

Shipwreck

A lesson in team movement by
Tania Teresa Lilley



Objective: This is a lesson in movement and working as a team.

Grades: 7th-12th

Time allotted: 20 minutes

Materials: Long sturdy cardboard tubes
Boom box and CD

How:

- ↳ Students will break up in groups of two.
- ↳ Each group will receive a tube.
- ↳ One student will be the survivor and the other student will be the wave.
- ↳ The students will be told that there was a terrible accident at sea and that a few survivors have clung for dear life to the shipwreck debris. (TUBES)
- ↳ The student who is the survivor has no movement control.
- ↳ The student who is the wave does all the movements.
- ↳ The survivor student will hold onto the tube and the wave will stand behind the survivor.
- ↳ He will move the survivor using the tube.
- ↳ After a while the team members will switch so everyone has a chance to be a wave and a survivor.

