

## Curriculum Vitae

### **Terri Denise Mitchell, Ph.D.**

1808B Summerhaven Drive  
Greenville, NC 27858  
252-439-1968  
mitchellt@mail.ecu.edu

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#### **EDUCATION**

- 2004      **Ph.D., University of Florida**, Gainesville, Florida  
Department of Health Science Education, College of Health and Human Performance  
Major: Health Education  
Minor/Certification: Women's Studies/Gender Research  
Dissertation Title: Applications of the PRECEDE Model to the Evaluation of Cervical Cancer Screening Behavior among College Women
- 1993      **M.S., West Virginia University**, Morgantown, West Virginia  
WVU School of Medicine  
Major: Community Health Education
- 1991      **B.S.J., West Virginia University**, Morgantown, West Virginia  
Major: Journalism  
Minor: Psychology

#### **PROFESSIONAL EXPERIENCE**

**Assistant Professor**, August 2004 – present  
College of Health & Human Performance, Department of Health Education and Promotion  
East Carolina University, Greenville, North Carolina  
Serve as an instructor for undergraduate and graduate school health education courses and provide leadership and supervision to interns and student teachers. Additionally, teach health promotion courses and advise health promotion majors.

**Health Education Consultant**, January 2004 – present  
North Carolina School Health Training Center, Boone, North Carolina  
Provide development and training services for health initiatives and teacher training in HIV/STD prevention, tobacco use prevention, violence prevention, sexuality education and sun safety education within the comprehensive school health education framework.

**Health Education Consultant**, January 2004 – May 2004  
North Carolina Department of Health and Human Services and Department of Public Instruction, Raleigh, North Carolina  
Managed CDC Skin Cancer/Sun Safety Grant including the development of state level recommendations, review of best practices in school design, and hosting of school design and stakeholders meetings.

**Coordinator HSC 2100/Graduate Teaching Instructor**, June 2000 – December 2003  
College of Health & Human Performance, Department of Health Science Education  
University of Florida, Gainesville, Florida

Served as the coordinator for 5 sections of Personal & Family Health (10 instructors); provide guidance and leadership. Lead instructor for Personal and Family Health (3 credit hour). Included instruction for approximately 100-110 students in all areas of health information, skill development and accessing resources; also provided individual supervision/mentoring for 1-2 teaching assistants.

**Research, Education and Training Coordinator**, June 1998 – June 2000

NC Comprehensive School Health Training Center, Boone, North Carolina

Coordinated the activities of the Training Center, funded by the North Carolina Department of Public Instruction and the Centers for Disease Control and Prevention (Division of Adolescent and School Health). Responsibilities included planning, marketing, implementing, and evaluating statewide initiatives and teacher training in HIV/STD prevention, tobacco use prevention, and violence prevention, within comprehensive school health education.

**Adjunct Faculty**, June 1998 – June 2000; January 2004 – May 2004

Reich College of Education, Health Education Program

Appalachian State University, Boone, North Carolina

Taught Health Education in the Elementary School (a 3 credit hour course covering content and methods for K-6 majors) and Introduction to Health Education (a required course for students majoring in Health Education with Teacher Certification).

**Lead Health Educator II**, August 1996 - June 1998

Wilkes County Health Department, Wilkesboro, North Carolina

Provided HIV/Other STD education through schools, clinics, detention facilities and community groups. Also provided education on women's health issues and within the adult health clinic. During the last year was promoted to lead health educator and supervised a staff of three.

**Community Development Specialist for Substance Abuse Prevention**, January 1994 - March 1996

Valley Community Mental Health Center, Fairmont, West Virginia

Provided community program development in four counties of West Virginia in the area of primary substance abuse prevention. Funding provided to the state by the Center for Substance Abuse Prevention.

**Safety/Treatment Program Instructor**, March 1995 - December 1995

Valley Community Mental Health Center, Fairmont, West Virginia

Employed as the instructor for the eighteen hours of education required by West Virginia for DUI offenders and those charged with public intoxication.

**Injury Prevention Specialist**, January 1993 - December 1993

National Highway Traffic Safety Administration, Department of Transportation, Washington, DC

Contractual work with NHTSA focusing on traffic safety within the Occupant Restraint Division and State Programs. Worked closely with Office of State Programs and assessed traffic laws on US tribal lands.

**Research Associate**, January 1992 - December 1992

West Virginia University, Morgantown, WV

Worked as a member of the evaluation staff (graduate assistantship) for the Monongalia County Drug and Alcohol Council, a community partnership funded by the Center for Substance Abuse Prevention.

### **ADDITIONAL PROFESSIONAL EXPERIENCE**

**Trainer:** NC Sun Safety Program. 2004 – present.

**Trainer:** Successfully Teaching High School Health. 2004 – present.

**Trainer:** Successfully Teaching Middle School Health. 2004 – present.

**Evaluator:** The STRIKE Program (tobacco use prevention and cessation) for Santa Fe Community College. Gainesville, Florida Spring 2001.

**Reviewer:** Get Real About VIOLENCE, Comprehensive Health Education Foundation. Developed an alignment for curricula K-9 with the North Carolina Course of Study for Healthful Living Education. North Carolina. Spring 2000.

**Trainer:** Life Skills Training (tobacco use prevention). North Carolina, 1998-2000.

**Trainer:** Be Proud! Be Responsible! (HIV/AIDS prevention) North Carolina, 1998-2000.

**Trainer:** Family Life Education I, II, III. North Carolina, 1998-2000; 2004 – present.

**Trainer:** Abstinence and Puberty Education. North Carolina, 1998-2000.

**Research and Development:** Baby Think It Over, an Adolescent Pregnancy Prevention Program. North Carolina, 1998-2000. 2004 – present.

### **PROFESSIONAL PRESENTATIONS**

Mitchell, T. (2005). Methamphetamine in NC and Drug Affected Children. Invited Presentation for NC Healthful Living Coordinators Meeting, Greensboro, North Carolina.

Mitchell, T. (2005). Media and Youth: The Impact on Adolescent Health Behaviors (and Effective Health Education Strategies!) Invited Keynote Presentation for the NC Healthful Living Institute, Wilmington, North Carolina.

Mitchell, T., (2004). "Sun Safety Practices for Elementary Schools," Healthful Living Institute, Hickory NC. June

Mitchell, T., (2004). "Sexual Decision Making: How the "MTV Generation" Responds to Pop Culture," Invited Keynote Presentation for the North Carolina Abstinence Education Conference, Hickory, North Carolina.

Mitchell, T., (2001) "European Approaches to Adolescent Sexuality Education: Rights Respect, Responsibility," University of Florida, Gainesville, Florida.

Mitchell, T. (2000) "Sex in the Swamp: Panel Discussion on HIV, other STDs and Safer Sex Practices," University of Florida, Gainesville, Florida.

Mitchell, T. & Berne, L. (1999), "STDs: An Update and What Can be Done for Prevention"; "Reflections on How Three Countries Deal with Adolescent Sexuality: The United States, Australia, and the Netherlands," NCAAHPERD Conference, Greensboro, NC.

Mitchell, T. & Breitenstein, D.(1999), "Collaboration Between Public Health and School Health: Making It Work," Invited presentation for NC Society of Public Health Educators Conference, Boone, NC.

Mitchell, T. (1999), "STDs: An Update and What Can be Done for Prevention," North Carolina Middle School Conference, Greensboro, North Carolina.

Mitchell, T., Breitenstein, D. & Hayes, S. (1999) "Collaboration Between Public Health and School Health: Making It Work," Invited presentation for Western North Carolina Public Health Association, Black Mountain, North Carolina.

Mitchell, T. (1997; 1998), "Sex Under the Influence," Wilkes Community College, Wilkesboro, North Carolina. February

Mitchell, T. (1997),"STD Jeopardy," Wilkes Community College, Wilkesboro, North Carolina.

Mitchell, T. (1997),"AIDS 101," Wilkes Community College. Wilkesboro, North Carolina.

Mitchell, T. (1995), "Sex Under the Influence," Sexuality Week, Fairmont State College, Fairmont, West Virginia.

Mitchell, T. (1995), "Sex, Lies, and Profits," West Virginia State Teen Institute, Buckhannon, West Virginia.

Mitchell, T.1994; 1995), "Happy Hour: What Everyone Should Know About Alcohol," National Substance Abuse Awareness Week, Fairmont State College, Fairmont, West Virginia.

Mitchell, T. (1994), "Stress Management," East Fairmont High School Health Fair, Fairmont, West Virginia.

Mitchell, T. (1995), "What Everyone Should Know About Alcohol, Marijuana, and Inhalants," East Fairmont High School Health Fair Fairmont, West Virginia.

## **POSTER PRESENTATIONS**

Mitchell, T. (2005) Applications of the PRECEDE Model to the evaluation of cervical cancer screening behavior among college women. Presented at the NC AAHPERD Annual Conference, Greensboro, North Carolina.

## **PUBLICATIONS**

### **Peer Reviewed Articles**

Becker, C. M., Glascoff, M., **Mitchell, T.**, Durham, T., & Arnold, W. (in press). Assessing Perceived Health and Associated Health Promoting Behaviors: An Investigation of Methods used to Assess Health Status. *Journal of Applied Social Psychology*.

### **Published Abstracts**

Mitchell, T. (in press). Applications of the PRECEDE Model to the evaluation of cervical cancer screening behavior among college women. *The North Carolina Journal*.

## **Papers in Progress**

Mitchell, T. Rienzo, B., Felts, W., Pigg, R.M., Varnes, J., Sheu, J., Seraphine, A., & Kwolek-Folland, A. Development of an Instrument to Assess Predisposing, Reinforcing and Enabling Constructs Associated with Cervical Cancer Screening Behaviors of College Women. Submitted to *The Health Educator*, December 2005. Received revise and resubmit recommendation February 2006.

## **TEACHING**

### **Assistant Professor, East Carolina University**

**Health 3000 Theory and Practice in Community Health Education.** Basic behavioral, community organization, educational, and administrative concepts and methodologies of professional practice in community health education.

**Health 3020: Current Health Problems.** Focus on sociocultural and geopolitical conditions which contribute to causes and solutions

**Health 3244: Practices and Procedures in Health for Elementary School.** Class organization, principles, and practices associated with health education at elementary level. Required of all elementary education majors.

**Health 4323: Methods of Teaching Health Education.** Theory and application of the content and methodologies to be utilized in the secondary school health program

**Health 4605: Community Strategies for Health Education.** Skills in community interventions for health educators based on principles of community organization. Both classroom instruction and field exposure will be utilized. Additionally, case studies and real life experiences will be used to the greatest extent possible.

**Health 5310: Education for Human Sexuality.** Comprehensive knowledge and sex education methodology for effective communication with children and youth

### **Graduate Student Teacher, University of Florida**

**HSC 2100, Personal and Family Health.** A survey of personal health concerns: emotional health; aging and death; alcohol, tobacco and drug abuse; physical fitness; nutrition and dieting; consumer health; chronic and communicable diseases; human sexuality; and environmental health.

### **Adjunct Faculty, Appalachian State University**

**HED 2100: Introduction to Health Education.** This course focuses on the discipline of health education, its foundation in theories of behavior change and prevention of health risks.

**HED 3645: Health Education in the Elementary School.** An introduction to the content and methods of health education.

## **PROFESSIONAL AWARDS/ AFFILIATIONS**

- Member, North Carolina Society of Public Health Educators, 2005 - present
- Member, North Carolina Alliance for Athletics, Health, Physical Education, Recreation and Dance 1998 to 2000; 2004 – present
- Board Member, North Carolina Association for the Advancement of Health Education, 2004 - present
- Member American School Health Association 2004 –2005
- Recipient, University of Florida Graduate Student Teaching Award 2002 – 2203
- Recipient, Pass the Torch Scholarship, Fall 2002
- Recipient, University of Florida Allen, Holyoak, Varnes Graduate Scholarship, Spring 2002

- Recipient, University of Florida Teaching Fellowship, Spring 2001
- Certified American Red Cross HIV/AIDS Instructor, August 1997 to 2000
- Certified American Red Cross CPR and First Aid Instructor, April 1997 to 2000
- Certified Addictions Prevention Specialist II, West Virginia Certification Board for Addictions Professionals. November 1994 to 1998
- Board of Directors, Monongalia County Drug and Alcohol Council Community Partnership, 1994 to 1996
- Volunteer of the Year, MCDAC Community Partnership 1996

### **COMMUNITY INVOLVEMENT**

- World Games Special Olympics Host Town Program Volunteer. Boone, North Carolina 1999
- Very Special Arts Volunteer. Boone, North Carolina 1997
- World AIDS Day, Wilkes County Event Coordinator. Wilkesboro, North Carolina 1996, 1997
- SALIC Beyond Breast Cancer Celebration, North Carolina, Publicity Committee. 1997, 1998
- Monongalia County Drug and Alcohol Council, West Virginia, Volunteer. January 1992 to 1996
- Monongalia County, West Virginia, HIV/AIDS Resource Committee. September 1995 to 1996
- Center for Science in the Public Interest "One Percent or Less" Campaign, Healthy West Virginia Committee. Summer 1995
- Red Ribbon 5K Run and Walk, National Red Ribbon Week, Race Director. Morgantown, West Virginia 1994, 1995

### **SELECTED PROFESSIONAL DEVELOPMENT/CONTINUING EDUCATION**

- Understanding Poverty Workshop, Greenville, NC. February 2006
- Minority Health Conference, Chapel Hill, NC. February 2006
- NC AAHPERD State Conference, Greensboro, NC. November 2005
- Emerging Health Issues Conference, Greenville, NC. October 2005
- Adolescent Pregnancy Prevention of North Carolina Annual Conference, Greensboro, NC. May 2005
- Adolescent Pregnancy Prevention of North Carolina Annual Conference, Greensboro, NC. May 2004
- NCAAHPERD Conference, Greensboro, NC. November 2004
- North Carolina Association of Health, Physical Education, Recreation and Dance Professional Conference, Greensboro, NC. November 2004.
- North Carolina College Conference, Elon College, NC. September 2004.
- Adolescent Pregnancy Prevention of North Carolina Annual Conference, Greensboro, NC. May 2004.
- North Carolina Association of Health, Physical Education, Recreation and Dance Professional Conference, Greensboro, NC. Dec 1999
- National HIV Prevention Conference, Atlanta, GA. Sept 1999
- European Study Tour: European Approaches to Adolescent Sexual Behavior and Responsibility, Netherlands, Germany, France. June 1999
- School Health Association of North Carolina Annual Conference, Asheboro, North Carolina. March 1999

- Southern District Association of Health, Physical Education, Recreation and Dance Regional Conference, Greensboro, North Carolina. Feb 1999
- National STD Prevention Conference, Dallas, Texas. Dec 1998
- Life Skills Training of Trainers, Winston-Salem, North Carolina. Oct 1998
- Be Proud! Be Responsible! Training of Trainers, Charlotte, North Carolina. Oct 1999
- National CDC Division on Adolescent and School Health Conference, Atlanta, Georgia. Aug 1998
- Project ASSIST Comprehensive Tobacco Free Schools Workshop, Greensboro, North Carolina. July 1998
- CDC Evaluation for Program Improvement Workshop, Atlanta, Georgia. June 1998
- Adolescent Pregnancy Prevention Conference, Greensboro, North Carolina. May 1998
- Planned Parenthood Positive Encounters Workshop, Raleigh, North Carolina. May 1998
- CDC Basic STD Course for Professionals, Baltimore, Maryland. Dec 1997
- Western North Carolina Public Health Association Annual Meeting, Boone, North Carolina. May 1997
- Northwest AIDS Consortium Meeting, Clemmons, North Carolina. May 1997
- Get Real About Violence Training of Trainers, Raleigh, North Carolina. April 1997
- Roots and Wings Training of Trainers, Parkersburg, West Virginia. Jan 1996
- Essentials of Effective Grant Writing, Morgantown, West Virginia. Sept 1995
- Overcoming Barriers: Rural Prevention Conference, Athens, Ohio. July 1995
- Stress and Disease Workshop, Charleston, West Virginia. March 1995
- National Prevention Network Conference, Stevenson, Washington. Sept 1995; Oshkosh, Wisconsin. September 1994
- Awareness to Action: Fetal Alcohol Syndrome Conference, Flatwoods, West Virginia. April 1994, 1995