**Track Name: New Bern (Craven County)**

**Location:** Southeast New Bern, NC

**Distance from Main Campus:** 45 miles  
**Type of Experience:** Full Time or Part Time  
**Number of Interns:** 1 or 2

**Overall Description:** This is a generalist track with a balance of experiences. Clinical and Foodservice experiences are within Carolina East Health System and the community rotation is with Craven County Health Department. There is a strong emphasis on food service and clinical, highlighting the collaboration between the two disciplines.

| **Clinical Experiences:**  
Carolina East Medical Center  
http://www.carolinaeasthealth.com | This track provides a strong work experience in complex medical patients, with attention paid to medications and lab values. Interns will have the opportunity to learn nutrition support on the surgical, medical and intensive care floors. Interns will be exposed to enteral nutrition, parenteral nutrition, nephrology, cardiology, diabetes, oncology and hepatic patients. The intern will have the option to follow patients with cardiovascular illness from the intensive care unit to cardiac rehab. Carolina East Health System provides a strong clinical experience with the ability to observe other disciplines. In the past, Interns have observed barium swallow procedures, PEG placements, ICU rounds and cardiac catheters. The track provides an opportunity to work with the diabetic educator, speech therapist and wound care nurse. We chart in the electronic medical record using the Nutrition Care Process. The dietitians are proactive members of the healthcare team with excellent rapport the doctors and clinical staff. |
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| **Community Experiences:**  
Craven County Health Department  
http://www.cravencounty.com/depts/hth/hthmain.htm | The Health Department offers a variety of community experiences including working with the Women, Infants and Children’s (WIC) Program, Maternal and Child Health Program, Home Health Program, Wellness Program and chronic disease counseling. The Intern will also be exposed to other departments in the agency and will become aware of all services and programs provided by the health department. |
| **Foodservice Experiences:**  
Carolina East Medical Center | Carolina East provides services in a 350-bed acute care facility. This track provides work experience in food service management and quantity food production. In this rotation you will participate in the following: menu planning, menu analysis, special diets, nutritional promotional projects, in-services, merchandising, sanitation, food production, budgeting, supervision of personnel, and patient focused meal rounds. The intern will assist with the room service food delivery program. This patient friendly menu system allows meals to be ordered at any time of the day, while encouraging education on individual diets. In addition, interns will participate in NSF, health department, DFS and Joint Commission audits. The intern will be working closely with patients and family, hospital staff and food & nutrition management team. |
| **Management Experience:**  
Carolina East Medical Center  
Craven County Schools | Interns can be exposed to a variety of management experiences, including private practice, long-term care and school and hospital foodservice. A portion of the rotation can be completed at the school child nutrition program if desired where the intern will participate in a supervised work experience with grades K-12. |