Pre-Professional Advising
Health Professions Orientation

Discover the Treasure

We provide advising for students pursuing:
- Allied Health Programs
- Dentistry
- Law
- Medicine
- Pharmacy
- Veterinary Medicine

We offer educational workshops and opportunities for shadowing and research. Visit our website for a list of upcoming events.

www.ecu.edu/ppac  |  252.328.6001  |  ppac@ecu.edu

Please sign in: http://tinyurl.com/ecuppac15
Our Mission

The mission of the Center for Pre-Professional Advising of Allied Health, Dentistry, Medicine and Law is to assist students in achieving academic success beyond the undergraduate level. This is accomplished by providing major exploration, academic resources, and strategies for achieving academic goals. Special programs and events, workshops, and individual appointments facilitate this development.

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Who We Are

• Primary Advisors for the College of Allied Health Sciences

• Secondary / Pre-Professional Advisors for students interested in health professions and law requiring an advanced degree (Dentistry, Medicine, Occupational Therapy, Optometry, Pharmacy, Physical Therapy, Physician Assistant, Podiatry, and Veterinary Medicine)

• Faculty advisors for related student organizations (HOSA, Pre-Law Society, Pre-Occupational Therapy Student Association, and Pre-PA Club)

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Services and Programs

- PPAC Listserv (register with us online: tinyurl.com/ecuppac15)
- “So You Want to be…” series
- Prescription for Success
- Primary Care Physician Shadowing Program
- Heart Institute Research Program
- Health Professions Committee
- Professional skills workshops
- Exploring Health Majors
- Health Professions Expo
- Partner with student organizations

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## Student Profiles

<table>
<thead>
<tr>
<th>Program</th>
<th>Applications</th>
<th>Accepted</th>
<th>Average GPA</th>
<th>Median Test Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dental</td>
<td>397</td>
<td>53</td>
<td>3.47 / 3.33</td>
<td>DAT – 19</td>
</tr>
<tr>
<td>Medical</td>
<td>884</td>
<td>80</td>
<td>3.6</td>
<td>MCAT – 29.5</td>
</tr>
<tr>
<td>OT</td>
<td>200+</td>
<td>26</td>
<td>3.69 / 3.77</td>
<td>GRE - 307</td>
</tr>
<tr>
<td>PA</td>
<td>500-600</td>
<td>35</td>
<td>3.74 / 3.8</td>
<td>GRE - 310</td>
</tr>
<tr>
<td>PT</td>
<td>150-175</td>
<td>30</td>
<td>3.79 / 3.65</td>
<td>GRE - 311</td>
</tr>
<tr>
<td>NCSU Vet</td>
<td>905</td>
<td>100</td>
<td>3.68 / 3.65</td>
<td>GRE – 311</td>
</tr>
<tr>
<td>UNC Pharmacy</td>
<td>586</td>
<td>160</td>
<td>3.5</td>
<td>PCAT – 87%</td>
</tr>
</tbody>
</table>

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Majors

• Most professional schools require an undergraduate degree first. There is no “pre-med” major.

• You can major in ANYTHING as long as you incorporate the required pre-requisite classes for your intended professional school. There is no right or wrong major.

• Select a major you
  – Will enjoy
  – In which you have a natural ability
  – That will prepare you for a satisfying career if you change your mind about your intended profession, or need an alternate option

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Complementary Majors

• Medical / Dental / Veterinary / Optometry / Pharmacy / Physician Assistant


• Occupational / Physical Therapy

Anthropology, Athletic Training, Biology, Biochemistry, Business, Chemistry, Communication, Exercise Physiology, English, Family & Community Services, Health Fitness Specialist, Hispanic Studies, Mathematics, Neuroscience, Nutrition, Physics, Psychology, Public Health Studies, Rehabilitation Services, Science Education, Sociology, or Special Education.

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Admissions Factors

• Cumulative grade point average
• Pre-requisite grade point average
• Standardized test score (MCAT, DAT, GRE, OAT, PCAT)
• Personal statement
• Letters of recommendation
• Shadowing experience
• Volunteer & work experience
• Leadership
• Cultural awareness
• Interpersonal skills

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Top 10 Tips for Preparing for a Professional School

1) Register with the Pre-Professional Advising Center.

2) Know your limits. Are you comfortable taking a Math & Science (maybe two) your first semester? Or ease into college? Understand the impact of your decision on your timeline to graduation.

3) Select an undergraduate major & tell your advisor what your professional plans are right away.

4) Join a student organization related to your major or intended profession (Leadership experience). See PPAC website for a list of organizations.

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Top 10 Tips for Preparing for a Professional School

5) Pirate Tutoring Center. Go if you need help. Volunteer to tutor if you excel in an area (Teaching experience).

6) Volunteer.

7) Shadow a professional.

8) Reading. Stay abreast of current events and trends in your area of interest. Reading also improves test scores.

9) Attend relevant workshops, expos, and info sessions.

10) Research professional school options now.

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1st Year Science Recommendations

Dental / Medical / Optometry / Pharmacy / Vet
Biol 1100 & 1101, or 1200 & 1201
(Some sections are restricted for Biology majors only)
Chem 1150 & 1151

Physical Therapy / Physician Assistant
Biol 1150 & 1151 (or Biol 1100 & 1101 if you are a Biology major)
Chem 1150 & 1151

Occupational Therapy
Chem 1120 or Chem 1150 & 1151

Speech & Hearing
Biol 1050 & 1051
Phys 1050

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Prescription for Success

Event for all first-year students interested in pursuing a health career requiring a professional degree. Meet faculty and students from specific programs. Explore a variety of programs, requirements, and how to be successful as an undergraduate student.

Saturday, October 3, 9:00 am - Noon
Location: Bate Building

RSVP Online to Attend - go to PPAC online at www.ecu.edu/PPAC and click on the register icon.

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What’s Next?

Today
3:25 & 4:05 pm – Major Exploration
Attend two different sessions

Tomorrow
8:30 - 10am, Major Decisions?
(Pirate Tutoring Center)
1 pm, Advising & Registration

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Discover the Treasure

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