Dietetic Internship Open House

East Carolina University
Department of Nutrition Science
Greenville, North Carolina
Orientation

- Application Packet available from our WEBSITE
  - [http://www.ecu.edu/cs-dhs/nutr/internship/index.cfm](http://www.ecu.edu/cs-dhs/nutr/internship/index.cfm)

- Track descriptions: specific background about the sites where you might be placed
Student Requirements

- Letters of recommendations - major professors or employers.
- Beneficial: field experiences in relevant area (food, nutrition).
- Volunteer work is acceptable.
Student Requirements

- Completion of B.S. degree with qualifying GPA 3.0 minimum

- Intent to Complete Form: Academy-Accredited Minimum Academic Requirements OR

- Verification Statement indicating completion (within 5 years)
Requirements

- **DI ONLY:**
  - Must complete Academy Computer Matching Process
    - Sign up with D & D Digital; send fee to D & D
    - Complete DICAS materials

- **Both:**
  - Graduate Record Exam (GRE)
    - 30%tile or higher average for math + verbal
Student Requirements

Admission to ECU

* DI-MS *graduate* student to continue masters degree – this allows loan deferral and financial aid requests IF FULL TIME

*DI Only: non-degree *graduate* student
Combined DI-MS Program

Combined MS-DI:

January 5th due date; both DICAS application and Graduate School materials.

Appointments known by end of January
Student Requirements

- Application deadline is February 15 for the class starting in late August
- Must do the electronic Computer matching list at the same time
- Graduate credit -- 12 graduate credits for the DI program go toward an MS degree
Personal Considerations

Program Costs Will Include

- Tuition (varies if full time or part time)
- Serv-Safe certification
- Health, liability and malpractice insurances
- Travel to/from ECU and practice sites (need car and car insurance)
- Academy student membership ($50)
- Books and materials (up to $500)
- Professional meetings (NCDA, PPW, FNCE)
- RD Exam Review Course (approx. $400)
Masters Degree Program

Masters degree (not required for DI only) -- 33 hours of graduate work.

*Think EARLY about research topic!!*

Thesis recommended -- provides opportunity to build and area of expertise.
Scholarships

- Check out Academy of Nutrition and Dietetics
  - http://www.eatright.org
Internship Content

- **Summer 2:**
  - NUTR 4800 – On-line modules done in advance (June-July)
  - NUTR 6600 - Management

- **Orientation: last week in August**
  - Speakers, Blackboard websites
  - Short and long term goals
Four Supervised Dietetics Practice courses:
NUTR 6031, 6032, 6033 (Fall or Spring)
NUTR6102 Staff Relief at end
Track Coordinator determines rotation sequence with each intern
Track starts after Labor Day
Graduate Course Content

FULL TIME = 6 GRADUATE CREDITS/SEMESTER

- NUTR 6200 - Research
- NUTR 6105 - Human Nutrition in Physiology/ Metabolism
- Spring – another web-based graduate course is selected
Class Days: Sample Content

- Diabetes/glucose monitoring
- Cultural counseling-foods
- Media training
- Nutrition support
- Cancer nutrition
- Tips for Job Interviewing
Other Class Events

Public Policy Workshop – Washington DC

NCDA Poster Presentation
Inman RD Review Course

- Review course
  - 2 days
  - $400 fee
  - Held at ECU
Internship Curriculum

- **Supervised Practice** 1200 hours
  - Clinical
    - 10 weeks
  - Foodservice
    - 8 weeks
  - Management (LTC or Child Nutrition)
    - 2 weeks
  - Community
    - 6 weeks
  - Staff Relief
    - 4 weeks
Staff Relief

- Working with the Track Coordinator, plan the experiences based on preferences and needs of track and student
Evaluations

- Evaluations- On-going process
  - Formative during experiences
  - Summative at end
  - Self-assessments
  - Assessment of rotations
- Evaluation forms - both Facility Supervisor and DI complete these
- Turn in with projects to Program Director
Scheduling

- Interns are not on University calendar
- Scheduled according to assignments on site
- Vacation and holiday time – also scheduled by Site Supervisor
Documentation of Hours

- Documentation of hours for rotations turned in to Site Supervisor
- Weekly competency log of what was learned
Contact with Program Director

- **Communication With Program Director**
  - Telephone
  - E-mail
  - Office visits
  - Mail
  - Class days
  - Events
Internship Selection

- Must have completed DICAS computer matching process by specific deadline
- Applicants indicate their choices with DICAS (Include D&D matching or not)
## Applicant Selection Criteria

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<tr>
<th>%</th>
<th>CATEGORY/CRITERIA</th>
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<tbody>
<tr>
<td>25%</td>
<td>Letter of Intent</td>
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<tr>
<td>20%</td>
<td>Work Experience – paid, volunteer, or lab/externship</td>
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<td>25%</td>
<td>Overall GPA 3.0 or higher</td>
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<td>15%</td>
<td>Letters of Recommendation</td>
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<td>15%</td>
<td>Additional Considerations</td>
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<td>GRE scores</td>
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<td>Individual characteristics – application neat and complete</td>
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<td>Special circumstances; worked through college, extenuating circumstances</td>
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Internship Matching

- Notification for internship placement—one match only!
In April-May

- Interns are scheduled for phone interviews with top track choices
  - Interviewing gives everyone a chance to talk
  - Slots are assigned according to rank order of interns from our matched list and preferences of the Track Preceptors
Starting Date

- Letters are sent after matching
- Last week in August

Orientation in Greenville

- Site Supervisor workshop occurs at this time also

Interns go to sites after Orientation
Projects reviewed by site supervisor; sent electronically to PD

- Project Documentation Form
- Project Substitution - Form
- Submit Projects on line
Tracks in Greenville

**GREENVILLE**

- Vidant Medical Center
- Pitt County Health Department
- Pitt County Schools
Tracks in Greenville

**GREENVILLE**
**Nutrition Plus--part time**

- Consulting Practice
- Corrections
  - Foodservice
  - Clinical
- Area WIC agencies
Tracks East of Greenville

EDENTON-ELIZABETH CITY

- Albemarle Regional Health Dept.
- Vidant-Chowan Hospital
- Edenton Schools
Tracks Northwest of Greenville

- **Rocky Mount**
  - Nash-Rocky Mount School System
  - Nash Health System
  - Community: varies
Tracks Northwest of Greenville

- **Tarboro**
  - Vidant-Heritage Hospital
  - Various community agencies
Tracks South of Greenville

**GOLDSBORO**
- Wayne Memorial Hospital
  - Cherry Hospital
- Wayne County Health Dept
- Wayne County Schools
Tracks Southeast of Greenville

DUPLIN
- Duplin General Hospital
- Duplin County Health Dept
- Duplin County Schools
Tracks Southwest of Greenville

LUMBERTON

- SE Regional Medical Center
- Robeson Co. Health Dept.
- Robeson County Schools
Tracks Southwest of Greenville

FAYETTEVILLE
- Cape Fear Valley Medical Center
- Optional: Hoke Healthcare
Tracks Southwest of Greenville

**WHITEVILLE**
- Columbus Regional Medical Center
- Columbus County Health Department
Tracks Southeast of Greenville

**WILMINGTON**
- New Hanover Regional Med Center
- New Hanover Health Department
- New Hanover School District
Join us at ECU!!