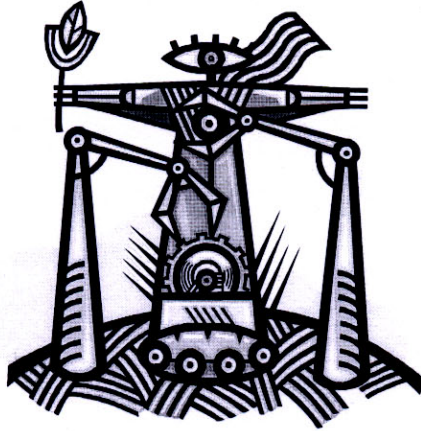


Machine

A lesson in team movement



Objective: This activity is to help incorporate movement and sound.

Grade Level: 5th - 12th

Time allotted: 15-20 minutes

Materials needed: None

How:

- One student will start a motion and add a sound to go with it.
- Another student will connect himself to the first person and add a new sound and movement.
- One by one all the other students will join in to create an unusual type of machine.
- On the command of the leader students will pick up the pace of their movements and sounds.
- On the command of the leader the students will start to slow down until they come to a complete stop.
- If desired by the leader, students will make another machine.