

# After-School Activity Program

Sponsored by the Activity Promotion Lab  
Department of Exercise and Sport Science

- Who:** Children 5-12 years old.  
Children must meet the physical and emotional requirements for participation in the study.
- When:** Monday-Friday from 2:30 pm - 5:45 pm  
August 25, 2009 - June 9, 2010 (and following the Pitt County Schools calendar).
- Where:** Christenbury gym on the ECU campus
- What:**
- ☺ A research project examining the effects of an after-school program. After engaging in fun and supervised after-school physical activities, we think your children will be more fit and more active.
  - ☺ Homework time will be provided and supervised.
  - ☺ A healthy snack and drink will be provided each day.
  - ☺ ECU student interns called Physical Activity Leaders (PALs) will engage your child in a wide variety of dynamic, fun-filled play, including inline skating, basketball, riding scooters, dancing, floor hockey, interactive video games (Wii, Dance Dance Revolution, Eye-Toy games), Energizers, soccer, creative play, and much more.
- Cost:** \$220/month or \$110 on 1<sup>st</sup> and 15<sup>th</sup> of every month.
- If transportation is provided:  
\$240/month or \$120 on 1<sup>st</sup> and 15<sup>th</sup> of every month.
- \$25 registration fee for new participants.
- \$10/week discount for each additional child from the same family.
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|--------------|---------|
| 10-day card: | \$125   |
| 5-day card:  | \$62.50 |

Daily transportation to the program will be provided from Wintergreen and St. Peter's schools. Transportation from other schools may be added dependent upon the number of children enrolled.

For more information, please call 737-2424 or email [ASAP@ecu.edu](mailto:ASAP@ecu.edu).