Based on your meeting with a conduct administrator regarding your situation, you have been assigned to reflect on your behavior, choices you have made, and how they fit into why you are at ECU. As you examine your use of alcohol and life goals, please answer each of the questions listed below. Your response for each question must be one full page.

Your paper must be a minimum of three pages, typed, 12 pt Times New Roman style font, single-spaced, and in essay format. The paper is expected to meet the University’s academic standards for grammar, style, and quality of research. Please take the time to write clear and well-developed answers. This assignment is not to be used as an opportunity to criticize policies or laws.

Failure to meet the requirements listed above may result in you being required to do the assignment again. If you have questions, please contact the conduct administrator who assigned you this sanction.

1. **Describe in detail at least three goals you hope to achieve while at ECU.**
   **Things to consider:** Why you chose to attend East Carolina University? What are your future career/life aspirations? What actions you are taking to achieve these goals? Why are these important to you? How do you want to impact others?

2. **Explain what role you played in the incident for which you were documented?**
   **Things to consider:** What influenced your decisions in this situation? What are your typical drinking behaviors? How do these behaviors affect other aspects of your daily life? What consequences have you experienced as a result of alcohol use?

3. **Reflect on your responses from questions one and two. Discuss how your behaviors in question two impact your ability to achieve your overall goals?**
   **Things to consider:** How will you meet your goals listed in question one? Does alcohol have a negative effect in meeting these goals? What changes if any, do you plan to make in the future in relation to alcohol use? In what areas of your life will these changes have the greatest impact?