on the history of apprenticeship, Sept. 26.

Stan Riggs (Geology) in the Charlotte Observer, on the future of North Carolina’s coastline, Oct. 1.

A story by Janine Latus (Communication) on emotional versus physical abuse appeared in Oprah’s O magazine, available in September.

I. Randolph Daniel, Jr. (Anthropology) was videotaped as part of Exploring North Carolina’s upcomming two-part program on archaeology in North Carolina. Exploring North Carolina is a collaborative effort between UNC-TV, the North Carolina Museum of Natural Sciences, and Natural World Productions, LLC. The program is scheduled to air the first week of November.

Service, Honors and Professional Activities


Stacies Trouton, director of Internal Audit and Management Advisory Services, successfully completed the examination for designation as a Certified Fraud Examiner. As a CFE, she is a member of the anti-fraud community and is considered a specialist in the prevention and detection of fraud.

The Third Quarter Facilities Services Awards for Excellence recipients, for devotion to duty, are Atlas Adams (Grounds Services), Elizabeth Mills (Facilities Service Center) and Dale Parker (Utilities Services – Steam Plant).

Perry Ennis (Materials Management), Beth Davis (Vending Services), Shonda Clemons (Mail Services) and Matt Davies (Medical Storeroom) were awarded the ECU Business Services Quest for Excellence and Treasured Pirate Awards for service above and beyond the call of duty. They were honored for their achievements at the Business Services Summer Rally in August. Ennis was presented with the Captain Award for saving the University money through purchase contracts. Davis received the Navigator Award for outstanding behind-the-scenes efforts with ECU Vending. Clemons received the First Mate Award for consistently leading Mail Services as a team builder. Davies promoted better efficiency within the university’s Medical Storeroom and received the Explorer Award for his innovation and creativity.

Meredith Arts (Rapit Coppy Brody) was recognized as an ECU Treasured Pirate and received the Business Services Leadership Award. Winners were selected by a committee of peers, based on positive comments from customers, co-workers, and supervisors. Associate Vice Chancellor for Administration and Finance Scott Buck made the presentations.

ECU Police Officers Jermain Cherry and Justin Guthrie were promoted in August to the rank of Sergeant, and will be assigned duties in the Patrol Division as shift supervisors. Both officers have over three years of law enforcement experience. Cherry has been with the ECU Police since December 2002, Guthrie since June 2004. Both have Intermediate Certificates from the North Carolina Criminal Justice and Training Standards Commission. Cherry is a graduate of Shaw University with a degree in English Education. Guthrie is a graduate of East Carolina University with a degree in Criminal Justice.

Vivian W. Mott (Education) received the Rotarian Leader of the Year Award by Rotary International in recognition of “valuable leadership and service upon herself during the Centennial Year of Rotary in the World.” Mott is past president of the Greenville Noon Rotary club and assistant governor of Rotary in District 7720 in eastern North Carolina.

David Oraz (Education) was named the 2005 ECU Faculty Advisor of the Year by the Interfraternity Council.

Jane Carol Manner (Education) received the Mary L. Collins Award for Excellence in Teacher Education from the Florida Association of Teacher Educators.

The School of Art and Design faculty was well represented in Arts Council of Wayne County 26th Annual National Juried Exhibition in Goldsboro. Michael Dorsey was awarded 2nd place in the exhibit; Hanna Jubran was awarded 4th place; and Scott Eagle received an Honorable Mention. Works by Cynthia Bickley-Green, Carl Billingsley, and Timothy Lazurc were included in the juried exhibition.

The Third Quarter 2005 Housekeepers Award for Excellence recipients, for devotion to duty, are Lyman Harris and Bruce Williams with Academics, Sherrybelle Jackson with Housing / SRC, and Rosa Daniels with Brody School of Medicine. A Second Quarter 2005 Housekeepers Award for Excellence was awarded to Corliss Sharps with Brody School of Medicine.
Jim Mitchell, an ECU sociologist and gerontologist, is helping Costa Rica brace for its aging population. This spring, Mitchell coordinated an international conference at the Universidad Nacional do Costa Rica. The conference was the first in Costa Rica that addressed issues central to its aging population.

“There is no gerontology education and training,” he said, “and we looked at the conference as a way to bring in the ideas.” He said the country is going to rapidly age and they don’t have services or training, he said.

Mitchell, director of ECU’s Center on Aging, observed that families tend to take in their aging and ill and serve as primary caregivers, but that there are few services to help these families get the best possible care. “The emphasis has been on maternal and children’s health care. Their health situation is heavily dependent on family care; it’s a poor country, so if we limited options to formal resources and models, it wouldn’t work.”

The conference enabled discussion on raising awareness and visibility of the needs of the country’s aging population. Mitchell first became aware of this development when he accompanied ECU anthropologist John Bort to Costa Rica.

“There is very little in the way of complex geriatric medical or institutional care. They don’t have rest homes, have few nursing homes, and those that exist don’t separate Alzheimer’s patients,” he said.

“The overall goal, over time, is to mobilize and train the providers to determine their own needs and services. But it needs to be determined and implemented by them.”

Horst Awarded Major Prize

During the past 27 seasons, more than 4,500 scores have been submitted for consideration in the Alea III competition, and approximately 160 have been performed. For 2005, 243 scores were submitted from 41 countries.

Horst teaches in the Department of Theory, Composition, and Musicology. He performs regularly with the Grammy-nominated San Francisco Symphony Chorus.

Breast Self Exams Studied

By Crystal Baily

Three ECU researchers who have conducted long-term surveys with eastern North Carolina women found that proper breast self examinations are not uniformly understood or practiced.

The findings, published in the Journal of Women’s Health, are based on surveys of more than 1,000 women from 10 eastern North Carolina counties age 50 and older who report that they routinely examine their breasts for lumps or changes.

The ECU team is composed of Jim Mitchell of the Department of Sociology, Holly Mathews of the Department of Anthropology, and Linda Mayne of the School of Nursing. Their study sought to explore the potential of breast self examination to reduce proportionately higher breast cancer mortality among African American women compared to Caucasian women.

Researchers found that Caucasian women were more likely than African American women to report tactile examination of breast tissue with their fingertips to find breast lumps or tumors. Alternatively, African American women were more likely to report examining their breast tissue visually in the absence of tactile examination.

The findings are part of a larger project spanning nine years that tracked changes in mammography use in women age 50 and older, Mitchell said.

“In general, human health behavior is complex and understood best when the perspectives of several researchers from various disciplines are combined,” Mitchell said.

An editorial co-written by Dr. Donald Lannin, former director of the Leo Jenkins Cancer Center of the Brody School of Medicine, accompanies the researchers’ article in the journal. Lannin is now associate director of the Yale-New Haven Breast Center at the Yale University School of Medicine. Lannin points out that although breast cancer incidence is not as high in African American women compared to Caucasian women, breast cancer mortality is higher.

With American women finding almost 70,000 cancers annually through self exam, Lannin said that breast self exam and early detection should continue to be promoted.

Speaking Class Calms Fears

ment, they are encouraged to incorporate new aspects of public speaking, such as increasing eye contact with the audience.

While all public speaking sections cover speech anxiety, discussion of this topic is extended in the special section.

“They learn some basic anxiety management tools,” Hopkins said. The learning process begins with discovering the causes of anxiety, she said, followed by ways to manage that anxiety. Methods include breathing exercises and alleviating tension through physical activity.

Response from the first section of the class this spring has been positive, Hopkins said. One student wrote, “This class helped me to put things into perspective and overcome my anxiety so I could not only deliver speeches effectively, but also COMM 2420 but in other classes as well.”

“Ms. Hopkins kept a structured learning environment while still managing to make the classroom a comfortable zone for everyone,” the student said. “I am indebted to this class because it has helped me to overcome one of the biggest fears and I now have the confidence to succeed in public communication.”

Hopkins emphasized that the special section is not limited to those who are required to take public speaking. Other students who wish to conquer their fears are encouraged to participate. “I want to get the word out about the availability of this section to as many students as possible,” she said.

To register, students should contact Hopkins at 328-6717, at hopkins@mail.ecu.edu, or at 120 Joyner East.

Vital Records

BORN: To Ruthie Fairbanks (Agromedicine) and husband John, a daughter, Natalee June, Aug. 6.

Horst, who is also a professional singer, has been commissioned recently by the Norfolk Chamber Music Festival, Earle, the Left Coast Ensemble, and the University of Wisconsin at Madison.

Her music has been performed by members of the Scottish Chamber Orchestra, the Eighth Blackbird, and the New England Reed Trio.

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Festival Outgrows Venue

By Michael Crane

If music is medicine for the soul, then it makes sense for the Four Seasons Chamber Music Festival of Eastern North Carolina to perform their next concert at the Brody School of Medicine. "On October 28, we’ll wrap up a week-long residency with a public performance in Brody Auditorium," said Ara Gregorian, artistic director of the Festival. "I love Fletcher Recital Hall, we’ve grown the Festival there," said Gregorian, a professor of violin at the ECU School of Music. "But I’d rather change our venue than turn away eastern North Carolinians from an opportunity to enjoy world-class chamber music."

Presentation by Robin Rider (Mathematics and Science Education) and Dianne Manning (English) on "Developing Business for Professional Development: Lessons Learned from a National Videoconferencing Project," at the Eighth IASTED International Conference on Computers and Advanced Technology in Education in Oranjestad, Aruba.

Presentation by Melissa Engleman (Education), "Electronic Learning for Students with Disabilities: Issues and Solutions," at the national Syllabus Conference on Distance Learning Technologies. The paper will appear in the December issue of Campus Technology. A shorter version of the study was published in Technology Enhanced Teaching. Engleman was interviewed on the topic for Distance Education Quarterly.

Workshop by Joseph Ciechalski (Education), "Changes in the N.C. Testing and Accountability Section," at the national Syllabus Conference on Distance Learning Technologies. A shorter version of the study was published in Technology Enhanced Teaching. Engleman was interviewed on the topic for Distance Education Quarterly.

Presentation by Dorothy H. Clayton (Faculty Development), Joyce Joines Newman (Arts and Sciences), and Laura Langston (Multimedia Center), "Chemistry Online Laboratory Preparation," at the Ed-Media 2005 World Conference on Educational Multimedia, Hypermedia and Telecommunications in Montreal, Canada. Also by Newman, "North Carolina Quilts," at Our State magazine’s Best of Our State Conference in Pinehurst.

Presentations by Seodial Deena (English) at the Twenty-Seventh Annual Conference of the Association of Caribbean Studies in St. Kitts; as main speaker for the banquet and closing ceremony, "Reflection of Caribbean Food in World Literature," as chair of “Otherseness,” and “The Pain and Beauty of Assembling the Multicultural and Multilithic Vase in Goya and Belinez.”

Presentation by Tom Shields, "How the Texts We Use Affect the Research We Do," at the Society of Early Americanists meeting in Alexandria, Va. Shields chaired a panel on “Paved Ventures.”


Presentation by Brett D. Koiper (Medicine), "Early Developmental Roles for eIF4 Translation Initiation Factors in C. elegans," at the European Molecular Biology Organization’s Conference on Protein Synthesis and Translational Control in Heidelberg, Germany. The work was co-authored by Ethal Hao (Medicine). V. Contreras, ECU dental student in biology, M. Richetto, a PhD student in the Brody School of Medicine; and R. Rhoads of LSU Health Sciences Center.

Presentation by Kathryn Kolasa (Medicine), Grand Rounds at ProHealth Care Hospitals in Waukesha, Wis., on "Childhood Cancer: Diagnosis and Treatment: What’s Working in the Clinic, at Home, at School and in the Community."
**Campus Calendar**

**FRIDAY 14**


**SATURDAY 15**

ECU Pirates Football, vs. SMU; Dallas, Texas, 3 p.m.

Fall Break (no classes through Oct. 18)

**MONDAY 17**

“The Challenge of Forgiveness,” Kenneth Pargament, professor of clinical psychology at Bowling Green State University, Bowling Green, Ohio; Brody auditorium, 7 p.m. 744-2361.

**TUESDAY 18**

“Assessing Spirituality in Work With Medical Patients,” Kenneth Pargament, Brody auditorium, 12:30 p.m.

**WEDNESDAY 19**

ECU Phi Delta Kappa Chapter presents “The Leandro Ruling: Possible Implications of the North Carolina Lottery on Implementation,” John Dornan, director of the N.C. Public School Forum, Mendenhall Student Center Great Room, 3–4 p.m.

Russian Film Series, “Oblomov,” Bate 2011, 7 p.m.

**THURSDAY 20**

Fall Career Fair, “Quality is Job Won!” Minges Coliseum, 10 a.m. – 2 p.m.

S. Rudolph Alexander Performing Arts Series, Giuseppe Verdi’s “Macbeth,” Opera Verdi Europa, Wright Auditorium, 8 p.m.

**FRIDAY 21**

Salsa Dance, Willis Building, Lesson, 7:30 p.m.; dance, 8 – 11 p.m.

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**Seeking Volunteers**

The Volunteer Guardian ad Litem Program is seeking advocates for abused and neglected children. Volunteers are trained, then appointed along with an attorney advocate to represent the child’s best interests in juvenile court proceedings.

The program works with other agencies to locate and develop resources that would benefit the child and his or her family. Volunteers can assists by speaking up for a child’s right to grow up in a safe and caring environment.

For more information, contact Catherine Darby at P.O. Box 1391, Greenville, N.C. 27835 or call (252) 695-7325.

Training classes for new volunteers will begin in early November.

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**SATURDAY 22**

ECU Pirates Football, vs. Memphis; Memphis, Tenn., 3 p.m.

Open House, Queen Anne’s Revenge Archaeological Conservation Lab, West Research Campus, 11 a.m. – 3 p.m.

**TUESDAY 25**


Russian Film Series, “Enemy at the Gates,” Bate 2011, 7 p.m.

**WEDNESDAY 26**

Sigma Xi’s Third Annual State-of-the-Art Forum, “Microarray Technology,” Brody 2W-40, 3 p.m. – 5 p.m.

Annual Lecture in Asian Studies, “Zen Hermits and Zen Samurai,” Science and Technology Building, 4 – 5 p.m.

Russian Film Series, “Enemies at the Gates,” Bate 2011, 7 p.m.

**FRIDAY 28**


Four Seasons Chamber Music Festival, “Chamber Music Monuments,” Brody auditorium, 8 p.m.

**SATURDAY 29**

Homecoming Open House and continental breakfast, Taylor-Slaughterr Alumni Center, 9 a.m. – 11 a.m.; parade, 10 a.m.

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**Pirates Respond**

Following Hurricane Katrina, organizations across the ECU campus responded with fundraisers and relief aid. Several faculty members volunteered to join the Sloan Semester, in which students displaced by the storm can take courses online for free. Pictured at left, the ECU Alumni Association raised $2,458 at the Alumni Association Tailgate on Sept. 3 for hurricane victims. (Photo by Doug Smith)

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**FRIDAY 4**

“Breast Cancer in Older Women,” Pitt County Memorial Hospital auditorium, noon. 744-2992.

Friends of Joyner Library Banquet and Silent Auction, Joyner Library, 6 p.m.

**SATURDAY 5**

Family Fare Series, “The Rainbow Fish,” Wright Auditorium, 2 p.m.

**TUESDAY 8**

Department of Anthropology Lecture Series: The Present and the Past: Archaeology and Politics in the Middle East, “The Adventures of Early Explorers: Tribes of the Middle East in the Past and Present,” Flanagan 265, 7 p.m.

S. Rudolph Alexander Performing Arts Series, Munich Symphony Orchestra, Wright Auditorium, 8 p.m.

**WEDNESDAY 9**

Russian Film Series, “Solaris,” Bate 2011, 7 p.m.

**THURSDAY 10**

“The Mystery of the ‘Four Seasons’: A Unique 17th-Century Flap Anatomy,” Suzanne Porter, curator of the History of Medicine Collection at the Duke University Medical Center Library, Brody 2E-100, 12:30 p.m., 744-2361.

**SATURDAY 12**

ECU Pirates Football, vs. Tulsa; Tulsa, Okla., 3 p.m.

Contra Dance, Willis Building. Potluck dinner, 8 p.m.; concert, 7 p.m.; lesson, 7:30 p.m.; dance, 8 – 10:30 p.m.

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**Exhibitions**

ECU School of Art Faculty Exhibition, Wellington B. Gray Gallery (Oct. 21 through Nov. 19).


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**Program Connects Families**

United States. The pilot study has already spawned other researchers from Vera Cruz, Mexico to attempt a similar project with migrant groups in the North Carolina towns of Clinton and Wallace.

Isaula’s work in Honduras has established two communication centers throughout the country, each containing about six computers.

“We have to understand better. We have to recognize the communication problem and begin to have regular communication flow,” Sabella said.

The researchers are seeking funding from the National Institute of Occupational Safety and Health.
Scent, Memory Links

“Those scents release serotonin and endorphins and can decrease depression and pain in the brain,” she said. “If people are more alert, it decreases falls. And because people are feeling better, they sleep better, which makes them sturdier on their feet during the day.”

Loy’s research as a recreational therapist has focused on coping with disability, and while this project differs from his former projects, he does see a strong connection.

“I like to study coping and adjustment of disability. Oftentimes I work with physical ways of dealing with coping. This is tangential to my coping research; aromatherapy can be another way to cope,” he said.

This summer, he piggybacked this research and offered scented patches to children who have been identified with behavioral and emotional problems. Loy said it has taken a bit of convincing that scent-based treatment would be effective.

“I’m a scientist who believes nothing works without evidence; prove it to me,” he said. “I am working with an aromatherapist who believes everything can be cured through scents. I must admit, I’m becoming a believer, because of some of the data.”

Doctoral Programs

and to provide research and clinical specialty experience, Brunt said. The competitive program will admit 30 students each year. More than 120 people applied this year.

Addie Chlebnikow is part of the DPT class that started in May and will graduate in 2008. The change from a master’s to a doctoral degree has resulted in more coursework, clinical and field work. She describes the class as an extended family because everyone is in class together everyday.

“It is a great group of people - a very team-oriented atmosphere,” said Chlebnikow, drawing on her athletic background. “You learn how to work with other people – knowing when to be a leader and when to follow.”

Chlebnikow, originally from Charlot tlesville, Va., received her bachelor’s degree in exercise physiology in 2002 from ECU. She is a graduate assistant in the motion analysis lab in the physical therapy department.

In Memoriam

James T. Latham, stepfather of Joy Holster (News and Communication), died Sept. 22.

Faculty, Staff Mobilize for Hurricane Victims

Hancock Medical Center in nearby Bay St. Louis, Miss., reopened on a limited basis Oct. 3. The first floor of the 104-bed hospital was flooded with about three feet of water, according to the Clarion-Ledger newspaper in Jackson, Miss. MED-1 was to be disassembled and brought back to North Carolina in mid-October when services at Hancock returned.

Team members said their experiences during Hurricane Floyd in 1999 helped them in Mississippi, though the destruction in Waveland is greater.

“The focus of the media has been New Orleans, but ground zero was Waveland, Miss.” Meredith said. “That southern coastal area is very similar to eastern North Carolina. I got the feeling I was taking care of eastern North Carolinians.

“Could be my community.”

Middle East Focus

ECU’s Department of Anthropology is presenting a November lecture series focusing on the Middle East. The following lectures are scheduled: Nov. 8, F265 - Eveline van der Steen, “The adventures of early explorers: Tribes of the Middle East in the past and present”; Nov. 15, F265 - Laura Mazow, “Producing a Philistine: Contextualizing the Archaeological Record at Tel Ma-gne-Ekon in the Early Iron Age”; Nov. 21, Science and Technology SZ 0C207, Steve Rosen, “Coming of Age: The Decline of Archaeology in the Israeli National Consciousness”; and Nov. 28, F349, Erin Addison, “Doing With & Doing Without: Environmental Implications of the Coerced Settlement of Jordanian Bedouin.”

Literary Homecoming


The two-day public celebration will feature author Jill McCorkle and is inspired by Eastern North Carolina literature. Register at www.lib.ecu.edu or by calling (252) 328-6514.

Nature and New Orleans

Noted environmental historian geographer Craig Colten will speak at 3:30 p.m., Oct. 28 in Flanagan 349, on “New Orleans: City Designed to Flood,” as part of the Coastal Resources Management Distinguished Lecture Series. Colten, the Carl O. Sauer Professor of Geography at Louisiana State University, is the author of An Unnatural Metropolis: Wrsting New Orleans from Nature (2005). His most recent work focused on engineered modifications made to New Orleans’ natural environment, and they affected the city’s social geography—often with unequal, adverse consequences for minorities. Contact Derek Alderman, 328-4015 or aldermand@mail.ecu.edu.

Teaching with Technology

The Academic Outreach and Information Technology & Computing Services will host “Teaching with Technology 2005: A Think-In of Best Practices,” Nov. 2 from 10 a.m. to 2 p.m. in the Mendenhall Student Center Great Rooms. This event will provide faculty the opportunity to share expertise using technology in both face-to-face and distance education courses. Details at www.ecu.edu/ce-acad/academicoutreach/think-in.cf.