

Recreational Therapy Program Emphasis Areas

Physical Rehabilitation (9 hours min.)

The Physical Rehabilitation emphasis provides the opportunity to learn skills necessary for students who wish to become an interdisciplinary team members in physical rehabilitation settings such as general hospitals, specialized treatment centers, and outpatient rehabilitation facilities.

RT CORE (49)

RCLS 2000 Intro to LS (3)
RCLS 2230 RT Foundations (3)
RCLS 3003 Programming (3)
RCLS 3004 Programming Lab (1)
RCLS 3240 Dis Survey for RT (3)
RCLS 4000 Res & Eval Meth (3)
RCLS 4004 Phil/Issues (3)
RCLS 4250 RT Prgr Design (3)
RCLS 4252 RT Ldrsp/Grp Dyn (3)
RCLS 4260 RT Practicum (1)
RCLS 4262 RT Intrv & Tech (3)
RCLS 4264 RT Assm/Doc/Eval (3)
RCLS 4266 Org/Mgmt of RT(3)
RCLS 4902 Pre-Placement Sem (2)
RCLS 4990 Internship (12)

COGNATES (11)

HIMA 3000 Med. Term (2)
PSYC 3206 Developmental (3)
PSYC 4375 Abnormal (3)
EXSS 5303/5903 (3)

RESTRICTIVE ELECTIVES (9)

Intervention-based Restrictive Electives (min. 6 s.h.)
ASLS 2020: Sign Language I (3)
ASLS 2030: Sign Language II (3)
EXSS 2278: Basic Scuba Diving
EXSS 3805: Physiology of Exercise (3)
EXSS 5904: Methods in Adaptive Aquatics (2)
MUSC 3257: Music Therapy I: Introduction to Music Therapy (3)
MUSC 4277: Music for Group Activities (Music Therapy) (2)
RCLS 2400: Facilitation and Leadership of Adventure Based Prog. (3)
RCLS 3202: Outdoor Prog. for Ind. with Disabilities (3)
RCLS 5000: Theoretical Foundations of Aquatic Rehab (3)
RCLS 5001: Applications of Aquatic Rehabilitation (3)
RCLS 5130/5131: Biofeedback: Principles and Pract./Biofeedback Lab (3/1)
EXSS 5303: Physical Activity for Individuals with Developmental, Emotional, and Learning Disabilities (3) **OR**
EXSS 5903: Physical Activity for Individuals with Orthopedic, Neurologic, and Sensory Impairments (3)
REHB 4000: Interviewing Techniques for Health & Rehab. Settings (3)
THEA 4030: Creative Dramatics (3)
Other courses approved by RT degree director

Nonintervention-based Restrictive Electives (min. of 3 s.h.):

BIO 2140/2151: Human Physiology & Anatomy (4)
HLTH 2000: Intro to Health Education (3)
HLTH 2125/2126: Safety Education & First Aid (3)
HLTH 3300/3301: Intro to Patient Education (3)
HLTH 3515: AIDS/HIV Disease in Modern Society (3)
HPRO 2100: Perspectives in Health Care (2)
HPRO 4300: Community Health & Organization (2)
HPRO 4305: Adm., Supervision, & Consultation for Health Professions (3)
PHIL 3281: Intro to Philosophical Ethics in Health Care Professions (3)
PSYC 4333: Contingency Management in Classroom (3)
OCCT 3000: Exploring Occupational Therapy (3)
REHB 2000: Survey of Community Resources in Rehab. & Health Care (3)
SOC 3327: Introduction to Medical Sociology (3)
Other courses approved by RT degree director

TOTAL HOURS (min.)

123

Pediatrics (9 hours min.)

The Pediatrics emphasis provides specific skills related to the provision of recreational therapy services to children with disabilities in a wide variety of clinical and community settings.

RT CORE (49)

RCLS 2000 Intro to LS (3)
RCLS 2230 RT Foundations (3)
RCLS 3003 Programming (3)
RCLS 3004 Programming Lab (1)
RCLS 3240 Dis Survey for RT (3)
RCLS 4000 Res & Eval Meth (3)
RCLS 4004 Phil/Issues (3)
RCLS 4250 RT Prgr Design (3)
RCLS 4252 RT Ldrsp/Grp Dyn (3)
RCLS 4260 RT Practicum (1)
RCLS 4262 RT Intrv & Tech (3)
RCLS 4264 RT Assm/Doc/Eval (3)
RCLS 4266 Org/Mgmt of RT(3)
RCLS 4902 Pre-Placement Sem (2)
RCLS 4990 Internship (12)

COGNATES (11)

HIMA 3000 Med. Term (2)
PSYC 3206 Developmental (3)
PSYC 4375 Abnormal (3)
EXSS 5303/5903 (3)

RESTRICTIVE ELECTIVES (9)

Intervention-based Restrictive Electives (min. 6 s.h.)
ART 3850: Art in the Elementary School (3)
ART 5810: Arts and Crafts for Elementary Education (3)
ASLS 2020: Sign Language I (3)
ASLS 2030: Sign Language II (3)
EXSS 2500: Dance in the Schools (2)
EXSS 2600: Children's Movement Patterns (2)
EXSS 3906: Physical Education for Special Populations (3)
EXSS 5303: Physical Activity for Individuals with Developmental, Emotional, and Learning Disabilities (3) **OR**
EXSS 5903: Physical Activity for Individuals with Orthopedic, Neurologic, and Sensory Impairments (3)
EXSS 5904: Methods in Adaptive Aquatics (2)
LIBS 3200: The Art of Storytelling (3)
MUSC 3018: Intro to Basic Music Education for Elem. School Teachers (3)
MUSC 3028: Music Education in Elementary Grades (2)
MUSC 3048: Music for Exceptional Children (2)
MUSC 3257: Music Therapy I: Introduction to Music Therapy (3)
MUSC 4277: Music for Group Activities (Music Therapy) (2)
PSYC 4333: Contingency Management in Classroom (3)
RCLS 3202: Outdoor Programming for Ind. with Disabilities (3)
RCLS 5130/5131: Biofeedback: Principles and Pract./Lab (3/1)
THEA 4030: Creative Dramatics (3)
THEA 4323: The Teaching of Theatre Arts in Grades K-12 (3)
Other courses approved by RT degree director

Nonintervention-based Restrictive Electives (min. of 3 s.h.):

CDFR 2000: Child Development I-Prenatal Through Early Childhood (3)

CDFR 2001: Child Development II: Middle Childhood Through Young Adulthood (3)
CDFR 2021: Introduction to Child Life (1)
CDFR 3413: The Hospitalized Child (3)
EXSS 2122: Motor Development (2)
HLTH 2125/2126: Safety Education & First Aid (3)
PSYC 2201: Psychology of Childhood (3)
SPED 2000: Introduction to Exceptional Children (2)
SPED 2102: Introduction to Mental Retardation (3)
SPED 2103: Introduction to Learning Disabilities (3)
SPED 2104: Introduction to Behavior Disorders (3)
Other courses approved by RT degree director

TOTAL HOURS (min.)

123

Mental Health/Addiction (9 hours min.)

The Mental Health/Addiction emphasis provides individualized training and preparation to work in facilities specializing in the treatment of general mental health issues, psychiatric diagnoses, drug and alcohol addiction, and behavioral and social deviance disorders.

RT CORE (49)

RCLS 2000 Intro to LS (3)
RCLS 2230 RT Foundations (3)
RCLS 3003 Programming (3)
RCLS 3004 Programming Lab (1)
RCLS 3240 Dis Survey for RT (3)
RCLS 4000 Res & Eval Meth (3)
RCLS 4004 Phil/Issues (3)
RCLS 4250 RT Prgr Design (3)
RCLS 4252 RT Ldrsp/Grp Dyn (3)
RCLS 4260 RT Practicum (1)
RCLS 4262 RT Intrv & Tech (3)
RCLS 4264 RT Assm/Doc/Eval (3)
RCLS 4266 Org/Mgmt of RT(3)
RCLS 4902 Pre-Placement Sem (2)
RCLS 4990 Internship (12)

COGNATES (11)

HIMA 3000 Med. Term (2)
PSYC 3206 Developmental (3)
PSYC 4375 Abnormal (3)
EXSS 5303/5903 (3)

RESTRICTIVE ELECTIVES (9)

Intervention-based Restrictive Electives (min. 6 s.h.)
HLTH 5900: Stress Management (3)
LIBS 3200: The Art of Storytelling (3)
MUSC 4277: Music for Group Activities (Music Therapy) (2)
RCLS 2400: Facilitation and Leadership of Adventure-Based Programs (3)
RCLS 3202: Outdoor Programming for Ind. with Disabilities (3)
RCLS 3300: Outdoor Programming (3)
RCLS 5130/5131: Biofeedback: Principles and Pract./Biofeedback Lab (3/1)
REHB 2000: Survey of Community Res. in Rehab. and Healthcare (3)
REHB 5793: Treatment of Alcohol & Drug Addiction (3)
REHB 5795: Prevention of Alcohol and Drug Abuse (3)
THEA 4030: Creative Dramatics (3)
Other courses approved by RT degree director

Nonintervention-based Restrictive Electives (min. of 3 s.h.):
CDFR 3150: Risk and Resiliency in Child Development (3)
HLTH 2125/2126: Safety Education & First Aid (3)
HLTH 5375: Alcoholism in Health Education (3)
PSYC 2201: Psychology of Childhood (3)
PSYC 3221: Social Psychology (3)
PSYC 3225: Psychology of Learning (3)
PSYC 3226: Human Learning & Cognition (3)
PSYC 3240: Psychology of Adolescence (3)
PSYC 3300: Psychology of Personality (3)
PSYC 3310: Introduction to Nueroscience (3)
PSYC 3311: Neuropsychology (3)
PSYC 3777: Ethnocultural Influences on the Development of the Self (3)
PSYC 4305: Educational Psychology (3)
PSYC 4335: Psychology of Women (3)
PSYC 4350: Psychology of Sexual Behavior (3)
REHB 2003: Alcohol & Drug Abuse-Health & Social Problems (3)
SOCI 3220: Sociology of Deviant Behavior (3)
SOCI 3325: Sociology of Human Sexuality (3)
SOCI 3327: Introduction to Medical Sociology (3)
SPED 2104: Introduction to Behavior Disorders (3)
Other courses approved by RT degree director

TOTAL HOURS (min.)

123

Gerontology (9 hours min.)

The Gerontology emphasis provides specialized training for those individuals who wish to work with older adults in adult day care facilities, retirement centers, extended care facilities, and Alzheimer's treatment facilities.

RT CORE (49)

RCLS 2000 Intro to LS (3)
RCLS 2230 RT Foundations (3)
RCLS 3003 Programming (3)
RCLS 3004 Programming Lab (1)
RCLS 3240 Dis Survey for RT (3)
RCLS 4000 Res & Eval Meth (3)
RCLS 4004 Phil/Issues (3)
RCLS 4250 RT Prgr Design (3)
RCLS 4252 RT Ldrsp/Grp Dyn (3)
RCLS 4260 RT Practicum (1)
RCLS 4262 RT Intrv & Tech (3)
RCLS 4264 RT Assm/Doc/Eval (3)
RCLS 4266 Org/Mgmt of RT(3)
RCLS 4902 Pre-Placement Sem (2)
RCLS 4990 Internship (12)

COGNATES (11)

HIMA 3000 Med. Term (2)
PSYC 3206 Developmental (3)
PSYC 4375 Abnormal (3)
EXSS 5303/5903 (3)

RESTRICTIVE ELECTIVES (9)

Intervention-based Restrictive Electives (min. 6 s.h.)
EXSS 5800: Physical Activity & Aging (3)
LIBS 3200: The Art of Storytelling (3)
MUSC 3257: Music Therapy I: Introduction to Music Therapy (3)
MUSC 4277: Music for Group Activities (Music Therapy) (2)
RCLS 5000: Theoretical Foundations of Aquatic Rehab (3) I
RCLS 5001: Applications of Aquatic Rehabilitation (3)
RCLS 5130/5131: Biofeedback: Principles and Practices/Lab (3/1)
REHB 2000: Survey of Comm. Resources in Rehab. and Healthcare (3)
THEA 4030: Creative Dramatics (3)
Other courses approved by RT degree director

Nonintervention-based Restrictive Electives (min. of 3 s.h.):

GERO 2400: Introduction to Gerontology (3)
GERO 5011: Perspectives on Death and Dying (3)
HLTH 2125/2126: Safety Education & First Aid (3)
SOC1 5318: Social Aspects of Death and Dying (3)
Other courses approved by RT degree director

TOTAL HOURS (min.)

123

Municipal/Community Wellness (9 hours min.)

The Municipal/Community Wellness emphasis provides specialized training for those individuals who wish to work in community parks, recreation, and wellness facilities such as municipal leisure service agencies, Special Olympics, Very Special Arts Foundation, and adaptive sports programs.

RT CORE (49)
RCLS 2000 Intro to LS (3)
RCLS 2230 RT Foundations (3)
RCLS 3003 Programming (3)
RCLS 3004 Programming Lab (1)
RCLS 3240 Dis Survey for RT (3)
RCLS 4000 Res & Eval Meth (3)
RCLS 4004 Phil/Issues (3)
RCLS 4250 RT Prgr Design (3)
RCLS 4252 RT Ldrsp/Grp Dyn (3)
RCLS 4260 RT Practicum (1)
RCLS 4262 RT Intrv & Tech (3)
RCLS 4264 RT Assm/Doc/Eval (3)
RCLS 4266 Org/Mgmt of RT(3)
RCLS 4902 Pre-Placement Sem (2)
RCLS 4990 Internship (12)

COGNATES (11)
HIMA 3000 Med. Term (2)
PSYC 3206 Developmental (3)
PSYC 4375 Abnormal (3)
EXSS 5303/5903 (3)

RESTRICTIVE ELECTIVES (9)
Intervention-based Restrictive Electives (min. 6 s.h.)
ART 3850: Art in the Elementary School (3)
ART 5810: Arts and Crafts for Elementary Education (3)
ASLS 2020: Sign Language I (3)
ASLS 2030: Sign Language II (3)
EXSS 2278: Basic Scuba Diving
EXSS 3805: Physiology of Exercise (3)
EXSS 5303: Physical Activity for Individuals with Developmental, Emotional, and Learning Disabilities (3) **OR**
EXSS 5903: Physical Activity for Individuals with Orthopedic, Neurologic, and Sensory Impairments (3)
EXSS 5904: Methods in Adaptive Aquatics (2)
LIBS 3200: The Art of Storytelling (3)
MUSC 4277: Music for Group Activities (Music Therapy) (2)
PSYC 4333: Contingency Management in Classroom (3)
RCLS 3202: Outdoor Programming for Individuals with Disabilities (3)
RCLS 3300: Outdoor Programming (3)
RCLS 5000: Theoretical Foundations of Aquatic Rehab (3)
RCLS 5001: Applications of Aquatic Rehabilitation (3)
RCLS 5130/5131: Biofeedback: Principles and Practices/Lab (3/1)
THEA 4030: Creative Dramatics (3)
Other courses approved by RT degree director

Nonintervention-based Restrictive Electives (min. of 3 s.h.):
EXSS 3300: Applied Sports Psychology (3)
EXSS 3600: Coaching Theories (2)
EXSS 3906: Physical Education for Special Populations (3)
HLTH 2125/2126: Safety Education & First Aid (3)
RCLS 4111: Design of Parks & Recreation Facilities (3)
RCLS 4120: Leisure Services Marketing (3)
RCLS 5100: Aquatics Facilities Management (3)
RCLS 5101: Waterfront Facility Operations (3)
SPED 2000: Introduction to Exceptional Children (2)
SPED 2102: Introduction to Mental Retardation (3)
SPED 2103: Introduction to Learning Disabilities (3)
SPED 2104: Introduction to Behavior Disorders (3)
Other courses approved by RT degree director

TOTAL HOURS (min.)

123