Lesson Title: Build A Machine

Type of Lesson: Movement

Age Range: 9-12 grade

Length of Time: 15 minutes

Materials: none

National Objectives: #2 The student will act by interacting in improvisation and assuming roles.

Specific Goal: The student will use improvisation to expand listening, response and evaluation skills as a spontaneous, active participant.

Social Skills Goal: The student will respect other classmates’ decisions, acting abilities, and choices. The student will volunteer and take turns.

Procedures: The exercise will begin with one student standing in the middle of the room and performing a single, repetitive movement, adding a sound. Each student will, one at a time, join the “machine” by adding a motion and sound. The exercise continues until each student is involved in the machine.

Method of Evaluation: Make sure each student participates by first watching the movements, evaluating the situation and joining in by adding their own focused concentration. A group discussion will follow the exercise.

Source: UNC-Chapel Hill Drama program