### Foundations Curriculum (40 sh)

**English (6 sh)**
- *ENGL 1100 (WI)*
  - Writing about the disciplines - health sciences
- *ENGL 2201 (WI)*

**Core (13 sh)**
- NUTR 1010: Cultural Foods (DD)
  - 3 sh
- NUTR 1300: Intro to Dietetics Profession - only offered full
  - 1 sh
- NUTR 2105: Nutrition Science
  - 3 sh
- NUTR 2330: Food Science
  - 3 sh
- NUTR 2400: Nutrition Assessment
  - 3 sh

**Humanities and Fine Arts (9 sh)**

Must have one from each area:
- **Humanities:**
  - Electives
  - 3 sh
- **Fine Arts:**
  - Electives
  - 3 sh

### Science (3 sh)

- *MATH 1065 College Algebra*
  - 3 sh

### Nutrition with Science Concentration (NS) (21 sh)

**Nutrition with Science Concentration (NS) Option**
- NUTR 3104: Advanced Vitamins & Minerals
  - P: NUTR 2105; declared major
  - 3 sh
- NUTR 3105: Nutrition Biochem & Metabolism
  - P: NUTR 2105; Rec Prereq: CHEM 2750/2753; declared major
  - 3 sh
- NUTR 3311: Life Cycle Nutrition
  - P: NUTR 2105
  - 3 sh
- NUTR 3700: Nutrition and Disease P: NUTR 3105; offered spring only
  - 3 sh
- NUTR 4901: Special Topics; must be taken twice
  - 6 sh
- HLTH 3010 or 3050
  - 3 sh

### Science Including One Lab (7 sh)

- CHEM 1150
  - P: MATH 1065 Min Grade of C or MATH 1083 Min Grade of D- or MATH 1085 Min Grade of C
  - 3 sh
- CHEM 1151 lab
  - 1 sh
- CHEM 1160
  - P: CHEM 1150 Min Grade of C and CHEM 1151 Min Grade of C
  - 3 sh

### Social Science (9 sh)

From at least three different areas:
- *ANTH 1050 or 2200 (GD)*
  - 3 sh
- *PSYC 1000 Intro Psychology*
  - 3 sh
- *SOCI 2110 Intro to Sociology (DD)*
  - 3 sh

### General Elective (3 sh)

From either HUM, FA, SS, or Science Elective - must be WI
  - 3 sh

### Cognates (21 - 24 sh)

- *CHEM 1161 lab*
  - 1 sh
- BIOL 1100/1101: Principles of Biology & Lab I
  - 4 sh
- BIOL 2110/2111: Principles of Microbiology & Lab II
  - P: CHEM 1120, CHEM 1130 or BIOL 1100 and CHEM 1150; 2.75 GPA or consent of instructor; RP: BIOL 1050, BIOL 1051 or BIOL 1100, BIOL 1101.
  - 4 sh
- BIOL 2120/2121: Surv Human Phys & Anatomy w Lab
  - P: BIOL 1050, BIOL 1051; or BIOL 1100, BIOL 1101 OR BIOL 2140/2141 and 2150/2151
  - 5 or 8 sh
- CHEM 2750/2753 Organic Chem w/ lab
  - P: CHEM 1160, CHEM 1161; C: CHEM 2753.
  - 4 sh
- Statistics Course (MATH 2228 [P:MATH 1065], 2283[P:MATH 1065], PSYC 2101 or BIOS 1500)
  - 3 sh

Questions? Contact Ashley Roseno at rosenoa@ecu.edu

WI - Writing Intensive
GD - Global Diversity
DD - Domestic Diversity

Revised July 2018
### Credits

<table>
<thead>
<tr>
<th>Category</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>Foundations Curriculum</td>
<td>40</td>
</tr>
<tr>
<td>Cognates</td>
<td>21-24</td>
</tr>
<tr>
<td>Core NUTR classes</td>
<td>13</td>
</tr>
<tr>
<td>NUTR with Science concentration classes</td>
<td>21</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>95-98</strong></td>
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</tbody>
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**Additional General Electives**: 22-25

**Total**: 120

*depending on if you took BIOL 2130/2131 (=5 additional general elective credits) or BIOL 2140/41 and 2150/51 (=3 additional general elective credits)*