

Movement and Rhythm

A Lesson in movement and music making by
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Objective: This lesson combines music, movement, and rhythm and how they work together.

Grade Level: 5th-12th

Time Allotted: 45-60 minutes

Materials Needed: Pots, tubes, glasses, wooden rods, metallic trash cans, trash can lids, wooden chairs, pack of cards, forks, string, hospital dividers, bag of marbles, large wood boxes, in short JUNK!!!

How:

- ❑ Leader will assign students to a prearranged area of the classroom.
- ❑ Each student will be taught a rhythm
- ❑ Students will continue to add rhythms until a full music quality has been acquired.
- ❑ Students designated to be movers will use the different movements already discussed earlier to create an improv dance to go with the beat.
- ❑ Students will switch off so everyone has a chance to play instruments and dance.