

DO YOU FEEL ILL?



To Prevent Spread:

Do NOT Share Your Flu

1. Stay home from school or work
2. Limit contact with others
3. Wash your hands frequently
4. Contain your cough

If you do have flu, stay home for 7 days or for 24 hours after symptoms resolve (whichever is longer).

Contact Office of Prospective Health at 744-2070 for additional information.