

VITA
Karen Vail-Smith
(2-06)

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ACADEMIC DEGREES

East Carolina University
Masters of Public Administration 1986
Concentration: Community Health

East Carolina University
Masters of Science in Administrative Services 1979

University of North Carolina-Chapel Hill
B.A. (English) 1977

LICENSURE

State of North Carolina Teaching License: Health Specialist (Grades K-12) 07/01/2000 – 06/30/2010

PROFESSIONAL EXPERIENCE

1989 - present	Lecturer Department of Health Education East Carolina University Greenville, NC
1986 - 1989	Director of Health Promotion School of Medicine East Carolina University Greenville, NC
1983 - 1986	Coordinator of Community Health Services Center for Research & Development School of Medicine East Carolina University Greenville, NC
1982 -1983	Director Mid-East Certified Development Corp., Inc. Mid-East Commission Washington, NC
1980 - 1982	Assistant Director Region Q Area Agency on Aging Mid-East Commission Washington, NC

1979 - 1980	Director Region Q Family Planning Services Mid-East Commission Washington, NC
1979	Research Assistant Governor's Science and Public Policy Special Advisor The Governor's Office Raleigh, NC
1977 - 1979	Reporter/ Assistant Sports Editor Kinston Daily Freepress Kinston, NC
Summers 1975 - 1977	Tennis Programs Coordinator Kinston Parks and Recreation Department Kinston, NC

PROFESSIONAL AND ACADEMIC MEMBERSHIPS

N.C. Public Health Association

N.C. Society for Public Health Education (State Secretary 1988)

N.C. Alliance for Health, Physical Education, Recreation, and Dance

ETA SIGMA GAMMA

PUBLICATIONS:

Non-Refereed

Dunn, P., Vail-Smith, K., Tucker, C.A., Baker, J & Tavasso, D. (1999, 2000, 2001, 2002, 2003).
Health 1000 Workbook: Health and Modern Society.

Dunn, P., Vail-Smith, K., Tucker, C.A., & Baker, J. (1997). Health 1000 Workbook: Health and
Modern Society.

Dunn, P. & Vail-Smith, K. (1996). A workbook of values clarification and self-assessment strategies, 9th
edition. Winterville, NC: Free Will Press.

Vail-Smith, K (1997, 98, 99, 2000) Health education in the elementary school: Resources to accompany 3244:
Practices and Procedures in Health for Elementary Schools.

Fostering Resiliency: The Elementary School Counselor's Role, Co-author with Sharon Knight and
David White, for the U.S. Department of Education, 1995.

Instructor's Manual to Accompany BRIEF EDITION: Healthy For Life: Wellness And The Art Of
Living, Author, Brooks/Cole Publishing, 1995.

A Workbook of Value Clarifying and Self Assessment Strategies for Health Education. 5th Edition.
contributor, 1994

Safe and Sound--Violence Prevention for Middle School Students, Co-author with David White,
Capable Schools Program, 1994

Instructor's Manual to Accompany HEALTHY FOR LIFE: WELLNESS AND THE ART OF LIVING, Co-author, Brooks/Cole Publishing, 1994.

-Project CONNECTIONS: Forging Connections to Help Children of Substance Abusers: A Manual for Elementary School Personnel, with Sharon Knight and David White, U.S. Department of Drug Free Schools and Communities, 1993.

Vail-Smith, K. (1988). Rural community leaders learn to provide health education. Health Aims, 4, 15-16.

Vail-Smith, K., & Wilson, S.E. (1986). Emergency medicine awareness for kids: A handbook for physicians. Dallas: American College of Emergency Physicians.

Vail-Smith, K. (1985). NC educators join forces. HealthLink, Spring 1985, 45-46. Center for Health Education, New York, Spring 1985.

Refereed

Vail-Smith, K., Blumell, C.A., & Elmore, B. (2006). Using a classroom response system to improve active student participation in a large sexual health class. American Journal of Sexuality Education, 1(2), 47-54,

Dunn, P.C. and Vail-Smith K (2001) Teaching strategy for choosing a contraceptive. American Journal of Health Education, 22(4), 246-247.

White, DM, Armstrong, V, and Vail-Smith, K (2001) Practice Notes: LIVING WELL Program. Health Education and Behavior, 28(1).

Dunn, PC, Vail-Smith, K and Knight, SM (1999). What date/acquaintance victims tell others: A study of college student recipients of disclosure. Journal of American College Health, 47(5), 213-219.

-Vail-Smith, K., Durham, T.W., & Howard, H.A. (1998). Condom embarrassment scale. In Davis, C.M., Yarber, W.L., Bauserman, R., Schreer, G. & Davis, S.L. Handbook of Sexually-Related Measures, Sage Publications: Thousand Oakes, CA, 136-139.

Vail-Smith, K, Watson, C.L., Felts, W.M., Parrillo, A.V., Knight, S.M. & Hughes, J.L. (1997). Childhood sun exposure: Parental knowledge, attitudes, and behaviors. Journal of Health Education, 28(3), 149-155.

Knight, S.M., Parrillo, A.V., Vail-Smith, K and Felts, W.M. (1997). Perceptions of college student women concerning menstruation-related symptoms: A pilot study. American Association for Health Education Research Coordnation Board Research/Practitioner Session Abstracts: 1997 St. Louis Convention, 39.

Vail-Smith, K. Knight, S.M. & Durham, T.W. (1996) A brief screening instrument for assessing parental alcoholism in college student populations Journal of American College Health, 44(4).

Vail-Smith, K., Knight, S.M., & White, D.M. (1995). Children of substance abusers in the elementary school: A survey of counselor perceptions. Higher Education Abstracts, (30)2.

Knight, S.M., Vail-Smith, D., & Barnes, A.M. (1993). ABSTRACT: Children of alcoholics in the Classroom: A survey of teacher perceptions and training needs. Prevention Abstract: Current Research on Prevention Issues. Southeast Regional Center for Drug-Free Schools and Communities, Spring, p. 10.

Vail-Smith, K. & Felts, W.M... (1993). Sunbathing: college students' knowledge, attitudes, and perceptions of risks Journal of American College Health. 42(1), 21-26.

Knight, S.M., Vail-Smith, K. & Barnes, A.M. (1992). Children of alcoholics in the classroom: A survey of teacher perceptions and training needs. Journal of School Health. 62(8), 367-371.

Hawks, S.R., Peck, S.L. & Vail-Smith, K. (1992). An educational test of health behavior models in relation to emergency helping. Health Psychology, 11(6), 396-402.

Vail-Smith, K., & White, D.M. (1992) Risk level, knowledge, and preventive behavior for human papillomaviruses among sexually active college women. Journal of American College Health, 40(5), 227-230.

McCammon, S.E., Wilson, S.E., & Vail-Smith, K. (1992) Sexual decision-making. Health Education, 23(2), 112-114.

Vail-Smith, K., & Durham, T.W. (1992) A scale to measure embarrassment associated with condom use. Health Education, 23(4), 209-214.

Waivers L., Vail-Smith, K., Wilson, S.E., & Howard, A. (1990) AIDS knowledge and attitudes of adolescents from Eastern N.C. The North Carolina Journal, 26, 34-35.

GRANT APPLICATIONS (Bold Indicates FUNDED Proposals)

-"Emergency Medicine Awareness for Kids", (co-authored with Sue Wilson), American College of Emergency Medicine, awarded \$8,000 1-86.

-"School and Community Health Education Program: Adventures in Health", (co-authored with Sue Wilson), Z. Smith Reynolds Foundation, awarded \$15,000 6-87.

-"Adventures in Health Center", (co-authored with Sue Wilson), Kate B. Reynolds Foundation, awarded \$47,100 6-87.

-"Teacher Enhancement Program", Met Life 'Healthy Me' Program, awarded \$10,000 8-87.

-"Matching Grants for Health Museum Exhibits", (with Kathy Brown), Janirve Foundation, awarded \$10,000, 6-87.

-"Student Community Service Project," (co-authored with Walter Shepherd & Joy Rogers), ACTION, awarded \$15,000 6-88.

-"Children's Nutrition Education Program," (co-authored with Kathy Brown), Akers Foundation, Inc., \$30,000, rejected 2-89.

-"Brighter Futures Program," (co-authored with Kathy Brown), Mary Babcock Reynolds Foundation, \$84,890, rejected 5-89.

-"Adventures in Health," (co-authored with Kathy Brown), Perkins Foundation, awarded \$25,000 5-89.

-"Project T.I.D.E.," (Co-authored with David White, Sue Wilson and Judy Baker), Dept. of Education's Drug Free Schools and Communities Program, \$103,225, rejected 12-89.

-"ECU Students for Community Service," (Co-authored with Judy Baker) Perkins Trust, \$38,122, rejected 3-90.

-"Project S.I.D.E.," (Co-authored with David White) Dept. of Education's Drug Free Schools and Communities Program, awarded \$122,429 10-90.

- "ECU Student Volunteer Program," (Co-authored with Judy Baker and Debra Tavasso) Z. Smith Reynolds Foundation, awarded \$20,000 10-91.

- "Project INFORM," (Co-authored with David White, Sharon Knight, and Rick Barnes) U.S. Dept. of Education, \$585,773, rejected 10-91.

- "Project CONNECTIONS," (Co-authored with David White and Sharon Knight) U.S. Dept. of Education, Awarded \$85,571, 4-92.

- "Project HEART," (Co-authored with David White and Sharon Knight) U.S. Dept. of Education, awarded 4-92.

- "Project PEP," (Co-authored with David White), U.S. Dept. of Education, \$86,553, rejected 9-92.

- "Project CONNECTIONS" (Continuation Grant), (co-authored with David White and Sharon Knight) U.S. Dept. of Education, awarded \$105,572 3-93.

- "Parenting for Prevention" (co-authored with Kathy Brown) Pitt County Public Schools, awarded \$6,424 1-93.

- "AOD Prevention in the Elementary School: The Counselor's Role", U.S. Dept. of Education, \$70,233., rejected 6-1-93.

- "Promoting the History of Greenville", (co-authored with Don Belk), N.C. Dept. of Cultural Resources, \$25,000, rejected 1-1-94.

- "Let's Talk: The Perils and Pleasures of Puberty", (for Adventures in Health Children's Museum) \$58,586 to Z. Smith Reynolds, rejected 9-1-94.

- "Project HEART" to the U.S. Department of Education, (co-authored with Sharon Knight and David White), awarded \$115,531, 6-1-94.

- LEAP ("Linking Education and Providers"), Department of Health and Human Services, Public Health Service, (contributor with Carol Cox (Project Director), David White, Sam Parrish), awarded \$144,000, 10-1-94.

- "Disability and Spirituality", Independent Television Services, (co-author with Boni Boswell-Project Director, Mike Hamer, and Jake Postma, \$196,381, rejected 1-95.

- "Sunsense: A Comprehensive Skin Cancer Risk Reduction Program", component program of School of Medicine American Cancer Society Proposal (IRG81404), Sam Pennington (PI) and Michael Felts, approved, but not funded 4-96.

- "smARTS STRINGS", (co-authored with David White, Brad Foley, and Joanne Bath), Perkins Trust, awarded \$7,260 2-96.

- "smARTS", (co-authored with David White), Z. Smith Reynolds Foundation, \$86,000, rejected 6-96.

- "Success and Motivation through the Arts, (co-authored with David White), Kate B. Reynolds Foundation, \$144,615, rejected 6-96.

- "Health Education Modules", (co-authored with David White and Kathy Brown), Eastern AHEC TeleHealth, awarded \$20,000 9-96.

- "smARTS Strings", (co-authored with David White, Brad Foley, and Joanne Bath), National Endowment for the Arts, \$22,900, rejected 1-97.

-**"Patient Empowerment Through Education"**, (co-authored with David White and Anthony Parrillo), Kate B. Reynolds Charitable Trust, \$148,094, rejected 9-97.

-**"smARTS Alliance"**, (co-authored with David White), **Z. Smith Reynolds Foundation, awarded \$10,000 12-97**

-**"Living Well"**, (co-authored with David White and Anthony Parrillo), Kate B. Reynolds Charitable Trust, \$153,871, rejected 5-98

-**Interdisciplinary Initiatives Grants, ECU Division of Research and Graduate Studies, (with David White, Linda High, Alice Arnold, Barbara Memory, Michelle Hairston, and Patch Clark) awarded \$6,000 12-98.**

-**"Using Continuous Quality Improvement Teams in a Clinical Setting"**, (Co-PI with David White) **Kate B. Reynolds Health Care Trust, awarded \$224,783 12-98.**

-**"Safe Summer Health Education Program for Elementary School Children"** (written for Adventures in Health Children's Museum), Perkins Foundation, \$10,000 request denied 1-99.

-**"Diabetes Education Program"**, (written for Adventures in Health Children's Museum), **Pitt County Memorial Hospital Foundation, awarded \$25,000 1-99.**

-**"Community Diabetes Care and Prevention Project"** (with David White, Paul Bray, Annette Peery, Mary Brimage and Joan Wynn) Pitt Memorial Hospital Foundation, \$460,000 request denied, 1-15.

-**"LIVING WELL Program,"** (with David White and Paul Bray) Robert Wood Johnson Local Initiative Funding Partners Program, \$224, 783, in review 1/31/00.

-**"Adventures in Health Flood Recovery"** to Kate B. Reynolds Trust, \$78,350, request denied 12-99.

-**"LIVING WELL Program,"** Robert Wood Johnson Local Initiative Funding Partners Program, \$224, 783, David White and Paul Bray, status: denied 2/15/00.

-**"ASAP :After-School Action Program"**, (with Matt Mahar and Mike McCammon), **Pitt County Memorial Hospital Foundation, \$35,000, awarded 6/30/00.**

-**"Developing the Web-Based Personal Health Advisor"**, **East Carolina University Teaching Grant, awarded 1-9-01.**

-**"BOOZE TRUTHS: Developing a Multi-Media Alcohol Education Module to Enhance Learning in Health 1000'**, **East Carolina University Teaching Grant, awarded 1-03.**

- **Developing "Multipurpose Integrated-Media Modules" (MIMMs) To Standardize and Enhance Learning in ECU's HLTH 1000 Program, East Carolina University Teaching Grant, awarded 1-06.**

HONORS AND AWARDS RECEIVED:

Max Ray Joyner Award for Service in Continuing Education, 2005

PI ALPHA ALPHA: Public Affairs Honorary Society

ETA SIGMA GAMMA: Health Honorary Society

PI SIGMA ALPHA: Political Science Honorary Society

ALPHA GAMMA LAMBDA: UNC-CH Academic Honorary Society

"Outstanding Young Women of America" 1983

Recipient of "Robert Lee Humber Award" from City of Greenville

PRESENTATIONS AT SCHOLARLY MEETINGS:

- “Multipurpose Integrated-Media Modules: A New Interface for Online and In-class Instruction”, Technology Think-In, Greenville, NC, Nov. 2005.
- “‘Classroom Response Systems’ in the College Classroom”, with Barry Elmore and Charla Blumell, NC Association for Research in Education Annual Meeting, Raleigh, NC April 1, 2005
- “Using a ‘Classroom Response System’ to Improve Active Student Participation in a Large Sexual Health Class” with Barry Elmore and Charla Blumell. At the NC AAHPERD 57th Annual Convention, Nov. 18, 2004, Greensboro, NC.
- “Using EInstruction’s Classroom Performance System in College Classes” with Cathy Hall at the 15th Annual Southeastern Regional Technology and Teaching Conference, April 16, 2004.
- “Changing Health Behaviors in Diabetic Patients.” (with David White). Intensive Clinical Diabetes Fellowship for Diabetes Educators, ECU School of Medicine, Greenville, NC 11/02.
- “Web-Enhanced Course Delivery in the University Setting” (with Mike Felts), Southern District AAHPERD, Baltimore, MD, February 2002.
- “Using Web-Based Multimedia in the College Courses” (with Laurie Godwin), 13th Annual Southeastern Regional Technology and Teaching Conference, Greenville, NC, April 10, 2002.
- “Changing Targeted Health Behaviors.” (with David White). Intensive Clinical Diabetes Fellowship for Diabetes Educators, ECU School of Medicine, Greenville, NC, 2/24/00.
- “Health Behavior and the Diabetic Patient.” (with David White). Intensive Clinical Diabetes Fellowship for Diabetes Educators, ECU School of Medicine, Greenville, NC, 11/11/99.
- “The TeleHealth Project: Linking Rural Schools to a University Using the Information Highway.” (with David White, Karen Vail-Smith, Natalie Edwards and Carol Cox.) 1999 American Alliance for Health, Physical Education, Recreation and Dance Conference, Boston, MA., 4-21-99
- “Health Behavior and the Diabetic Patient.” (with David White). Intensive Clinical Diabetes Fellowship for Diabetes Educators”, ECU School of Medicine, Greenville, NC, 11/11/99.
- “The TeleHealth Project: Linking Rural Schools to a University Using the Information Highway, (with David White & Natalie Edwards) 1999 Southern District AAHPERD Convention, Greensboro, NC, 2-20-99.
- “Teaching College Personal Health: Insights Into a Mentoring Program for Graduate Assistants”, (Sharon Knight, Kelly Oliver, David White, Karen Vail-Smith, Patricia Dunn, and Judy Baker), 1998 AAHE/AAHPERD Convention, Reno, Nevada, 4-9-98.
- “Using Technology to Link University with Public Schools: The TeleHealth Project”, (David White) 1998 Southeast Technology and Teaching Conference, Greenville, NC, 3-27-98.
- “The Experience of Date Rape from the Friend’s Perspective”, (Patricia Dunn), American Public Health Association 125th Annual Meeting, 11-10-97.
- "Perceptions of College Student Women concerning Menstruation-Related Symptoms: A Pilot Study", (Sharon Knight, Anthony Parrillo and Michael Felts), AAHE Annual Convention, St. Louis, MO, 3-21-97

"Project smARTS (Success and Motivation through the ARTS)", (David White), NCAAHE Annual Convention, Greensboro, NC, 11-22-96

-"The Knowledge, Attitudes and Behaviors of Parents with Young Children Regarding Their Young Child's Sun Exposure", (Courtney L. Watson, Michael Felts, Anthony Parrillo, Sharon Knight, Mary Glascoff), AAHPERD Annual Convention, April 16, 1996

"Elementary Age Children of Substance Abusers: Understanding and Helping" with Sharon Knight and David White, at Southern District AAHPERD, January 29, 1994.

"Project CONNECTIONS: Elementary Schools Involving Families and Communities to Address the Needs of Children of Substance Abusers" (David White), at Southern District AAHPERD Convention, Orlando Florida, February 8, 1996.

Project CONNECTIONS: Addressing the Needs of Children of Substance Abusers" (Sharon Knight and David White), at Center for Alcohol and Drug Abuse Studies, Greenville, NC, November 12, 1994.

"Addressing the Needs of Children of Substance Abusers", Center for Alcohol and Drug Abuse Studies Meeting, Greenville, NC, 11-12-93, (David White and Sharon Knight).

"Project CONNECTIONS: Addressing the Special Needs of Children of Substance Abusers (COSAs) in Eastern NC Elementary Schools", Ninth Annual Substance Abuse State of the Art Conference, Kill Devil Hills, NC, 9-24-93, with David White and Sharon Knight.

"Fostering Resiliency Through Peer Education in Alcohol and Other Drug Abuse Prevention", Eighth Annual East Carolina University Middle School Summer Conference, Greenville, 7-13-93, with David White.

"Positive Peer Influence in Early Alcohol and Other Drug Use Prevention Education" (David White) at Seventh Annual Middle School Summer Conference, Greenville, 6-30-92.

"Using Positive Peer Influence in Early AOD Prevention Education", (David White) at Seventh Annual Substance Abuse State of the Art Conference, Atlantic Beach, NC, 11-4-91.

"Relationship of Risk Status, Knowledge, and Attitudes of College Students' to Intentional Sun Exposure (Sunbathing)", (Michael Felts) at (1) Southern District AAHPERD Convention, Norfolk, VA, 2-16-91 and (2) PREVENTION 91 Eighth Annual National Preventive Medicine Conference, Baltimore, MD, 3-18-91.

"AIDS Knowledge and Attitudes of Adolescents from Eastern North Carolina," (Poster Session) NCAPHERD Convention, Greensboro, N.C., December 1, 1989 (L.E. Waiver, M.D., Ann Howard and Sue Wilson).

"Knowledge and Attitudes of Adolescents Concerning AIDS in Eastern North Carolina, ECU School of Medicine "Research Day", May 18, 1989, Greenville, N.C.

"Eating Disorders on the College Campus," N.C. Health Promotion and Wellness Institute, Raleigh, N.C., May 18, 1987.

"Adventures in Health," Eastern Regional Health Educators' Meeting, Tarboro, N.C., December 17, 1986.

"Health Promotion for Kids," N.C. Health Promotion and Wellness Institute, Raleigh, N.C., May 1986.

"Hooking Kids on Health," N.C. Health Promotion and Wellness Institute, Raleigh, N.C., June 17, 1985.

"Wellness for Working People," Health Connections Regional Meeting, Greenville, N.C., March 1, 1985.

CREATIVE ACTIVITY:

- "Boning-up on Safety", (co-writer/producer) 20-min. **educational video** for children, nationally distributed, 1985.
- "Bulimia", (co-writer/producer) 25-min. **educational video** for adolescents, nationally distributed, 1986.
- "Community Health Advocacy, (educational consultant), **educational video** for health care professionals, 1986.
- Adventures in Health Museum's **School Health Curriculum**. Curriculum guides cover four health topics and are used in grades K-6. They include five pre and post visit lessons and a lesson outline for Adventures in
 - Health faculty. Developed Summer 1988.
- "Teaching Health: Moving From "Ho-Hum" to "AH-HA",
A health education methods **workshop** for elementary school teachers funded by Metropolitan Life's "Healthy Me" program. Summer 1988 (Developed with Dave White and Sue Wilson).
- "Medical Ethics", A **workshop** developed under a grant from the NC Legislators' School for Youth Leadership and Development, Conducted June 15 and July 24, 1988 and June 17 and 25, 1989.
- "Preventative Medicine" **Seminar**. Developed for the ECU School of Medicine's "Dean's Month" Program. April 1988.
- "Training Health Service Providers to Teach Health" **workshop and curriculum**. Developed for the National Training Program for Community Health Advocacy (ECUSOM), November 1988.
- Permanent Museum Exhibits**. With Sue Wilson, designed eight exhibits which are among the permanent collection at the Adventures in Health museum. The exhibits include: "Measuring-Up," "What's Swimming Around in Your Gene Pool?," "Safety Phone," "Stress Cube," "Medic" and "Jungle Jim" (fitness), "Flying High Without Drugs", "Buckle-Up".
- "Promoting Drug Prevention with Positive Peer Influence" 3-day **seminar** for elementary school teachers developed for the U.S. Dept. of Education. 1991.
- "Students Involved in Drug Education" **Curriculum**. (With David White) A 20-lesson drug prevention education curriculum for upper elementary school students developed under a grant from U.S. Dept. of Education. 1991-1992.
- "Forging Connections to Help Children of Substance Abusers: A Resource Guide for Elementary School Personnel". (With Sharon Knight and David White). A **curriculum and facilitators' guide** developed for the US Dept. of Education, 1993.
- Project CONNECTIONS Summer **Conference**. A 3-day training conference for elementary school personnel conducted under a grant from the U.S. Dept. of Education, 1993.
- "Teaching Abstinence Education." A 10-hour online course for teachers. Developed for Pitt County Schools with David White, 10-00.
- "Booze Truths" and "The Sober Facts About Alcohol Use at ECU." Education Videos for Health 1000.
- "Pirates Talk About Sex." A series of 14 videos to introduce topics in HLTH 2050 "Sexual Health."
- "Lecture Launchers for Health" Videos and Instructor's Guide, Series of 12 videos for use in personal health classes. Nationally distributed by McGraw-Hill.
- "Multimedia Integrated Media-Modules for Health." New Flash-based teaching interface providing seamless incorporation of a variety of media. 6 modules developed for HLTH 1000.

UNIVERSITY SERVICE and ACTIVITIES

- School Instructional Technology Committee, since 4-00
- Health 1000 Committee, member, since 1-98
- Eta Sigma Gamma Faculty Advisor, since 1-97
- Health Education Alumni Society Faculty Advisor, since 1-97
- Health 1000 Faculty Mentor, since 8-95
- Health Education and Promotion Search Committee

- Health Education and Promotion Curriculum Committee, since 4-02
- ECU 3-Year Degree Program Task Force, since 11-02
- ECU Classroom Response Evaluation Committee, since 10-05
- Prehealth Programs Advisory Committee, since 12-02
- ECU Blackboard Evaluation Group, since 6-99
- Center for Alcohol and Drug Abuse Studies ECUSOM, Member, since 6-97
- UMC's Teaching with Technology Committee, since 1-01
- ECU Episcopal Campus Ministry, Faculty Advisor, since 10-00

COMMUNITY SERVICE and ACTIVITIES

-FOUNDING MEMBER OF BOARD OF DIRECTORS

Adventures in Health Children's Museum (1983-Present) Secretary 1992-1994

RELEAF (1988 – 1995; 2001 - present), Secretary 2002-present

-BOARD OF DIRECTORS

East Carolina Musical Arts Education Foundation (Vice-President, 1997 - Present)

Pitt County Council on Aging (1985-1992)

Pitt County Senior Games (1984-1989)

Pitt County Council for the Prevention of Substance Abuse (1986)

"ECU Friends" (1989)

“Start With Your HEART” Pitt County Health Dept. (1999 – 2001)

-MEMBER:

-Pitt County School Health Education Advisory Committee (1993-present)

-Pitt County Coalition on Adolescent Pregnancy Prevention--Church Subcommittee (1995)

-N.C. Division on Aging's Nutrition Education Committee

-Center for Alcohol and Drug Abuse Studies (1993-present)

-City of Greenville's Comprehensive Planning Committee (1990-1991)

-ADVISOR: "Doctor's Ought To Care" 1987-89 Medical Student Community Education Project

-Greenville City Council's Historic Preservation Commission: Vice Chair 1989-1992; Chair 1992-93

-East Carolina Musical Arts Education Foundation, Vice Chair, 1999-present

Pitt County Schools

-Pitt County PTA Council (1993 - present)

-Comprehensive School Health Task Force (1993 - present)

-Parent Education Committee (1994 -present)

-Rose 2000 Committee (2001-present)

St Paul's Episcopal Church

-Vestry (1995 - 1999)

-Sunday School Teacher (1985 - 1990)

-St. Cecilia's Choir (1994 -present)

-Music Committee Chair (1995 - present)

-Episcopal Diocese of East Carolina

-ECU Campus Ministry Faculty Advisor (2000 – present)