

**College of Health & Human Performance**  
**Department of Exercise & Sport Science**  
**B.S. in Health Fitness Specialist**

NAME: \_\_\_\_\_ BannerID# \_\_\_\_\_

Hours Transferred: \_\_\_\_\_ From: \_\_\_\_\_

Dates: Fitness Test \_\_\_\_\_ Major Declared: \_\_\_\_\_ Senior Summary \_\_\_\_\_

Phone: Local \_\_\_\_\_ Permanent: \_\_\_\_\_

FOUNDATIONS CURRICULUM 42 s.h.	Cr H.	GR	ADV INT		S.H.	GR	ADV INT
<b>English</b>	<b>6</b>			<b>CORE</b>	<b>36</b>		
ENGL 1100 (WI)	3			EXSS 1101 (P)	1		
ENGL 1200 (WI)	3			EXSS 1114 (P)	1		
<b>Science</b>	<b>8</b>			EXSS 2202	3		
BIOL 1050	3			EXSS 2000	3		
BIOL1051	1			EXSS 2850	1		
CHEM 1020	4			EXSS 3804 (P)	3		
<b>Math</b>	<b>3</b>			EXSS 3805 (P)	3		
MATH 1065	3			EXSS 3850 (P)	3		
<b>Social Science (3 areas)</b>	<b>12</b>			EXSS 3880 (P)	3		
PSYC 1000	3			EXSS 4806 (P; WI)	4		
PSYC 3206	3			EXSS 4850 (P)	3		
2 <sup>nd</sup> area	3			EXSS 5020 (P)	3		
3 <sup>rd</sup> area	3			EXSS 5800 (P)	3		
				EXSS Electives	2		
<b>Humanities/Fine Arts (one from each)</b>	<b>10</b>			<b>COGNATES</b>	<b>24</b>		
COMM 2410 OR 2420	3			ASIP 2112 or MIS 2223	3		
				BIOL 2130 (P)	4		
				CHEM 1021 (P)	1		
				HLTH 4200 (P)	3		
				NUHM 2105	3		
<b>Exercise and Sport Science</b>	<b>3</b>			PHYS 1250 (P)	3		
HLTH 1000	2			PHYS 1251 (P)	1		
EXSS 1000	1			HLTH 2125, 2126	3,0		
				HLTH 2220, 2221	3,0		
<b>GENERAL ELECTIVES</b>	<b>8</b>			<b>Restricted Electives</b>	<b>3</b>		
				ATEP 2800 (P)	2		
				HLTH 3010 (P)	3		
				HLTH 3030 (P)	3		
				ATEP 3350	3		
				HLTH 4000 (P)	4		
				HLTH 4604 (P)	3		
				HLTH 5900 (P)	3		
				<b>INTERNSHIP</b>	<b>12</b>		
				EXSS 4800	12		

A minimum of 125 total hours required for graduation; 2 additional hours of WI must be met (anywhere in the coursework); minimum C grade in all required EXSS courses; General Electives (a) may be EXSS or non-EXSS courses, (b) are used to reach 125 hours, and (c) should be chosen in consultation with the advisor.

Writing Intensive Requirement: ENGL 1100 (3) \_\_\_\_\_ EXSS 4806 (3) \_\_\_\_\_  
 ENGL 1200 (3) \_\_\_\_\_ your choice (3) \_\_\_\_\_