

Rec R. Eight

111 S. Easter Street
Greenville, NC 27858

333.999.5555
recreeight@yahoo.com

Objective: An entry-level Recreational Therapy position utilizing my knowledge of biofeedback, aquatics and behavior management.

Capabilities Profile:

My proven capabilities are applicable in a variety of areas, including:

Sports	Aquatic Therapy	Animal-Assisted Activities
Biofeedback	Sensory Stimulation	Outdoor Programming
Dance Therapy	Stress Management	Disability Recreation

Education: BS in Recreational Therapy, August 2005 East Carolina University, Greenville, NC
GPA 3.2 (On a 4.0 scale)

Related Course Work:

Recreational Research Methods & Techniques, Recreation Therapy Interventions & Techniques, Recreation Facilities Management, Biofeedback, Aquatic Therapy, Recreation Therapy, Program Design, Inclusive Recreation, Administration of Leisure Services

Experience:

- Recreation Therapy Intern: ViQuest Health Center, Greenville, NC. 01/05 – 05/05
- Applied biofeedback principles and therapy techniques.
 - Assessed client status: pre-treatment, mid-treatment, post-treatment and evaluated treatment efficacy.
 - Applied behavior management techniques for special needs children from 4 years-12 years.
 - Reformatted data entry system used to add categories, efficiency, and usability
- Horizons Day Treatment Program, East Carolina University, Greenville, NC 05/04 - 8/04
- Assisted in program design for children with documented moderate to severe behavior problems.
 - Utilized athletics, arts & crafts, music, outdoor activities, and tai chi as therapeutic tools.
- A.R.I.S.E. Program Volunteer, East Carolina University, Greenville, NC 01/04 - 12/04
- Assisted in delivery and operations of adapted sports, water ski clinics, and recreation.
 - Assisted clients with disabilities such as blindness and paraplegia fit weight equipment and machines to personal use.
- Locker Room Attendant, Carolina Hurricanes NHL Team, Greensboro, NC 09/97-05/99
- Assisted in cleaning, maintenance or locker room and customer service to athletes.

Miscellaneous Accomplishments:

Designed, implemented, and evaluated an entry level ADD treatment program for ADD-diagnosed client in the ECU Biofeedback Lab.

- Completed analysis of behavior and symptoms, including behavioral mapping, document analysis, and circadian rhythms.
- Proposed and received approval for three times per week treatment protocol addressing focus, behavior, and bladder control.
- Evaluated and conducted detailed assessments on above mentioned criteria: Student's GPA went up 1.2 points, has received "significant behavioral and focus improvement" comments from all elementary school instructors, and bed wetting decreased 85% in the first six weeks, with no known incidents in the last four weeks.

Organizations and Affiliations:

- Four year member of the East Carolina Recreation Society
- Served as Vice President from 12/03-12/04
- Four year member of the East Carolina Club Soccer Team
- Two year member of the East Carolina Water Polo Club Team
- East Carolina University Healthy Pirates Club Member
- Honors Program Student
- Student Recreation Advisory Board

References available upon request.