Alcohol/Drug Abuse

Alcohol and drug use in college impacts many of our students, with about four out of five students reporting regular drinking habits, and half of those engaging in binge drinking (according to the National Institute on Alcohol Abuse and Alcoholism.) Although most college students use prescription drugs properly, about one in four people aged 18 to 20 report using these medications non-medically at least once in their lives. The Center for Counseling and Student Development offers substance use assessments/counseling, alcohol education workshops and harm reduction strategies to help keep our students safe and minimize the negative effects of alcohol and drug use.