

Curriculum Vita

Stephanie Jevas, PhD, ATC, LAT

Assistant Professor
Department of Health Education and Promotion
East Carolina University

249 Ward Sports Medicine Building
(office) 252-737-2884; (cell) 252-258-8470
jevass@ecu.edu

Education

University of Houston, Houston, Texas (August, 2004)

Doctor of Philosophy in Kinesiology/Emphasis in Motor Behavior & Psychological Aspects of Movement
Dissertation: Burnout in Texas 4A and 5A High School Athletic Trainers from a Reversal Theory Perspective

Western Michigan University, Kalamazoo, Michigan (August, 1994)

Master of Arts Degree in Physical Education/Athletic Training,
Research Project: The Quality of Healthcare Available to Athletes in Texas IA, IIA, IIIA, IVA, and VA High Schools

Texas A&M University, College Station, Texas (May, 1993)

Bachelor of Science Degree in Health Education/Community Health Option (Student Athletic Trainer Internship Program)

Professional Experience

East Carolina University/Greenville, North Carolina (2004-present)

Assistant Professor
College of Health and Human Performance
Department of Health Education and Promotion
Responsibilities include teaching, scholarly activity, service, and clinical supervision of students in the CAAHEP approved Athletic Training Education Program.

University of Houston/Houston, Texas (2003-2004)

Teaching Fellow/Residency

Deer Park High School/Deer Park, Texas (2001-2003)
Assistant Athletic Trainer/Teacher

Galena Park High School/Galena Park, Texas (1999-2001)
Associate Athletic Trainer

Bayshore Sports Medicine Center/Pasadena, Texas (1996-1999)
Athletic Training Coordinator

Pasadena High School/Pasadena, Texas (1996-1999)
Outreach Athletic Trainer

Foote Hospital Sports Medicine Center/Jackson, Michigan (1995-1996)
Clinical/Outreach Athletic Trainer

SportsCare @ St. Joseph Hospital/Houston, Texas (1994-1995)
Clinical/Outreach Athletic Trainer

Related Experience

National Athletic Testing Program/Houston, Texas (1996-1999)
Coordinator/Southeast Houston Area

Southwest Michigan Sports Medicine Clinic/Kalamazoo, Michigan (1994-1995)
Graduate Assistant Athletic Trainer

Kalamazoo Tornados Semi-Pro Football Organization/Kalamazoo, Michigan (1994-1995)
Volunteer Athletic Trainer

Tom Landry Sports Medicine Center/Dallas, Texas (Spring, 1994)
Internship Program

Publications

Peer Reviewed Articles:

Yan, J.H. & **Jevas, S.** (2004). Young girls' developmental skills in underarm throwing. *Perceptual and Motor Skills*, 99(1), 39-47.

Published Abstracts:

Jevas, S. (2005). Burnout in Texas division 4A and 5A high school athletic trainers from a Reversal Theory perspective. *Research Quarterly for Exercise and Sport: Abstracts of Completed Research*, 76(1), A100.

Culpepper, D., **Jevas, S.**, & Perkins, H. (2004). Predicting symptoms of depression based on self-reported levels of physical activity. *Research Quarterly for Exercise and Sport: Abstracts of Completed Research*, 75(1), A-89.

Jevas, S. & Yan, J.H. (2002). Developmental skills in females' underarm throwing. *Research Quarterly for Exercise and Sport: Abstracts of Completed Research*, 73(1), A-48.

Jevas, S. & Yan, J.H. (2001). The effect of aging on cognitive function: A preliminary quantitative analysis. *Research Quarterly for Exercise and Sport: Abstracts of Completed Research*, 72(1), A-49.

Manuscripts Submitted for Publication:

Jevas, S. Burnout in Texas division 4A and 5A high schools from a Reversal Theory perspective. Submitted to: *Journal of Athletic Training*.

Manuscripts in Progress:

Jevas, S. Validation of the Burnout Measure in Texas high school athletic trainers.

Jevas, S. & Shaffer, M. Medical, legal, and ethical concerns of the pregnant athlete.

Research in Progress:

Jevas, S. & Arey, M. Burnout in the athletic training profession from a Reversal Theory perspective. Replication of doctoral dissertation investigating burnout in various athletic training settings utilizing an online survey protocol. Status: Under IRB Review; online survey completed for data collection upon IRB approval.

Jevas, S. & Moore, J. An investigation of risky health behaviors in Division I college athletes. Status: Review of literature

Jevas, S., Culpepper, D., Killion, L. Perception of body image in female college athletes. Instrumentation: The Multidimensional Body-Self Relations Questionnaire, Stunkard Figural Rating Scale, EAT 27 Assessment, Apter Motivational Style Profile. Status: Preparing IRB forms

Professional Presentations

National Presentations:

Jevas, S. (2005). Burnout in Texas division 4A and 5A high school athletic trainers from a Reversal Theory perspective. Free Communication accepted for the AAHPERD National Convention Research Consortium, Chicago, IL.

Culpepper, D., **Jevas, S.**, & Perkins, H. (2004). Predicting symptoms of depression based on self-reported levels of physical activity. Poster presented at the AAHPERD National Convention Research Consortium, New Orleans, LA.

Jevas, S. & Yan, J.H. (2002). Developmental skills in females' underarm throwing. Free Communication presented at the AAHPERD National Convention Research Consortium, San Diego, CA.

Jevas, S. & Yan, J.H. (2001). The effect of aging on cognitive function: A preliminary quantitative analysis. Free Communication presented at the AAHPERD National Convention Research Consortium, Cincinnati, OH.

Regional Presentations:

Jevas, S. & Arey, M. (2005). Burnout in the athletic training profession from a reversal theory perspective. Research proposal presentation for the 2005 North Carolina AAHPERD State Conference, Greensboro, NC.

Jevas, S. (2000). Qualitative analysis of young females' underarm throwing. Presentation given at the Texas Motor Behavior Seminar, Houston, TX.

Athletic Training Presentations:

Splitting, Bandaging, & Transporting the Injured Athlete (Lab)
GHATS Student Trainer Workshop (2000)

Elbow Evaluation (Lab)
GHATS Student Trainer Workshop (1999)

Patellofemoral Dysfunction: Evaluation and Rehabilitation
GHATS Student Trainer Workshop (1998)

Shoulder Injuries, Evaluation, and Rehabilitation
GHATS Student Trainer Workshop (1997)

The Female Athlete Triad

GHATS Student Trainer Workshop (1997)

Ankle Evaluation and Rehabilitation

GHATS Student Trainer Workshop (1995)

Teaching

Assistant Professor: East Carolina University, Greenville, NC

HLTH 2800: Medical Nomenclature for Human Performance

Standard nomenclature of athletic injuries. Focus on orthopedic and surgical conditions of the active person.

HLTH 3201: Basic Rehabilitation Techniques in Athletic Training

Introduces basic principles of therapeutic exercise rehabilitation techniques of athletic injuries.

HLTH 3280: Therapeutic Rehabilitation in Sports Medicine

In depth study of theory and application of therapeutic rehabilitation of athletic injuries

HLTH 3271: Clinical Experience in Medicine

Manage students in clinical assignments in clinical medical settings.

HLTH 4300: Field Experience in Athletic Training

Field experience in allied health settings relevant to athletic training; consists of lecture and management of clinical assignments of students.

HLTH 2125, 2126: Safety Education and First Aid Accident

prevention and skills for emergency first aid care.

Skills necessary for cardiopulmonary resuscitation. Successful completion leads to Red Cross certification in standard first aid

and personal safety and cardiopulmonary resuscitation.

HLTH 2220, 2221: Basic Athletic Training

Teaching Fellow: University of Houston, Houston, Texas

KIN 3300: Motor Development

Scope and philosophy of movement activities from a developmental lifespan perspective

KIN 3350: Psychological Aspects of Sport and Exercise

Introduce and apply the basic theories and principles of sport and exercise psychology

PEB 1101: Role of Exercise and Fitness on Health

Analysis of physical fitness and cardiovascular disease risk and the development of an individualized exercise program for health promotion

PEB 1151: Selected Exercise Activities: Weight Training

Understanding and development of fitness through techniques and practices in strength development and training procedures

PEB 1151: Selected Exercise Activities: Rhythmic Aerobics

**Teacher/Athletic Trainer: Deer Park High School, Deer Park, TX
Health Education**

Clinical Experience

East Carolina University (2004-present)

Approved Clinical Instructor in a CAAHEP accredited undergraduate Athletic Training Education Program; includes supervisory responsibilities in the clinical setting.

Service

Code Unit Committees:

Committee: Personnel Committee

Position Held: Member

Unit: Department of Health Education and Promotion

Length of Service: August 2005-present

Committee: Search Committee for Assistant Professor in Environmental and Health Studies

Position Held: Member

Unit: Department of Health Education and Promotion

Length of Service: October 2005-present

Committee: Search Committee for Assistant Professor in Recreation and Leisure Studies

Position Held: External Member

Unit: Department of Recreation and Leisure Studies

Length of Service: December 2005-present

Committee: Search Committee for Assistant Professor in Athletic Training

Position Held: Chair

Unit: Department of Health Education and Promotion

Length of Service: December 2004-April 2005

Task Forces:

Committee: Diversity Plan Task Force

Position Held: Chair

Unit: Department of Health Education and Promotion

Length of Service: September 2004-November 2004

Professional Organizations:

Committee: Public Relations Committee

Position Held: Representative for District 1

Organization: North Carolina Athletic Trainers' Association

Length of Service: February 2005-present

Other:

Organization: ECU Student Athletic Training Club

Position Held: Faculty Sponsor

Length of Service: January 2005-present

Community Service Projects: Adopt-A-Highway Clean Up Program;
Adopt A Family

Service Activity: Peer Reviewer

Faculty Reviewed:

Dr. Craig Becker: Department of Health Education and Promotion

Dr. Max Zarate: Department of Health Education and Promotion

Dr. Terri Mitchell: Department of Health Education and Promotion

Service Activity: Coordinated and/or led site visit for students from various high schools enrolled in sports medicine courses. Conducted tour of ECU Athletic Training facilities and demonstrated basic rehabilitation techniques. Students also given overview of various programs offered in the College of Health and Human Performance.

- DH Conley High School
- Rose High School
- New Bern High School
- West Carteret High School
- West Craven High School
- Carey High School

Professional Affiliations

National Athletic Trainers' Association: Member

Mid-Atlantic Athletic Trainers' Association: Member

North Carolina Athletic Trainers' Association: Member

American Alliance for Health, Physical Education, Recreation, & Dance: Member

National Association for Girls and Women in Sport: Member

National Association for Sport and Physical Education: Member

American Association for Health, Physical Education, Recreation, & Dance Research Consortium: Member

Professional Certifications

National Athletic Trainers' Association: Certified Athletic Trainer since 1995

North Carolina Board of Athletic Trainer Examiners: Licensed Athletic Trainer

American Red Cross: Professional Rescuer and CPR/AED Certification

American Red Cross: Instructor Certification: Professional Rescuer and CPR/AED

National Athletic Trainers' Association: Certified Examiner

Texas Advisory Board of Athletic Trainers: Licensed Athletic Trainer since 1994

Continuing Education

Professional Seminars:

MidAtlantic Athletic Trainers' Association Conference, Virginia Beach, VA (May, 2005)

American Alliance for Health, Physical Education, Recreation, & Dance National Convention & Exposition, Chicago, IL (April, 2005)

National Athletic Trainers' Association Educators' Conference, Houston, TX (January, 2005)

American Alliance for Health, Physical Education, Recreation, & Dance National Convention & Exposition, New Orleans, LA (April, 2004)

Association for the Advancement of Applied Sport Psychology, Philadelphia, PA (October, 2003)

American Alliance for Health, Physical Education, Recreation, & Dance National Convention & Exposition, San Diego, CA (April, 2002)

American Alliance for Health, Physical Education, Recreation, & Dance National Convention & Exposition, Cincinnati, OH (March, 2001)

National Athletic Trainers' Association Annual Symposium, Nashville, TN (June, 2000)

Biomechanics of Strength Training (March, 1999)

Training the Total Athlete (July, 1998)

The Colloquia on Orthopedic Rehabilitation & Sports Medicine (April, 1998)

Cardiac Evaluation of the Athlete (March, 1998)

Upper Extremity Injuries in the Throwing Athlete (December, 1997)

South Texas Athletic Trainers' Symposium (May, 1997)

Advanced Concepts in Foot & Ankle Dysfunction (March, 1997)

Great Lakes Athletic Training Symposium, Madison, WI (March, 1994 & 1996)

National Athletic Trainers' Association Annual Symposium, Indianapolis, IN (June, 1995)

University Seminars:

Research Infrastructure at ECU (October, 2004)

Information Technology at ECU (November, 2004)

Library Resources and Information Access (January, 2005)

Student Advising Workshop, MVS Training, and Senior Summary Training (February, 2005)

Peer Classroom Observation Training Session (September, 2004)

CITI Program: Completed requirements for the basic *CITI Course* in The Protection of Human Research Subjects (October, 2004)