

## Vita of M.A. Stebnicki

**I. Personal**

Mark A. Stebnicki  
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**II. Education**

**Ph.D.** Doctor of Rehabilitation Counseling. Southern Illinois University, Carbondale, IL (August 1992 to May 1995).

**M.S.** Rehabilitation Counseling & Rehabilitation Administration. Rehabilitation Institute, Southern Illinois University, Carbondale, IL (June 1982 to December 1983).

**B.S.** Speech Communications. Southern Illinois University, Carbondale, IL (September 1974 to December 1977).

**Title of Doctoral Dissertation:** Instrument Development to Assess Perceived Helpfulness of Post-Practica Supervisees.

**Professional Certifications:** Certified Rehabilitation Counselor (CRC)- Certified by the Commission on Rehabilitation Counselor Certification. (Certificate No. 29268)

Licensed Professional Counselor (LPC)- Licensed by North Carolina Board of Licensed Professional Counselors. (License No. 3468)

Certified Case Manager (CCM)- Certified by the Commission on Rehabilitation Counselor Certification. (Cert. No. 11685)

Certificate of Achievement- National Organization for Victim Assistance (NOVA) Crisis Response Team. (July 1998)

Reiki Master-Master (Usui Reiki Ryoho tradition)

### **III. Professional**

#### **A. Academic**

**Professor, Program Director of CORE-Accredited Masters Program in Rehabilitation Counseling, Department of Rehabilitation Studies, East Carolina University- Greenville, NC (August 1999 to October 2011).**

Program Director for masters in rehabilitation counseling program (11 faculty; approx. 65 students). Courses taught (primarily graduate level) include: Intro to Counseling and Rehabilitation, Occupational Analysis & Career Counseling, Medical and Psychosocial Aspects of Chronic Illness and Disability, Counseling Pre-practicum, Clinical Supervision of Practicum and Internship, Multicultural Counseling, Clinical Supervision (Ph.D.-level seminar), and Seminar in Rehabilitation. Duties also include chairperson for student research and dissertations and Coordinator of ECU's Council on Rehabilitation Counselor Education (CORE) accredited Rehabilitation Counseling program.

**Assistant Professor, Program Coordinator of CORE-Accredited Masters Program in Rehabilitation Counseling, Department of Psychology & Counseling, Arkansas State University (August 1995 to July 1999).**

Program Coordination CORE-accredited program MRC Program (two faculty; approx. 50 students). Courses taught include: Rehabilitation Counseling Practicum/Internship, Psychosocial Aspects of Disability, Introduction to Rehabilitation, Case Management, Vocational Rehabilitation Services, and Alcohol and Substance Abuse Treatment.

**Doctoral Graduate Teaching Assistant, Rehabilitation Institute, SIU-C (Fall 1992 to Spring 1994).**

Courses taught include: Empathy/Interpersonal Skills Pre-Practicum Lab. Provided both group and individual clinical supervision for masters-level practicum and internship counselors-in-training. Presented a variety of special topics as a guest lecturer.

**Doctoral Graduate Research Assistant, Rehabilitation Institute, SIU-C (Fall 1993-Spring 94).**

Research and development of written materials for multicultural counselor training. Materials developed for training state vocational rehabilitation counselors to increase their awareness, knowledge, and skills in working with clients from culturally diverse backgrounds.

**Counselor - Clinical Center, SIU-C (Summer 1993 to Spring 1995).**

Provided individual counseling services to persons in a university-based clinical setting.

**Research and Development of Materials for Hospice Care Training.**

Developed trainer's manual and other materials for hospice care volunteers. (Fall 1983).

## **B. Professional (non-academic) Experience**

### ***Psychotherapist- Comprehensive Medical Associations, Southport, NC***

(Jan. 2010 to April 2011)

Provide psychotherapeutic services to adults with mental health conditions such as depression, anxiety, acute and traumatic stress, adjustment disorders, marital/couples, work-related stress, as well as other significant life-adjustment issues.

### ***Staff Privileges- Doshier Memorial Hospital, Southport, NC*** (Sept. 2010 to Sept. 2011)

***Private Psychotherapy Practices***- Wilmington, NC (2009-2011); Therapeutic Services and East Coast Counseling- Greenville, NC (2000-2009); Psychological Services- Jonesboro, AR (1996-99).

***Forensic Rehabilitation Consultant*** (1996- present)- provide vocational expert testimony for Office of Disability Adjudication & Review (ODAR) of the Social Security Administration. Provide vocational analysis for claimant attorneys on worker compensation cases.

***Reiki (Level III-Master Usui Reiki Ryoho tradition)*** (2006 to present)- Provide Reiki treatment for persons with chronic health and stress-related conditions.

### ***Guardianship Regional Supervisor and Case Manager. Illinois Guardianship & Advocacy Commission - Carbondale Regional Office (March 1985 to August 1992)***

Case management, counseling, mental capacity evaluation, and advocacy for adults with disabilities living in long-term care facilities and independent-living settings. Served as court-appointed guardian for adults adjudicated disabled by the courts (wards of the state) in the Southern Illinois region. Acted as key member of interdisciplinary team, assisting in program development, providing substitute decision-making and informed consent for court-appointed wards.

### ***Team Manager. Premiercare Neurorehabilitation Program of Bethesda General Hospital - St. Louis, MO. (May 1989 to August 1989).***

Liaison between treatment team, families, and insurance companies in an acute care neuro-rehabilitation unit serving adults with traumatic brain injuries, stroke, and other neurological impairments. Responsibilities included family support, counseling, and case management services for patients.

### ***Alcohol and Substance Abuse Counselor. Mental Health Services of Franklin-Williamson Counties - Marion, IL. (July 1984 to February 1985).***

Provided individual, group, and family counseling for adults with alcohol and substance abuse problems in an out-patient setting.

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***Substance Abuse Counselor, Carbondale, IL. (Masters Internship - Fall 1983).***

Individual and group substance abuse counseling in a residential treatment facility for adolescents.

***Behavioral Program Specialist. Ray Graham Association- Specialized Living Center, Addison, IL) (March 1981- June 1982)***

Developed behavioral, independent living skills, interpersonal, and socialization programs for adults with developmental and psychiatric disabilities. Trained direct-care staff on program implementation. Assumed administrative duties.

**IV. Conference, Seminar and Workshop Presentations**

Stebnicki, M. A. (February 2012). The Role of Mind, Body, and Spirit in Treating Chronic Illness and Disability. Foundations of Breathing, Meditation, and Visualization. Naval Hospital Substance Abuse Rehabilitation Program (SARP)- Camp Lejeune, NC.

Stebnicki, M.A. (May, 2011). Foundations of mind, body, and spirit. East Carolina University Joyner Library Faculty Development workshop. Greenville, NC.

Stebnicki, M.A. (February, 2011). Building Stress Resiliency through Mind-Body Medicine. Diabetes Education Group of Brunswick County- Doshier Memorial Hospital. Southport, NC.

Stebnicki, M.A. (April, 2010). From Empathy Fatigue to Empathy Resiliency. Presentation given at the 2010 Annual Eastern Region AHEC Adult Services Conference related to Current Issues in Adult Mental Health. Greenville, NC.

Stebnicki, M.A. (December, 2009). Empathy Fatigue: Healing the Mind, Body, and Spirit of Professional Helpers. Workshop provided at the Indiana Youth Institute Annual Conference. Indianapolis, IN.

Stebnicki, M.A. (December, 2009). The Identification, Early Intervention, Prevention and Preparation Program for youth at risk. Workshop provided at the Indiana Youth Institute Annual Conference. Indianapolis, IN.

Stebnicki, M.A. (October, 2009). Empathy fatigue: Healing the mind, body, and spirit of professional helpers. Workshop provided at the Fifth Annual Eastern Region Developmental Disabilities Services Conference. Greenville, NC.

Stebnicki, M.A., & McGrew, M. (August, 2009). From empathy fatigue to empathy resiliency. Four workshop series provided to healthcare and mental health professionals to develop self-care strategies to avoid professional fatigue syndromes such as burnout, compassion, and empathy fatigue. Wilmington, NC.

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Stebnicki, M.A., & Ballis, T. (July, 2009). Disaster mental health response: The North Carolina and American Red Cross model for training and certifying mental health professionals for crisis response. Workshop provided at the North Carolina Foundation for Alcohol and Drug Studies (NCFADS). Wilmington, NC.

Stebnicki, M.A., & Ballis, T. (July, 2009). Disaster mental health response: The North Carolina and American Red Cross model for training and certifying mental health professionals for crisis response. Workshop provided at the Annual North Carolina state chapter of the National Association of Social Workers (NASW). Wilmington, NC.

Stebnicki, M.A. (March, 2009). Empathy Fatigue: Dealing Effectively with the Stress and Grief Reactions of Extraordinary Stressful and Traumatic Events. Presentation made at the annual conference of the American Counseling Association. Charlotte, NC.

Stebnicki, M.A. (February, 2009). Contemporary Issues to Developing Youth Resiliency. Workshop sponsored by Eastern AHEC- given at Albemarle Mental Health Center. Elizabeth City, NC.

Stebnicki, M.A. (October, 2008). Leadership and Practitioners Here, There, and Everywhere. Panel presentation given at the annual North Carolina Chi Sigma Iota pre-conference workshop of the Licensed Professional Counseling Association of North Carolina. Cary, NC.

Stebnicki, M.A. ( March, 2008). The Ethical and Competent Client-Counselor Relationship. Presentation given at the North Carolina Rehabilitation Counselors Association/Vocational Evaluation & Work Adjustment Bi-annual Training Conference. Blowing Rock, NC.

Stebnicki, M.A. (February, 2008). Empathy Fatigue: Implications for Counselor Educators and Supervisors. Presentation given at the National Council on Rehabilitation Education (NCRE) Annual Training Conference. San Antonio, TX.

Stebnicki, M.A. (November, 2007). Empathy Fatigue: Healing the Mind, Body, & Spirit of Professional Helpers. Workshop provided through Eastern AHEC for regional mental health and rehabilitation professionals. Greenville, NC.

Stebnicki, M.A. (October, 2007). Awakening the Mind, Body, and Spirit to Manage Stress: Integrating Cultural Practices as Alternative Self-Care Approaches. Workshop provided through Eastern AHEC for Albemarle Mental Health Center. Elizabeth City, NC.

Stebnicki, M.A. (April, 2007). Reiki as a complementary and alternative approach to traditional stress management techniques. Workshop given at the Professional Association

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for Rehabilitation Counselors (PARC) annual conference. Atlantic Beach, NC.

Stebnicki, M.A., & Massey, C. (February, 2007). Reiki I Certification Training Program. Two-day training provided for Reiki Level I Practitioners. Program provided in conjunction with Japan Center East. East Carolina University, Greenville, NC.

Stebnicki, M.A. (November, 2006). Reiki: A Stress Management and Relaxation Approach. Presentation and Reiki demonstration given for Japan Center East at Wellness Japan 2006 Conference. East Carolina University, Greenville, NC.

Stebnicki, M.A. (October, 2006). Empathy Fatigue: Healing the Mind, Body, and Spirit of Rehabilitation Professionals. Presentation given at the Annual Conference of the National Rehabilitation Counseling Association. Albuquerque, NM

Stebnicki, M.A. (October, 2006). Empathy Fatigue: Healing the Mind, Body, and Spirit of Professional Counselors. Presentation made at the 9<sup>th</sup> Annual Licensed Professional Counseling Association of North Carolina. Greensboro, NC.

Stebnicki, M.A. (September, 2006). Youth at Risk: Foundations of Adolescent Mental Health and Resiliency. Week-long seminar provided to the North Carolina Center for the Advancement of Teaching (NCCAT). Cullowhee, NC

Stebnicki, M.A. (January, 2006). The Disaster Mental Health Plan for North Carolina. Presentation given at the North Carolina LPCANC Luncheon, Greenville, NC.

Stebnicki, M.A. (January, 2006). Addressing Barriers to Learning: Youth Resiliency and Risk Factors, Crisis Intervention, and Follow-up Support. Presented one-day certification training workshop as part of Eastern AHEC's School Mental Health Project grant. Wilmington, NC.

Stebnicki, M.A. (October, 2005). Moderator for Panel Discussion on ACA's 2005 Revised Code of Ethics. Panel discussion group held at the Annual Licensed Professional Counseling Association of North Carolina (LPCANC) Conference. Greensboro, NC

Stebnicki, M.A. (September, 2005). Disaster Mental Health Interventions: A Crisis Response Plan for North Carolina. Presentation made at the Annual Licensed Professional Counseling Association of North Carolina (LPCANC) Conference. Greensboro, NC.

Stebnicki, M.A. (September, 2005). Red Cross Disaster Mental Health Training. Presented a day-long workshop to certify licensed counselors and psychologists for the Red Cross & North Carolina Psychological Association Mental Health Disaster Response Network. Greenville, NC.

Stebnicki, M.A. & John Anema (April, 2005). Acute traumatic stress debriefing.

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Presentation made at the Professional Association of Rehabilitation Counselors (PARC) Conference. Pine Knoll Shores, NC.

Stebnicki, M.A. (February, 2005). Addressing Barriers to Learning: Youth resiliency and risk factors, crisis intervention, and follow-up support. Presented one-day certification training workshop as part of Eastern AHEC's School Mental Health Project grant. Raleigh and Asheville, NC.

Stebnicki, M.A. (October, 2004). Counseling disconnected youth: The IEPP approach. Workshop presentation at the annual training conference of the Licensed Professional Counselors Association of North Carolina (LPCANC). Chapel Hill, NC.

Stebnicki, M.A. (September, 2004). Private counseling, mental health privatization, and mental health policy. Panel discussion group for North Carolina Professional Association of Rehabilitation Counselors (PARC). Atlantic Beach, NC.

Stebnicki, M.A. (March, 2004). Resiliency and risk factors, crisis intervention and follow-up support: Addressing barriers to learning. Full-day workshop provided as part of the School Mental Health Project certificate program. Eastern AHEC, Greenville, NC.

Stebnicki, M.A. & Anema, J. (October, 2002). The role of the mind, body, and spirit in healing, chronic illness, and disability: A solution focus approach. Presentation made at the Licensed Professional Counselors Association of North Carolina (LPCANC). Wilmington, NC.

Stebnicki, M.A. (March, 2002). Youth at risk: Dealing with issues of anger management, bullying, and peer relationships. Presentation made at the Pitt County Alliance for Youth Mini-Summit. Boys and Girls Club, Greenville, NC

Stebnicki, M.A. (March 2002). Youth at risk: The Identification, Early Intervention, Prevention, and Preparation (IEPP) Program. Workshop given at the American Counseling Association's Annual Conference. New Orleans.

Stebnicki, M.A. (February, 2002). Youth at risk: The Identification, Early Intervention, Prevention, and Preparation (IEPP) Program. Presentation made at the North Carolina Counseling Association's Annual Conference. Greensboro, NC

Stebnicki, M.A. (November, 2001). Youth at risk: The Identification, Early Intervention, Prevention, and Preparation (IEPP) Program. Presentation made at the Governor's One-on-One Eastern Regional Meeting. Washington Civic Center, Washington, NC.

Stebnicki, M.A. (October, 2001). The psychosocial impact on survivors of extraordinary stressful and traumatic events: Principles and practices for LPCs. Presentation made at the Licensed Professional Counselors Association of North Carolina (LPCANC) Annual Conference. Raleigh-Research Triangle Park, NC.

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Stebnicki, M.A. (September, 2001). Youth at-risk: A complementary prevention approach for middle & high Schools. The Identification-Early Intervention-Prevention-Preparation (IEPP) Program. Presentation made at the North Carolina Professional Association of Rehabilitation Counselors (PARC) Conference. Pine Knoll Shores, NC.

Stebnicki, M.A. (March, 2001). Empathy fatigue: The helper's response to extraordinary stressful and traumatic events. Presentation made at the American Counseling Association's Annual World Conference. San Antonio, TX.

Stebnicki, M.A. (March, 2001). Critical incident stress debriefing: The treatment of choice for dealing with extraordinary stressful and traumatic events. Workshop given at the Professional Association of Rehabilitation Counselors (PARC) State Annual Training Conference. Shell Island Resort, Wrightsville Beach, NC.

Stebnicki, M.A. (February, 2001). Psychosocial aspects of disability: Issues in compliance, medication, and family dynamics. Panel Moderator for Dr. Donna Falvo-Rehabilitation Studies Annual Symposium. School of Allied Health Sciences- ECU campus.

Stebnicki, M.A. (October, 2000). The psychosocial impact of occupational stress and critical incidents in workplace violence: New directions for rehabilitation professionals. Presentation made at the North Carolina Rehabilitation Counseling Association(NCRCA)-North Carolina Vocational Evaluation & Work Adjustment Association (NCVEWAA) Alliance Conference. Ramada Inn, Atlantic Beach, NC.

Stebnicki, M.A., & Bager, N. (October, 2000). The "person-first" language in job interviewing and the employment rights of persons with disabilities pursuant to Title I of ADA. Keynote address presented to Human Resource Personnel at Pitt County Committee on the Employment of Persons with Disabilities. AHEC Conference Center, Greenville, NC.

Stebnicki, M.A. (August, 2000). How to evaluate and manage your emotional health needs. Workshop provided at the Annual Farmworker Health Outreach sponsored by the North Carolina Department of Health and Human Services- Office of Research, Demonstrations, and Rural Health Development- in conjunction with Eastern AHEC. Trinity Center, Salter Path, NC.

Glover, N.M., & Stebnicki, M.A. (March, 2000). Supervision by email in rehabilitation counseling: A qualitative study. Poster Presentation made at the American Counseling Association's World Conference. Washington, D.C.

Stebnicki, M.A. (January, 2000). Community conversations on youth and violence: Advice from the experts. Panel Presentation given live on GTV Cable Channel 9 serving Eastern North Carolina, Sponsored by the League of Women Voters of Pitt County. Greenville, NC

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Stebnicki, M.A. (December, 1999). Key note speaker, Rho Omega Chapter of Chi Sigma Iota. "Empathy fatigue in the counseling profession".

Stebnicki, M.A. (December, 1999) Forming community support groups in response to extended stressful and traumatic events. Regional Presentation made to Eastern North Carolina Department of Social Services Professionals. Trenton, NC

Stebnicki, M.A. (October, 1999) The psychosocial response to extraordinary stressful and traumatic events. Regional Presentation made to the Eastern Area Health Education Center (AHEC). Greenville, NC.

Stebnicki, M.A. (April, 1999). Psychosocial adjustment and adaptation to trauma and disability. Presentation made at the American Counseling Association's World Conference. San Diego.

Stebnicki, M.A. (April, 1999). ARCA graduate student paper presentations. Moderator for American Rehabilitation Counseling Association's Graduate Student Paper Presentations. San Diego, CA.

Stebnicki, M.A. (March, 1999). Grief reactions among rehabilitation professionals: Dealing effectively with empathy fatigue. Presentation made at the NRCA/ARCA Alliance Annual training Conference. Dallas, TX.

Stebnicki, M.A. (February, 1999). Group crisis intervention: Techniques and dynamics for group facilitators Using the NOVA Model. Northeast Arkansas Regional Workshop given in conjunction with Craighead County Crisis Response Team. Jonesboro, AR

Stebnicki, M.A., & Glenn, E. (November, 1998). College students with disabilities: A national look at disability awareness, accessibility, and accommodation within the university community. Presentation made at the National Rehabilitation Association's Annual Training Conference. Orlando, FL

Marini, I., Clem, B., & Stebnicki, M.A. (November, 1998). The return to work initiative for claimants on Social Security: Claimant characteristics and implications for rehabilitation professionals. Presentation made at the National Rehabilitation Association's Annual Training Conference. Orlando, FL

Stebnicki, M.A., Holmes, D., & Bankston Bailey, G. (July, 1998). Children's reactions to trauma and crisis response team/intervention. Panel presentation made at the National Organization for Victim Assistance (NOVA) National Training Conference. Minneapolis, MN.

Stebnicki, M.A., & Herbert, J.T. (March, 1998). Rehabilitation counselor supervision:

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Where have we been and where are we going? Presentation made at the National Council on Rehabilitation Education Conference. Vancouver, WA.

Stebnicki, M.A. (November, 1997). Behavioral interventions for adults with developmental and psychiatric disabilities: A holistic approach. Workshop presentation for Quarterly Training Workshop of Abilities Unlimited, Inc., Jonesboro, AR.

Stebnicki, M.A. (April, 1997). Clinical supervision in rehabilitation counseling. Panel Presentation made at the American Counseling Association's World Conference: American Rehabilitation Counseling Association's Forum on Rehabilitation Counseling Research and Practice. Orlando, Florida.

Stebnicki, M.A., & Marini, I. (March, 1997). Physiological and psychosocial correlates of SSA claimants: Implications for rehabilitation counselors and other rehabilitation professionals. Presentation made at the Annual Professional Development Symposium of the National and American Rehabilitation Counseling Association. Tampa, FL.

Stebnicki, M.A., & Patterson, P. (October, 1996). A functional assessment approach for evaluating decision making capacity among persons with disabilities: guidelines for providers of rehabilitation services. Presentation made at the Annual Symposium of the National Guardianship Association. Detroit, MI.

Stebnicki, M.A. (May, 1996). Arkansas State University's MRC Program: Past, present, and future. Presentation made to Annual Board meeting of the Arkansas Rehabilitation Services Association (ARA) during the Annual ArRCA Conference. Hot Springs.

Stebnicki, M.A. (March, 1996). Overcoming cultural tunnel vision and challenging stereotypical beliefs of persons with disabilities. Paper presentation made at the Annual Disability Awareness Symposium, Arkansas State University, Jonesboro, AR.

Stebnicki, M.A. (March, 1996). A functional assessment approach for determining client competency and rehabilitation treatment decision making: Guidelines for rehabilitation professionals. Paper presented at the Annual Professional Development Symposium of the National and American Rehabilitation Counseling Association. Little Rock, AR.

Stebnicki, M.A., & Janikowski, T.P. (March, 1995). Clinical supervision among rehabilitation counselor practica trainees: Supervisory behaviors perceived to be most helpful. Paper presented at the Annual Professional Development Symposium of the National and American Rehabilitation Counseling Association. Tucson, AZ.

Stebnicki, M.A. (October, 1993). Ethical dilemmas in adult guardianship and substitute decision-making: Considerations for rehabilitation professionals. Paper presented at the National Rehabilitation Counseling Association's Student Symposium at the Annual Training Conference of the National Rehabilitation Association, Atlanta, GA.

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Stebnicki, M.A. (November, 1990). Adult guardianship: Considerations and alternatives to hospitalization. Paper presented at Illinois Department of Mental Health Annual Training Conference - Southern Illinois Region, Choate Mental Health & Developmental Center, Anna, IL.

## V. Publications

### A. Books

Marini, I., & Stebnicki, M.A. (2012). *The psychological and social impact of illness and disability*. (6<sup>th</sup> ed.). New York: Springer Publishing.

Stebnicki, M.A. (2010). *Empathy fatigue: Healing the mind, body, and spirit of professional counselors*. Korean translation by Hakjisa Publisher, South Korea.

Marini, I., & Stebnicki, M.A. (January, 2009). *The professional counselors' desk reference*. New York: Springer Publishing Company.

Stebnicki, M.A. (May, 2008). *Empathy fatigue: Healing the mind, body, and spirit of professional counselors*. New York: Springer Publishing Company.

Stebnicki, M.A. (January, 2008). *What is adolescent wellness? Helping disconnected and at-risk youth to become whole*. New York: The Edwin Mellen Press.

Stebnicki, M.A. (2005). *Youth at risk: Foundations of adolescent mental health and resiliency*. Greenville, NC: ECU and author.

### B. Book Chapters

Stebnicki, M.A. (2012). The psychosocial impact of empathy fatigue on professional helpers. In I. Marini & M. Stebnicki (Eds.) *The psychological and social impact of illness and disability*. (6<sup>th</sup> ed.) New York: Springer Publishing.

Stebnicki, M. A. (2012). Counseling. In D. R. Maki & V. Tarvydas (Eds.) *The Professional Practice of Rehabilitation Counseling*. New York: Springer Publishing.

Stebnicki, M. A. (2011). Multiple chapter contributions and consultant reviewer in G. Corey, M. Schneider Corey, & P. Callanan (Eds.) *Issues and ethics in the helping profession* (8<sup>th</sup> ed.). Belmont, CA: Brookes/Cole.

Stebnicki, M.A. (2011). Multiple chapter contributions and consultant reviewer in M. Corey & G. Corey (Eds.) *Becoming a helper* (6<sup>th</sup> ed.). Belmont, CA: Brookes/Cole.

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Stebnicki, M. A. (2009). Empathy Fatigue: Assessing Risk Factors and Cultivating Self-Care. In I. Marini & M. Stebnicki (Eds.) *The Professional Counselors' Desk Reference*. New York: Springer Publishing.

Stebnicki, M. A. (2009). Empathy Fatigue in the Counseling Profession. In I. Marini & M. Stebnicki (Eds.) *The Professional Counselors' Desk Reference*. New York: Springer Publishing.

Stebnicki, M. A. (2009). Disaster Mental Health Response and Stress Debriefing. In I. Marini & M. Stebnicki (Eds.), *The Professional Counselors' Desk Reference*. New York: Springer.

### C. Peer-reviewed Journal Articles

Stebnicki, M. A. (2008). A call for integral approaches in the professional identity of rehabilitation counseling: Three specialty areas, one profession. A joint special issue in *Rehabilitation Counseling Bulletin and Journal of Applied Rehabilitation Counseling*. *Journal of Applied Rehabilitation Counseling*, 39(4), 64-68.

Stebnicki, M.A. (2008). A content analysis of multicultural counseling syllabi from rehabilitation counseling programs. *Rehabilitation Education*, 22 (2), 89-99.

Stebnicki, M.A. (2007). Empathy fatigue: Healing the mind, body, and spirit of professional counselors. *American Journal of Psychiatric Rehabilitation*, 10(4), 317-338.

Stebnicki, M.A. (2006) Integrating spirituality in rehabilitation counselor supervision. *Rehabilitation Education*, 20(2), 115-132.

Riggart, T.F., Crimando, W., Flowers, C.R., Stebnicki, M.A., Porter, D., & Etzbach, C. (2005). Rehabilitation counselors working as administrators: A 20-year follow-up. *Journal of Applied Rehabilitation Counseling*, 36(3), 11-15.

Glover, N.M., & Stebnicki, M.A. (2002). Using email for clinical supervision in practicum: A qualitative analysis. *The Journal of Rehabilitation*, 68(3), 41-49.

Stebnicki, M.A. & Glover, N. M. (2001). E-Supervision in rehabilitation counseling: Problems and solutions. *Rehabilitation Education*, 15(3), 283-293.

Stebnicki, M.A. (2001). The psychosocial impact on survivors of extraordinary stressful and traumatic events: Principles and practices in critical incident response for rehabilitation counselors. *New Directions in Rehabilitation*, 12(6), 57-72.

Harley, D.A., Stebnicki, M.A., & Rollins, C. (2001) . Applying empowerment evaluation as a tool for self-improvement and community development with culturally diverse populations. *The Journal of the Community Development Society*, 31(2), 34-38. {Special

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## Issue on Community Development Practice for Diverse Populations }

- Stebnicki, M.A. (2000). Stress and grief reactions among rehabilitation professionals: Dealing effectively with empathy fatigue. *Journal of Rehabilitation*, 66(1), 23-29.
- Marini, I., & Stebnicki, M.A. (1999). Social Security Administration's alternative provider program: What can rehabilitation administrators expect? *Rehabilitation Administration*, 23(1), 31-41.
- Stebnicki, M.A., Rubin, S.E., Rollins, C., & Turner, T. N. (1999). A holistic approach to multicultural rehabilitation counseling. *Journal of Applied Rehabilitation Counseling*, 30(2), 3-6.
- Stebnicki, M.A. (1998). Clinical supervision in rehabilitation counseling. *Rehabilitation Education*, 12(2), 137-159.
- Stebnicki, M.A., Sibrava, M, Rice-Mason, J. (1998). Disability awareness activities on college campuses: A national study of campuses with undergraduate and graduate programs in rehabilitation counseling. *Journal of Applied Rehabilitation Counseling*, 29(2), 30-34.
- Stebnicki, M.A. (1997). A conceptual framework for utilizing a functional assessment approach for determining mental capacity: A new look at informed consent in rehabilitation. *Journal of Rehabilitation*, 63(4), 32-37.
- Stebnicki, M.A., Allen, H.A., & Janikowski, T.P. (1997). Development of an instrument to assess perceived helpfulness of clinical supervisory behaviors among rehabilitation counselor post-practicum supervisees. *Rehabilitation Education*, 11(4), 307-322.
- Stebnicki, M.A. (1997). Ethical dilemmas in adult guardianship: Guardian angel or anti-angel? *National Guardian*, 10(3), 1-3. {Invited article for the official journal of the National Guardianship Association }
- Billips, K., Marini, I., Stebnicki, M.A., & Slate, J. (1997). Substance abusers' perceptions of factors related to 30-day in-patient rehabilitation treatment programs. *Journal of Applied Rehabilitation Counseling*, 28(1), 42-46.
- Beck, R., Janikowski, T.P., & Stebnicki, M.A. (1996). Doctoral dissertation research in rehabilitation: 1992-1993. *Rehabilitation Counseling Bulletin*, 39(3), 165-188.
- Allen, H.A., Stebnicki, M.A., & Torkelson-Lynch, R. (1995). Training clinical supervisors in rehabilitation: A conceptual model for training doctoral-level supervisors. *Rehabilitation Counseling Bulletin*, 38(4), 307-317.

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Stebnicki, M.A. (1994). Ethical dilemmas in adult guardianship and substitute decision-making: Considerations for rehabilitation professionals. *Journal of Rehabilitation*, 60(2), 23-27.

Beck, R., Janikowski, T.P., & Stebnicki, M.A. (1994). Doctoral dissertation research in rehabilitation: 1990-1991. *Rehabilitation Counseling Bulletin*, 38(1), 2-26.

#### D. Other Articles

Stebnicki, M.A. (April, 2004). Integrating spiritual practices in counseling. Licensed Professional Counseling Association of North Carolina (LPCANC) newsletter *Professional Ties*. Available online <http://www.lpcanc.org/news/newsletter7.mgi> .

Stebnicki, M.A. (March 2003). Guidelines for coping with the stress and anxiety of terrorism and war. {ECU on-line article published on Department of Rehab Studies and School of Allied Health web pages <http://www.ecu.edu/rehb/anxietyofwar.htm>

Stebnicki, M.A. (February 2003). The deculturation of America: Are we really culturally diverse? *The Connect*. {ECU on-line diversity newsletter article published by the School of Allied Health Sciences [www.ecu.edu/ah/diversity.htm](http://www.ecu.edu/ah/diversity.htm)}.

Stebnicki, M.A. (October, 2001). The psychological response to terrorism as an extraordinary stressful and traumatic life-event: Coping with the traumatic stressors. <http://www.ecu.edu/rehb/terrorcoping.htm> {on-line material distributed to ECU faculty, staff, and students}. East Carolina University, Greenville, NC.

Stebnicki, M.A. (September, 2000). The psychological preparation for extraordinary stressful and traumatic events. *Office of Environmental Health and Safety* {Web Page for Hurricane preparedness: <http://www.ecu.edu/oehs/emergency/anxiety.ht>}. East Carolina University, Greenville, NC.

Stebnicki, M.A. (May, 2000). Providing counseling and mental health services with the culturally different. *The Connect*, 1, 5. {A newsletter from ECU's School of Allied Health Services Task Force on Diversity}

#### E. Monographs

Stebnicki, M.A. (1993). *Advocacy and rights issues for person with disabilities living in long-term care facilities: A resource manual for persons on human rights committees*. Unpublished monograph for Human Rights Authority Program of the Illinois Guardianship & Advocacy Comm.

Stebnicki, M.A. (1983). *Microcounseling as a training paradigm for volunteers in crisis intervention hotline centers*. Unpublished monograph for Jackson County Community Mental Health Center's Network (Hotline) Program.

## **F. Other Creative Research Activities**

Stebnicki, M.A. (August 2003) Addressing Barriers to Learning: Youth Residency, Risk Factors, Crisis Intervention, and Follow-up Support. Online curriculum and faculty presenter for Eastern Area Health Education Center's (AHEC- Eastern NC) School Mental Health Project.

## **VI. Memberships in Professional Organizations**

National Council on Rehabilitation Education (NCRE)  
 American Counseling Association (ACA)  
 American Rehabilitation Counseling Association (ARCA)  
 Professional Association for Rehabilitation Counselors (PARC)  
 Licensed Professional Counselors Association of North Carolina (LPCANC)  
 North Carolina Rehabilitation Association (NCRA)  
 North Carolina Rehabilitation Counseling Association (NCRCA)

## **VII. Awards and Grants**

Dean's award for Outstanding Performance in Service. College of Allied Health Sciences. East Carolina University (August, 2008).

Bronze Medal award for publication of books. Laupus Health Science Library, East Carolina University. (April 2008).

Licensed Professional Counseling Association of North Carolina (LPCANC) Leadership and Service Award (September 2005).

American Rehabilitation Counseling Association (ARCA) Professional Service Award (March 2005)

American Counseling Association Foundation (ACAF) Youth Violence Prevention Grant (Grant awarded for the IEPP Program for its vision and excellence in the area of youth violence prevention, September, 2001).

Certificate of Recognition by the Office of Attorney General, Mark Prior, Arkansas- for leadership in the State of Arkansas Crisis Response Team (February, 1999).

Second Place in NRCA's Doctoral Student Research Paper Scholarship Awards Competition. Award presented 1993 at the Annual Training Conference of the National Rehabilitation Association, Atlanta, GA.

## Vita of M.A. Stebnicki

Dissertation Research Award (1994) received by Southern Illinois University-Carbondale.

Dissertation Research Grant (1994) received by Center for Rural Health & Social Service Development, Office of Economic and Regional Development, SIU-C.

## VIII. Committees and Professional Service

### Editorial Boards

Editorial Board for *Rehabilitation Education* (April 1998 to present).

Editorial Consultant Board for *Journal of Applied Rehabilitation Counseling (JARC)* (February 1996-2004).

### Service to the Professional

Council on Rehabilitation Education (CORE) Board member (2007-2012).

Council on Rehabilitation Education (CORE) Graduate Self Study Documentation Subcommittee member (2011- present).

Commissioner- Commission on Rehabilitation Counselor Certification (CRCC) (2007-08).

American Rehabilitation Counseling Association, Chair, Rehab Counselor of the Year Awards Committee (2006-2007).

Disaster Mental Health Task Force/Trainer, NC Psychological Association (2006-present).

Licensed Professional Counseling Association of North Carolina (LPCANC) Board member (2003-2005).

American Rehabilitation Counseling Association (ARCA) Board Member, Executive Council Chair, Public Relations and Awareness (2001-2005).

President, Rehabilitation Counseling Division of Professional Association of Rehabilitation Counselors (PARC) (August 1999 to present).

NC AHEC State Advisory Panel for School Mental Health Project (2003-present).

American Rehabilitation Counseling Association (ARCA) Representative, Conference Program Coordinator for ACA World Conference, San Antonio (2000-2001).

## Vita of M.A. Stebnicki

American Rehabilitation Counseling Association (ARCA) Representative, Conference Coordinator for ACA World Training Conference, San Diego (1998-99).

ARCA/NRCA Alliance Chair for Distinguished Career Award for the Advancement of the Profession of Rehabilitation Counseling (1999-2000).

ARCA Awards Committee, Chair for Rehabilitation Counselor of the Year Award (1998-99).

ARCA/NRCA Alliance Committee, Co-Chair for Rehabilitation Counselor of the Year Award (1998-99); Committee Chair for 1999-2000.

ARCA, Chair, Rehabilitation Counselor of the Year Award Committee (1997-98).

ARCA, Chair, Exemplary Rehabilitation Service Award Committee (1996-97).

NRCA Judge for Student Research Paper Scholarship Awards Competition (NRCA Annual Symposiums, March 1996 and March 1997).

### **Community Service**

Emergency Referral Protocol Development Subcommittee-through the Jakes Team, Eastern Carolina Injury Prevention Program (February 2001 to 2002)

Board of Directors (Vice-President). Abilities Unlimited, Inc., Jonesboro, AR (February 1997 to August 1999).

Ethics Committee- St. Bernards Behavioral Health Psychiatric/Substance Abuse Hospital, Jonesboro, AR (December 1995 to August 1999).

Task Force Committee on Patient Rights and Organizational Ethics- St. Bernards Behavioral Health (January 1996 to May 1996).

Advisory Board for the Wesley Senior Ministries Retirement Community, Jonesboro, AR (Co-Chair, March 1998 to August 1999)

ADA Roundtable Campaign and Interest Group Committee- Jonesboro, AR (May 1996 to August 1999).

Craighead County Crisis Response Team (crisis response team formed due to Westside School shootings, Jonesboro, AR) (March 24, 1998 to August 1999)

Arkansas State-Wide Planning Committee for State Crisis Response Team (Oct. '98 to August99)

## Vita of M.A. Stebnicki

Family Service Center Team MacAurther Middle School (September 1998 to August 1999).

Volunteer Counselor- Mission Outreach {Homeless Shelter}, Jonesboro, AR (October 1996 to August 1999).

**University Service**

East Carolina University Behavioral Concerns Committee (May 2011- present)

Disability Parking Committee- East Carolina University (April 2003 to present).

Crisis Intervention and Stress Management Team- East Carolina University (August 1999 to 2005)

Chair, Disability Services Committee- Arkansas State University (August 1995 to July 1999).

**College of Allied Health Sciences Service**

Faculty Council- College of Allied Health Sciences (2004-2007).

Diversity Committee- College of Allied Health Sciences (2002-2005).

Student Faculty Committee- College of Allied Health Sciences (2001-2004).

Summer Ventures (Careers in Health Science) Committee College of Allied Health Sciences (2002 - 2004).

**Department Service**

Chair, Personnel Committee- Department of Rehabilitation Studies (September 2003- present).

Personnel Committee- Department of Health Services and Information Management (August 2006 to present).

Faculty Advisor to Student Rehabilitation Counseling Association- Department of Rehabilitation Studies, (August 1999 to 2005).

Personnel Committee- Department of Physical Therapy (2004-2006).

Masters in Rehabilitation Counseling Degree Committee (Chair), ASU

## Vita of M.A. Stebnicki

(August 1995 to July 1999).

Department of Psychology & Counseling Curriculum Committee (1996 to July 1999).

Departmental Library Budget Committee- Department of Psychology and Counseling,  
ASU

(June 1997 to July 1999).

MRC Program Faculty Search Committee, Chair (September 1996 to August 1997).

Department of Psychology & Counseling Faculty Development Committee (1996-97).

Department of Psychology & Counseling Faculty Awards Committee (1996-97; 1998-99).

Faculty Advisor to Rehabilitation Counseling Student Association, (ASURCA)

(August 1995 to July 1999).