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Day Break Life Center, Inc.  
517 N. Queen St., Kinston, NC

Day Break is an Adult Day Care Center serving the needs of the physically, cognitively or socially impaired members of the community. Our objective is to provide high-quality adult day care service for physically and mentally impaired adults in a structured setting that gives caregivers peace of mind in knowing their loved ones are in a safe and caring environment. Participants benefit from meaningful social interaction, prevents premature nursing home entry, reduces fear, anxiety and isolation, enjoy peer support, offers renewed interest in life, opportunity to live with family, medical care, social interaction, etc. The caregivers (family members) benefit by us helping to reduce interference with their jobs, assistance with physical demands of caring for loved ones, avoids guilt of putting loved ones in a nursing home, peace of mind, emotional reassurance and support meetings for the family and friends dealing with Alzheimer and Dementia. Day Break would be an awesome experience for required **Career Exploration Hours (flexible only) students**. We are a small facility (24 participants) that gives a structured day filled with love and support to the people that we serve.

Please make contact with Day Break via a professional email when seeking flexible Career Exploration Hours. Please include an electronic (or scanned) copy of the following information (see below). Please have the Career Center proof your Resume and Cover Letter prior to sending (they have appointments available). Only professional candidate's emails will be returned so please spell check. Kindness goes a long way. Due dates for each semester include January 5, May 5<sup>th</sup>, and August 5<sup>th</sup>.

[daybreak517@embarqmail.com](mailto:daybreak517@embarqmail.com)

- Resume
- Cover Sheet
- A negative TB record/Health Screen (see student health webpage to download your health records and make appointment with student health for TB Test(s) - this process takes up to 7 business days so plan ahead)
- Criminal Background Check (see RCLS Homepage for CBC information – this process takes up to 7 business days so plan ahead)