



The PoWeR of Recovery

A PUBLICATION OF: **PROJECT WORKING RECOVERY**

Assisting individuals choose, get, and keep a job as a means to sustain recovery from addiction

From the Directors' Chairs

by Drs. Paul Toriello & Steven Sligar

Gratitude. Gratitude is fundamental to a healthy recovery. Gratitude for another day sober, gratitude for a job, gratitude for friends/family.

PWR is only two years old, but our staff have worked very hard to develop the program from a few service hours provided per week to averaging 18 hours per day.

More importantly, PWR staff genuinely care about the consumers they serve and are invested in their success.

The equation is simple: Because of our staff, PWR is a quality program. Because of our staff, PWR is a success.

For our staff, we are grateful. Thank you!

Drs. Toriello & Sligar



ECU College of Health Sciences Building
Home of Project Working Recovery

Outcomes

Service Hours Provided
March 2009

- 40 hrs. - Intake/Assessment
- 93 hrs. - Job Readiness
- 153 hrs. - Counseling

Consumers Served

- 199 consumers - Year to Date

Employment at 90-day follow-up

- 46 % employed - full/part time

April 2009

PWR Staff

DIRECTORS

PAUL TORIELLO, RHD, LCAS, CRC
STEVEN SLIGAR, EdD, CVE

COORDINATORS

LEIGH ATHERTON, MA, QP
STIRLING SCHWIEBERT, MA, QP
TRACIE CAMPBELL, MS, CRC

CLINICIANS

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CONSULTANTS

XIAOMING ZENG, PHD
PAUL ALSTON, PHD
SHARI SIAS, PHD, LPC
NATHALIE MIZELLE, PHD, LPC, CRC
ANDY BYRNE, MS, CRC, QP



Old Greene St. Bridge
Town Commons—Greenville, NC

Community Connections

by Tracie Campbell

PWR feels it is important to collaborate with other agencies for a holistic approach to recovery. To inform individuals and agencies about the program, PWR makes presentations and recruitments in the community.

PWR is currently working with agencies such as:

- **Walter B. Jones**
- **PORT Methadone**
- **PORT Out Patient**
- **NC Vocational**
- **Rehabilitation**
- **Pitt County Drug Court**
- **Greenville Community Shelter, and**
- **a variety of Recovery Houses in the surrounding area.**

“In their own words...”

by Stirling Schwiebert

Project Working Recovery impacts each consumer differently.

The following are a few of the responses to the question:

“Why do you come back to PWR?”

This month's consumer quotes:

“...coming to PWR greatly keeps me motivated” - D. S.

“...PWR makes me feel more confident about myself” - K. S.

“I am getting help at PWR that I could not get anywhere else” - N. E.

“...PWR keeps me focused on getting a job” - B. B.

Project Information

Hours of Operation

Monday—Friday
9am to 1pm

Contact

Phone: (252) 916-7424
Fax: (252) 744-6311
Email: pwr@ecu.edu

Location

ECU Health Sciences Bldg.
Intersection of West 5th St.
and
MacGregor Downs Rd.
Greenville, NC

PWR Website

www.ecu.edu/rehb/pwr.cfm