

DRUG AND ALCOHOL RESOURCES AND CLINICAL SERVICES

THE CENTER FOR COUNSELING AND STUDENT DEVELOPMENT

Wright Building

Contact: Bob Morphet
Phone: 328-6661

The counseling center provides assessment, short-term counseling, therapy, and referral services for students with alcohol and other drug issues. In addition, educational consultation and programming services for students, faculty, and staff are offered on a wide variety of alcohol and other drug issues.

DEPARTMENT OF FAMILY MEDICINE

*East Carolina University
School of Medicine,
Family Practice Center*

Contact: Dr. Harold May
Phone: 816-4611

The Family Practice Center offers counseling, therapy, and referral services to members of the campus community and their families.

HEALTH PROMOTION COUNCIL

212 Whichard Building

Contact: Sehr Jangda, President
Phone: 355-1885

Adviser: Beth Credle
Phone: 328-6794

The Health Promotion Council is a student organization for undergraduate and graduate students. The council's goals are to help ECU students get healthy while in college by promoting healthy decision making, active lifestyles, healthy food choices, and a healthier campus environment. The council will help plan, evaluate, and provide guidance to the Office of Health Education and Promotion in how best to reach students with activities, programs, and special events. The four student officers are assisted by a media director, a special events director, and a diversity director. Monthly meetings are held on the last Sunday of each month from 6:30 to 7:30 p.m. in Mendenhall Student Center.

PITT COUNTY MENTAL HEALTH, DEVELOPMENTAL DISABILITIES, AND SUBSTANCE ABUSE PROGRAM

*Substance Abuse Services
203 Government Circle*

Contact: Tom Savidge
Phone: 413-1600

Daily crisis intervention service available Monday through Friday, 8:00 a.m. to 5:00 p.m. Substance Abuse Services offers the following programs:

- Emergency/crisis program: Twenty-four-hour emergency face-to-face and telephone contact
- Detoxification program: Residential and ambulatory services for addicts and alcoholics
- Outpatient treatment: Structured treatment program for clients and family members
- Intensive outpatient and day treatment programs for clients with chemical dependency
- Methadone maintenance program. Chronic opioid/heroin addiction treatment with heavy emphasis on HIV education, detection, and outreach services.
- A DWI court program with evaluation, referral, and traffic school.
- Port/Adolescent program: Residential, outpatient, early intervention, and prevention services.

PITT COUNTY TREATMENT ALTERNATIVES TO STREET CRIME (TASC)

*209 South Evans Street
Pittman Building*

Contact: Tom Savidge
Phone: 413-1600

TASC is designed to offer a treatment alternative to incarceration. This program serves individuals who may have a substance abuse problem and are involved in crimes while influenced by their substance addiction.

ECU POLICE DEPARTMENT

Crime Prevention Officer
Phone: 328-6266

The crime prevention officer provides up-to-date awareness/preven-

tion programs such as "Alcohol and Its Effects/DWI" and "Drug Abuse Prevention and Identification." Programs can be designed to meet specific needs, and may include the description and analysis of illegal drugs, symptoms of abuse, medical hazards, and legal implications. Various videos, displays, and printed materials on alcohol and drug abuse are used in these programs.

CAROLINA CENTRE

702 Johns Hopkins Drive

Contact: Dr. Harold May,
Dr. Sam Williams

Phone: 757-0123

Carolina Centre provides professional and confidential treatment for adults and adolescents experiencing alcohol or substance abuse problems.

REAL CRISIS INTERVENTION CENTER INC.

600 East Eleventh Street

Contact: Mary Smith
Phone: 758-HELP (4357)

The REAL Crisis Intervention Center is a comprehensive, nonprofit organization designed to accommodate the need in Pitt County for free, confidential, supportive counseling; information; and referral services. All services operate on a twenty-four-hour basis. Anyone wishing to contact REAL may do so by calling the HELPline or visiting the center.

ECU REGIONAL TRAINING CENTER

*School of Health and Human
Performance, A-12 Minges*

Contact: Carol-Ann Tucker
Phone: 328-4661

Located on campus, this substance abuse prevention/education program targets adult populations within the state who have contact with high-risk youth and young adults. The center works to develop advocacy through community partnerships and coalition building.

The center does the following:

- Serves nonprofit community agencies and organizations, educational institutions, and the faith communities

- Provides community institutes to train key persons within identified communities to strengthen knowledge and skill base
- Offers minigrants to address innovative prevention projects
- Presents prevention programs, including stress and time management, parenting and resiliency, and preventing HIV/AIDS
- Provides technical assistance to community grassroots prevention programs
- Publishes a monthly newsletter that features national and state information and upcoming training events
- Houses a resource center that includes professional literature, videotapes, audiotapes, and other substance abuse prevention materials
- Coordinates the Partnership for a Drug-Free North Carolina media campaign

RESIDENCE LIFE—UNIVERSITY HOUSING SERVICES

Ground Floor Jones Hall

Contact: Carolyn Miller
Phone: 328-4264

The residence life staff within university housing offers information concerning drug and alcohol awareness and education. Staff members conduct programs and presentations, and provide referral services. Residents should contact the resident advisers (RAs) or the residence life coordinator in their halls for information.

STATE EMPLOYEES ASSISTANCE PROGRAM

*Flowers Building, Office 103
101 West Fourteenth Street*

Contact: Steve Wilson
Phone: 830-3458

The State Employees Assistance Program (SEAP) is a free, confidential assessment, counseling, consultation, and referral service for all state employees and their family members. Temporary and retired employees are included in these services. The program is designed to help employees and/or family members find solutions to problems that disrupt their personal or professional lives.

STUDENT HEALTH SERVICES

*Student Health Center
(between Flanagan Building and
Joyner Library)*

Contact: Clinic Appointment
Secretary

Phone: 328-6317

Contact: Health Education Section
Appointment Secretary

Phone: 328-6795

Depending on their medical needs, students are seen by appointment or as urgent care patients. The staff of health care providers is available Monday through Friday, 8:00 a.m. to 5:00 p.m., and on Saturday and Sunday mornings, 9:00 a.m. to 12:00 noon. The health education department is available to conduct and to provide individual consultations for issues including alcohol/binge drinking, marijuana, cocaine, GHB/Rohypnol/Ecstasy use, smoking cessation, and much more. A psychiatrist is available for evaluation and treatment if necessary.

WALTER B. JONES ALCOHOL AND DRUG ABUSE TREATMENT CENTER

2577 West Fifth Street

Contact: Sandra Hickman

Phone: 830-3426

ADATC provides an individualized, intensive inpatient rehabilitation program for substance abusers age eighteen and older. Programs include assessment, orientation, treatment planning, group/individual counseling, classes/meetings on Alcoholics/Narcotics Anonymous, leisure counseling, occupational training, medical assessment, psychiatric evaluation and services, and stabilization and discharge planning. Services are available to meet the special needs of substance-abusing women, IV drug users, the deaf and hearing impaired, and pregnant and postpartum women and their infants (0–12 months).