

How do we keep clogs away?

Your doctor may give you aspirin or another pill called warfarin (or Coumadin™). Warfarin makes your blood thinner so that clogs do not begin.

What can I do?

- Do what your doctor says.
- Do not skip your blood tests.
- Take your pills.
- Do not skip your check-ups.



This is how you say:

- atrial fibrillation (abnormal heartbeat) -
A-tree-ul fib-rill-A-shun
- warfarin - WAR-fah-rin

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What You Need To Know About A-Fib (Abnormal Heartbeat)



This paper is for your information only.



Call your doctor with any questions.

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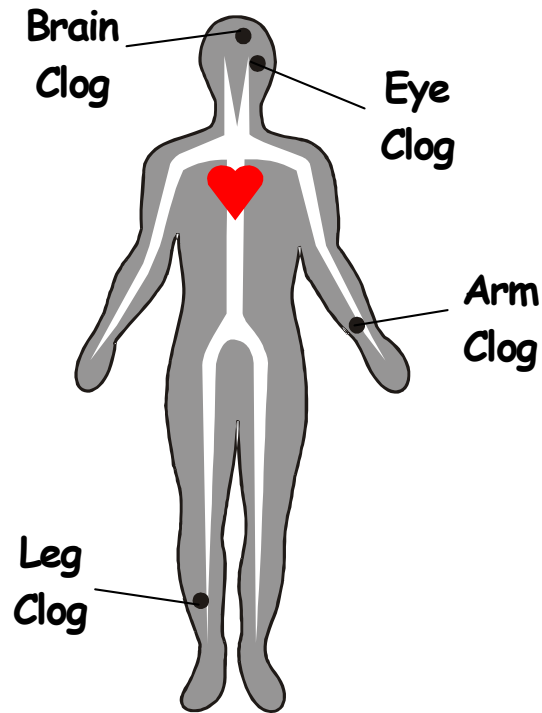
Abnormal Heartbeat (A-Fib)

Learn about the heart

Your heart has four rooms. The rooms work together to pump blood to your body. That is why the heart beats.

What is A-Fib?

It is a type of abnormal heartbeat. When you have A-Fib one of the rooms in your heart does not beat the right way. It may beat too fast. When the heart beats too fast, the blood does not move well and can clog (or clot). The clog can get pushed out into your body. The clog can go anywhere in your body (brain, eyes, arms, legs). A-Fib is fairly common.



What causes A-Fib?

- High blood pressure
- Drinking too much alcohol
- Other heart problems
- Old age



What may happen?

- You have a sudden pounding or racing feeling in your chest.
- You may feel dizzy like you are going to pass out. The best thing to do is sit or lie down until the feeling goes away.
- You may have chest pain.
- A clog can go to your leg or arm. Your finger or toe may hurt.
- A clog could go to your brain. You may not be able to speak or move your arm or leg.
- A clog can go to your eyes. You may see spots or not see well.



**Call your doctor
if any of
these happen.**