COURSE DESCRIPTION
This course deals with the major drugs of abuse and their historical, social and legal impact on our society. Particular emphasis is placed on psychosocial motivations, patterns of drug use, misuse and abuse, prevention and rehabilitation approaches.

COURSE OBJECTIVES
Each student should gain a basic understanding of:

1. The major drugs of abuse including their categorization, effects, and abuse potential.
2. Psychosocial motivations for drug use.
3. Drug prevention approaches.
4. Drug rehabilitation approaches.
5. Controversial issues surrounding drug use and abuse.
6. Personal values as they relate to drug use.

COURSE PLAN
Lectures, discussion, videos, and assigned readings.

COURSE REQUIREMENTS

1. The reading of the texts.
2. Attendance and participation in class discussions. Each student is to read the assigned readings prior to class and be prepared to discuss them in class.
3. AA/NA reaction paper. Attend an open AA or NA meeting and provide your reactions on the form provided. Paper is due no later than last class.
4. Book report (6-10 typed pages) on *The Natural Mind* by Andrew Weil. After reading Weil’s book, take three or more specific concepts.

ECU weather and emergency information:
Severe weather: www.ecu.edu/oehs/emergency/SEVERE.HTM
Emergency notices (including closings): www.ecu.edu/services/weatherpage.html
presented by the author and relate it to: 1) your personal reactions. Do you agree or disagree with Weil’s view? Give reasons why? and 2) what other drug experts have written or said (e.g. Inaba & Cohen text). Do they agree or disagree with Weil’s views? Cite sources throughout your paper. Your last page of your paper should provide four references. (Weil’s book and three other readings or sources). Paper is due no later than the last class meeting.

EVALUATION/GRADES

1. Two examinations. Each exam will be of equal weight.
2. Paper on the Natural Mind will count as a third grade of equal value to the two exams.
3. AA reaction paper. One letter grade off from one exam grade if not completed.
4. Attendance and participation in class discussions.
5. Incompletes. There will be no incompletes given for this course, unless you are lying near death in a hospital bed on life support technology as a result of a car wreck and have a note from the attending physician (or clergy). The above exemption is invalid if you were DUI.

TEXTBOOKS


SUGGESTED SUPPLEMENTAL READINGS


East Carolina University seeks to fully comply with the **Americans with Disabilities Act (ADA)**. Students requesting accommodations based on a covered disability must go to the Dept. for Disability Support Services, located in Brewster A-114, to verify the disability before any accommodations can occur. The telephone number is 252-328-6799.
Course Outline

1. Psychoactive Drugs: History & Classification
   - Drug Regulations

2. Heredity, Environment & Psychoactive Drugs
   - How Psychoactive Drugs Affect Us
   - From Experimentation to Addiction
     - Theories of Addiction
   - Motivations for drug use

3. Uppers
   - Cocaine
   - Amphetamines
   - Caffeine
   - Nicotine

4. Downers:
   - Opiates
   - Sedative-Hypnotics

5. Downers: Alcohol

6. All Arounders
   - Hallucinogens
   - Marijuana

7. Other Drugs and Other Addictions
   - Other Drugs
     - Inhalents
     - Sports & Drugs
     - Miscellaneous Drugs
   - Other Addictions
     - Compulsive Gambling
     - Compulsive Shopping
     - Eating Disorders
     - Sexual Addiction
     - Internet Addiction

8. Prevention of Drug Abuse
   - Prevention Models
   - Special Populations
     - Pregnancy & Birth
     - Youth & School
     - Love, Sex & Drugs
     - Work & Drugs
     - Drug Testing
     - Elderly & Drugs

9. Treatment
   - Principles & Goals of Treatment
   - Types of Programs: Client-Treatment matching
   - Family & Treatment
   - Pharmacotherapy Interventions

10. Mental Health & Drugs: Dual Diagnosis
    - Psychotherapeutic Drugs