East Carolina University  
College of Health and Human Performance’s Academic Advising Center  
Advising Syllabus

www.ecu.edu/hhp/advising

HOW TO MAKE AN APPOINTMENT:  
Call (252) 328-4645 to schedule an appointment

Main Office:  
Belk Annex, hours are 8:00am-5:00pm Monday-Friday  
(252) 328-4645 phone  
(252) 328-0410 fax

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Administrative Specialist  
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Email: nelsonr@ecu.edu

The College of HHP’s Advising Center and staff serve ECU students who are in the following majors: Exercise Physiology, Health Fitness Specialist, Sports Studies, Physical Education, Public Health Studies: Community Health, Public Health Studies: Pre-Health Professions, Public Health Studies: Worksite Health Promotion, Environmental Health, School Health Education, Athletic Training, Recreational Therapy, and Recreation and Park Management.

ADVISING MISSION/PHILOSOPHY:
The mission of the East Carolina University Academic Advising Collaborative is to guide, serve and support students by partnering with academic departments and support services, to promote diverse educational experiences, and to foster professional success and responsible citizenship. Our philosophy is that advising is a developmental process, which assists students in clarifying their life goals and in identifying opportunities to realize these goals. Although the ultimate responsibility for making decisions about life goals and educational plans rests with the student, the academic advisor is in the unique position of helping the student identify and assess the alternatives and the consequences.

We are committed to:
- Quality service in support of student success.
- Assessment driven practices.
- Theory based advising.
- Promoting engagement for a quality educational experience.

EXPECTATIONS OF STUDENTS:

Your College of HHP Advisor expects you to:

- Know who your advisor is and how to contact him/her.
- Schedule individual advising sessions and/or attend group advising sessions (as required).
- Come prepared to all advising sessions (questions, research, list of courses, etc.).
- Contact advisor if you’re unable to attend advising session (reschedule appointment).
- Follow through with any recommendations or actions discussed in an advising session.
- Communicate any problems, concerns or questions that may arise.
- Be familiar with the online University Catalog, the ECU website and our HHP Academic Advising Center website.
- Check and read thoroughly e-mail on a regular, daily basis.

EXPECTATIONS OF ADVISORS:

You may expect your College of HHP Advisor to:

- Discuss major requirements and assist in the selection of appropriate coursework.
- Provide accurate and timely information.
- Discuss academic goals and ways to meet them.
- Make referrals when necessary (academic, career and personal).
- Be knowledgeable of campus policies and procedures (or be able to find the necessary info).
- Discuss the academic advising process including the roles of the advisor and advisee.
- Be able to listen, understand and respond appropriately to advisees concerns.
- Respect advisees as individuals with different backgrounds and educational/life goals

RECOMMENDED ADVISING RESOURCES TO REVIEW:

Registration Process: http://www.ecu.edu/cs-hhp/advising/reg-process.cfm
Frequently Asked Questions: http://www.ecu.edu/cs-hhp/advising/advising-faq.cfm
Frequently Requested Advising Forms: http://www.ecu.edu/cs-hhp/advising/advising-forms.cfm
Pirate Tutoring Center: http://www.ecu.edu/piratetutoringcenter/

SAFEZONE:
Advisors actively create an open, respectful and supportive environment for all people. We serve students of all abilities, sexual orientations, genders, races, cultures and socio-economic statuses.
<table>
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<tr>
<th>Department of Kinesiology – OBJECTIVES &amp; EXPECTED STUDENT OUTCOMES:</th>
<th>Department of Health Education and Promotion – OBJECTIVES &amp; EXPECTED STUDENT OUTCOMES:</th>
<th>Department of Recreation and Leisure Studies – OBJECTIVES &amp; EXPECTED STUDENT OUTCOMES:</th>
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| **First Year:**  
- Explore your career interests.  
- Explore interests related to academic and career goals, as well as getting acquainted with your campus – get involved!  
- Make sound decisions regarding campus choices.  
- Use multiple resources to maximize your undergraduate experience (advisor, faculty, student orgs, study groups, tutoring, volunteering, etc.)  
- Continue towards your major’s requirements, including passing the Major’s Fitness Test (if applicable) and maintaining the necessary GPA to declare. | **First Year:**  
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- Explore interests related to academic and career goals, as well as getting acquainted with your campus – get involved!  
- Make sound decisions regarding campus choices.  
- Use multiple resources to maximize your undergraduate experience (advisor, faculty, student orgs, study groups, tutoring, volunteering, etc.)  
- Continue towards your major’s requirements, including maintaining the necessary GPA to declare. |
| **Second Year:**  
- Declare in your major (note, you must meet with your advisor to complete this process), for specific major requirements to declare look below:  
  * EXERCISE PHYSIOLOGY - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum and have a cumulative GPA of 2.0 or higher.  
  * HEALTH FITNESS SPECIALIST – must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, and have a cumulative GPA of 2.0 or higher.  
  * SPORTS STUDIES - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum and have a cumulative GPA of 2.0 or higher.  
  * PHYSICAL EDUCATION (teacher prep) - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, documented scores for the PRAXIS I or appropriate SAT/ACT scores, met computer competency requirement and have an ECU cumulative GPA of 2.5 or higher.  
  * SOCIAL EDUCATION - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, documented scores for the PRAXIS I or appropriate SAT/ACT scores, met computer competency requirement and have an ECU cumulative GPA of 2.5 or higher. | **Second Year:**  
- Declare in your major (note, you must meet with your advisor to complete this process), for specific major requirements to declare look below:  
  * ATHLETIC TRAINING – must have completed the candidacy phase of the program, passed ATEP 1800 and 2810/2811 with a C or better, completed a minimum of 180 clinical hours, and have an ECU cumulative GPA of 2.0 or higher. PLEASE NOTE: there is an interview to declare!  
  * P.H.S.: PRE-HEALTH - must have a 2.75 GPA in CHEM 1150/51, CHEM 1160/61, BIOL 1100/01 and BIOL 1200/01 and have a cumulative GPA of 2.0 or higher.  
  * P.H.S.: COMMUNITY HEALTH – must be within 10 sh (32 hours or more completed) of completing your foundation curriculum and have a cumulative GPA of 2.5 or higher.  
  * P.H.S.: WORKSITE HEALTH PROMOTION - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, a 2.5 GPA on ECON 2113, HLTH 2000, and PSYC 3241, and have an ECU cumulative GPA of 2.0 or higher.  
  * ENVIRONMENTAL HEALTH - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed EHST 2110 with a C or better, a cumulative GPA of 2.0 in all 1000 level basic science/math courses, and have a cumulative GPA of 2.0 or higher. | **Second Year:**  
- Declare in your major (note, you must meet with your advisor to complete this process), for specific major requirements to declare look below:  
  * RECREATIONAL THERAPY - must have completed ENGL 1100, ENGL 1200, MATH 1065, & BIOL 2130/31 (or BIOL 2140/41) in required courses; enrolled in RCTX 2230; completed RT Field Work Exploration Hours; and have an ECU cumulative GPA of 2.5 or higher. PLEASE NOTE: there is an application and interview (held only 3 times a year – fall, spring, and summer) to declare!  
  * RECREATION and PARK MANAGEMENT – must have completed 30 or more sh, passed MATH, have a cumulative GPA of 2.0 or higher. |
| **Third Year:**  
- Network with at least three people who work in a field of interest to you.  
- Identify education and/or additional skills you’ll need to attain employment or training in your field (such as graduate school, certifications, summer internships, etc.).  
- Continue towards your major’s requirements.  
- Continue networking.  
- Research employment or graduate school options and start applying.  
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- Network with at least three people who work in a field of interest to you.  
- Identify education and/or additional skills you’ll need to attain employment or training in your field (such as graduate school, certifications, summer internships, etc.).  
- Continue towards your major’s requirements.  
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- Research employment or graduate school options and start applying.  
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- Continue towards your major’s requirements.  
- Continue networking.  
- Research employment or graduate school options and start applying.  
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| **Fourth Year:**  
- Continue networking.  
- Research employment or graduate school options and start applying.  
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