

Advising Syllabus

www.ecu.edu/hhp/advising

Main Office:

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The College of HHP's Advising Center advisors and staff serve ECU students who are intended in the following majors: Exercise Physiology, Health Fitness Specialist, Sports Studies, Physical Education (Teacher Prep), Exercise and Sport Science, Health Education and Promotion: Community Health, Health Education and Promotion: Pre-Health Professions, Health Education and Promotion: Worksite Health, Environmental Health, School Health Education, Athletic Training, Recreation Therapy, and Recreation and Park Management.

ADVISING MISSION/PHILOSOPHY:

The mission of the East Carolina University Academic Advising Collaborative is to guide, serve and support students by partnering with academic departments and support services, to promote diverse educational experiences, and to foster professional success and responsible citizenship. Our philosophy is that advising is a developmental process, which assists students in clarifying their life goals and in developing educational programs to realize these goals. Although the ultimate responsibility for making decisions about life goals and educational plans rests with the student, the academic advisor is in the unique position of helping the student identify and assess the alternatives and the consequences.

EXPECTATIONS OF STUDENTS:

Your College of HHP Advisor expects you to:

- Know who your advisor is and how to contact him/her.
- Schedule individual advising sessions and/or attend group advising sessions (if offered).
- Come prepared to all advising sessions (questions, research, list of courses etc).
- Contact advisor if you're unable to attend advising session (reschedule appointment).
- Follow through with any recommendations or actions discussed in an advising session.
- Communicate any problems, concerns, or questions that may arise.
- Be familiar with the University Catalog and the ECU website.
- Check e-mail on a regular basis.

EXPECTATIONS OF ADVISORS:

You may expect your College of HHP Advisor to:

- Discuss major requirements and assist in the selection of appropriate coursework.
- Provides accurate and timely information.
- Discuss academic goals and ways to meet them.
- Make referrals when necessary (academic, career, and personal).
- Be knowledgeable of campus policies and procedures (or be able to find the necessary info).
- Discuss the academic advising process including the roles of the advisor and advisee.
- Be able to listen, understand, and respond appropriately to advisees concerns.
- Respect advisees as individuals with different backgrounds and educational/life goals.

RECOMMENDED ADVISING RESOURCES TO REVIEW:

Frequently requested Advising Forms: <http://www.ecu.edu/cs-acad/advising/Advising-Forms.cfm>

Pirate Tutoring Center: <http://www.ecu.edu/cs-acad/aa/piracetutoringcenter/index.cfm>

HOW TO MAKE AN APPOINTMENT:

- We prefer that you call (252) 328-4645 to make an appt, but appts may be made online:

1. Go to www.ecu.edu/hhp/advising.
2. Click on 'Schedule an Appointment' (link to the left).
3. Select the appropriate advisor.
4. An online calendar will view. Note the days (Sun.-Sat.) at the top of the page to insure you are scheduling your appt on the appropriate day. Click on the DATE you want your appt (this will take you to another screen).
5. Click on 'Create' (to the left of 'Daily Events...'). You will be taken to another screen to enter information about the appt. We are open Mon. – Fri. 8:00am-5:00pm unless otherwise posted. NO appts on weekends. If you cannot meet during these times, please call us at 328-4645.
6. In the 'Calendar Text' section please include your full name (first and last, no nicknames) and your intended major.
7. Enter the time of the meeting by using the 'Start Time' and 'End Time' drop down boxes. Limit meetings to 30 minutes.
8. In the 'Pop-up Text' section please include a phone number (including area code) that we can reach you by.
9. Once you are done, click the 'Submit' button to complete the appt (or click 'Reset' to start over).
10. Click 'View Calendar' to make sure your appt time is correct (if there is a time conflict, the calendar will not let you submit the appt).
11. You will NOT be able to change your appt date. To change or cancel your appt. you will need to call us at 328-4645.

SAFE ZONE:

Advisors actively create an open, respectful, and supportive environment for all people. We serve students of all abilities, sexual orientations, genders, races, cultures, and socio-economic statuses.

<p>Department of Exercise and Sport Science – OBJECTIVES & EXPECTED STUDENT OUTCOMES:</p> <p>First Year:</p> <ul style="list-style-type: none"> - Explore your career interests. - Explore interests related to academic and career goals, as well as getting acquainted with your campus – get involved! - Make sound decisions regarding campus choices. - Use multiple resources to maximize your undergraduate experience (advisor, faculty, student orgs, study groups, tutoring, volunteering, etc.) - Continue towards your major’s requirements, including passing the Dept of EXSS’s Fitness Test and maintaining the necessary GPA to declare. <p>Second Year:</p> <ul style="list-style-type: none"> - Declare in your major (note, you must meet with both your advisor first and then your major’s program director to complete this process), for specific major requirements to declare look below: <ul style="list-style-type: none"> * EXERCISE PHYSIOLOGY - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, and have an ECU cumulative GPA of 2.0 or higher. * HEALTH FITNESS SPECIALIST – must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, and have an ECU cumulative GPA of 2.0 or higher. * SPORTS STUDIES - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, and have an ECU cumulative GPA of 2.0 or higher. * PHYSICAL EDUCATION (teacher prep) - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, taken the PRAXIS I, met computer competency requirement, a C or better in EXSS 2123, and have an ECU cumulative GPA of 2.5 or higher. * EXERCISE and SPORT SCIENCE - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, and have an ECU cumulative GPA of 2.0 or higher. <p>Third Year:</p> <ul style="list-style-type: none"> - Network with at least three people who work in a field of interest to you. - Identify education and/or additional skills you’ll need to attain employment or training in your field (such as graduate school, certifications, summer internships, etc.). - Continue towards your major’s requirements. <p>Fourth Year:</p> <ul style="list-style-type: none"> - Continue networking. - Research employment or graduate school options and start applying. - Continue towards your major’s requirements. 	<p>Department of Health Education and Promotion – OBJECTIVES & EXPECTED STUDENT OUTCOMES:</p> <p>First Year:</p> <ul style="list-style-type: none"> - Explore your career interests. - Explore interests related to academic and career goals, as well as getting acquainted with your campus – get involved! - Make sound decisions regarding campus choices. - Use multiple resources to maximize your undergraduate experience (advisor, faculty, student orgs, study groups, tutoring, volunteering, etc.) - Continue towards your major’s requirements, including maintaining the necessary GPA to declare. <p>Second Year:</p> <ul style="list-style-type: none"> - Declare in your major (note, you must meet with both your advisor first and then your major’s program director to complete this process), for specific major requirements to declare look below: <ul style="list-style-type: none"> * ATHLETIC TRAINING – must have completed the candidacy phase of the program, passed ATEP 1800 and 2810/2811, completed a minimum 180 clinical hours, and have an ECU cumulative GPA of 2.0 or higher. * HE&P: PRE-HEALTH - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum and have a 2.75 GPA on CHEM 1150/51, CHEM 1160/61, BIOL 1100/01, and BIOL 1200/01 (16 hours). * HE&P: COMMUNITY HEALTH – must be within 10 sh (32 hours or more completed) of completing your foundation curriculum and have an ECU cumulative GPA of 2.5 or higher. * HE&P: WORKSITE HEALTH - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, a 2.5 GPA on EHST 3900, FINA 2244, HLTH 2000, and PSYC 3241, and have an ECU cumulative GPA of 2.0 or higher. * ENVIRONMENTAL HEALTH - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, a C or better in EHST 2110, and have an ECU cumulative GPA of 2.0 or higher. * SCHOOL HEALTH (teacher prep) - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, taken the PRAXIS I, met computer competency requirement, a C or better in HLTH 2123, and have an ECU cumulative GPA of 2.5 or higher. <p>Third Year:</p> <ul style="list-style-type: none"> - Network with at least three people who work in a field of interest to you. - Identify education and/or additional skills you’ll need to attain employment or training in your field (such as graduate school, certifications, summer internships, etc.). - Continue towards your major’s requirements. <p>Fourth Year:</p> <ul style="list-style-type: none"> - Continue networking. - Research employment or graduate school options and start applying. - Continue towards your major’s requirements. 	<p>Department of Recreation and Leisure Studies – OBJECTIVES & EXPECTED STUDENT OUTCOMES:</p> <p>First Year:</p> <ul style="list-style-type: none"> - Explore your career interests. - Explore interests related to academic and career goals, as well as getting acquainted with your campus – get involved! - Make sound decisions regarding campus choices. - Use multiple resources to maximize your undergraduate experience (advisor, faculty, student orgs, study groups, tutoring, volunteering, etc.) - Continue towards your major’s requirements, including maintaining the necessary GPA to declare. <p>Second Year:</p> <ul style="list-style-type: none"> - Declare in your major (note, you must meet with both your advisor first and then your major’s program director to complete this process), for specific major requirements to declare look below: <ul style="list-style-type: none"> * RECREATION THERAPY - must be within 10 sh (32 hours) of completing your foundation curriculum, C or better in both RCLS 2000 and RCTX 2230, and have an ECU cumulative GPA of 2.0 or higher. PLEASE NOTE: there is an application and interview (held 3 times a year – fall, spring, and summer) to declare! * RECREATION and PARK MANAGEMENT – must be within 10 sh (32 hours) of completing your foundation curriculum, C or better in RCLS 2000, and have an ECU cumulative GPA of 2.0 or higher. PLEASE NOTE: there is an application and interview (held throughout the year) to declare! <p>Third Year:</p> <ul style="list-style-type: none"> - Network with at least three people who work in a field of interest to you. - Identify education and/or additional skills you’ll need to attain employment or training in your field (such as graduate school, certifications, summer internships, etc.). - Continue towards your major’s requirements. <p>Fourth Year:</p> <ul style="list-style-type: none"> - Continue networking. - Research employment or graduate school options and start applying. - Continue towards your major’s requirements.
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