

Sample Student

careers@ecu.com

Home (252) 328-6050

Home Address

701 E. Fifth St.
Greenville, NC 27858

SELF-DESCRIPTION

Determined and positive, I enjoy using physical education classes as to open children's eyes to the benefits and enjoyment of regular physical activity.

OBJECTIVE

I seek a position instructing physical education for elementary school-aged children utilizing my skills in activities design, cooperative games, and physical fitness.

CAPIBILITIES PROFILE

Behavior Management Techniques, Collegiate Athlete, Public speaking, Game Design MS Office, Macintosh proficient, Inclusive Activity, Planning & Evaluation, Curriculum Development, Current CPR/First Aid/AED/BBP certifications, NC Teaching License " Physical Education (May 2006)

EDUCATION

Bachelor of Science in Physical Education, May 2006
East Carolina University Greenville, NC
Minor: Health Education GPA: 3.708

SELECTED COURSEWORK

Motor Development, Motor Learning & Performance, Dance in the Schools, Children's Movement Patterns, Gymnastics in the Schools, Structural Kinesiology, Teaching Skillful Movement, Lifetime Activities, Team Sports I & II, Track & Field/Physical Conditioning, Program Development & Management in Physical Education, Elementary School Instruction in Physical Education, Exercise Physiology, Exercise Evaluation & Prescription, Biomechanics, Physics, Anatomy & Physiology, Exercise Adherence, Exercise for Special Populations, Principles of Physical Education

EXPERIENCE

Greatjob County Schools Newport, NC
Student Teacher-Physical Education

Jan 2005-June2005

Al Bundy Middle School serves over 750 6th, 7th and 8th grade children. I served as physical education student teacher for the rural areas of Greatjob county.

- Logged over 40 contact hours per week.
- Participated in faculty/staff trainings, workshops, and weekly meetings.
- Implemented an American Heart Association-approved activity program.

Growing Up FIT! Program Greenville, NC
Physical Activity Mentor

May 2004-Dec 2004

Growing Up FIT! is a school-based, physical activity program designed to improve the health of at-risk elementary school-aged children through physical activity and dietary intervention. My function was to instruct and lead games and activities boosting physical activity for children grades 2-5.

- Created the step reward system still used by FIT!
- 10 of my mentored children dropped 4 BMI points within five weeks of activity

Beaufort County Schools Washington, NC
Physical Education Volunteer

May 2003-May 2004

he Beaufort County Schools Middle Grades Physical Education program has been cited by the State of NC for excellence in teaching each year since 1999. I volunteered in the early afternoon P.E. classes helping Nationally Certified Instructors deliver dynamic sport and exercise programming.

- Logged over 50 hours of observation and instruction
- Developed a high-intensity cardiovascular-targeted game called "Kickoff"

PROFESSIONAL AFFILIATIONS

National Association for Sport and Physical Education member

National Intramural And Recreational Sports Association member

American Association for Health, Physical Education, Recreation and Dance member

EXTRACURRICULAR ACTIVITIES

Volunteer:

• Pitt County Senior Games - 2003-2005

• Mecklenburg County Family Violence Program - 2000-2003