

HHP *visions*

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Carolyn Fulghum: Remembering an Alumna's Remarkable Career of ECU Firsts

Carolyn Fulghum, retired Assistant Vice Chancellor and Director of University Housing at East Carolina, began her career at East Carolina University as a freshman in Cotton Hall. East Carolina University was quite a different place in the late 50's. Most of the residence halls housed women, women were required to live on campus, and rules were strict and designed to track where young women went and who they were with. Curfews existed every day of the week; weekend permits were required even to go home for a visit. After graduating from ECU with a degree in Physical Education, Carolyn taught in the North Carolina public schools for several years, but the ties to East Carolina University were strong, and in 1962, she returned to her alma mater to serve as a housemother in Cotton Hall and work on her Masters degree.

All of the other housing staff were much older, but her youth and enthusiasm brought a new perspective to the position. In 1965, Dean of Women, Ruth White, selected Carolyn to serve as Assistant Dean of Women at ECU. It was to herald a career of firsts. In 1969, upon Dean White's retirement, Carolyn was selected as the new Dean of Women. The University was growing, and Carolyn guided the building and furnishing of five new residence halls during these early years, plus the hiring of trained personnel for the residence halls, which heralded a change from the typical "housemother as caretaker" employee.

The song lyric says it best, "The times they were a changing", and the years from 1970 to 1980 brought significant change to the residence hall program at ECU. The standard of *In Loco Parentis*, or serving in place of parent, could no longer be used to direct behavior. The University's role was to educate and support students, not determine where they went, who they saw, and what time they came in for the evening. Title IX was enacted by Congress, and men and women had to be treated equally in all things including residence hall regulations, student government, and residence hall staffing. The first coed hall was established in 1974 and was quite successful, though it took a great deal of energy to work with men and women in the same hall, and deal with parental perceptions as well as those of the Board of Trustees. A visitation program was established that allowed residents to invite guests of the opposite sex to their residence hall rooms. Now this seems so mundane, but at the time, it was quite controversial. Carolyn is very proud that in all of these changes, she involved her staff and student government leaders so that when all of these new ideas went to the Board of Trustees, everyone was on the same page.

The residence hall program grew to include 15 residence halls under Carolyn's guidance as Assistant Vice Chancellor and Director of University Housing. Buildings were renovated, computer labs and fitness centers were installed, and a new concept of a residence hall as a community and support system, rather than just a room to live in, took hold.

In 1992, Carolyn retired, leaving the University and the residence hall program richer for her stewardship. She has spent the years since playing golf, participating in Senior Games in several sports, staying active in community activities, and continuing to serve her alma mater. Carolyn Fulghum is a long-standing College of HHP Advancement Council member to whom many turn for guidance, advice, and support. We thank her for her many contributions.



Charlie Adams: A Career of Leadership and Service to Student Athletes

Charlie Adams, a College of Health and Human Performance alumnus, who majored in Health & Physical Education at both the undergraduate and masters degree levels, is a nationally recognized life-long leader in athletics. He has served young athletes in the State of North Carolina during his entire career. The breadth and depth of his contributions as an athletics administrator as well as an outstanding athlete in his own right have been celebrated and acknowledged by inductions into the Cary High School Athletic Hall of Fame (charter member), North Carolina Athletic Directors Hall of Fame, East Carolina University Sports Hall of Fame (1991), and National High School Sports Hall of Fame (2001).

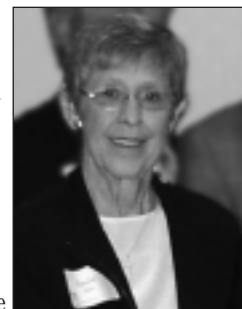


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Emilie Tilley, A Pioneering Leader

Emilie Tilley, a College of HHP alumna, is widely recognized as a pioneer among women in the area of educational administration. Although retired after a long and distinguished career as a teacher, coach, principal, and superintendent, she continues to contribute her wisdom and expertise, not only to the public schools that she has served so well, but also to our own College of HHP.

Emilie, an alumna of Fuquay-Varina High School, graduated from what is now the College of HHP in 1960 with a double major in Health & Physical Education and Social Studies. Although her parents had initially discouraged her from a health and physical education teaching career because, at the time, it was a



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Message from the Dean



Greetings from all of us in the College of HHP. The college and university continue to grow and improve at a rapid pace. We are searching for a record ten new faculty members as our numbers of students, majors, and degree programs continue to grow. The growth comes of course with challenges in finances and facilities.

Our HHP Advancement Council headed by Bob Basnight and Don Edwards will be working this year to address our scholarship and facility needs. Thanks to the donation of Pro-

fessor Emeritus, Tom Johnson, we now have a fine wall to recognize our Cornerstone Society donors. We have increased our student scholarship support including a very significant recent scholarship donation for undergraduate students from Walter & Marie Williams. Greg Abeyounis has done such excellent work as our College Director of Development that he was recently named Interim Director of Annual Planned Giving for the ECU Foundation.

We are very pleased to acquire the Belk building. The current occupant, the School of Allied Health, is moving to the learning village near the Brody School of Medicine. After extensive refurbishing, the new Belk

building will be home to both Recreation and Leisure Studies and the Health Education and Promotion departments in fall 2007. It will be almost totally rebuilt and will provide much needed laboratory space especially for the Environmental Health and RCLS faculty. The exodus of faculty members from the Minges building will also allow for growth space for the Exercise and Sport Science department but not enough to meet the growing needs especially in terms of activity/gymnasium and laboratory space.

ECU is closing in on our centennial celebration and plans for HHP activities are underway. If you have suggestions please let us know. The events start in 2007, marking our charter year. They will continue through 2009, since 1909 was the first year students began taking classes on campus.

We will miss a long time faculty member retiring this year, Dr. Jimmie Grimsley, who will retire after almost 40 years of service to ECU and the community. A scholarship is being established to honor Jimmie. We will also miss our colleague and good friend Dr. Henry VanSant.

Even as we grow, I am always struck by the collegial atmosphere and personal feel about our college. It is clear the faculty genuinely care about our students. Thanks for your continued interest in ECU and HHP. Your success, energy, and support, continue to be our greatest assets in advancing the College of Health and Human Performance.

Department Chair Updates

The Department of **Health Education and Promotion's** faculty and students are having another outstanding year! We are particularly excited about bringing in new faculty members. We are currently searching for five new faculty, bringing our total number of faculty to 34. One position will be in Environmental Health, two will be in Health Education and Promotion, and two will be in School Health. We are very appreciative to the Dean and Provost for recognizing our needs and rewarding our productivity with these new positions.

We had a busy year with program accreditation activities. The Athletic Training undergraduate program was reviewed and re-accredited, as was our undergraduate and graduate School Health programs and our undergraduate and graduate Environmental Health programs. Accreditation self-studies and site visits require a great deal of extra time and energy from faculty and staff, but we receive valuable feedback for program improvement. All the site reviewers were complementary of the faculty and students that they met during their visit; the accreditation team gave our programs high marks.

The first year of our online MA in Health Education and Promotion was very successful. We now have about 50 students in the MA program and about 75 students in the MAEd in School Health. Our MS in Environmental Health is making a strong comeback. We will soon establish a new graduate program in Athletic Training. The proposal to establish the MS in Athletic Training is under review and we believe it is a "slam dunk." We hope to begin admitting students sometime during in 2006-07. If you know of anyone who might be interested in this exciting new degree, please tell them about us.

Finally, we have been busy planning for our

move scheduled for Fall 2007. We will be moving most of the Department to a newly renovated Belk Building. We are all excited about the new offices, classrooms, and laboratories that will be available to us in the new building.

The Department of **Exercise and Sport Science** in collaboration with the Walker Center and the Leo W. Jenkins Cancer Center hosted a talk by Dr. Ed Coyle from the University of Texas at Austin on March 23rd. The talk addressed the question of how Lance Armstrong's physiology contributed to his winning 7 consecutive Tour De France championships. The event generated over \$1,000 in contributions to the Leo W. Jenkins Cancer Center. Armstrong was diagnosed with testicular cancer in 1992. Over 160 people attended the lecture.

The Human Performance Laboratory continues to generate significant support from NIH. Most recently Dr. Bob Hickner was awarded two NIH grants (one RO1 and one R15) for his work on fat oxidation in children. His grants total over 1.2 million over the next five years. Also, Ron Cortright received a very good (hopefully fundable) score on an RO1.

Dana Espinosa is part of a large grant being submitted to the National Science Foundation.

David Rowe was named the HHP Scholar-Teacher Award winner for 2006 and will present April 4th at the awards ceremony.

The Department of Exercise and Sport Science sponsored 10 students to attend the 2006 Summit on childhood obesity put on by the Pediatric Healthy Weight Research and Treatment Center. The summit was held in mid-March and Peter Farrell gave a talk on NIH funding for childhood obesity research. Work completed by the Activity Promotion Laboratory was highlighted by several state level speakers.

The 2005-2006 academic year has been another successful year for the Department of **Recreation and Leisure Studies**. Of particular note was the

recent review and national re-accreditation of our undergraduate program. We gratefully acknowledge the faculty, students, staff, and alumni who contributed to that effort. Both the undergraduate and graduate programs continue to grow in size and quality.

Our faculty is also growing. We welcomed Dr. Kindal Shores this year and are currently searching for three additional faculty, two of whom will be in Recreational Therapy (RT). With these additions, we will have the largest number of RT faculty in the nation. We miss having Dr. Susan McGhee with us full time in the department, however; she is now serving as an Associate Dean in the College.

We look forward to our continuing work on distance education offerings in the coming year. We have added a new graduate certificate in biofeedback to our course options. We also offer a graduate certificate in aquatic therapy under the leadership of Ms. donna Mooneyham, and another in aquatic management led by Dr. Robert Wendling.

We appreciate the support of the Dean and University as they assist us in expanding our instructional and research efforts. We will physically move the department twice in the coming two years to accommodate the expansion of our faculty as well as our teaching and research programs. By summer 2006, we will be located in temporary facilities behind Belk Building on the corner of Greenville Boulevard and Charles Avenue. In fall 2007, we will join the Department of Health Education and Promotion in moving into a totally renovated Belk Building.

Our faculty are actively engaged in developing a blueprint for the future as a consequence of a strategic planning process led by two facilitators from ECU planning. We hope to identify future paths and options that complement the mission of the College and move the Department to new levels of excellence. We continue to take great pride in our students and alums. Our alumni continue to make contributions that are critical to the success of our Department; we are particularly grateful to all who participate in our most important work: the professional preparation of our students.

Charlie Adams, *continued from front cover*

Charlie started his athletic career as a Cary High School basketball star and member of Coach Simon Terrell's 1954 State Championship basketball team. He was also an outstanding basketball player while a student at ECU. After receiving his undergraduate degree, he coached and taught in Delaware, before returning to Cary High School, where he compiled a remarkable coaching record. He went on to serve as assistant principal, dean of men, and athletic director at Garner High School before joining the North Carolina High School Athletic Association (NCHSAA) as assistant executive director under the leadership of his former coach, executive director Simon Terrell. Charlie was named executive director of the NCHSAA in 1984 after 17 years of service as assistant director. He is only the fifth person to hold that position in the history of the organization.

As the NCHSAA executive director, Charlie Adams is known for his leadership and innovation, including initiating the NCHSAA Hall of Fame, scholar-athlete and student services program. One of his enduring legacies undoubtedly will be the NCHSAA Endowment he started, which is now the most successful endowment program of any state association in the country.

At the national level, Charlie has served the National Federation of State High School Associations (NFHS) in many capacities and leadership roles, including Board of Directors member and 1997-1998 President, the only North Carolinian ever to serve in that role.

Charlie Adams' career serves as a model for aspiring young professionals in the area of athletics. He has demonstrated how vision and effective leadership can contribute to improving high school athletics on behalf of student athletes as well as their schools, parents, coaches, and fans. The College of Health and Human Performance applauds the work of this fine individual and leader.

HHP Alumni News

Bob Basnight ('75 RCLS) earned his masters degree in liberal arts from Duke University in 2006. He has chaired the College of Health and Human Performance Advancement Council for the past two years.

Jimmy Bowen ('04 MAEd EXSS) is a physical education teacher at Northwest Elementary School in Belvoir. He recently received National Board of Professional Teaching Standards Recognition. Jimmy and his wife, Lori, are the proud parents of 2 year-old Bryson and 5 month-old Trent.

Barnanne Creech ('98 MAEd HLTH) is a health and physical education teacher at Zebulon Middle School. She is her school's Executive Board Leadership Chair, School Improvement Chair, Department Chair, and President of PEA.

Ian Kiel McAdam ('04 BS RCLS, and current RCLS graduate student) and his wife, Sally, welcomed a son, Landon McAdam, in August 2005.

Kelly Hammond ('05 BS EXSS and former ECU cheerleader) teaches and coaches at Rose's Gymnastics Training Center in Greenville, N.C. She is planning a September wedding to Brian Rose, son of EXSS faculty member Jonathan Rose, who also teaches and coaches at Rose's Gymnastics Training Center.

Ann Hughes ('85 BS, '92 MA EXSS) was named a Time Warner Star Teacher in 2005 and received her National Board Certification in EMC-PE.

David M. Thomson ('05 PhD EXSS) was the second doctoral student to graduate from the EXSS bioenergetics doctoral program. He received \$12,544 from the National Institute on Aging Animal Allocation Dissertation Support Program to fund his dissertation research titled, "AMPK as a Negative Regular of Overload-induced Skeletal Muscle Hypertrophy. Dr. Thomson is pursuing a post-doctoral fellowship at Brigham Young University.

Courtney Watson ('96 MA HLTH) is a Family Nurse Practitioner at Wrightsville Beach Family Medicine.

Colleen Whilldin ('03 MAEd EXSS) recently received National Board of Professional Teaching Standards Recognition.

George E. Williams Memorial Scholarship Established

Several friends and the Williams family, especially his wife Alice, have generously worked to establish the George E. Williams Memorial Scholarship in honor of George's hard work, dedication and professionalism within the College of Health and Human Performance. The scholarship will be awarded for the first time this spring at the Joe Pechele Volkswagen, Inc. Winner's Circle Breakfast. The award will be presented to an upper-level undergraduate student in the Department of Exercise and Sport Science who is majoring in Physical Education with the intentions of teaching and coaching.

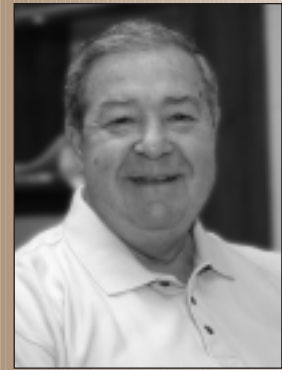


Kathy Muse Named HHP Development Associate

We are pleased to welcome **Ms. Kathy Muse** in the new position of Development Associate for the College of Health and Human Performance. Kathy will work closely with the major gifts officer, executing stewardship activities. Additional responsibilities in this new role include overseeing college events, scholarships, and supporting initiatives within annual giving.

Kathy will continue to provide administrative support to the L.T. Walker International Human Performance Center. She has an extensive career with over thirteen years of aggregate state service and brings enthusiasm and professionalism to her new role.

Retired



Dr. Jimmie Grimsley (**EXSS**), the last of the "ol' guard" era from the 1960's, is retiring after 39 years. The "ol' guard" included people such as his great friend and

colleague, George Williams. Dr. Grimsley, an ECU alumnus, joined the ECU faculty in 1967 to teach and serve as Head Coach of both tennis and soccer for men. Following a brief leave of absence to earn his doctoral degree from University of Georgia in 1972, he returned to ECU, where he has continually taught 38 years in exercise and sport science. During his career, Dr. Grimsley touched the lives of many students and contributed significantly to his department, college and the university. He is known for his marvelous memory, student advising, and mentoring of former students. As an associate professor in the Department of Exercise and Sport Science, he served as Director of Graduate Studies, Director of Clinical Experiences, Interim Coordinator of Physical Education, and Coordinator of the Lateral Entry and Irregular Certification Program in physical education. Dr. Grimsley contributed significantly to the University through his service on search, accreditation and other committees, including the President's Advisory Committee, Faculty Senate, and the Graduate School Committee.

Above all else, Dr. Grimsley has cared about students and has been a strong and effective student advocate. As he states, "Students are the main reason we are all here. My motto is, 'Never underestimate the power of a kind word or deed.' We never know when something of a simple nature might have a life-changing effect on a student. It happens every day!"

Dr. Jimmie Grimsley leaves a living legacy as a caring, knowledgeable, well-loved professor, who understands the field of physical education. His love of students and his ability to mentor them will be missed in the hallways and classrooms of Minges. We wish him well in his retirement.

Births

Tom and Sue Raedeke (EXSS & HLTH): A son, Tyler Gary Raedeke, on September 29, 2005.

Joe Flood (RCLS): A granddaughter, Addison Laurie, on October 18, 2005.

Randy and Tracy Gilland (HHP Advising Center): A daughter, Makayla Autumn Gilland, on August 4, 2005.

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Mrs. Deanna Jean White
Mr. Samuel Jackson Whitehead
Mr. Dick Williams
Ms. Jennifer Anne Williams
Mr. Clarence Sexton Williams
Maj. David Crowell Williamson
Mrs. Jill Elizabeth Wiseman-Moore
Mr. James F. Womble
Mr. Neal Woolard
Mr. John Stewart Wooten III
Mr. Billy Joe Wooten
Mrs. Hilda Worthington
Mr. Durwood Kirby Wynne
Mrs. Kathryn Fuller Yandell
Mrs. Patricia Hile Yewick
Ms. Kathrine Shea Zarbock
Dr. Christian W. Zauner
Mr. Ralph L. Zehring
Mrs. Kimberly Eastman Zirkle
Mrs. Heather O'Connor Zophy

Pecheles Sponsors 2005-2006 HHP Winner's Circle Breakfast

The 2005-2006 HHP scholarship awards event that recognizes the College's outstanding students will again be named the **Joe Pecheles Volkswagen, Inc. Winner's Circle Breakfast for the College of Health and Human Performance** thanks to the continued generosity of Mr. Brian Pecheles. Brian has served on the College of Health and Human Performance Advancement Council for over three years and has been extremely generous with both his time and resources. He is contributing an annual \$1000.00 scholarship for an outstanding College of Health and Human Performance student during the event. We are thrilled to have a local business with a reputation for excellence paired with top-caliber students at HHP. On behalf of our faculty, staff, students, and students' families, we extend great appreciation to Brian Pecheles for his continued generosity and support.



In Memoriam

Dr. Henry VanSant (1935 to 2006) (BS HPER '61; MAEd '62) leaves a legacy of significant contributions and outstanding leadership in many areas, including teaching, athletics, coaching, and administration. He served as a faculty member in the College of HHP at several points in his 36-year career and is remembered for his wonderful stories and love of sports, students, ECU, and his family. He could fill a room with his great spirit, energy and laughter.

Henry was a great athlete (lettering in football at ECU and receiving the ECU Outstanding Student-Athlete award as an undergraduate) and an excellent athletics administrator. After earning his masters degree in Education at ECU and his Ed.D. in Education from University of Alabama, he coached football and taught in the area of health and physical education at several high schools and colleges, eventually returning to his alma mater in 1985, where he served fifteen years as ECU Associate Director of Athletics for Administration. Henry VanSant was a man of great integrity and honor who was beloved by his colleagues and students. His loss leaves a void in our lives.

An HHP Tribute to College Cornerstone Society Members

was dedicated on January 28, 2006. Professor Emeritus, Tom Johnson, Sr., shown here with his wife, Phyllis, generously contributed financial support for the purchase of the Cornerstone Society wall that is now prominently located in the Minges Coliseum academic wing.



McGhee Named College of HHP Associate Dean

Dr. Susan A. McGhee, Associate Professor in the Department of Recreation and Leisure Studies, was recently appointed as an associate dean of the College of Health and Human Performance. Initially joining the faculty as our first certified therapeutic recreation specialist, Dr. McGhee has served in many capacities during her twenty-five year professional career at ECU. She has been the interim coordinator of her department and served as the option coordinator of Therapeutic Recreation for many years. She also represented the college as a long-time faculty senator and is currently a member of the Faculty Welfare Committee and is the college liaison to the University Undergraduate Curriculum Committee.

Her research areas of interest including professional credentialing and recreational therapy efficacy, reflect her commitment to professional preparation and practice. Dr. McGhee has served on both national and state therapeutic recreation certification boards and committees. As a member of the Alliance for Therapeutic Recreation Joint Task Force on Credentialing, she was a major contributor to the monograph, *State Recognition and Credentialing Options in Therapeutic Recreation: An Educational Resource* (2003). She received the College of HHP Professional Service Award in 2001 and has been the recipient of several awards of appreciation and excellence from both national and state recreational therapy associations. As a licensed recreational therapist, Dr. McGhee will continue to teach and conduct research. The knowledge and expertise she brings to her role as Associate Dean will benefit us all in the College of HHP.

Dave Alexander HHP Alumni Challenge

March 25, 2006

Dear Fellow Alumni:



As a student and an athlete at ECU I learned many valuable lessons that aided me in my professional and personal success throughout the years. My degree in Health/Physical Education from what is now called the College of Health and Human Performance provided me a very solid foundation for the business principles and leadership tools that have contributed to my success. I am very thankful for the educational experience that I received from ECU and specifically HHP. Those college days were extremely memorable and some of the best experiences of my life.

It is for all these reasons that I am giving of my time by becoming an active member on the College Advancement Council and my resources by establishing a \$5,000 fund to serve as a challenge to my fellow alumni to increase dollars and donors for HHP. My goal is to increase both new donors and current donors by getting you to stretch your gift by a minimum of \$25. The challenge works like this, any new or increased minimum gift of \$25 will be matched by my fund at the \$25 level essentially adding the value of \$25 to your gift. My hope is to both increase the dollars raised and increase the percentage of alumni donors to close to 10%. An increase of 200 new donors will get HHP to the 10% threshold. This percentage is important to the College as they try to raise foundation and corporate dollars for specific academic programs and research.

The beauty of this challenge is that your contribution can go toward any program or fund of your choice within the College of Health and Human Performance. You have total control over the academic unit or scholarship that your contribution aids. Your support at any level will advance the College in their pursuit of becoming a top ten Health and Human Performance institution in the country.

It is with pleasure and pride that I offer this opportunity for you to begin or increase your support to your academic home at your alma mater. Thank you for your consideration and support. Your contributions do make a difference.

Sincerely,

Dave Alexander, '67
Health/Physical Education

University and College Outstanding Faculty Award Recipients 2004-2006

Ms. Karen Vail-Smith (HLTH) 2005 ECU Max Joyner Award for Faculty Service Through Continuing Education for her outstanding work in the area of Distance Education.

Dr. Robert Hickner (EXSS) 2005 ECU Five-Year Achievement Award in Research and Creative Activity

ECU/HHP Scholar-Teacher Award

Dr. Tom Raedeke (EXSS) 2004-2005

Dr. David Rowe (EXSS) 2005-2006

HHP Ray Martinez Award for Teaching Excellence

Dr. Richard Williams (RCLS) 2004-2005

Dr. David Rowe (EXSS) 2005-2006

HHP Award for Outstanding Professional Service

Dr. James Decker (EXSS) 2004-2005

Dr. Deedee Glascoff (HLTH) 2005-2006

HHP Award for Outstanding Research

Dr. Tim Gavin (EXSS) 2004-2005

Dr. Scott Gordon (EXSS) 2005-2006



Department of Health Education and Promotion Alumnus Named Southwest Regional Teacher of the Year

Bradley "Luke" Hyatt ('05 MAED Health Education) was recognized by the North Carolina Department of Public Instruction in February 2006 as the **Southwest Regional Teacher of the Year**. He was also named

the **Peachland-Polkton Elementary School and Anson County Schools 2005-2006 Teacher of the Year**. Luke attended Anson County Schools as a youth, received his undergraduate degree from Wingate University, and returned six years ago to serve as a physical educator at one of the elementary schools he attended, as a youth, Peachland-Polkton Elementary School. He is one of eight nominees being considered for the title of North Carolina Teacher of the Year.

Emilie Tillie, *continued from front cover*

career option undertaken by few women, Emilie pursued her ambition to teach and coach with a determination and drive that characterized her long and notable career as an educator and administrator.

After initially teaching elementary education at Kempsville Meadows Elementary School in Virginia, she taught health and physical education and coached hockey and gymnastics at A.G. Cox High School. And what a teacher and coach she was! Her field hockey team won 98 of the 107 games they played. To this day, Emilie remembers her most enjoyable moments as those occurring as a classroom teacher and coach. She particularly loved working individually with students while watching them grow and develop.

But it was to leadership that Emilie was also drawn. In 1973, after earning her masters degree in education from the University of Virginia, she transitioned from teaching to administration, becoming the first female administrator in the Virginia Beach School System. During the course of the decade that followed, she served as an assistant principal at A. G. Cox High School and Green Run High School, and then as staff assistant to the Deputy Superintendent. She achieved another important first for women in 1985 when she was appointed the first female principal in the Virginia Beach School System. Her school leadership continued for another decade, first as principal of Princess Anne Junior High School and then as principal of A. G. Cox High School. Although officially retired in 1994, Emilie has remained intensely involved in administration, having served the Virginia Beach school system as interim principal for eight schools and twice as Assistant Superintendent. Today, she contributes her expertise to the Virginia Beach School System as the Hearing Officer for long-term suspensions and expulsions. Despite a busy schedule of weekly hearings, she maintains a diversity of interests such as frequent traveling, real estate, golf, and volunteering time with her church.

During the course of her remarkable career, Emilie Tilley has been a role model for women and for exemplary leadership. We are grateful for the leadership, wisdom, and service she so generously offers our College as a member of our advancement council.

2006 Membership Of HHP Advancement Council

2005-2006 Officers

Mr. Bob Basnight, Chair

Mr. Don Edwards, Vice Chair

Mr. Dave Alexander, Retired
Potomac Services, Inc.

Mr. Jimmy Creech, President
Industrial & Construction
Enterprises, Inc.

Mr. Don Leggett, Special
Assistant to Vice Chancellor
Institutional Advancement,
ECU

Dr. LeRoy T. Walker, President
Emeritus, NC Central
University and US Olympic
Committee

Mr. Harry "Hal" Baird
Senior Associate Athletic
Director
Auburn University

Mr. Don Edwards, President
University Book Exchange

Mr. Richard "Rooster" Narron
Sportsman World

Mrs. Renee Wareing, President
Coastal Scapes

Mr. Ronnie Barnes, Head
Athletic Trainer/
VP Medical Services
NY Giants Football

Ms. Carolyn A. Fulghum, ECU
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Mr. Brian Pecheles, General
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Mrs. Kim Davis Watson
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Wachovia

Mr. Jim Post, Owner
Post's Nursery

Mr. Jerry Wilkins, Senior Vice
President
Regional Corporate Banker
BB & T

Mr. Jack R. Bray, Vice
President/Mill Manager
Weyerhaeuser

Dr. Thomas H. Johnson, Sr.
ECU, Retired Professor

Ms. Emilie Tilley, Retired
Principal
Virginia Beach City Public
School System

Mr. Walter Williams, President
Trade Wilco

Mr. Mike Bunting, President
Rubbermill, Inc.

Ms. Alice Keene, Director
Community Schools and
Recreation
Pitt County Schools

Mr. Clay Walker, Senior Vice
President
National Football League
Players, Inc.

HHP Faculty Awards, Accolades, and Accomplishments

Dr. Stacey Altman (EXSS) and EXSS graduate student, **Katie Baer**, presented findings from a study on violence litigation at the 2006 Sport and Recreation Law Association conference in New Mexico.

Dr. Alice Anderson (HLTH), Environmental Health Graduate Program Director) completed a two-year Centers for Disease Control Leadership Institute. Dr. Anderson traveled to Beijing, China in 2005, representing the Security Studies Center in a course titled, "China's Outlook on Security." She presented a paper at the American Mosquito Control Association meeting in Detroit and will be speaking on technology in teaching at the Environmental Health Association meeting in June 2006.

Dr. Rick Barnes (HLTH), Graduate Director) attended a professional meeting in Dallas, Texas in 2006 to revise competencies for undergraduate and graduate health educators. The meeting was also attended by Drs. **Glascoff**, **Johnson** and **Chenoweth**.

Ms. Jessica Basilio (MA EXSS '04) joined the faculty in Exercise and Sport Science as a visiting instructor and research associate. She works with undergraduate students enrolled in the exercise physiology laboratory and conducts research in the Human Performance Laboratory.

Dr. Craig Becker (HLTH) continues his research and professional presentations in the area of wellness. An article authored by Dr. Becker and colleagues, **Dr. Deedee Glascoff (HLTH)**, **Dr. Terri Mitchell (HLTH)**, **Dr. Tom Durham (PSYC)**, and **Dr. W. Arnold**, will soon appear in the *Journal of Applied Social Psychology*. The article presents an investigation of methods used to assess health status. Dr. Becker was the recipient of a 2006-2007 State of N.C. grant for a college tobacco use prevention and cessation initiative.

Dr. David Chenoweth (HLTH), Program Option Director Worksite Health) has been actively engaged in research related to benefit cost analysis of worksite based health promotion efforts and the economic cost of physical inactivity and unhealthy lifestyles. In 2005, he authored a monograph titled, *The Economic Cost of Unhealthy Lifestyles in North Carolina*, published by Be Active North Carolina. He also collaborated on a Robert Wood Johnson Foundation grant to develop the nation's first physical inactivity cost calculator.

Dr. Jim Decker (EXSS) Graduate Director) presented "Physical Activities for Inclusion" with colleague and former graduate student, **Ann Hughes** at the North Carolina Conference for Visual Impairment at the Governor Morehead School for the Blind.

Dr. Paul DeVita and **Dr. Tibor Hortobagyi (EXSS)**, Biomechanics Laboratory) continue their work with thanks for contributions by their group of fantastic graduate students, **Erin Bushey**, **Allison Gruber**, **Patrick Rider**, **Paul Zalewski**, and post-masters researchers **Joe Helseth** and **Jonathan Armada**. Every member of this group has given or will give research presentations at professional meetings this year!

Dr. Dana Espinosa (EXSS), Program Coordinator BS Physical Education) wrote the Department accreditation reports for the State Department of Public Instruction and National Council for Accreditation of Teacher Education (NCATE) and coordinated the 2006 NCATE site visits for evaluating the pedagogy program. She also presented a paper on upper body strength in third, fourth, and fifth graders at the annual Southern District American Alliance of Health, Recreation, Leisure and Dance conference in Virginia Beach.

Dr. Cheryl Estes (RCLS) mentored an undergraduate RCLS student, **Daniel Theriault**, who received an ECU Undergraduate Research and Creative Activities Award for research titled, "How Can a Summer Camp Maximize Positive Outcomes."

Dr. Joseph Flood (RCLS) and two graduate students presented research at the Southeastern Recreation Research Conference in Wilmington, N. C. He and **Craig Colistra** presented a paper about using geospatial technologies for determining monitoring standards for campsites. He and **Nicole Lindsay** presented study findings about off highway vehicle use in national forests.

Dr. Glen Gilbert, representing the Provost, provided closing comments for the Coretta Scott King memorial event.

Dr. Deedee Glascoff (HLTH), Program Option Director Community Health) is currently vice chair of the ECU Faculty Senate and ECU delegate to the Faculty Assembly of the UNC System. At Faculty Assembly she serves on the Academic Freedom and Tenure Committee, and works with the ECU Parents' Council on reducing textbook costs. Dr. Glascoff continues her work with the Community and Child Health Network, a study funded by the National Institute of Child Health and Development. With colleagues in Psychology, she piloted a study in 7 eastern NC counties on community influences on prematurity and coordinated a meeting of national researchers of prematurity and child development.

Dr. Scott Gordon (EXSS) received a \$196,000 NIH grant to investigate aging, AMP Kinase, and skeletal muscle overload. Two doctoral students that Dr. Gordon is mentoring, **Christopher Westerkamp** and **Christopher Fick**, have received grants in support of their research from the Gatorade Sports Science Institute and American College of Sports Medicine respectively.

Ms. Kandy Houmard (EXSS) coordinated the Department's successful effort to obtain American College of Sports Medicine endorsement for the exercise physiology graduate degree option. The program was only the tenth in the nation to receive such endorsement.

Dr. Tony Laker (EXSS), Program Coordinator B.S. Sports Studies) was selected as the inaugural celebrity speaker at Christchurch Canterbury University, Kent, UK, speaking about the contribution of sport and physical education to community and global citizenship. In fall 2005 he traveled extensively collecting data on sport and citizenship and engaged in an honorary research fellowship at the University of Exeter, UK, working with Dr. Andrew Sparkes in the Qualitative Research Unit.

Dr. David Loy (RCLS) was named Outstanding Professor by the East Carolina University Department for Disability Support Services for his work with students with disabili-

ties. He also received local and state media attention for his research (ECU internal grant funded at \$21,000) on the influence of aromatherapy on the agitation and appetite of individuals with Alzheimer's Disease. In 2005, he and **Dr. Richard Williams (RCLS)**, Program Director Recreational Therapy) have been asked to lead the American Therapeutic Recreation Association Research Team.

Dr. Matt Mahar (EXSS), Director of Activity Promotion Laboratory) and EXSS colleagues, **Ms. Rhonda Kenny**, **Ms. Donna Scales**, **Ms. Tamlyn Shields**, and graduate student, **Ms. Tiana Miller**, developed classroom-based physical activities called *Middle School Energizers*. The energizers incorporate objectives for the NC Standard Course of Study so teachers can help students increase their physical activity levels during the school day with minimal loss of academic time. They will be available free to middle-school teachers.

Mr. Mike McCammon (EXSS), Program Coordinator BS Exercise Physiology) continues to direct the exercise-mentoring program for overweight teens during its second year. Undergraduate students in exercise physiology serve as exercise trainers for the teen participants.

Dr. Terri Mitchell (HLTH) was an expert panelist for the award-winning UNC television broadcast, "High School Assembly" on the topic of teen pregnancy. The broadcast was filmed on location at Washington High School in Washington, N.C.

Dr. Nick Murray (EXSS) gave an invited presentation for the North Carolina Department of Health and Human Services, Division of Child Development entitled: "ADHD: the Brain, Vision and Learning".

Dr. Gary Overton (EXSS) has accepted a position at ECU serving as the Assistant Athletics Director/Internal Affairs.

Dr. Robert Pfister (RCLS), Graduate Director) chaired the Recreation, Tourism, and Sports Specialty (RTS) Group of the International Association of American Geographers. He organized and chaired four paper sessions and chaired the business meeting of the RTS group at the annual meeting of the Association in Chicago. He and **Yasong "Alex" Wang (MS RLFSA '05)**, currently a doctoral student at Penn State University, presented a paper at the meeting.

Dr. Tom Raedeke (EXSS) served as Chair of the Health Psychology Committee of Applied Sports Psychology and Chaired the Sport Psychology Academy associated with the National Association of Sport and Physical Education. All members of a graduate course he teaches were involved in research that used a pedometer-based physical activity intervention.

Dr. David Rowe (EXSS), Program Director BS Health Fitness Specialist) Two students, **Jennifer Aycock** and **Ashley Guerieri** received undergraduate research scholarships to conduct research with Dr. Rowe in the Activity Promotion Laboratory. Graduate students working with **Drs. Rowe** and **Mahar**, **David Kemble** and **Bear Robinson**, presented research at the American College of Sports Medicine annual meeting in Denver and at a Walking for Health conference at the University of Illinois.

Dr. Carmen Russoniello (RCLS), Director Psychophysiological and Biofeedback Laboratory) continues his work with the NIH Clinical Center investigating the effects of recreational therapy on stress and mood among cancer patients. He, **Dr. Susan McGhee (RCLS)** and RTA graduate student, **Tami Maes**, presented a seminar on the longitudinal recovery of children who experienced posttraumatic stress disorder at the 2006 Society of Behavioral Medicine annual meeting in San Francisco.

Dr. Terry Senne (EXSS), Program Coordinator MAEd in Physical Education) received an ECU teaching grant to develop a physical education assessment portfolio simulation based on the National Board of Professional Teaching Standards. The project aids teachers who wish to pursue national certification and has been incorporated into a graduate pedagogy course that Dr. Senne teaches in the department.

Dr. Kindal Shores (RCLS) was named a Future Leader by the Society of Park and Recreation Educators in fall 2005. This prestigious award recognizes one individual from North America who recently completed a doctoral degree for excellence in teaching and research with the expectation of emerging leadership in the field. A graduate student she mentors, **April Evans**, received a best presentation award during ECU Graduate Research Day.

Dr. Tom Skalko (RCLS) received the Legislative Advocacy Award from the North Carolina Recreation Therapy Association for his work on the recently passed N.C. recreational therapy licensure bill. He, **Dr. Susan McGhee (RCLS)**, and a colleague authored a chapter on Therapeutic Recreation in the 5th edition of *Leisure Services in North Carolina*.

Dr. Katie Walsh (HLTH), Program Option Director Athletic Training) was named the 2006 College and University Athletic Trainer by the N.C. Athletic Trainer's Association. At the same meeting, **Rod Compton (HLTH)** and alumni **Ronnie Barnes**, were both recognized as a "Pioneer in N.C. Athletic Training". Dr. Walsh co-edited and authored two chapters in a new text, *General Medical Conditions and the Athlete*. She also led a successful accreditation visit for athletic training and is working with colleagues, **Dr. Stephanie Jevas** and **Dr. Anthony Kulas**, on developing a masters degree in athletic training.

Ms. Karen Vail-Smith (HLTH) continues to assist ECU faculty new to online teaching and has made four "Quick Start to Online Teaching" presentations this academic year. She and **Chuck Baldwin (HHP)**, Instructional Technology Consultant) were also featured presenters at ECU's "Teaching With Technology Think-In" event, presenting "Multipurpose Integrated-Media Modules: A New Interface for Online and In-class Instruction."

Dr. Max Zarate (HLTH) presented a paper in the Learning Alliances Symposium in Delft, The Netherlands co-authored with ECU colleague **Dr. Harold Stone** and Bolivian colleagues; two posters in the American Public Health Association annual meeting co-authored with MPH graduate and current HLTH graduate student **Jocelyn Wilcox**, **Dr. Deedee Glascoff**, **Andres Gaviria (EHST '05)**, and community-based organization representatives from Washington, N.C. Dr. Zarate is currently conducting research with EHST students on lead in water and nutrients reclamation in collaboration with the Greenville Utility Commission Water Resources Department.

News about you... Alumni

Alumni are the most important feature in HHP Visions and we want to hear from you. If you have news to share, please send it and we'll use it in the Alumni News section. Drop us a note with your comments & suggestions. Please include a recent photograph. Don't be shy! Let us and your classmates know what you're up to these days!

Name (first/maiden/current last name)

Class Year/Major

Spouse's name (first/maiden/current last name)

Class Year/Major

Street

Phone (Area Code)

E-Mail

City/State/Zip Code

Current Endeavors (attach additional sheets as necessary)

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