

## Top Reasons to Train at Pitt County Memorial Hospital (PCMH) and The Brody School of Medicine (BSOM)

### Residents and Fellows are valued by the hospital and medical school

- **Free Parking** close to hospital
- \$100 /month meal allowance
- **USMLE/COMLEX Step 3 Reimbursement** (one-time)
- Relocation allowance
- Full access to university library resources, facilities and faculty rates for sports tickets

### PCMH

- 861-bed tertiary hospital and designated Level 1 Trauma Center
- Patient diversity, without having to negotiate the hassles of a big city—we **serve 29 counties and 1.3 million people** in eastern North Carolina
- 585 active Medical staff and nearly 7,000 employees
- HealthSpan- Electronic Medical Record system
- State of the art technology—PCMH is a Most-Wired hospital according to *Hospitals & Health Networks*, the journal of the American Hospital Association
- Good work environment: named a “Working Mother Best Company for Working Mothers” multiple years running

### Brody

- Multiple strong medical education programs, so you’ll be around to mentor—and teach—other medical learners
- **26 residencies and fellowships**, medical students, PA program, large nursing school, Allied Health programs
- 340 Residents & Fellows
- Excellent University Faculty
- Excellent fellowship placement (*see Where They Go*)
- “Team-oriented atmosphere”- *as reported on scutwork.com*
- “Life outside of residency”- *as reported on scutwork.com*

### Greenville, NC

- University town with strong sports and arts programs
- Ranked by Forbes.com as the #2 in the country for Best Small Places for Business & Careers
- “Cost of living is cheap”- *as reported on scutwork.com*
- **Affordable housing—most of our residents own their own homes**
- Easy day-trips to the beach or larger cities (Atlantic Beach & Raleigh, the capital of NC, are both just over one hour away)
- Moderate climate- four seasons
- Medical hub for eastern North Carolina

### **Moonlighting Opportunities**

- Established relationships at regional hospitals for moonlighting opportunities.

### **Residents' Lounge- GME Center**

- Designated for resident/fellows only
- Computer/dictation area with *Microsoft Office*
- Study rooms for groups or individuals
- Kitchen featuring all amenities
- Recreation center w/ pool table, foosball table
- 2 flat screen TVs and Xbox
- Resident/Fellow Liaison office

### **Resident/Fellow Liaison**

- Monthly newsletter- *Information On-Call*
- Support for post-training job search and negotiation
  - CV development & review
  - Regional & national job search
  - Internet resources
  - Interviewing skills
  - Contract review & negotiation tips

### **Business of Medicine Seminars**

- Free seminars to help residents/fellows transition successfully into career employment
  - Contract review & negotiating strategies
  - Financial planning
  - Disability insurance
  - Student loan repayment options
- Dinner is provided and spouses invited

### **International Health Certificate**

- Voluntary curriculum of knowledge and skills necessary to provide care in international settings or with underserved populations.
- *Rosetta Stone* language training
- Areas of study include: disaster relief, care of refugees and immigrants, cultural sensitivity and medicine

### **Masters of Public Health (MPH)**

- Some residents and fellows also pursue an MPH during their clinical training
- Evidence-based teaching
- Most courses scheduled so as not to interfere with clinical responsibilities

**Resident Spouse Group (RSG)**

- Support for those who go through residency or fellowship with their spouse
- Welcome pool party
- Family get-togethers/cookouts, play groups, Girls Night Out
- *Facebook Page*

**Education Resources**

- Opportunity to learn and practice clinical skills using resources such as actor-patients and simulators
- Robust Central Line placement training course
- Academic Support Office available to residents and fellows for assessment and Board preparation

**Resident Involvement in Hospital Leadership**

- Active Resident Council
- Resident Council Chair represents residents and fellows at hospital Medical Staff Executive Committee meetings
- Hospital President and Medical School Dean meet with all residents and fellows at quarterly full-resident meetings