

Advising Syllabus

www.ecu.edu/hhp/advising

Main Office:

Belk Annex, hours are 8:00am-5:00pm Monday-Friday
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The College of HHP's Advising Center advisors and staff serve ECU students who are in the following majors: Exercise Physiology, Health Fitness Specialist, Sports Studies, Physical Education (Teacher Prep), Health Education and Promotion: Community Health, Health Education and Promotion: Pre-Health Professions, Health Education and Promotion: Worksite Health, Environmental Health, School Health Education, Athletic Training, Recreation Therapy, and Recreation and Park Management.

ADVISING MISSION/PHILOSOPHY:

The mission of the East Carolina University Academic Advising Collaborative is to guide, serve and support students by partnering with academic departments and support services, to promote diverse educational experiences, and to foster professional success and responsible citizenship. Our philosophy is that advising is a developmental process, which assists students in clarifying their life goals and in developing educational programs to realize these goals. Although the ultimate responsibility for making decisions about life goals and educational plans rests with the student, the academic advisor is in the unique position of helping the student identify and assess the alternatives and the consequences.

EXPECTATIONS OF STUDENTS:

Your College of HHP Advisor expects you to:

- Know who your advisor is and how to contact him/her.
- Schedule individual advising sessions and/or attend group advising sessions (as required).
- Come prepared to all advising sessions (questions, research, list of courses, etc).
- Contact advisor if you're unable to attend advising session (reschedule appointment).
- Follow through with any recommendations or actions discussed in an advising session.
- Communicate any problems, concerns or questions that may arise.
- Be familiar with the online University Catalog and the ECU website.
- Check and read thoroughly e-mail on a regular, daily basis.

EXPECTATIONS OF ADVISORS:

You may expect your College of HHP Advisor to:

- Discuss major requirements and assist in the selection of appropriate coursework.
- Provide accurate and timely information.
- Discuss academic goals and ways to meet them.
- Make referrals when necessary (academic, career and personal).
- Be knowledgeable of campus policies and procedures (or be able to find the necessary info).
- Discuss the academic advising process including the roles of the advisor and advisee.
- Be able to listen, understand and respond appropriately to advisees concerns.
- Respect advisees as individuals with different backgrounds and educational/life goals.

RECOMMENDED ADVISING RESOURCES TO REVIEW:

Frequently Requested Advising Forms: <http://www.ecu.edu/cs-hhp/advising/advisng-forms.cfm>

Pirate Tutoring Center: <http://www.ecu.edu/piratetutoringcenter/>

HOW TO MAKE AN APPOINTMENT:

Students may call (252) 328-4645 to make an appt or schedule one online following the steps below:

1. Go to www.ecu.edu/hhp/advising.
2. Click on 'Appointments' (link to the left).
3. Select the appropriate advisor.
4. An online calendar will view. Note the days (Sun.-Sat.) at the top of the page to insure you are scheduling your appt on the appropriate day. Click on the DATE you want your appt (this will take you to another screen).
5. Click on 'Create' (to the left of 'Daily Events...'). You will be taken to another screen to enter information about the appt. We are open Mon. – Fri. 8:00am-5:00pm unless otherwise posted. NO appts on weekends.
6. In the 'Calendar Text' section please include your full name (first and last, no nicknames) and your intended major.
7. Enter the time of the meeting by using the 'Start Time' and 'End Time' drop down boxes. Limit meetings to 30 minutes.
8. In the 'Pop-up Text' section please include a phone number (including area code) that we can reach you by.
9. Once you are done, click the 'Submit' button to complete the appt (or click 'Reset' to start over).
10. Click 'View Calendar' to make sure your appt time is correct (if there is a time conflict, the calendar will not let you submit the appt).
11. You will NOT be able to change your appt date. To change or cancel your appt, you will need to call us at 328-4645.

SAFE ZONE:

Advisors actively create an open, respectful and supportive environment for all people. We serve students of all abilities, sexual orientations, genders, races, cultures and socio-economic statuses.

<p>Department of Exercise and Sport Science – OBJECTIVES & EXPECTED STUDENT OUTCOMES:</p> <p>First Year:</p> <ul style="list-style-type: none"> - Explore your career interests. - Explore interests related to academic and career goals, as well as getting acquainted with your campus – get involved! - Make sound decisions regarding campus choices. - Use multiple resources to maximize your undergraduate experience (advisor, faculty, student orgs, study groups, tutoring, volunteering, etc.) - Continue towards your major’s requirements, including passing the Dept of EXSS’s Fitness Test and maintaining the necessary GPA to declare. <p>Second Year:</p> <ul style="list-style-type: none"> - Declare in your major (note, you must meet with your advisor to complete this process), for specific major requirements to declare look below: * EXERCISE PHYSIOLOGY - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, and have an ECU cumulative GPA of 2.0 or higher. Students must have passed the following courses with a C or better: BIOL 1100/01, CHEM 1150/51, ENGL 1100, ENGL 1200 and MATH 1065. * HEALTH FITNESS SPECIALIST – must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, and have an ECU cumulative GPA of 2.0 or higher. * SPORTS STUDIES - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum and have an ECU cumulative GPA of 2.0 or higher. * PHYSICAL EDUCATION (teacher prep) - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed the fitness test, documented scores for the PRAXIS I or appropriate SAT/ACT scores, met computer competency requirement and have an ECU cumulative GPA of 2.5 or higher. Students must have a passed EXSS 2123 with a C or better. <p>Third Year:</p> <ul style="list-style-type: none"> - Network with at least three people who work in a field of interest to you. - Identify education and/or additional skills you’ll need to attain employment or training in your field (such as graduate school, certifications, summer internships, etc.). - Continue towards your major’s requirements. <p>Fourth Year:</p> <ul style="list-style-type: none"> - Continue networking. - Research employment or graduate school options and start applying. - Continue towards your major’s requirements. 	<p>Department of Health Education and Promotion – OBJECTIVES & EXPECTED STUDENT OUTCOMES:</p> <p>First Year:</p> <ul style="list-style-type: none"> - Explore your career interests. - Explore interests related to academic and career goals, as well as getting acquainted with your campus – get involved! - Make sound decisions regarding campus choices. - Use multiple resources to maximize your undergraduate experience (advisor, faculty, student orgs, study groups, tutoring, volunteering, etc.) - Continue towards your major’s requirements, including maintaining the necessary GPA to declare. <p>Second Year:</p> <ul style="list-style-type: none"> - Declare in your major (note, you must meet with your advisor to complete this process), for specific major requirements to declare look below: * ATHLETIC TRAINING – must have completed the candidacy phase of the program, passed ATEP 1800 and 2810/2811 with a C or better, completed a minimum of 180 clinical hours, and have an ECU cumulative GPA of 2.0 or higher. PLEASE NOTE: there is an interview to declare! * P.H.S.: PRE-HEALTH - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum and have a 2.75 GPA on CHEM 1150/51, CHEM 1160/61, BIOL 1100/01 and BIOL 1200/01. * P.H.S.: COMMUNITY HEALTH – must be within 10 sh (32 hours or more completed) of completing your foundation curriculum and have an ECU cumulative GPA of 2.5 or higher. * P.H.S.: WORKSITE HEALTH - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, a 2.5 GPA on ECON 2113, HLTH 2000, and PSYC 3241, and have an ECU cumulative GPA of 2.0 or higher. * ENVIRONMENTAL HEALTH - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed EHST 2110 with a C or better, a cumulative GPA of 2.0 in all 1000 level basic science/math courses, and have an ECU cumulative GPA of 2.0 or higher. * SCHOOL HEALTH (teacher prep) - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, documented scores for the PRAXIS I or appropriate SAT/ACT scores, met computer competency requirement, passed HLTH 2123 with a C or better, and have an ECU cumulative GPA of 2.5 or higher. <p>Third Year:</p> <ul style="list-style-type: none"> - Network with at least three people who work in a field of interest to you. - Identify education and/or additional skills you’ll need to attain employment or training in your field (such as graduate school, certifications, summer internships, etc.). - Continue towards your major’s requirements. <p>Fourth Year:</p> <ul style="list-style-type: none"> - Continue networking. - Research employment or graduate school options and start applying. - Continue towards your major’s requirements. 	<p>Department of Recreation and Leisure Studies – OBJECTIVES & EXPECTED STUDENT OUTCOMES:</p> <p>First Year:</p> <ul style="list-style-type: none"> - Explore your career interests. - Explore interests related to academic and career goals, as well as getting acquainted with your campus – get involved! - Make sound decisions regarding campus choices. - Use multiple resources to maximize your undergraduate experience (advisor, faculty, student orgs, study groups, tutoring, volunteering, etc.) - Continue towards your major’s requirements, including maintaining the necessary GPA to declare. <p>Second Year:</p> <ul style="list-style-type: none"> - Declare in your major (note, you must meet with your advisor to complete this process), for specific major requirements to declare look below: * RECREATION THERAPY - must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed RCLS 2000 and RCTX 2230 with a C or better, and have an ECU cumulative GPA of 2.0 or higher. PLEASE NOTE: there is an application and interview (held only 3 times a year – fall, spring, and summer) to declare! * RECREATION and PARK MANAGEMENT – must be within 10 sh (32 hours or more completed) of completing your foundation curriculum, passed RCLS 2000 with a C or better, passed MATH 1065 or 1066 (or higher-level MATH for which MATH 1065 is a prerequisite) with a D or better, and have an ECU cumulative GPA of 2.0 or higher. PLEASE NOTE: there is an application and interview (held throughout the year) to declare! <p>Third Year:</p> <ul style="list-style-type: none"> - Network with at least three people who work in a field of interest to you. - Identify education and/or additional skills you’ll need to attain employment or training in your field (such as graduate school, certifications, summer internships, etc.). - Continue towards your major’s requirements. <p>Fourth Year:</p> <ul style="list-style-type: none"> - Continue networking. - Research employment or graduate school options and start applying. - Continue towards your major’s requirements.
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