

# ECU

## Speech Communication Center

February 2018 Newsletter

### A Note From The Director

Are you the most effective communicator that you can be? Most of us don't communicate as well as we think we do or wish we could. Life gets busy and we get distracted. But, outstanding communication skills will benefit you personally and professionally. Imagine feeling confident whenever you speak to your supervisor, your staff, your colleagues, strangers, and people in authority. Imagine feeling completely confident when you are asked to speak in public. Imagine feeling confident when asking for a raise, returning a damaged product, voicing your opinion at a city council meeting or a parent teacher association meeting. Let us help you make these dreams a reality. We can help you become more confident in your communication skills. *What are you waiting for?*

### So Far This Spring...

Our staff has hit the ground running with a busy and exciting Spring semester. We have visited nearly 30 classes across campus this semester to give workshops on topics including Effective Visual Aids, Speaking Anxiety, Group Presentations, Effective Communication, and Dynamic Delivery. Along with visiting classes, the SCC has hosted many workshops recently in the SCC. In January, our staff planned and directed a workshop in the SCC for freshmen students of the Global Living-Learning Community at ECU. The SCC collaborated with the Career Center in early February for the second annual Career Boot Camp. The SCC welcomed over 80 Communication students to practice their power greetings with Director Pamela Hopkins and Assistant Director Kelsey Rhodes. In late February Kelsey planned and directed a workshop for ECU employees who are training through Human Resources. Kelsey and Kayla hosted two workshops together on February 20 and February 22 which were open to students, staff, faculty, and members of the community. These two workshops focused on Effective Communication and Speaking Anxiety.

The SCC staff is also active on West Campus. In January, Assistant Director, Kelsey Rhodes, visited the School of Dental Medicine at Ross Hall to give a workshop to 52 of the third year dental students.



Spring 2018  
SCC Hours

**Schedule your appointment today!**

**205 Joyner East Office**

Monday & Wednesday 10 am - 5 pm

Tuesday & Thursday 1:30 pm - 4 pm

Friday 10 am - 1 pm

**3508D Laupus Library Location**

Tuesday 10 am - 12:30 pm

Wednesday 2 pm - 4:30 pm

**205 Joyner East**

commcenter@ecu.edu  
(252) 328-2790

**3508D Laupus Library**

commcenterwest@ecu.edu  
(252) 744-0505

### We'd Like To Hear From You!

Our schedule is quickly filling up for the rest of the Spring Semester! Are you interested in our staff giving a workshop to your class or in the SCC? Would you like our staff to visit your class for 10 minutes to tell your students about our completely **FREE** services? Contact us today!

## Speech Communication Center Frequently Asked Questions

### Q: How do I make an appointment?

Making an appointment with us is simple. To make an appointment, go to our website: [www.ecu.edu/comm/center](http://www.ecu.edu/comm/center). Scroll down on the home page, and click the yellow sticky note icon that says, "Schedule Your Appointment." This link will take you to our appointment system. If you do not have an account already with us, you will need to choose "Register for an account." After you are registered, you will have access to login to our scheduling system. Once you login, select a day and time that works best for you. You are able to choose between a 30 minute or an hour long appointment. Be sure to specify if you would like a face-to-face appointment or online/virtual appointment when scheduling. The white boxes on the calendar indicate times that we are open and available.

### Q: Why is it important to schedule an appointment?

Walk-ins are welcome when we are not busy with appointments. We suggest making an appointment a few days or a week in advance to reserve your spot. By making an appointment, our staff is able to see what you want to work on and are able to prepare to adequately assist you.

### Q: What is a "virtual" appointment? How does it work?

Virtual appointments are another option if you are not available to physically come to the SCC for a face-to-face appointment. Many DE students enjoy this option.

When it is time for your appointment, log into the scheduling system. On the day and time of your appointment, click your appointment "box" on the schedule. On the next screen select the red text that says, "Join or start appointment." This will take you to a screen where you can virtually meet with your assigned SCC staff member. Google Chrome works best to support the virtual appointments.

## Meet Our Newest Staff Member, Kayla Ridgell



Kayla Ridgell is a graduate student in the School of Communication. She earned her B.S. in Communication with a concentration in Interpersonal/Organizational from ECU in May of 2017. During her time as an undergraduate student, Kayla served as a director in Student Government Association and a chairman in Student Activities Board. Kayla also works as a teaching assistant for Fundamentals of Speech Communication and Introduction to Communication. This will be Kayla's first semester working in the Speech Communication Center. Kayla enjoys helping students of all majors overcome the fear of public speaking.

**ATTENTION  
GRADS!**

Are you graduating this May?

Does hearing the word "*interview*" make you cringe?

**We can help!**

Let us help you prepare for your upcoming job and internship interviews!