THE JON B. TINGELSTAD CONFERENCE:

Practical Pediatrics

Thursday, April 10, 2014 and Friday, April 11, 2014
East Carolina Heart Institute Auditorium
115 Heart Drive, Greenville, North Carolina

Presented by
The Department of Pediatrics and The Office of Continuing Medical Education of The Brody School of Medicine, East Carolina University in association with the Eastern Area Health Education Center
The Jon B. Tinglestad Conference: Practical Pediatrics is planned for clinicians providing care to pediatric patients. It is designed to increase awareness of changing issues in pediatric health care and to provide a review of selected topics identified by clinicians as some of the more challenging issues managed in day-to-day practice.

Upon completion of this conference, participants should have a greater understanding and knowledge of strategies to integrate into practice new developments in the following areas:

**I Screen, You Screen, We All Screen for Dyslipidemias!**
- Perform appropriate screening tests for dyslipidemia during childhood.
- Implement dietary modifications and recognize indications for medication in the management of childhood dyslipidemia.

**Pediatric Hypertension In The Era Of The Obesity Epidemic**
- Screen for and identify hypertension and pre-hypertension in children.
- Evaluate for underlying causes of hypertension when appropriate.
- Implement lifestyle modifications and recognize indications for medication in the management of hypertension.

**Recognition and Management of Obstructive Sleep Apnea**
- Recognize symptoms of obstructive sleep apnea in children.
- Evaluate children with symptoms of sleep apnea, and implement appropriate management strategies.

**Family-based Obesity Care... without having to move in with the family**
- Adopt practical strategies in the primary care office for assessing and managing obesity.
- Engage families in developing positive nutrition and activity behaviors for children.

**Beyond Wet Burps: Vomiting and Obstruction in Infants**
- Recognize the clinical signs of obstruction in infants.
- Determine the optimal radiographic studies for evaluation of neonatal obstruction.
- Initiate appropriate resuscitation and management of an infant with signs of obstruction.

**Anemia: Diagnosis and Management**
- Adopt a diagnostic approach for an infant, child, or adolescent presenting with anemia.
- Initiate management for common anemias in children, and define the need for referral to a specialist.

**Recognition and Management of Neonatal Abstinence Syndrome**
- Identify and evaluate infants at risk for neonatal abstinence syndrome.
- Manage the symptoms of drug withdrawal during the newborn period.

**Summertime Dermatoses**
- Recognize dermatologic manifestations of exposures in coastal and marine settings.
- Provide management for a variety of summertime dermatologic disorders in children.
The Syncopal Pediatric Patient
- Perform an appropriate evaluation for a child presenting with syncope.
- Recognize clues distinguishing cardiac disorders from other causes of syncope, and appropriately refer children for cardiology consultation.
- Identify EKG findings that can be associated with syncope.

Sickle Cell 101
- Diagnose and provide initial counseling and management for patients with sickle cell disease and sickle cell trait.
- Provide comprehensive primary care and health maintenance for children with sickle cell disease.
- Recognize acute and chronic complications that the general pediatrician may encounter.

Primary Care for Children with Cystic Fibrosis
- Perform an appropriate diagnostic evaluation for children with clinical manifestations of cystic fibrosis (CF) or an abnormal result on a newborn screening test.
- Provide comprehensive primary care and health maintenance for children with cystic fibrosis.
- Recognize acute and chronic complications of CF that the general pediatrician may encounter.

Understanding and Managing Concussions: a Pediatric Perspective
- Recognize the potential consequences of head injury sustained during sports.
- Perform an appropriate evaluation of the adolescent athlete who has sustained a head injury during play.
- Guide athletes on returning to play following concussion.

TARGET AUDIENCE
This conference has been planned for Physicians, Nurse Practitioners, Physician Assistants, Nurse Midwives and Pharmacists, particularly those in the fields of Pediatrics and Family Medicine.

ACCREDITATION
The Brody School of Medicine of East Carolina University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT
The Brody School of Medicine of East Carolina University designates this live activity for a maximum of 10 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity, The Jon B. Tingelstad Conference: Practical Pediatrics, with a beginning date of April 10, 2014, is being reviewed for up to 10.0 Prescribed credits by the American Academy of Family Physicians.

Certificates reflecting 10 contact hours will be awarded at the conclusion of the program.
AGENDA

Thursday, April 10, 2014

12:30 Registration

1:00 Welcome
Ronald M. Perkin, MD, MA

Moderator: Jon B. Tinglestad, MD

1:05 I Screen, You Screen, We All Screen for Dyslipidemias!
David Collier, MD, PhD

1:55 Pediatric Hypertension In The Era Of The Obesity Epidemic
Leonard Curtis Hymes, MD

2:45 Break

3:00 Recognition and Management of Obstructive Sleep Apnea
Ronald M. Perkin, MD, MA

3:50 Family-based Obesity Care... without having to move in with the family
Joseph A. Skelton, MD, MS & Megan Bennett Irby, MS

4:40 Question and Answer

4:50 Adjourn

Friday, April 11, 2014

7:45 Breakfast Buffet
Moderator: Charles “Chuck” Willson, MD

8:15 Beyond Wet Burps: Vomiting and Obstruction in Infants
Danielle S. Walsh, MD

9:05 Anemia: Diagnosis and Management
George Hucks, MD

9:55 Break

10:10 Recognition and Management of Neonatal Abstinence Syndrome
Carl J. Seashore, MD

11:00 Summertime Dermatoses
William A. Burke, MD

12:00 Lunch
Moderator: Ronald Perkin, MD, MA

12:45 The Syncopal Pediatric Patient
Robert J. Hartman, MD

1:35 Sickle Cell 101
Gayle M. Smink, MD, MPH

2:20 Break

2:35 Primary Care for Children with Cystic Fibrosis
William I. Wooten, III, MD

3:25 Understanding and Managing Concussions: A Pediatric Perspective
Laura DePalma, DO

4:15 Question and Answer

4:30 Adjourn
PROGRAM DIRECTOR
Karin M. Hillenbrand, MD, MPH, Associate Professor of Pediatrics, Vice Chair for Education

PLANNING COMMITTEE
Stacey Applegate, DO, Clinical Assistant Professor, Pediatric Cardiology
Mildred Carraway, BSN, Assistant Director, Office of CME
David Collier, MD, PhD, Associate Professor of Pediatrics, Vice-Chair for Research,
Director, Pediatric Healthy Weight Research and Treatment Center
Randy M. Horton, MS, Director, Office of CME
Pamela G. Larsen, DrPH, DNSc, FNP, Department of Pediatrics
Ronald M. Perkin, MD, MA, Professor and Chairman, Department of Pediatrics
Kathleen V. Previll, MD, Clinical Professor, Department of Pediatrics
Mary Catherine Turner, MD, Clinical Assistant Professor Internal Medicine and Pediatrics

GUEST FACULTY
Megan Bennett Irby, MS
PhD Candidate, Human Development and Family Studies, University of North Carolina, Greensboro
Exercise Physiologist & Research Program Manager
Brenner FIT (Families In Training)
Brenner Children’s Hospital
Wake Forest School of Medicine

Carl J. Seashore, MD
Associate Professor of Pediatrics
Division of General Pediatrics and Adolescent Medicine
University of North Carolina

Joseph A. Skelton, MD, MS
Associate Professor of Pediatrics
Associate Professor of Epidemiology and Prevention
Director, Brenner FIT (Families In Training)
Brenner Children’s Hospital
Wake Forest School of Medicine

BRODY SCHOOL OF MEDICINE FACULTY
William A. Burke, MD, Dermatology Residency Program Director, Professor of Medicine
David Collier, MD, PhD, Associate Professor of Pediatrics, Vice-Chair for Research,
Director, Pediatric Healthy Weight Research and Treatment Center
Laura DePalma, DO, Clinical Assistant Professor, Pediatric Sports Medicine
Robert J. Hartman, MD, Clinical Assistant Professor, Pediatric Cardiology
George Hucks, MD, Assistant Professor, Pediatric Hematology/ Oncology
Leonard Curtis Hymes, MD, Clinical Professor of Pediatric Nephrology,
Emeritus Faculty, Emory University School of Medicine
Ronald M. Perkin, MD, MA, Professor and Chairman, Department of Pediatrics
Gayle M. Smink, MD, MPH, Assistant Professor, Pediatric Hematology/ Oncology
Jon B. Tinglestad, MD, Professor Emeritus and Former Chair, Department of Pediatrics
Danielle S. Walsh, MD, Associate Professor of Surgery, Division of Pediatric Surgery
Charles F. Willson, MD, Clinical Professor of Pediatrics, Director, Center for Children With Complex and Chronic Conditions
William I Wooten, III, MD, Assistant Professor, Pediatric Pulmonology

PEDIATRIC AND MEDICINE PEDIATRIC RESIDENT AND FACULTY GET TOGETHER

Please join us for an opportunity to catch up with former residents and faculty on Thursday evening, April 10th, from 6:00-8:00 pm at Winslow’s Tavern in downtown Greenville. Spouses, friends and children are all welcome! Contact Sarah Sonefeld with questions or to RSVP at (252) 744-3041 or sonefelds@ecu.edu.

EVENTS AND ACTIVITIES FOR FAMILY AND FRIENDS

- **Four Seasons Chamber Music Concert**
  AJ Fletcher Recital Hall 7pm April 10 and 8pm April 11
  Tickets $10-$35 www.ecu.edu/cs-admin/tickets or (252) 328-6131
- **The Capitol Steps**
  S Rudolph Alexander Performing Arts Series in Wright Auditorium ECU Campus
  Tickets via www.ecu.edu/cs-admin/tickets or (252) 328-6131
- **ECU Baseball at Clark-LeClair Stadium**
  ECU vs NC State 6pm April 9
- **ECU Track Meet**
  all day April 11 and 12
  ECU Athletic Office (252) 737-4500 or www.ecupirates.com
- **Greenville Museum of Art**
  208 S Evans Street
  M-F 10am to 4pm S-S 1pm to 4pm (252) 758-1946 Free
- **East Carolina Village of Yesterday**
  4570 Country Home Road
  By appointment only (252) 329-4200
- **Ledonia Wright African-American Cultural Center**
  ECU Campus
  M-T 8am to 8pm and Friday 8am to 5pm Free
  Phone 252-328-1680
- **Wellington B Gray Art Gallery**
  Jenkins Fine Arts Center 5th Street ECU Campus
  M-S 10am to 5pm Thurs. 10am to 8pm (252) 328-6336
- **Walter Stasavich Science and Nature Center**
  River Park North 1000 Mumford Road
  Daytime hours (252) 329-456 Free
- For additional opportunities see http://visitgreenvillenc.com

NEARBY LODGING

*Candlewood Suites* 1055 Waterford Commons Drive, Greenville, NC (252) 317-3000
*Holiday Inn Express* 900 Moye Blvd. Greenville, NC (252) 754-8300
*Courtyard by Marriott* 2225 Stantonsburg Road Greenville, NC (252) 329-2900
REGISTRATION INFORMATION

PREREGISTRATION AND FEE PAYMENT IS REQUIRED to assure space and availability of materials. For your convenience, payment may be made by check, VISA or MasterCard. Checks should be made payable to THE OFFICE OF CME, and your signature is required for charge cards. Registrations charged to credit card may be faxed to (252) 744-5229. **THERE WILL BE NO “SIT-INS” FOR THIS CONFERENCE**

Full refund will be made if registration is canceled before March 27th. Refunds requested between March 27th and April 2nd will be subject to a $35.00 handling charge, after which no refund will be made. A letter of confirmation, with a link to maps and an e-syllabus which can be printed from your personal computer will be emailed to you prior to the program. Please make sure that we have your most current email address so that you will receive your correspondence.

**Full Conference:** $175.00 MDs/NPs/PAs/Others  
$60.00 Residents/Medical Students

**Thursday:** $65.00 MDs/NPs/PAs/Others  
$30.00 Residents/Medical Students

**Friday:** $145.00 MDs/NPs/PAs/Others  
$50.00 Residents/Medical Students

Any individual requiring accommodations under ADA call the Office of CME at (252) 744-5208 at least 48 hours in advance of program. For calls to participants during the program, call the East Carolina Heart Institute Auditorium (252) 744-7728.
The Jon B. Tinglestad Conference: Practical Pediatrics

All participants should pre-register

Register online at http://ecu.edu/cme under “Symposia, Conferences, & Workshops” OR

Return this form to: Office of CME, PO Box 7224, Greenville, NC 27835-7224, ATTN: Registration
Phone: (252) 744-5208  FAX: (252) 744-5229

Last Name _______________________________  First Name ___________________________  MI ______

Print last 4 digits of Soc. Sec. # for credit tracking XXX-XX-_______

Discipline (check one)  MD  NP  PA  Other __________________________

Specialty _____________________________________________________________

E-mail goes to  Home  Office

Practice Site Name _______________________________________________________

Street/PO Box ___________________________________________  State _______  Zip _______

Phone ___________________________  E-mail _______________________________

Home address ___________________________________________  State _______  Zip _______

Phone ___________________________  E-mail _______________________________

Please check the credit(s) you wish to receive, if available.

☐ AMA PRA Category 1 Credit™ (Physician credit)  ☐ Contact Hours  ☐ AAFP Prescribed Credit

FEES

Full Conference:  $175.00 MDs/NPs/PAs/Others  $60.00 Residents/Medical Students
Thursday:  $65.00 MDs/NPs/PAs/Others  $30.00 Residents/Medical Students
Friday:  $145.00 MDs/NPs/PAs/Others  $50.00 Residents/Medical Students

METHOD OF PAYMENT

For Office Use Only  Event # C40811
Amount Enclosed/Paid $ ___________________________  Date _______________________
☐ Agency check  ☐ Personal check  ☐ Cash  ☐ Credit card

Please indicate check or charge card

Check/Cash Enclosed for $ ____________  Charge:  ☐ Visa  ☐ MasterCard  ☐ AMX

Signature _______________________________________________________________

If Paying by Credit Card – Billing Address Required
City _____________________________  State _______  Zip _________

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Expiration Date _____________  Security Code (Last 3 digits on back of card) ________

Thursday April 10 & Friday, April 11, 2014 at the East Carolina Heart Institute