Gold Humanism Honor Society

“It means caring for someone through the traditional avenues of medicine while always remembering that they are an individual human being and will never fit into a perfect mold or algorithm.” - Julie Barrett

“It means to love your neighbor, or in this case, your patient, as yourself. It means having compassion for your patients, to listen to their problems and fears with concern and attention, and to share in their sorrows and joy. It means to form a connection with them and understand them as much as it is possible. It means to respect others as individuals who have their own values, beliefs, hopes, fears, and dreams, and to make no judgments concerning them.” - Ben Weston

“It means to regard your patient as a person and not a diagnosis and you take the time to get to know and understand your patient, this demonstrates that you care for your patient and their well-being. Yes, doing these things help you provide better care, but I think, more importantly, it connects you to your patient and allows your patient to see that they are more than a diagnosis and their lives matter.” - Kenya Caldwell

“To me, integrity is to show consistency between one’s values and behaviors. Excellence is about striving to be your best self. Compassion is recognizing the suffering in another, to care, and having an innate need to relieve it. Altruism is realizing the equality among all human beings and trying your absolute best to maintain that balance by putting the needs of others before your own. Respect is approaching every individual in the same polite and courteous way as if they were your family. Empathy cannot easily be defined by words; it is a feeling of togetherness with those around you.” - Ben Robey

“Beyond the biological, there are social, emotional, and psychological components of a person that can dictate a physician’s interaction and treatment plan. It’s when we forget those other components that we get into trouble.” - Marlana Sheridan

“Humanism in medicine means compassion and respect for others, no matter what walk of life they come from. Humanism is something that cannot be taught, but through our medical training can be brought out in each of us.” - Michael Odom

“We can show them that while their pain is real and valid, there is the possibility to transcend their physical, emotional, or mental limitations because humans are profound beings capable of being joyful and radiant regardless of our surroundings and circumstances. And that belief in humanity is what humanism means to me.” - Scott Gremillion

“Physician leaders must understand the full human picture of their patients by being gentlemen, technicians, benefactors, and scientists: treating them with kindness to establish rapport, skillfully throwing stitches to close up a wound, working extra hours just to see that last walk-in, and understanding the molecular mechanisms which cause the patient’s disease. Humanism is recognizing each of these pieces of the puzzle, and gracefully incorporating them with the patient’s best interest in mind.” - Dylan Suttle

“Overall, being a physician is more than just academic excellence. It is having a heart for service.” - Trey Sloan

“After observing these physicians, what they have in common is that on top of their intelligence and skill is wisdom, compassion, kindness, patience, and an overall willingness to serve their patients and communities. These are the characteristics I aspire to in medicine as well as other aspects of my life.” - Sarah Norris

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“It is our responsibility, as care providers, to not lose sight of the gravity of each one of these moments. It is a privilege to play a role in a family’s trying moment and we must not lose sight of that fact. By entering a patient’s room with this in mind, empathy, integrity and compassion will follow.” - W. Miller Johnstone, III, PhD

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“We even do celebratory dances for her to celebrate milestones in her abstinence from drugs. I’m grateful to have had the experience of caring for her.” - Jane Kilkenny

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“The Arnold P. Gold Foundation
Working to keep the care in healthcare