

# Addictions & Rehabilitation

A Publication of the Department of Rehabilitation Studies

Spring/Fall 2011

## A New Semester!

The Department of Rehabilitation Studies has undergone many changes recently including: *Elimination of all 5000 level courses*. These former courses were turned into undergraduate and graduate versions with different course titles, texts, and content;. The development of four new courses including a graduate and doctoral *ethics* course. These courses will help prepare our students for the challenging ethical and legal issues that surface in the counseling, addiction, and rehabilitation fields. This course will be required for students beginning in the fall 2011 semester. The ethics course was offered for the first time this past summer session I. An ethics

course is required in some states for the LPC credential and current students planning on moving out of state may want to take this course as an elective.; The *Military and Trauma Counseling* course is another new course which will probably be offered in the spring or summer semesters and will be of interest to students interested in working with a military or veteran population. The graduate program in Vocational Evaluation has added an internship course for students seeking this degree.

I hope everyone is planning on attending the spring PARC and/or NCRA/VEWAA conferences that are usually held in April. These

conferences provide interesting and informative presentations in various areas of counseling, addictions, and rehabilitation. These conferences also provide networking opportunities for students.

The graduate program in Rehabilitation Counseling has a new director. Dr. Nathalie Mizelle-Johnson has assumed the director position September 13, 2011.

In summary, I want to welcome the new students and hope everyone is healthy, happy, and holy and making the most of their ECU experience!

**Lloyd Goodwin, Ph.D., Interim Chair**

## The Substance Abuse Counseling Certificate Program

### The Substance Abuse Counseling Certificate Program Goes Global

Since the Substance Abuse Counseling Certificate Program began, over 600 people from North Carolina have expressed an interest in it. The interest has been growing to include people from Hawaii to Maine (23 states in all).

This spring, potential students emailed from Arizona, Arkansas, California, Florida, Georgia, Indiana, Kentucky, Ohio, New York, South Carolina, Texas, West Virginia, and Wyoming.



In the past few semesters there has even been interest from around the globe for this certificate. Countries include Bermuda, England, Germany, Japan, Malaysia, and Puerto Rico. Certificate courses are currently being taught in two time zones and more are expected.

**Mary Crozier, Ed. D.**

**Coordinator**

# The Substance Abuse and Clinical Counseling Program

## Steps Toward Accreditation in Addiction Counseling



The Substance Abuse and Clinical Counseling (SACC) Program is seeking accreditation from the Council for Accreditation of Counseling & Related Educational Programs (CACREP) in the newly created area of *Addiction Counseling*. Until July 1, 2009, no accreditation for substance abuse counselor education programs was offered nationally.

CACREP was established in 1981. It sets standards and accredits master's degree programs in six specific program areas, including Addiction Counseling; Career Counseling; Clinical Mental Health Counseling; Marriage, Couple, and Family Counseling; School Counseling; and Student Affairs and College Counseling. CACREP also accredits doctoral degree programs in counselor education and supervision. It is an independent agency, recognized by the Council for Higher Education Accreditation (CHEA). CHEA is the accrediting body for colleges and university. East Carolina University is a CHEA accredited university which means the *SACC program currently meets all of the*

## Chi Sigma Iota-Rho Omega

Thirteen students were inducted into Chi Sigma Iota, an international honor society for counselors and counseling students. The new inductees were:

Daphne Benthall, Ella "Maggie" Dickens, James Doxey, Katie Gander, Holly Gunn, LaToya Harris-Freeman, Michael Kerns, Stephanie Morell, Danielle Nilges, Gwen Safriet, Alysen Wallace, Karen Weiss-Ogden, and Allison Zastrow.

The keynote speaker for induction ceremony was Dr. Sylvia Nassar-McMillan Professor and Program Coordinator of Counselor Education at North Carolina State University. Her address was entitled "Counselors' Program Evaluation Toolbox: the Age of Accountability." While visiting ECU, Dr. Nassar-McMillan, held two additional workshops: "Counseling Arab Americans in Contemporary Times" and "Lab

*requirements for counselor licensure. The CACREP accreditation is an additional accreditation specific to addiction counseling.*

There are many steps in the accreditation process. The first is assembling Self-Study materials. The Self-Study includes an assessment of the program's resources, goals, objectives, outcomes, and other strengths and limitations, and is used in guiding the continued effectiveness of the program. The SACC program is collecting the required materials and will file its application during the fall 2011 semester.

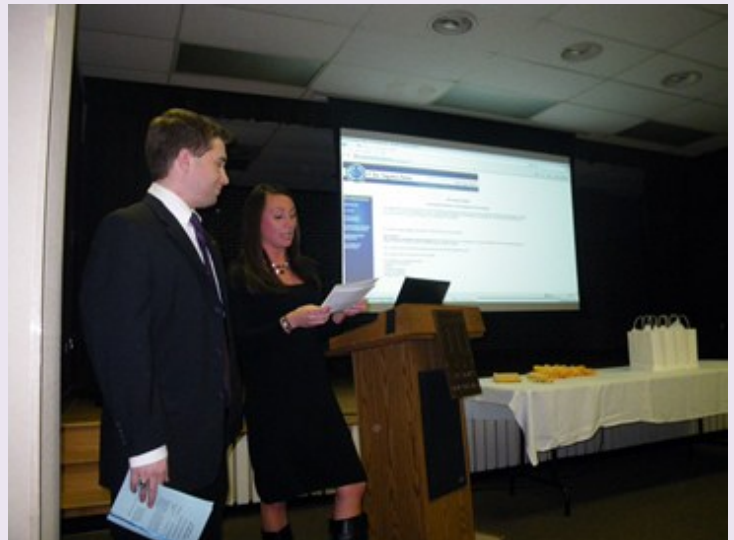
As part of the evaluation process, I am gathering feedback from current students, alumni, field-site supervisors, and other stakeholders. If you have not received a SACC Program Survey and would like to provide feedback, please contact me.

Look for further updates on our climb towards accreditation in the next Newsletter!

**Shari M. Sias, Ph.D., LPC**

**SACC Program Director**

**[siass@ecu.edu](mailto:siass@ecu.edu)**



Coats Aren't for People Like Me: Exploring Gender, Culture, and Career Across Educational Disciplines". All presentations were well attended and have been videotaped.

For more information on Rho Omega or on viewing these presentations contact Dr. Mary Crozier, faculty advisor.

# New Courses!

## Military and Trauma Counseling

### Ethical and Legal Issues in Substance Abuse and Rehabilitation

We've added two new courses: Military and Trauma Counseling and Ethical and Legal Aspects in Substance Abuse and Rehabilitation Counseling. Military and Trauma Counseling focuses on individuals with trauma-related symptoms resulting from military combat, and on non-military individuals with a history of physical and/or sexual abuse.

Counselors and counselors-in-training interested in working with individuals in the military and their families are encouraged to take this course. The Veterans Administration's latest hiring guidance letter includes counselors who graduate from CACREP accredited programs.

Ethical and Legal Aspects focuses on ethical decision making models, counseling codes of ethics, and legal considerations in counseling.

Counselors and counselors-in-training seeking an ethics course for licensure, certification, or continuing

education credits will benefit from this course. To enroll, call 252-744-6300.

***Shari M. Sias Ph. D., LPC***

***SACC Program Director***



## SACC Student Enrollment and Career Options

Did you realize that East Carolina University is one of the few post-secondary institutions nationwide to offer a master's degree in substance abuse counseling? It's true, and 43 students are enrolled.

The majority of our SACC graduates seek Substance Abuse Counselor positions, but not all of them. Many seek Clinical Counseling positions such as mental health counselors, home-based counselors, crisis counselors, and family counselors.

Most of our SACC graduates obtain the Licensed Clinical Addiction Specialist (LCAS) and Licensed Professional Counselor (LPC) credentials. As LPCs, graduates may choose to open a private practice or continue with agency-based counseling.

Please contact me with questions about our program. Call 252-744-6304 or e-mail me: [siass@ecu.edu](mailto:siass@ecu.edu)

***Shari M. Sias Ph. D., LPC***

***SACC Program Director***

## Substance Abuse and Clinical Counseling Student In The Spotlight

**Name:** Allison Zastrow

**Hometown:** Charlotte, NC

**Year of Study:** Second year master's student

**Hobbies/Interests:** Running – has run a marathon!

**Research/Clinical Involvement:** Case manager for Project Working Recovery (PWR) and practicum counselor at the James D. Bernstein Health Clinic.

Project Working Recovery was a service research project in the Department of Rehabilitation Studies funded for 3 years (2007-2010) by the Katherine B. Reynolds Charitable Trust. The mission of PWR was to assist clients in choosing, getting, and keeping a job, as a means to sustain their recovery from addiction.

The James D. Bernstein Health Clinic provides dental and medical care to adults and children with minimal or no insurance on a sliding fee scale. Allison is part



of a grant funded team providing substance abuse screening, brief intervention, referral and treatment services.

**What do you want to do when you graduate?**

“I would like to work with veterans. So many of them are experiencing post traumatic stress symptoms. They served their country and deserve

good care. I would also like to work with families, maybe veterans and their families. I liked the Family course and how interactive family counseling can be.”

**What suggestions or advice do you have for people considering the program or for new students entering the Substance Abuse and Clinical Counseling program?**

“Get involved and be around the Department. Being around [the Department] helped me get involved with PWR and other [grant-funded] projects. I really liked working for PWR and for Bernstein Health Center.

## 2011 PARC Conference and Awards

The annual conference of the PARC met in Greenville, NC on April 1-2, 2011.

Featured presentations included *Transactional Analysis: An Innovative Strategy for Substance Abuse Counseling, Rehabilitation Counseling, and Marriage and Family Therapy* (Sharon Shallow, presenter) and *Massively Multiplayer Online Gaming (MMOG)/Internet Addiction* (Andrew M. Byrne, presenter). Members, prospective members, and guests expanded their counseling skills through the use of large and small group discussions, activities, and role-play scenarios.

Ms. Gina Price, Past National President, and Dr. Mary Crozier, Conference Chair and Past State President, received PARC Service Awards for their years of commitment to and work with PARC.

Developed specifically for SACC students, alumni, and counselors practicing in the fields of substance abuse and clinical counseling, PARC was founded by Dr. Lloyd Goodwin, longtime faculty member and the current interim director of ECU's Department of Rehabilitation Studies. The conference is a great chance to network with other students, alumni, practicum and

internship field-site supervisors and potential employers.



Dr. Mary Crozier and Gina Price (not pictured) received the PARC Service Awards

# Undergraduate Rehabilitation Services Program

There are currently 53 students in the undergraduate Rehabilitation Services major. In the fall we had eight graduates, in the spring 18, and in the summer five graduates. Jarmichael Harris obtained employment as a Residential Substance Abuse Counselor at PORT Human Services, Nicole Biggs as a Residence Community Coordinator/ Student Conduct Coordinator at Louisburg College, and Brittany Allen as a Physical Therapy Technician at Peak Performance.

Students also obtained employment as a Residential Staff Worker, Case Manager/Co-Facilitator, Community Employment Specialist, leading process groups, and teaching drug education school. Linda Xiong was selected as our Outstanding Senior for spring 2011 and Brittany Wells was awarded our Bate Foundation Allied Health Scholarship for fall 2011.

**Martha H. Chapin, Ph.D. URS Program Director**

## 2011 NRE Conference

Five students and Dr. Chapin attended the National Rehabilitation Educators Conference in April in Manhattan Beach, CA. Sherra' McMillan, Mary Schatz, and Jody Grandy, doctoral students, had two presentations. One was titled Home-Based Counseling: Gaps in Service Delivery for Ethnic Minority Families and the other was Efficacy of Online Group Therapy in Rehabilitation Services. Andy Byrne, doctoral student, and Kyle Slough, master's student, presented a

poster titled Digital Supervision for the 21<sup>st</sup> Century: A Demonstration of Technology for Clinical Supervision. Andy also presented a poster with Dr. Chapin titled Ethical Consideration for Social Networking: To Friend or Not to Friend. All presentations were well received.

**Martha H. Chapin, Ph.D.  
URS Program Director**

## Beth Lambeth Award

**Stephanie Morell and Dr. Lloyd Goodwin**



## VE Practicum Class Visits

On a cold day in December 2010, four masters Vocational Evaluation students field tripped to the Woodrow Wilson Rehabilitation Center (WWRC) in Fishersville, VA. After a tour of the comprehensive facilities, the students met with vocational evaluators to study firsthand how evaluations are conducted. WWRC offers a wide variety of evaluation and training areas. The students were able to spend time with practicing evaluators in business and information technology, carpentry/woodworking, child care, and cosmetology. The work sample and situational assessment orientation of WWRC added to the students understanding of how classroom discussions were applied in the field. One of the WWRC evaluators is an ECU alum and she

was able to provide insights on the transition from studying at ECU and how this was helpful to her success on the job. A bonus for the trip was the availability of James Rothrock, Commissioner of the Department of Rehabilitative Services. We were able to eat lunch with him and he discussed employment possibilities with the state of VA.

**Steven Sligar, Ed.D.  
VE Program Director**

## Professional Associations

- American Counseling Association (ACA) [www.counseling.org](http://www.counseling.org).
- American Mental Health Counseling Association (AMHCA) [www.amhca.org](http://www.amhca.org)
- Commission on Rehabilitation Counselor Certification (CRCC) [www.crc certification.com](http://www.crc certification.com).
- International Association of Addiction and Offender Counselors (IAAOC) [www.iaaoc.org](http://www.iaaoc.org)
- Licensed Professional Counselor Association of NC (LPCANC) [www.lpcanc.org](http://www.lpcanc.org)
- National Rehabilitation Association (NRA) [www.nationalrehab.org](http://www.nationalrehab.org).
- National Rehabilitation Counseling Association (NRCA) <http://NRCA-net.org/>
- Professional Association of Rehabilitation Counselors (PARC) [www.nationalparc.org](http://www.nationalparc.org)
- The North Carolina Substance Abuse Professional Practice Board (NCSAPPB) [www.ncsappb.org](http://www.ncsappb.org).
- The Professional Association of Rehabilitation Counselors (PARC) [www.nationalparc.org](http://www.nationalparc.org)
- The Vocational Evaluation and Career Assessment Profession (VECAP) can be found at [www.vecap.org](http://www.vecap.org).

## Farewell to the Hartley Family



Drs. Michael and Amy Hartley and son Mason left us this summer to go to the University of Arizona. Michael, you are a great inspiration to us all! You will be missed.

Best Wishes,

***The Department of Rehabilitation Studies!***

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FACEBOOK PAGE!