TARBORO PROJECT LESSON PLAN

Lesson Focus: Exploring a variety of body shapes and form alone and in small groups with emphasis on linear design and image.

Content: Body – body shape and form (curved, angular, twisted, etc.)
Relationships – interpersonal (connected shapes)
Objectives: the students should be willing to try to:

1. Explore a variety of movement ideas on the spot and while traveling through space, alone and within a group setting.
2. Deliberately alter the shape of the body to present a clear linear image.
3. Understand that body shapes and form can be altered to present a variety of design images.
4. Understand that body shapes and form may be enhanced when working with small groups.
5. Demonstrate an attitude of cooperation among peers by working with respect for the ideas of peers.
6. Hold a pose long enough for the "artist" group to sketch
7. Share ideas willingly within the group.

Prior Experience: none

National/state Dance Standards:
1. The student will identify and demonstrate elements and skills in dance.
2. The students will understand the process of making a dance.
3. The student will understand dance as a way to create and communicate meaning.
4. The student will apply and demonstrate critical and creative thinking skills in dance.
6.The student will make connections between dance and healthful living.
8. The student will make appropriate connections between dance and other disciplines.

Equipment/materials: musical selections that are fairly slow in tempo (adagio)

Learning experiences: [accompany all tasks with a variety of music]

1.0 Travel through the empty space and pause on the signal in an alert stillness.
2.0 Travel through the empty space and on the pause change your body shapes. Create a variety of wide, narrow, curved, twisted, angular, symmetrical or asymmetrical shapes.
3.0 On the pause, create a shape at any level. Your partner will then travel to you and create a connected shape of a different type. (e.g. curved and wide) Find a partner and begin.
4.0 Person A travels and creates a shape, Person B connects to A, then Person C joins to AB. Hold your pause until all are joined.
5.0 As you create new shapes, work for a variety of shapes.