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## Chancellor Salutes Wounded Warrior Efforts and Visits Camp Lejeune

Chancellor Ballard shared pride in the wounded warrior training provided by the College of Health and Human Performance with a recent visit to Camp Lejeune in Jacksonville, North Carolina. At the Wounded Warriors Barracks, he and Dean Glen Gilbert toured the facilities that support injured Marines who reside east of the Mississippi River.



*Chancellor Ballard meets Wounded Warriors*

The Wounded Warrior Battalion is a transition assignment either to civilian life or back to duty. For Marines back to duty usually means back to combat and many in the battalion have experienced multiple tours in Iraq and Afghanistan and almost all are coping with Post Traumatic Stress

Disorder (PTSD). Lt. Col. Thomas Siebenthal, Commanding Officer of the Wounded Warrior Battalion East, led the tour, which began, with introduction of the staff and an overview of programs and future plans. He began by discussing how skeptical they were of ECU and the HHP Biofeedback program when we originally offered to help. He was willing to give it a try because Dr. Carmen Russoniello, associate professor and director of the program, is a Marine but Lt. Col. Siebenthal had to help “volunteer” a few Marines for the initial retraining program. Word quickly spread among the Marines that it was very helpful and the waiting list is now getting long. Joining the tour were Dr. Ledyard Ross, long time well know Greenville dentist and World War II Marine, Lt. Col. Steve Smiley retired, General Ray Smith retired, and General Robert Dickerson retired.

Chancellor Ballard had an opportunity to meet some of the Wounded Warrior Battalion Marines and hear about their very personal experiences. Chancellor Ballard noted, “The sacrifices by these young men are hard to understand until you meet them and hear of their great loyalty to their country and their fellow Marines. I am very proud ECU can help these special warriors.” Dean Gilbert commented, “It was very clear to us all how important this project is to the Marines. It made us all very proud of the role played by ECU in meeting some of the needs of these Marines.” Following the afternoon tour, the group attended a briefing on the expansion of the Marine Corps museum near the base and visited with a group of retired Marines.

The Psychophysiology Lab and Biofeedback Clinic in the Department of Recreation and Leisure Studies began the training program in February 2008. Dr. Russoniello describes the training as an education paradigm and uses video games, virtual reality and other researched based interventions to control anxiety, PTSD and other symptoms. Biofeedback training assists wounded soldiers in learning about themselves and how to control their symptoms.

*continued on next page*

## Message from the Dean



Greetings from all of us in the College of HHP. As you all must know the state and country are experiencing challenging economic times, which translates to us in HHP as budget reductions as well as very frugal practices. We are fortunate that the state of North Carolina understands the importance of quality higher education to the future of the state and despite difficult times will keep our

reductions to a manageable level of about 10% (at press time). Due to careful central management, that translates to HHP as a reduction of 5.45% or about \$570,000. These are serious reductions indeed, but manageable through not filling vacant positions and other frugalities that will result in no HHP terminations or reductions in force (RIFs) for the coming academic year. Faculty members may be teaching larger classes and more classes but we will do all we can to keep the quality high and meet the needs of our growing University. One casualty of the budget challenges will be mailed newsletters and most publications. We are sending out one post card to announce the online newsletter but do not know if we can even do that in the future.

As most of you know Peter Farrell decided to return to the classroom and we have been searching for a new Chair. We are very pleased that after a national search, Stacey Altman has been named the Chair of EXSS after serving for a year in the interim role. You will find more about her elsewhere in the newsletter. We soon will be able to announce a new Chair for RCLS. Sharon Knight continues as interim department Chair of HE&P while David White serves as interim dean of Technology & Computer Science for another year. Jim Decker has agreed to continue on as Associate Dean along with Susan McGhee. These roles continue to increase in complexity and challenges. I sincerely thank all of these HHP leaders for their dedicated work.

We are sorry to share the news of the passing of Bob Gantt (Robert B. Gantt, Ph.D., HPERs 1962-1993) and Ralph Steele (Ralph H. Steele, Re.D., HPERs 1960-1990) who were a very big part of the history of this college.

Thank you for your continued interest in ECU and HHP. We pledge to you to continue to provide the best possible education for our students. Your success, energy and support continue to be our greatest assets in advancing the College of Health and Human Performance. These challenging times will mean we need your support more than ever. As you will note we have suspended the mailing of the newsletter until the financial situation is better or a donor wishes to support the production. We know we will miss many of our alumni so we hope you will spread the word to go to our web site.

Glen G. Gilbert, Ph.D.  
Professor & Dean

*continued from Chancellor Salutes Wounded Warriors*

The Biofeedback Clinic held a grand opening in March, 2009 and featured keynote speaker, Jay Kopleman, retired Lieutenant Colonel in the U.S. Marine Corps, and New York Times best selling author. The event was well attended and included Provost Sheerer and her husband Earl along with many ECU faculty and students.

Kopleman wrote of his experiences as the liaison officer to an Iraqi Army battalion in the book, "From Baghdad with Love: A Marine, the War and a Dog Named Lava." He is well versed on the effects of PTSD and also speaks on the increasing rates of suicide, substance abuse, and homelessness among our veterans. A panel of Marines and one Corpsman discussed the very positive impact the program has on their lives.



Jay Kopleman

ECU News Bureau Photo

## Military Program News

ECU Air Force Reserve Officer Training Corps (ROTC) commissioned five new Second Lieutenants who will enter the career fields of nursing, pilot, public affairs and logistics.

Additionally, 16 cadets were prepared to attend a 28 day course field training at Maxwell Air Force Base in Alabama. Along with physical fitness and academic courses, cadets also participated in a confidence course, a leadership reaction course, and marksmanship training. Lt. Col. Patricia Sergey performed duties as Director of Operations and Capt. Kimberly Thomas taught Academic Instructor School.

ECU Army ROTC commissioning was held in May, 2009 at the Brook Valley Country Club. Ten cadets took oaths to become Army officers and five were recognized by Cadet Command as Distinguished Military Graduates.

Army ROTC fielded a team at the illustrious Sandhurst Military Skills Competition, held annually by the United State Military Academy at West Point. The competition is designed to test the ability to shoot, move, and communicate. ECU placed 3rd best ROTC program in the nation.

## Student News

Miesha Sheffey, an undergraduate in the department of HE&P, pursuing a dual degree in Health Education and Environmental Health, was selected for the Pre-Health Professions Program through Air Force ROTC. This program provides a full scholarship to medical school. This is a highly competitive program only awarded to 25 cadets nationwide each year. She was also one of only three ECU Air Force ROTC cadets to be awarded a Commander's Leadership Scholarship.

## Dr. Stacy Altman Chosen as Chair of Exercise and Sport Science

After a national search, Dr. Stacey Altman has been chosen as chairperson of the Department of Exercise and Sport Science. Dr. Altman, an Associate Professor, has been serving as interim chairperson of the department since fall 2008. Dr. Altman earned an undergraduate degree from Coastal Carolina University and a master's at the University of Georgia. She earned a doctorate in law from the University of Alabama. At ECU since 2002, Dr. Altman has coordinated the Sport Management concentration of the MS in Exercise and Sport Science. She spearheaded approval of the concentration by the Sport Management Program Review Council of the North American Association for Sport Management/National Association for Sport and Physical Education. The Sport Management area has grown to be one of the most popular graduate concentrations offered by the Department. Dr. Altman has served on the University Athletic Committee and Faculty Senate Academic Standards Committee. "I am excited to have the opportunity to serve a dynamic department seeking to fulfill such an important mission" stated Dr. Altman.



## Helping Schools Make the Grade in Health Education

The Department of Health Education and Promotion was recently awarded a \$204,000 contract over two years from the North Carolina Health and Wellness Trust Fund to create and implement the A+ Fit School Designation and Grants Program. This initiative is designed to recognize and reward schools who demonstrate the use of effective policies, programs, and services to promote healthy eating, physical activity, and tobacco free lifestyles while improving the health and well-being of students and staff members. Schools may apply for the A+ Fit School Designation and upon receiving this designation; they will receive a \$1,000 award, a web banner, school signage, and the opportunity to showcase their best practices as model schools. Designee schools offer quality physical education and health education programs, provide healthy food and beverage options for staff and students, create innovative opportunities for physical activity, offer comprehensive employee wellness programs, structured health-enhancing before and after school programs, and demonstrate excellence in school health policies and practices. Designations are valid for three years. The A+ Fit School Program is also helping schools work toward designation status by offering up to ten mini-grant awards. Each award will provide up to \$7,500 for schools demonstrating need, proven capacity, and promising opportunity for positive change in addressing a healthy school environment, physical activity, and/or healthy eating for school staff members and students. For more information regarding this program, please contact Dr. Michele Wallen (252-737-1535 or wallenm@ecu.edu).

## Pecheles Breakfast Celebrates Scholarship Donors & Recipients

In appreciation of our scholarship donors and in recognition of the achievements of our students, the Joe Pecheles Volkswagen Inc. Winner's Circle Breakfast was held at the Hilton Hotel on April 3, 2009. Scholarships in the College of Health and Human Performance have grown to more than 30 named scholarships valued between \$500 - \$2,000 each and are awarded to our most deserving students.

The continued generosity of Joe Pecheles Volkswagen, Inc. made it possible for nearly 200 students, faculty, family members and others supporters to attend this annual event. Dean Glen Gilbert thanked Brian Pecheles, President, for his generosity in funding the breakfast.

Students took the opportunity to thank the donors of their scholarships in person and donors enjoyed learning more about the academic achievements of the students who benefit first hand from their gifts. Outstanding seniors from Exercise and Sport Science, Health Education and Promotion, and Recreation and Leisure Studies were also recognized.

## University Women of Distinction Named

Department of Health Education and Promotion Teaching Instructor, Karen Vail-Smith was honored as one of ten ECU "Women of Distinction" in March, 2009. This biannual award recognizes outstanding contributions by women within ECU and surrounding communities.

Karen, an alumna and recent inductee into the Servire Society, is widely recognized for her excellence and innovation in teaching, research, and service. She received the 2008 University of North Carolina Board of Governor's Distinguished Professor for Teaching Award. In addition, she was inducted into the national honorary, Phi Kappa Phi, and was selected by the ECU Office of Academic Outreach as one

of four university "coaches" for faculty who are teaching on-line. In 2007 she received the University Alumni Award for Outstanding Teaching and the College of Health and Human Performance Ray Martinez Award for Teaching Excellence. She was also the 2005 recipient of the prestigious on line teaching Max Ray Joyner Award for Faculty Service through Continuing Education.

A founding board member of the Adventures in Health Children's Museum, Karen is also the co-writer and co-producer of nationally distributed educational health videos for youth. She is the recipient of twenty-five grants and serves on seventeen University committees.



## Environmental Health Sciences Alumni Reunion & Mini Symposium

Environmental Health Sciences in the Department of Health Education and Promotion hosted an Open House on March 20, 2009 that included a Mini Symposium on the Application of Chromatography and Mass Spectrometry in Environmental Analysis and Food Safety. Dr. Trenton Davis, founding father of ECU Environmental Health Sciences program, was honored at the alumni reunion dinner. The event was co-sponsored by Agilent Technologies and the ECU Alumni Association.

### *In Memoriam*

**Dr. Ralph Steele**, Professor Emeritus, died March 6, 2009 at the age of 79. Dr. Steele founded the degree program that became the Department of Recreation and Leisure Studies. After teaching at East Carolina University 30 years, he retired in 1990. He was an avid sailor and participated in numerous sport activities.

**Dr. Robert Gantt**, Professor Emeritus, died May 30, 2009 at the age of 79. After a distinguished coaching and teaching career at Albemarle High School, he came to ECU in 1961 as an assistant football coach and faculty member. He served as Chair of the Department of Exercise and Sport Science following his coaching role on the ECU wrestling and football teams. In 1993, he retired and moved to Charlotte, North Carolina.



1st Row from left to right: Kim Watson, Emilie Tilley, Walter Williams, Sharon Knight, Glen Gilbert, Jerry Tolley, Carolyn Fulghum, and Mike Bunting  
 2nd Row: Duane Grooms, Jim Decker, Jim Post, John Hudson, Joe Fridgen, Susan McGhee, Don Leggett, Stacey Altman, Alice Keene, and Ed Mizell

## HHP Advancement Council 2008-2010 Officers

**Mr. Mike Bunting, Chair**

**Mr. Jim Post, Vice Chair**

Mr. Dave Alexander, Retired  
 Potomac Services, Inc.

Mr. John Hudson, First Vice  
 President, Morgan Stanley

Mr. Jim Post, Owner  
 Post's Nursery

Dr. Leroy T. Walker, President  
 Emeritus, NC Central University  
 and US Olympic Committee

Mr. Ronnie Barnes, Head  
 Athletic Trainer/VP Medical  
 Services NY Giants Football

Dr. Thomas H. Johnson, Sr.  
 ECU Professor Emeritus

Dr. Dennis Ross  
 Ross Orthodontics

Mrs. Kim Watson  
 Pharmaceutical Representative  
 Novo Nordisk

Mr. Mike Bunting, President  
 Rubbermill, Inc.

Ms. Alice Keene, Director Com-  
 munity Schools and Recreation,  
 Pitt County Schools

Ms. Emilie Tilley, Retire Principal,  
 Virginia Beach City Public School  
 System

Mr. Jerry Wilkins, Retired  
 Senior Vice President BB&T

Mr. Jimmy Creech, President  
 Industrial & Construction  
 Enterprises, Inc.

Mr. Don Leggett, Special Assistant  
 to Vice Chancellor for University  
 Advancement

Dr. Jerry Tolley  
 Director of The Elon Society  
 Elon University

Mr. Walter L. Williams  
 President  
 Hess Trade Wilco

Mr. Don Edwards, President  
 University Book Exchange

Mr. Ed Mizell, Retired  
 District Manager  
 Coca-Cola

Mr. Clay Walker, Consultant  
 Fantasy Sports Ventures

Ms. Carolyn A. Fulghum, ECU  
 Retired Assistant Vice Chancellor

## Understanding Women's Leisure Time Physical Activity as They Age

As people age, their participation in physical activity often decreases which can lead to obesity, Type II Diabetes and even difficulty performing the activities of daily living. Together with a colleague at Appalachian State University, Dr. Kindal Shores in the Department of Recreation and Leisure Studies has been working with 120 women in Pitt and Watauga counties in North Carolina to understand rural and suburban women's preferences and support systems for physical activity. Women completed a journal which logged all of their physical activity for one week and wore an accelerometer which measured the intensity of their physical activity. The research also included a questionnaire and assessments of the neighborhoods and parks available for physical activity. Early findings indicate that rural women prefer to walk in and around their homes although few supports (trails, parks, sidewalks) are available to encourage this preference. Suburban women have greater access to nearby walking areas and recreation programs for physical active leisure. Despite this, suburban women were less active. When active, their physical activity occurred more often in gyms instead of outdoors, was undertaken without friends or family, and was reported as being less enjoyable. Understanding women's activity patterns will allow researchers to design effective interventions to increase mature women's activity levels.

# Faculty and Staff Achievements, Accolades, and Awards

## HHP Faculty

### Award Recipients

2008-2009

#### ECU/HHP Scholar-Teacher

Dr. Craig Becker

Department of Health Education  
and Promotion

#### ECU Women of Distinction

Dr. Karen Vail-Smith

Department of Health Education  
and Promotion

#### Ray Martinez Teaching Excellence Award

Ms. Debra Tavasso

Department of Health Education  
and Promotion

#### College of HHP Outstanding Researcher

Dr. Darrell Neuffer

Department of Exercise  
and Sport Science

#### College of HHP Outstanding Professional Service

Dr. Alice Anderson

Department of Health Education  
and Promotion

**Dr. Craig Becker** (HE&P): Appointed to the Service and Leadership Circle of the National Wellness Association.

**Dr. Boni Boswell** (EXSS): Attended a month-long teacher training course, DanceAbility, in Helsinki, Finland. The course was primarily a study of movement improvisation that included methods for including all students (with and without disabilities) in dance.

**Dr. Sloane Burke** (HE&P): Appointed Fellow of the University of North Carolina at Chapel Emerging Leaders in Public Health, received a fellowship from the Medical Education Fellowship to travel to Cuba and China, serves on the editorial board of the journal of Family Violence Prevention & Health Practice, and received a grant from the Association for Prevention Teaching and Research (APTRE) funded by the CDC to collaborate and further integrate public health curriculum into undergraduate education.

**Dr. David Birch** (HE&P): Invited to participate in the American Cancer Society/Centers for Disease Control and Prevention School Health Education-Higher Education Academy in Atlanta GA.

**Dr. Don Chaney** (HE&P): Served on the Board of Directors of the American Association for Health Education, Associate Editor of the American Journal of Health Studies, and Guest Editor for the American Journal of Health Studies and International Journal of Health Education.

**Dr. Jennifer Cremeens** (HE&P): The 2009 recipient of the Judith Miller Chair's Award for outstanding service to the Public Health Education and Health Promotion section of the American Public Health Association (APHA). The award will be formally presented at the November, 2009 APHA meeting in Philadelphia, PA.

**Dr. Jennifer Cremeens** and **Dr. Beth Chaney** (Former HE&P): Received a grant from the U.S. Department of Education to address high-risk drinking among college students. This grant seeks to increase prevention efforts in the Greenville community through collaboration between ECU and Pitt Community College.

**Dr. Nelson Cooper** (RCLS): Appointed to and completed the 2009 Chancellor's Leadership Academy, recognized as an ECU Leadership Fellow, and serving as the Coordinator of the North Carolina Recreation and Parks Performance Measures Benchmarking Pilot Project

**Dr. Kathy Davis** (EXSS): Serving as the National Association for the Accreditation of Teacher Education Board of Reviewers, and Carol M. White Physical Education for Progress Grant Reviewer for the US Department of Education, and elected Publications Coordinator by the National Association for Sport and Exercise.

**Dr. Jim Decker** (EXSS): Serving as Secretary to the Executive Committee of Easter Seals/United Cerebral Palsy of North Carolina, Inc, serving on the Greenville Advisory Board of the State Employees Credit Union.

**Dr. Paul DeVita** (EXSS): Served as Secretary-Treasurer of the American Society of Biomechanics.

**Drs. Dana Espinosa, Kathy Davis and Ms. Eva Price** (EXSS): Attended a two day SPARK (Sports, Play & Active Recreation for Kids, Grades 3-6) training in Raleigh. The SPARK programs are designed to include all children, incorporate social skills, and emphasize health related fitness and skill development. Dana and Kathy will integrate SPARK in undergraduate and graduate methods classes beginning this fall.

**Dr. Joe Fridgen** (RCLS): Inducted as a Fellow into the American Leisure Association.

**Dr. Janet Funderburk** (RCLS): Serving as Chair of the Board of Directors of the Southeast Recreational Therapy Symposium.

**Mr. Mike Hanley** (HE&P): Received the 2009 National College and University Head Athletic Trainer of the Year Award for Division I Schools presented by the national Athletic Trainers' Association.

**Dr. Matt Mahar** (EXSS): Serving on the Scientific Advisory Board of the President's Council for Physical Fitness.

**Mr. Dean Morris** (HHP): Nominated as the Office of Student Employment 2008-2009 Supervisor of the Year.

**Mr. Milt Sherman** (EXSS): Published a novel entitled "Wrestling Spoken Here"

**Dr. Thom Skalko** (RCLS): Awarded the Presidential Citation by the American Therapeutic Recreation Association.

**Dr. Michele Wallen** (HE&P): Received the 2009 Horizon Award from the American Association for Health Education.

**Dr. Clifton Watts** (RCLS) and **Dr. Paige Schneider** (RCLS): Co-developed a summer study abroad program to Australia and Fiji. Seven ECU students participated in the 5-week course, Sustaining Human Societies and the Natural Environment. Students were from a variety of majors including Chemistry, Hospitality Management, Exercise Science, and Audiology. The program, in partnership with American University International Program (AUIP), will be offered by RCLS again in May 2010.

**Dr. Bob Wending** (RCLS): Supervised student development of comprehensive recreation and parks master plans for Bladen and Camden counties.

# 2009-2010 Student Scholarship Recipients



## University Book Exchange Scholarship

Kristin Carbonara

## Gravelly Foundation Scholarship

Anja Chillemi

## William E. Cain Scholarship

Emily Strickland

## Joe Pecheles Volkswagen, Inc. Scholarship

Jaime Tosh

## Emilie Tilley Scholarship

Tracey Woodlief

## Walter & Marie Williams Scholarships

Catherine Parker

Taryn Burns

Crystal Ellis

Phelan Fletcher

## Jimmy E. Creech Endowed Graduate Fellowship

Deborah Barr

## John P. and Harriet I. Hudson Scholarship

Barbara Sage

## Captain Christopher Cash Memorial Scholarship

Nathaniel Evans

Scott Olson

## David Alexander Scholarship

Brittney Sledge

## Abeyounis Family Scholarship

Kevin Hopkins

## Exercise and Sport Science

## G. Brantley & Barbara F. Aycock Scholarship

Tommy Cobb

## Gay Blocker Scholarship

Emily Jordan

## George Williams Memorial Scholarship

Addison Cox

## Nell A. Stallings Scholarship

Elizabeth Allsbrook

## Catherine A. Bolton Scholarship

Jay Hardin

## Dr. Jimmie R. Grimsley Scholarship

Kristin Reinhardt

## Mike Bunting Scholarship

Johann Gylfason

## Ernest Schwarz Memorial Scholarship

Jeremy Helsabeck

## Merry Sandra Aycock Kennedy Scholarship

Brandelyn Breinig

## Catherine V. McCulley Memorial Scholarship

Audrey Eaves

## Health Education and Promotion

## Ronnie P. Barnes Scholarship

Allison Honeycutt

Leslie Dent

## Sports Medicine Alumni Scholarship

Leslie Dent

Adam Wall

## Chenoweth & Associates Worksite Health Scholarship

Lauren Griffin

## Mike Bunting Scholarship

Rachel Newbern

## Mollie Berry Davenport Scholarship

Elizabeth Lancaster-Shepherd

## Patricia C. Dunn Scholarship

Tresor Medju

## Trenton and Kay Davis Scholarship

Miesha Sheffey

## Henry VanSant Memorial Scholarship

Lauren Griffin

## Recreation and Leisure Studies

## Charles A. Vincent Memorial Scholarship

Marissa Jones

## Mike Bunting Scholarship

Eric Martin

## Keene Spirit of Service

Stephanie Forrester

## RCLS Graduate Scholarship

Svitlana Iarmolenko

## Outstanding Graduate Awards Spring 2009

### Exercise & Sport Science

Andrew Riggan/Exercise Physiology

Mackenzie Gibbons/EXSS

Chip Davis/Health Fitness Specialist

Lori Patterson/Physical Education

Katherine Moore/Sports Studies

*Overall Outstanding Graduate 2008-2009*

Mackenzie Gibbons

### Health Education & Promotion

Matthew Lisk/Athletic Training

Jean Bunch/Community Health

Michael Bowe-Rahming/Environmental Health

Amber Pulaski/Pre-health Professions

Emily Byrd/School Health Education

Patricia Monroe/Worksite Health Promotion

*Overall Outstanding Graduate 2008-2009*

Amber Pulaski

### Recreation & Leisure Studies

John Elam/Recreational Therapy

Aubree Schutt/Recreation and Park Management

*Overall Outstanding Graduate 2008-2009*

John Elam

## HHP Alumni News

**Kimberly Blue** ('05 BS Exercise and Sport Science) works for ESPN as the Employee Wellness & Service Representative and serves as the Program Director and Internship Coordinator.

**Michael Edwards** ('01 MA Health Education) currently holds the Health Education Program Manager position with the Patrick Air Force Base in Florida.

**Curtis Frye** ('74 BS Health and Physical Education) earned the prestigious award, The Order of the Palmetto, that recognizes lifetime achievement and service. It is among the highest civilian honor bestowed by the Governor of South Carolina. Curtis is head track and field coach at the University of South Carolina.

**Jerry McGee** ('65 BS Health and Physical Education) served as a referee for the Bowl Championship Series (BCS) between Oklahoma and Florida. This 404th game ended his career as a football referee. Dr. McGee is president of Wingate University.

**Vann Pennell** ('77 BS Health & Physical Education; '81 MA Education; '92 Ed.S) was named the 2009 Wachovia Principal of the Year. He is currently the Principal at South Brunswick High School in South Port, North Carolina.

**Carol Jones Shields** ('94 BS in School & Community Health; '00 MA in Health Education) recently co-presented a session on Rural Business Development with Dr. Pat Long, Director of the ECU Center for Sustainable Tourism, at the Association of Resource Conservation & Development Councils' National Conference in Albuquerque, New Mexico. Carol serves as an advisory council board member of Mid-East RC& D and Halifax County Cooperative Extension as well as an executive board member for Roanoke River Partners, Halifax County Tourism and NC Paddle Trails Association. She is also a lifetime member of the ECU Alumni Association and is the grandmother of three grandchildren – Coby (7), Carter (5) and Cloei (2).

**Joseph Sutton** ('05 BS Worksite Health Promotion; '08 MS Environmental Health) and his wife Olivia, announce the birth of their daughter, Danica Carrie Sutton. She was born December 27, 2008.

**Ben Teal** ('01 MS Environmental Health) attained the Certified Safety Professional (CSP) certification. The Board of Certified Safety Professionals (BCSP) is recognized as the leader in high-quality credentialing for safety, health, and environmental practitioners in order to enhance the safety of people, property, and the environment.

**Roy Turner**, ('79 BS Health and Physical Education) Athletic Director at Ashley High School in Wilmington was recently honored at the North Carolina Athletic Directors Association (NCADA) Convention as the Athletic Director of the Year. He also has been nominated as the North Carolina representative for the national Distinguished Service Award in the field of athletic administration and for the national Frank Kovaleski Award, given for contributions to the field of professional development. These two national awards will be announced at the National Interscholastic Athletic Directors Association meeting in December.

### College of Health & Human Performance

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*Lt. General Gary North '75 (right) and Lt. Colonel Frank Zane '93 are standing on the Air Force house roof top of the Victory Base Complex in Iraq. Behind them is the Al Faw Palace, former Baghdad palace of Saddam Hussein, now the headquarters for the Multi National Force-Iraq. Several days before this photo was taken, Lt. General Gary North spoke at the College of Health and Human Performance Spring Recognition Ceremony.*