Sample Student

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Home (252) 328-6050

Home Address
701 E. Fifth St.
Greenville, NC 27858

OBJECTIVE

I seek a clinical exercise physiologist position within a hospital research setting, utilizing my skills in VO2 max testing, fitness assessment, and exercise prescription.

CAPABILITIES PROFILE

Fitness Assessment VO2 Max/submax testing Cellular Respiration Movement Analysis
Chronic Disease Exercise Programming Exercise for Special Populations
Exercise Prescription EMG Reading Muscle Fiber Type Analysis Internet Explorer
Microsoft Excel, Word, SPSS, Publisher, Powerpoint BreatheDeep Max VO2 software

EDUCATION

Master of Science: Exercise Physiology - May 2006
East Carolina University

Bachelor of Science: Exercise Physiology - May 2004
East Carolina University

SELECTED COURSEWORK

Cardiac Physiology, EMG Analysis, Advanced Exercise Prescription, Techniques of Biomechanical Assessment, Clinical Exercise Assessment & Testing, Physical Activity Psychology, Exercise Physiology, Exercise Evaluation & Prescription, Biomechanics, Kinesiology, Cellular Physiology, Motor Learning & Development, Physics, Anatomy & Physiology, Exercise Adherence, Exercise for Special Populations, Exercise and Aging, Exercise Leadership, Principles of Physical Education

ACCOMPLISHMENTS

- Thesis abstract published in the Journal of Exercise and Sport - Dec 2006
- 4.0 GPA upon completion of Master's program
- Graduated Magna Cum Laude as a undergraduate
- Selected to assist in research of diabetic athletes with top UNC system professors - Diabetic Athlete Enrichment Grant: Jan-Dec 2007
- Achieved ACSM Exercise Specialist Certification: August 2006

EXPERIENCE

ECU F.I.T.T. Building Greenville, NC Jan 06 - Dec 06
Graduate Exercise Testing Intern
The F.I.T.T. (Fitness Instruction Training and Testing) Building at ECU serves undergraduate and graduate students alike in promoting exercise testing, training, and instruction. Community professionals such as the Greenville Police Department test workforce members prior to placement on full-time duty. The facility houses equipment sufficent to provide a safe, effective exercise environment for low, moderate, and some high cardiovascular disease risk patrons.

- Prepared EKG, ventilation, and exercise equipment and patients for testing and training.
- Cleaned, tested, and maintained ventilatory and EKG testing equipment.
- Monitored low and moderate-risk patients, alongside M.D.'s during maximal exercise testing.
- Anaylzed EKG information post-exercise to determine heart function abnormalities.

Duke Univeristy Center for Living Durham, NC May - Aug 2005
Clinical Exercise Intern
The Duke University Center for Living is a state of the art wellness facility serving persons in excellent to poor physical and cardiovascular health, including those with chronic and acute diseases. It is part of the Duke University Health System.

- Performed movement analysis of elderly athritis patients.

- Performed muscle fiber type analysis of elderly athritic patients.
- Conducted submaximal exercise testing under M.D. supervision of elderly arthritic patients.

ECU Exercise Physiology Laboratory Greenville, NC Jan 05 - May 05
Graduate Research Assistant
The ECU Exercise Physiology Lab provides research and learning opportunities and equipment for undergraduate and graduate students and serves as the place of data collection for Ph. D exercise science instructors.

- Assisted in the collection of pre-, during, and post-exercise testing of undergraduate exercise physiology students.
- Completed muscle staining and fiber type analysis for diabetes, arthritis, and muscular dystrophy research.

PROFESSIONAL AFFILIATIONS

Member: American College of Sports Medicine
NIH Partners in Health Campaign

EXTRACURRICULAR ACTIVITIES

EXSS Graduate Student Organization: Treasurer
Active Member Greenville Community Church
Special Olympics Volunteer: 2000-present